

## YOUTH MOBILE CRISIS INTERVENTION(YMCI) 1-877-382-1609 WHAT IS YOUTH MOBILE CRISIS INTERVENTION?

YMCI is a mobile, community-based resource available 24 hours a day for 365 days for youth aged from birth to 20 years old in a mental health crisis

## WHAT SERVICES DOES YMCI PROVIDE?

- Creating or updating a safety plan
- Short interventions that address behavior and safety
  - Link youth with community service providers
    - Solution-focused crisis counseling sessions
- Connections to natural supports and referrals to additional resources

## **HOW CAN I ACCESS THESE SERVICES?**

To request an emergency evaluation, foster caregivers can contact YMCI at the following toll-free number 1-877-382-1609 or bring the child to the emergency department. To learn more about YMCI, please visit https://www.masspartnership.com/member/esp.aspx or use the QR code below



## **COMMON MYTHS ABOUT YMCI**

- It is NOT true that you need permission from DCF to call YMCI
  - Calling YMCI DOES NOT mean I am a bad foster parent
    - You do NOT have to manage your child alone