### **Global Health Opportunities for Students and Residents**

### **GET STARTED**

- 1. AMSA's GHC: American Medical Student Association's Global Health Committee
  - www.amsa.org
  - Take Action -> Committee and Interest Group Engagement -> Global Health Action Committee
- 2. Join a global health committee, section or interest group of a medical professional society
  - Ex) American Academy of Pediatrics (AAP) Section on International Child Health (SOICH)
- 3. Donations/fundraising for medical supplies:
  - REMEDY: www.remedyinc.org
  - American Medical Resources Foundation: www.amrf.com
  - World Medical Mission/Samaritan's Purse: www.samaritanspurse.org
  - AMSA's EQUIP: <a href="http://www.amsa.org/AMSA/Homepage/About/Committees/CPH/EQUIP.aspx">http://www.amsa.org/AMSA/Homepage/About/Committees/CPH/EQUIP.aspx</a>
  - International Medical Equipment Collaborative (IMEC): www.imecamerica.org
- 4. Collect/donate medical books and journals:
  - AMSA Textbook donations:
    - http://www.amsa.org/AMSA/Homepage/About/Committees/Global/TextbookDonations.aspx
  - American Academy of Pediatrics (AAP) Section on International Child Health Book Repository: <a href="mailto:dstaton@massmed.org">dstaton@massmed.org</a> (Donna Staton, MD)
- 5. Advocacy Organizations
  - MEDICC: Medical Education Cooperation With Cuba: www.medicc.org
  - Global Health Council: www.globalhealth.org
  - Amnesty International: www.amnesty.org, www.aiusa.org
  - Oxfam International: www.oxfam.org, www.oxfamamerica.org
  - Physicians for Human Rights: www.phrusa.org
  - Center for Global Development: http://www.cgdev.org
- 6. Stay Informed
  - Radio: BBC on NPR, WBUR 90.9, WGBH 89.7
  - World Health News: www.worldhealthnews.harvard.edu
  - Doctors of the World: www.doctorsoftheworld.org
  - Health Volunteers Overseas: www.hvousa.org
  - AMSA Global Health Listserv: email global@lists.amsa.org
  - AMSA Global Pulse Journal: <a href="http://www.amsa.org/AMSA/Homepage/Publications.aspx">http://www.amsa.org/AMSA/Homepage/Publications.aspx</a>
  - UNICEF: www.unicef.org
  - The Lancet Global Health Resource: <a href="http://www.thelancetglobalhealthnetwork.com/">http://www.thelancetglobalhealthnetwork.com/</a>
- 7. Bringing Global Health to your School
  - <a href="http://www.amsa.org/AMSA/Homepage/About/Committees/Global/InternationalHealth.aspx">http://www.amsa.org/AMSA/Homepage/About/Committees/Global/InternationalHealth.aspx</a>; right side of page

#### FINDING AN INTERNATIONAL ELECTIVE

- 1. Start early! Word of mouth, networking at conferences (like this one!)
- 2. Religious/Missionary groups:
  - Christian Medical and Dental Associations: <a href="http://www.cmda.org/AM/Template.cfm">http://www.cmda.org/AM/Template.cfm</a>
  - American Jewish World Service: www.ajws.org
  - World Medical Mission/Samaritan's Purse: www.samaritanspurse.org
  - Catholic Medical Mission Board: www.cmmb.org
  - Christian Medical and Dental Associations: <a href="http://www.cmdahome.org">http://www.cmdahome.org</a>
  - Christian Mission Trips: <u>www.missionfinder.org</u>

- 3. Take an international health or tropical medicine course
  - Gorgas Course in Clinical Tropical Medicine in Peru via University of Alabama: <a href="http://info.dom.uab.edu/gorgas">http://info.dom.uab.edu/gorgas</a>; 2 months, apply 1 year in advance
  - International Health in the Developing World: Clinical and Community Care <a href="http://www.globalhealth.arizona.edu">http://www.globalhealth.arizona.edu</a>
  - International Health Central American Institute: <a href="http://www.ihcai.org">http://www.ihcai.org</a>
- 4. Take a Spanish Course
  - Work Study Spanish: (Mexico Pacific Coast): www.mardejade.com
  - Interhealth South America, International Health and Medical Spanish (4th year students and residents; summer program for 1st year medical students): <a href="https://www.InterhealthSA.net">www.InterhealthSA.net</a>
  - AMSA's "SALUD" Programs: http://www.amerispan.com/salud
  - University of Nebraska's "Medical Spanish/International Health" program: www.unmc.edu/isp
  - Cachamsi Medical Spanish and Clinical Experience: <a href="http://www.cachamsi.com/">http://www.cachamsi.com/</a>
  - CPI Spanish Immersion School: <a href="http://www.cpi-edu.com/">http://www.cpi-edu.com/</a>
  - Intercultura Spanish Language School: <a href="http://www.interculturacostarica.com/">http://www.interculturacostarica.com/</a>
  - Medical Spanish courses in US or Mexico: <a href="http://medspanish.org/">http://medspanish.org/</a>
- 5. Apply for an established elective through a medical school or other organization
  - Roatan Volunteer Pediatric Clinic, Honduras: http://www.roatanclinic.org
  - Belize Rural Elective (Medical College of Wisconsin): <a href="https://www.family.mcw.edu/Belize.htm">www.family.mcw.edu/Belize.htm</a>
  - Child Family Health International (Mexico, India, Ecuador, South Africa): www.cfhi.org
  - International Service Learning (ISL), Kenya and Uganda programs: www.islonline.org
  - OmniMed Program (Uganda, Belize, Guyana): www.omnimed.org
  - Consortium of Universities for Global Health (CUGH): www.cugh.org
  - Ohio University College of Osteopathic Medicine, Kenya program: http://www.oucom.ohiou.edu/International/SHAREKenya/index.htm
  - Baylor Medical College, Electives Abroad/Elective Locations: www.bcm.edu/medschool/tracks/international/elective locations international.htm
  - Stanford School of Medicine: http://ihealth.stanford.edu/index.html
  - International Alliance in Service and Education (IASE): <a href="http://www.iaseco.org">http://www.iaseco.org</a>
  - International Medical Volunteers Association's website: www.imva.org
  - Caribbean Clinical Elective Program (Barbados, Grenada, Guyana, St. Vincent, Trinidad). Contact Mrs. Bernadette Brown, St. George's University, Phone: 473-440-5494; email: <a href="mailto:bbrown@sgu.edu">bbrown@sgu.edu</a>
  - St. George's General Hospital, Grenada, W. Indies (3rd, 4th years and residents; contact Sister Anestasia 473-440-5494; Dr. Phillip Finlay, Director of Clinical Services; for those interested in pediatrics, contact Dr. Beverly Nelson, <a href="mailto:beverly@caribsurf.com">beverly@caribsurf.com</a>)
  - International Federation of Medical Students' Associations (IFMSA): http://www.ifmsa-usa.org
  - Ghana Health and Education Initiative: http://www.ghei.org
  - Wilderness and Tropical Medicine Rotation (Belize):
     <a href="http://medschool.umaryland.edu/osr/training">http://medschool.umaryland.edu/osr/training</a> belize.asp
  - AMSA International Health Opportunities Database: http://www.amsa.org/global/ih/ihopps.cfm
  - Family Practice Residencies with International Rotations: <a href="http://www.aafp.org/cgi-bin/ihcop.pl#search">http://www.aafp.org/cgi-bin/ihcop.pl#search</a>
  - Tufts/Baystate Residents Educated in Alternative Cultures and Health (REACH):
     <a href="http://www.baystatehealth.org/AcademicAffairs/Main+Nav/Education/Interdepartmental+Programs/Global+Health">http://www.baystatehealth.org/AcademicAffairs/Main+Nav/Education/Interdepartmental+Programs/Global+Health</a>
  - Massachusetts Medical Society's Global Medicine Network: www.globalmedicine.org
- 6. Short term medical missions
  - Operation Smile: Plastic and reconstructive surgery: www.operationsmile.org
  - MEDICO (Medical, Eye, and Dental International Care Organization): www.medico.org
  - Interplast, Inc. (plastic surgery, cleft lip/palate): <a href="www.interplast.org">www.interplast.org</a>

## **FUNDING AN INTERNATIONAL ELECTIVE**

- 1. Massachusetts Medical Society Grants: <a href="http://www.globalmedicine.org/GMN/grant.html">http://www.globalmedicine.org/GMN/grant.html</a>
- 2. Check professional organization sites
  - ex) American Academy of Pediatrics David Sigelman International Grant \$500 http://www.mcaap.org/grant.php/
  - AMSA Global Health Scholars Program:
     <a href="http://www.amsa.org/AMSA/Homepage/EducationCareerDevelopment/AMSAAcademy/GHSP.aspx">http://www.amsa.org/AMSA/Homepage/EducationCareerDevelopment/AMSAAcademy/GHSP.aspx</a>
- 3. University-based funding:
  - Yale/Johnson & Johnson Physician Scholars in International Health Program: <a href="http://www.info.med.yale.edu/ischolar">http://www.info.med.yale.edu/ischolar</a>
  - University of Washington's International Health Group Sources for Funding: http://depts.washington.edu/ihg/funding.htm
  - University of Illinois Funding Opportunities: http://www.library.uiuc.edu/iris
  - Baylor College of Medicine List of Funding Sources: http://www.bcm.edu/medschool/tracks/international/funding sources.htm
  - The University of California-San Francisco School of Medicine: http://medschool.ucsf.edu/intlprograms/Programs/Funding.aspx
  - University of Washington International Health Group: http://depts.washington.edu/ihg/funding.htm
  - University of Arizona Family and Community Medicine List of scholarships: http://www.globalhealth.arizona.edu/financial\_assistance
  - International Healthcare Opportunities Clearinghouse, UMass Memorial Medical Center: <a href="http://library.umassmed.edu/ihoc/resources.cfm">http://library.umassmed.edu/ihoc/resources.cfm</a> (click Grants and Funding)
- 4. Fellowship Opportunities:
  - Fogarty International Center: http://www.aamc.org/students/medstudents/overseasfellowship
  - The Albert Schweitzer Fellowship: www.schweitzerfellowship.org
  - CDC Hubert Global Health Fellowship: <a href="http://www.cdc.gov/HubertFellowship/">http://www.cdc.gov/HubertFellowship/</a>
  - Doris Duke International Clinical Research Fellowship: <a href="http://www.ddcf.org/Programs/Medical-Research/Goals-and-Strategies/Build-the-Clinical-Research-Career-Ladder/International-Clinical-Research-Fellowship/">http://www.ddcf.org/Programs/Medical-Research/Goals-and-Strategies/Build-the-Clinical-Research-Career-Ladder/International-Clinical-Research-Fellowship/</a>
  - David L. Boren Graduate Fellowships: <u>www.borenawards.org</u>
  - Fulbright US Student Program: <a href="http://us.fulbrightonline.org/fulbright-us-student-program">http://us.fulbrightonline.org/fulbright-us-student-program</a>
  - Lambarene Schweitzer Fellowship in Gabon (requires French fluency): http://www.schweitzerfellowship.org/chapters/lambarene/
  - Bejamin H. Kean Travel Fellowship in Tropical Medicine:
    <a href="http://www.astmh.org/AM/Template.cfm?Section=ASTMH Sponsored Fellowships&Template=/CM/ContentDisplay.cfm&ContentID=5513">http://www.astmh.org/AM/Template.cfm?Section=ASTMH Sponsored Fellowships&Template=/CM/ContentDisplay.cfm&ContentID=5513</a>
- 5. Other Scholarships/Organizations
  - ABMAC Clerkship-in-Taiwan Award (American Bureau for Medical Advancement in China): http://www.studyabroadfunding.org/international/-102.html
  - Christian Medical and Dental Associations: <a href="http://www.cmdahome.org">http://www.cmdahome.org</a> (Missions -> Scholarships)
  - Health Volunteers Overseas/Orthopedics Overseas: <a href="www.hvousa.org">www.hvousa.org</a> (funding for 2 residents annually)
  - IIEPassport Study Abroad Funding: <a href="http://www.studyabroadfunding.org">http://www.studyabroadfunding.org</a>
  - Student National Medical Association: <a href="http://www.snma.org/programs-international.php">http://www.snma.org/programs-international.php</a>
  - Amigos Program: <a href="http://www.amigoslink.org">http://www.amigoslink.org</a>/Amigos/volunteer/fundraising

- Infectious Disease Society Medical Scholars Program: http://www.idsociety.org/Medical Scholars Program/
- Association of American University Women Educational Foundation: http://www.aauw.org/fga/fellowships\_grants/index.cfm
- George J. Mitchell Scholarship in Ireland: <a href="http://www.us-irelandalliance.org/content/3/en/George%20Mitchell%20Scholarship%20Program%20%257C%20US-Ireland%20Alliance.html">http://www.us-irelandalliance.org/content/3/en/George%20Mitchell%20Scholarship%20Program%20%257C%20US-Ireland%20Alliance.html</a>
- British Marshall Scholarship: http://www.marshallscholarship.org
- Community of Science: <a href="http://www.cos.com">http://www.cos.com</a> (database for research funding)
- The Foundation Center: <a href="http://foundationcenter.org">http://foundationcenter.org</a>
- American Association of Physicians of Indian Origin: aapimsr.org
- GrantsNet: http://sciencecareers.sciencemag.org/funding?CFID=19217&CFTOKEN=63065233
- Institute for International Education: <a href="http://www.iie.org">http://www.iie.org</a>
- International Education Financial Aid: <a href="http://www.iefa.org">http://www.iefa.org</a>
- The George J. Mitchell Scholarships: <a href="http://www.us-irelandalliance.org/wmspage.cfm?parm1=34">http://www.us-irelandalliance.org/wmspage.cfm?parm1=34</a>
- CDC Foundation: <a href="http://www.cdcfoundation.org/index.aspx">http://www.cdcfoundation.org/fellowships/students.aspx</a> or <a href="http://www.cdcfoundation.org/fellowships/students.aspx">http://www.cdcfoundation.org/fellowships/students.aspx</a>
- Medical Assistance Program (MAP) International Medical Fellowship: http://www.map.org/content/tm
- American Society of Tropical Medicine and Hygiene: http://www.astmh.org/ASTMH\_Sponsored\_Fellowships/5888.htm
- Rotary International Ambassadorial Scholarships: <a href="http://www.rotary.org/en/StudentsAndYouth/EducationalPrograms/AmbassadorialScholarships/Pages/ridefault.aspx">http://www.rotary.org/en/StudentsAndYouth/EducationalPrograms/AmbassadorialScholarships/Pages/ridefault.aspx</a>

## PREPARING FOR YOUR INTERNATIONAL EXPERIENCE

### 1. General Tips

- Have a reliable contact(s) at your overseas site (supervisor, evaluator)
- Investigate the site: Work and living conditions—contact others who have been there!
- Medical/professional Preparations: diseases you'll see, malnutrition, limited diagnostic/treatment options, appropriate technologies, books to bring...

## 2. Reading and Resources:

- Emergency Clinics of North America: Vol. 23 (2005), 149-175. Nice article by Dr. Suzanne Sarfaty and Dr. Kristian Arnold "Preparing For International Medical Service."
- Working in International Child Health: <a href="http://www.aap.org/sections/ich/publications.htm">http://www.aap.org/sections/ich/publications.htm</a>
- IHMEC Guidebook: Advising Medical Students & Residents for International Health Experiences: Google search "IHMEC Guidebook" or on-line at <a href="https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0">https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=1&cad=rja&uact=8&ved=0</a> CC4QFjAA&url=https%3A%2F%2Fwww.med.unc.edu%2Foia%2Ffiles%2FIMHEC.pdf&ei=A2MIVJU nx6PIBObvgcgO&usg=AFOjCNEh gluo39eWtgKF7Ozwp2-
- EaCgGA&sig2=v5hgzxaYDnopOH0F7Hz4nw&bvm=bv.76247554,d.aWw
- The HVO Guide to Volunteering Overseas, 4th edition: http://www.hvousa.org
- SUPERCOURSE, University of Pittsburgh Department of Epidemiology. Hundreds of lectures on health in developing countries: <a href="https://www.pitt.edu/~super1/">www.pitt.edu/~super1/</a>
- University of Minnesota Online global Health Course: http://www.globalhealth.umn.edu/education/online-global-health-course/index.htm
- International Medical Volunteers Association, (IMVA): <a href="https://www.imva.org">www.imva.org</a> (Click Get Ready to Go)
- HINARI Programme for Access to Health Research: http://www.who.int/hinari/en/
- 3. Smartphone Apps:

- AAP Red Book Mobile App: <a href="https://itunes.apple.com/us/app/aap-red-book/id540698874?mt=8">https://itunes.apple.com/us/app/aap-red-book/id540698874?mt=8</a>
- CDC Health Information for International Travel Yellow Book app: https://itunes.apple.com/us/app/cdc-health-information-for/id688179792?mt=8
- IntraHealth International Inc. global health news: https://itunes.apple.com/us/app/intrahealth/id365782387?mt=8&ign-mpt=uo=6
- 4. Language preparation
  - Haitian Creole/English Medical Dictionary. Available from IMVA for \$10; email to <a href="mailto:info@imva.org">info@imva.org</a> or Donna Staton MD, <a href="mailto:dstaton@massmed.org">dstaton@massmed.org</a>
  - Spanish (many available); for <u>Pediatric</u> Spanish: order on-line at: http://www.aap.org/bst/showdetl.cfm?&DID=15&Product ID=900
  - French or Russian Pocket Medical books: Russell K. Dollinger, Ph.D. Booksmythe: <a href="https://www.booksmythe.com">www.booksmythe.com</a> (Click Medical Books). Other languages also available.
- 5. Cultural preparation
  - Travel guides such as Lonely Planet, Moon Handbooks
  - Intercultural Press: <a href="www.interculturalpress.com">www.interculturalpress.com</a> (Type "Guides" in their search box)
- 6. Personal preparations
  - CDC Website: www.cdc.gov (Click on "Travelers' Health")
  - Make appointment with local travel clinic
- 7. Medical, malpractice, and evacuation insurance
  - Travel Insurance Center: http://www.worldtravelcenter.com/
  - SOS: www.internationalsos.com (Medical and evacuation insurance)

### **FURTHER PROFESSIONAL TRAINING**

- 1. Graduate degrees
  - Choose a residency with an international health track
  - MPH in International Health
  - DTMH = Diploma in Tropical Medicine & Hygiene (Hopkins, Tulane, UVA, WVU, Uniformed Services UHS, Case Western, Gorgas Institute/Alabama, London School of Hygiene and Tropical Medicine, Liverpool School of Tropical Medicine...)
- 2. Study at Home
  - AMSA's Global Health Scholars Program: <u>www.amsa.org/AMSA/Homepage/EducationCareerDevelopment/AMSAAcademy/GHSP.aspx</u>
  - Finding Work in Global Health: A practical guide for jobseekers or anyone who wants to make the world a healthier place. Garth Osborn and Patricia Ohmans: <a href="http://www.amazon.com/Finding-Global-Health-Garth-Osborn/dp/0967560616">http://www.amazon.com/Finding-Global-Health-Garth-Osborn/dp/0967560616</a>
  - CDC TRAIN Public Health Learning Products: <a href="https://cdc.train.org/DesktopShell.aspx">https://cdc.train.org/DesktopShell.aspx</a>
- 3. International Training Programs
  - Gorgas Course in Tropical Medicine: <a href="http://gorgas.dom.uab.edu/">http://gorgas.dom.uab.edu/</a>
  - Red R UK: http://www.redr.org.uk
  - Relief Web training courses: <a href="http://www.reliefweb.int/rw/rwt.nsf/doc211?0penForm">http://www.reliefweb.int/rw/rwt.nsf/doc211?0penForm</a>
  - The Swiss Tropical Institute: <a href="http://www.sti.ch/">http://www.sti.ch/</a>
  - Medecins Sans Frontieres, Doctors of the World, International Rescue Committee: http://www.msf.org/
  - Health and Child Survival Fellows Program (paid program 1-2 years): http://apha.confex.com/apha/134am/techprogram/exhibitor 1252.htm

# New England Medical And Dental Schools Websites and Contact Information

**Boston University School of Medicine -** <a href="http://www.bumc.bu.edu/gms/student-life/volunteer-opportunities/">http://www.bumc.bu.edu/gms/student-life/volunteer-opportunities/</a>

Boston University School of Dental Medicine - http://www.bu.edu/dental/community/

### Brown University School of Medicine -

http://brown.edu/academics/medical/about/info-pages/community-service and http://brown.edu/academics/medical/clerkship-community-health

#### **Dartmouth Medical School -**

http://geiselmed.dartmouth.edu/admissions/community\_service/ and http://geiselmed.dartmouth.edu/cfm/faculty/development/ahec.php

# Harvard Medical School Center for Primary Care -

https://primarycare.hms.harvard.edu/

Tufts University School of Medicine - <a href="http://medicine.tufts.edu/Global-and-Local-Engagement/Community-Service-Learning">http://medicine.tufts.edu/Global-and-Local-Engagement/Community-Service-Learning</a> and <a href="http://medicine.tufts.edu/Education/Academic-Departments/Clinical-Departments/Public-Health-and-Community-Medicine">http://medicine.tufts.edu/Global-and-Local-Engagement/Community-Service-Learning</a> and <a href="http://medicine.tufts.edu/Global-and-Local-Engagement/Community-Service-Learning">http://medicine.tufts.edu/Global-and-Local-Engagement/Community-Service-Learning</a> and <a href="http://medicine.tufts.edu/Education/Academic-Departments/Clinical-Departments/Public-Health-and-Community-Medicine">http://medicine.tufts.edu/Education/Academic-Departments/Clinical-Departments/Public-Health-and-Community-Medicine</a>

**Tufts School of Dental Medicine -** <a href="http://dental.tufts.edu/academics/public-health-and-community-service/">http://dental.tufts.edu/academics/public-health-and-community-service/</a>

University of Massachusetts Medical School Community Health - <a href="http://www.umassmed.edu/fmch/communityhealth/index.aspx">http://www.umassmed.edu/fmch/communityhealth/index.aspx</a>

Massachusetts Medical Society Contact info: gmninfo@mms.org