The Boston Area Health Education Center
in partnership with
The MassAHEC Network
presents the

Community Health
Internship Program (CHIP):
A Service Learning Model

Presented by Peter L. Holtgrave,
Boston AHEC Director
Program Purpose:

- Expose students to diversity of health professions via community health center internships & group clinical case studies.
- Familiarize students with patient intake process.
- Engage students in multi-disciplinary thinking by examining the role of the health center in their community in ways that enhance academic and professional skill development.
- Design and build an ideal community health center based upon community and health needs assessments conducted.
Outcomes:

By the completion of CHIP, scholars will be able to…

- Define the steps of the patient intake/patient history;
- Define and identify the four steps in the S.O.A.P note and take an accurate note for a returning patient;
- Identify ten health professionals working in the community health center and describe their responsibilities;
- List 3 signs/symptoms, treatments, preventions as well as give diagnosis of diabetes, testicular cancer, Chlamydia and Strep throat;
Outcomes, continued:

- List and describe ten diseases/illnesses that are treated in community health centers;
- List and describe 5 departments found in a community health center and their functions
- Complete a budget for a model health center
- Draft Blueprints for a model health center
CHIP Design:

Schedule: 20 weeks

- Mondays, 3-5 PM: Internship Reviews and Case Studies at BAHEC
- Tuesdays & Wednesdays, 3-5 PM: Paid Internships & Job Shadowing at CHCs

Students:
- High School Freshman & Sophomores (14-16 y/o)
- Interest in Health Careers
- Program commitment

Staff:
- Lead Education Coordinator
- Clinical Case Study Leader
- CHC Preceptors & Directors
- Architect

Locations:
- Dimock CHC
- South End CHC
- Whittier Street HC
- Mattapan CHC
- South Cove
- & Pharmacy
Examples of Internship Reviews:

Deborah (Whittier Street HC)

Went to lab and observed separation/centrifugation of white blood cells from plasma. Prep work for lab. Observed urinalysis.

Caryne (South End CHC)

Called patients on phone to remind them of appointments. Script: “Hello, I am calling you from SECHC to remind you of your appt. with Dr. _______ at ______.” Called in both English and Spanish. Excel data entry. Filing. Copied Dr.s notes. Organized and sent out mailing.
Examples of Internship Reviews:

Grinelsy (South End CHC)

“My internship was The Greatest.”

Had several experiences with patients: 14 y/o w/father can’t sleep @ night. Watched medical assistant take history. Grinelsy thinks he needs a psychologist. Assessment: insomnia, depression. Filing patient paperwork. Shredding papers. Making labels and folders. Worked with Dr. M: funny and nice guy. Will work with him during April vacation on Weds. Worked with R. in Administration. Director can see whole clinic because his office has glass walls.
Weekly Group Sessions

- Team-building activities
- Internship reviews
- Clinical case studies
  - Patient intake scenarios
  - Chief Complaint, History of Present Illness, Family History, Medications, Social History, Lab, Assessment, Treatment Plan
  - S.O.A.P. Note
Thank you!

Peter Holtgrave
BAHEC Director
617-534-5258
Pholtgrave@BPHC.org