Transitioning home

Tips for health care workers to keep their families safe

- Disinfect your **face shield** with a disinfecting wipe and place in brown paper bag that has your name and date on it and store in your locker.

- If using an **N95 mask**, place it in a brown paper bag that has your name on it. Surgical masks should be discarded.

- **Wash hands** with soap and water when leaving your unit.

- When you get home, remove scrubs and place in **laundry** then **shower**.

- Disinfect **phone** daily. Periodically disinfect other **commonly touched surfaces** at home such as door knobs, refrigerator handle, remote, computer keyboard, etc.

- Regularly disinfect your car’s **steering wheel**, **door handles** and **dashboard knobs**.

- Always avoid touching your **eyes**, **nose** and **mouth** to stop the spread of germs.

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