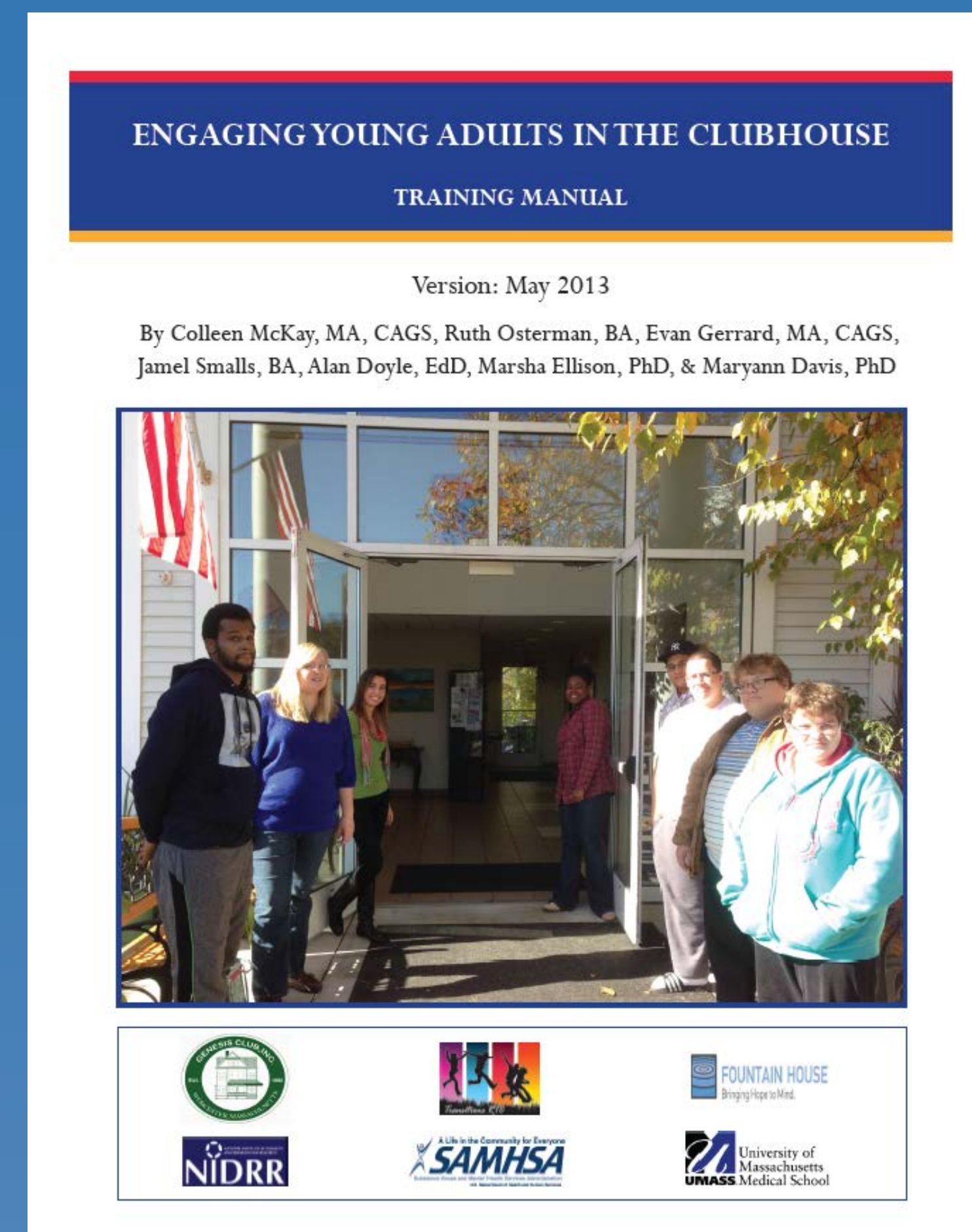


A New Manualized Training Approach for Engaging Young Adults in Clubhouses & Community Mental Health Programs

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The Clubhouse Model

- Clubhouses are community centers that offer members (adults and young adults) supports including: Transitional, Supported, & Independent Employment, supported education, housing, outreach, advocacy, health promotion activities, & social activities.
- 325 clubhouses affiliated with Clubhouse International in 33 countries & 35 states.
- Clubhouse International oversees development, training, & accreditation of clubhouses worldwide.
- Listed on SAMHSA's Registry of Evidence Based Practices: (nrepp.samhsa.gov/)
- Included in SAMHSA's Mental Health U.S., 2010 & Behavioral Health 2012.

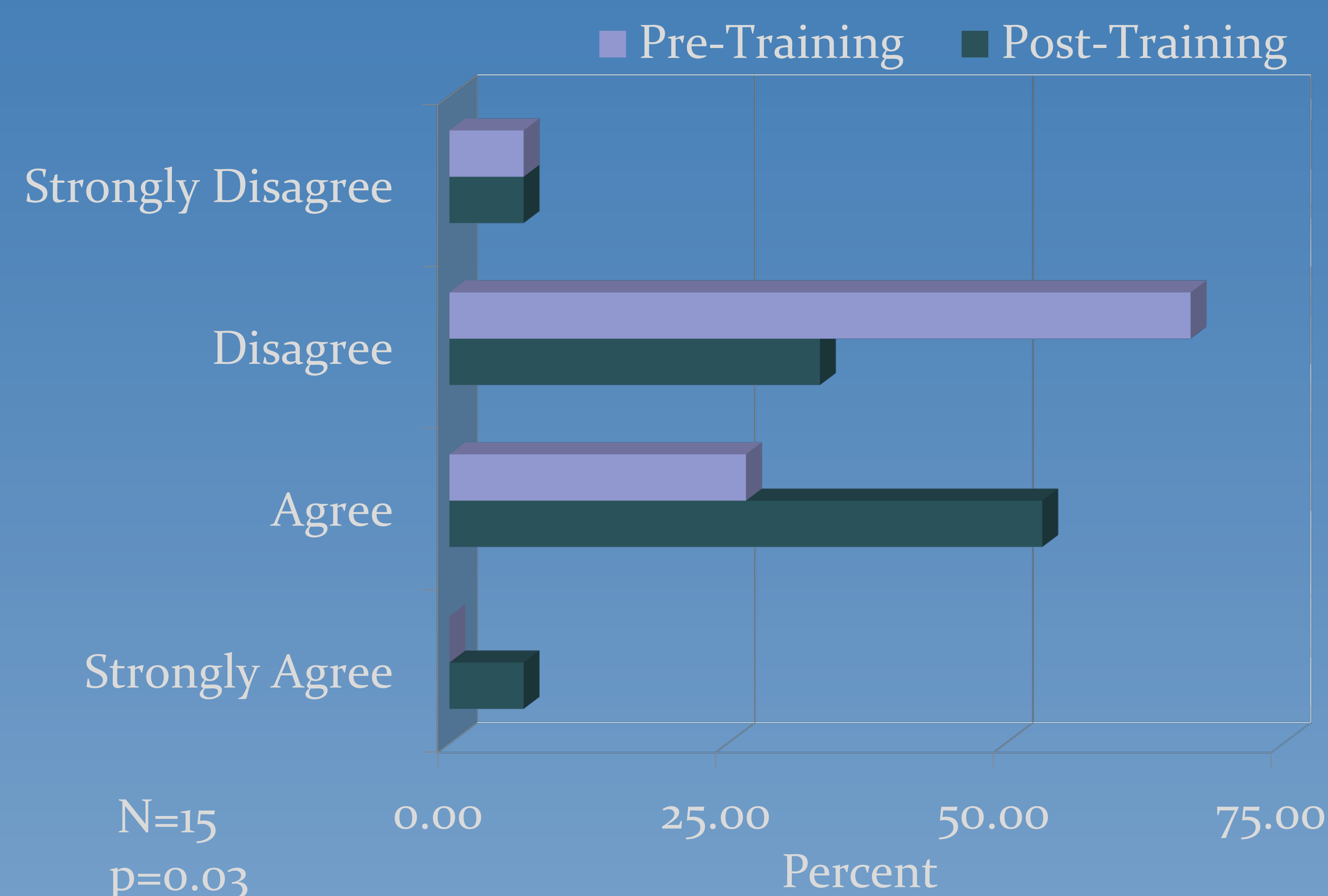
Challenges with getting & keeping young adults as active members?

- Receiving a sufficient number of appropriate young adult referrals.
- When young adults come for a tour they see older adults and don't want to come back. They feel they cannot relate.
- Getting young adults to participate in the Work Ordered Day.
- Not enough opportunities for employment, the work offered at the club is not interesting or engaging enough to encourage them to come back.
- Getting young adults into the building. Not enough time & resources to focus on young adults.

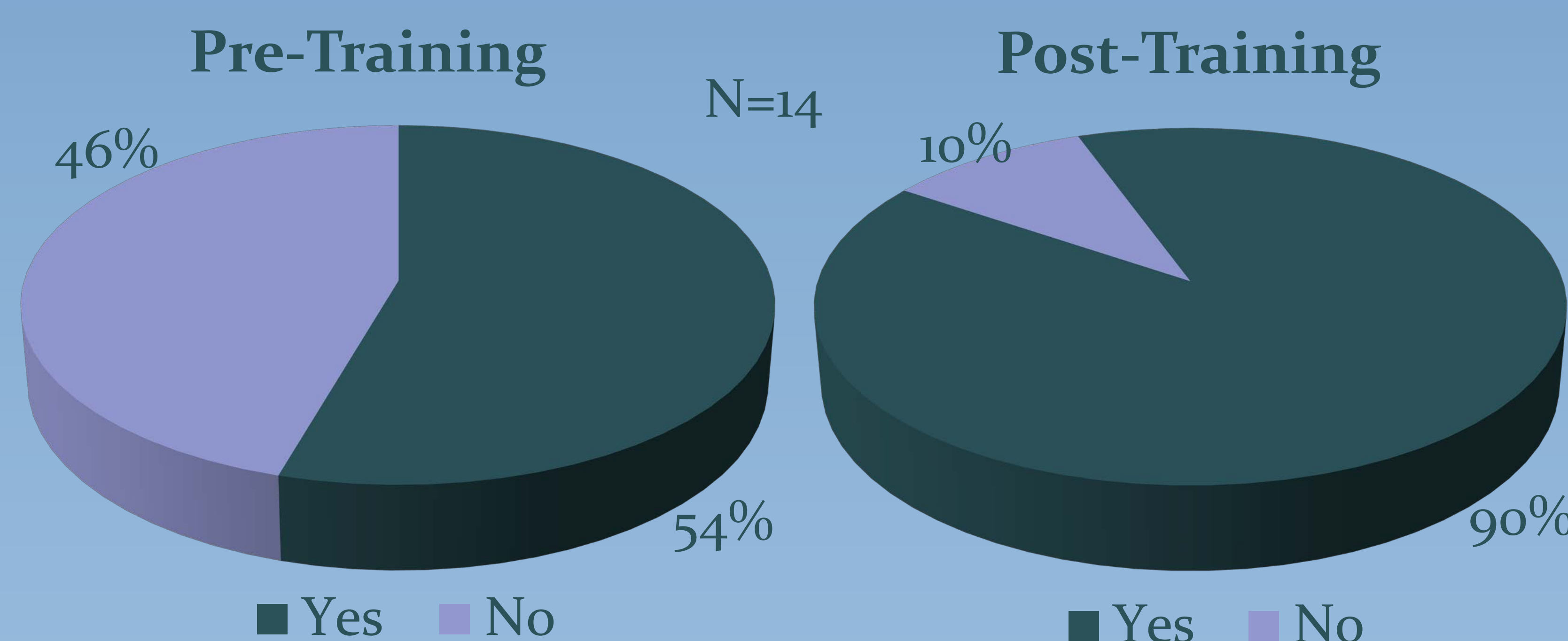
Training participants

- 21 trainees from 11 clubhouses located in 4 states & 4 countries, pre-post data for 15
- 62% between ages 20-30
- Primary role of trainees:
 - Clubhouse Staff (52.38%, N=11)
 - Clubhouse Member (38.10%, N=8)
 - Clubhouse Director (9.52%, N=2)

I believe that my clubhouse does a good job of engaging young adults



Has your clubhouse adapted it's services to better serve young adults?



Which services were modified?

Clubhouse Service	Pre-Training (N=8)	Post-Training (N=13)
Outreach	77.87% (N=7)	69.23% (N=9)
Member Orientation	55.56% (N=5)	69.23% (N=9)
Work-ordered Day	44.44% (N=4)	69.23% (N=9)
Employment	11.11% (N=1)	30.77% (N=4)
Education	11.11% (N=1)	46.15% (N=6)
Housing	11.11% (N=1)	0.0% (N=0)
Social Activities	77.78% (N=7)	61.54% (N=8)

The training includes...

- A manualized approach for engaging young adults.
- Structured questions & topics guide a series of discussions held throughout the training.
 - Discussions are designed to be interactive, with input from training participants.
- Discussion questions related to each topic, essential reading material, & supplemental materials provided by the Transitions Research and Training Center at UMMS.
- Learning and applying methods that Genesis Club has successfully utilized to engage young adults.

Learning objectives

- Understand how a Clubhouses' working community approach can address the psychiatric & developmental needs of young adults.
- Understand the importance of capturing a young adult's employment goal in the first week of their membership & learn the importance of using it throughout their service tenure.
- Develop strategies to support young adults with their educational needs.
- Understand the value & necessity of a proactive reach out with young adults
- Understand the developmental stages facing young adults with an emerging mental illness.
- Learn how young adults view housing & homelessness.
- Acquire "best practices" for engaging young adults.