Do you have experience supporting a young adult family member with a mental health condition?

Join our Family Advisory Board
and help shape the future of young adult mental health research and services.

The Transitions to Adulthood Center for Research at UMass Chan Medical School conducts research and knowledge-sharing projects that support young adults with mental health conditions in the areas of education, employment and community participation. The goal is to promote recovery and improve quality of life.

**What Is the Family Advisory Board?**

- The Family Advisory Board (FAB) is a group of family members who share the experience of having & supporting a young adult with a serious mental health condition.
- We advise & help guide research projects by adding “family voice” to the research and projects.
- We ensure that the research projects make a real difference to persons with lived experience of mental health conditions.
- We brainstorm additional products or research projects.

**More Details**

- We meet the 3rd Thursday of the month from 6:30–8:00pm via Zoom. Compensation is $60 per meeting. We ask for a year commitment.
- Members have a young adult family member that lives with a mental health condition.
- We are actively recruiting for members whose young adult is from an under-represented community including disadvantaged, vulnerable, or marginalized backgrounds.

**How to Join Us**

Use either the link or QR code below to submit an application.

https://forms.office.com/r/tBjpK1jMfN

Please email holly.st.jean@umassmed.edu with any questions.