

### UMASS Chan Medical School Health Clearance Checklist

The checklist below is to be used as a guide for submitting supporting official immunization and lab documentation to complete the health clearance requirements. Copies of all official lab reports are required. Please review the checklist carefully and allow enough time, as it can take up to 2 months to complete. All requirements must be met prior to your start date to be medically cleared. Please upload all official documentation to the Peoplesoft portal. Any medical clearance questions are to be asked through the Student Health section of the Peoplesoft portal. Once all requirements have been met your status will be approved. Student health clearance documentation will be held in a secure electronic medical record at UMASS Memorial Health Care (UMMHC) in Epic.

#### **MMR Requirement**

- Documentation of 2 valid doses of MMR vaccine (first dose given on or after 1 year old)
- Copy of lab documentation of **positive** measles, mumps and rubella IGG titers

#### **If any of your MMR IGG titers are low**

- Documentation of MMR booster vaccine (if indicated)

#### **Tdap**

- Documentation of a Tdap vaccine on or after age 11
- If it has been greater than 8 years from the date of your last Tdap or Td please provide an updated Tdap.

#### **Varicella**

- Documentation of two doses of Varicella vaccine **OR** copy of lab report for **positive** Varicella IGG titer. (If you have both this is preferable)

#### **HEPATITIS B**

- Documentation of all Hepatitis B vaccinations
- Copy of a **positive** Hepatitis B surface antibody titer (quantitative/ numerical result)

#### **If your Hepatitis B surface antibody titer is low/negative (additional requirements)**

- Copy of lab report for Hepatitis B core antibody titer (Complete before booster)
- Copy of lab report for Hepatitis B surface antigen titer (Complete before booster)
- Documentation of Hepatitis B booster vaccine (Heplisav-B vaccine preferred)

Copy of lab report for repeat Hepatitis B surface antibody titer after 4-6 weeks from booster. (if this result remains low you will need to receive a second booster)

#### **IGRA/TST**

Copy of lab report for a Quantiferon Gold or Tspot after May 1<sup>st</sup> of current year

If you do not have access to the lab test above you will need to provide documentation of **two** Tuberculin Skin Tests (TST). Second test to be completed 1-3 weeks later. One TST must be completed on or after May 1<sup>st</sup> of the current year.

#### **If you have a history of a positive TST or IGRA**

Provide documentation of the positive result as well as any treatment received

Copy of a chest x-ray written report dated any time after the date of your positive result

If the date of your chest x-ray was not completed within the current year, complete the TB symptom review section of the TST form sign and date (found on the SHS website form section)

#### **COVID**

Completed covid vaccine series and booster/s

#### **Physical**

Please submit proof of wellness visit/ physical exam. (Please note that physical exam is required within the past 2 years) This can be in the form of a visit summary indicating the date of the last physical exam. (Physical exam details not required)

#### **Disclosure of PHI form**

Sign and date agreement (allows Student Health to release records for compliance and experiences throughout your education at UMCMS as indicated on the form). Form can be accessed [here](#).

#### **Respiratory Fitness Determination Form**

Complete form and upload to portal. Form can be accessed [here](#).