

Morningside Graduate School of Biomedical Sciences Health Clearance Checklist

The checklist below is to be used as a guide for submitting official immunization and lab documentation to complete the health clearance requirements. Please review the checklist carefully and allow enough time, as it can take up to 2 months to complete. All requirements must be met prior to your start date to be medically cleared. Please upload all official documentation to the Peoplesoft portal. Any medical clearance questions are to be asked through the Student Health section of the Peoplesoft portal. Once all requirements have been met your status will be approved. Student health clearance documentation will be held in a secure electronic medical record at UMASS Memorial Health Care (UMMHC) in Epic.

MMR Requirement (2 options)

Documentation of 2 valid doses of MMR vaccine (first dose given on or after 1 year old)

OR

Copy of lab documentation of **positive** measles, mumps and rubella IGG titers

Tdap

Documentation of a Tdap vaccine on or after age 11 is required

A Td or Tdap booster is required if it has been greater than **8 years** since your last dose

Varicella

Documentation of two doses of Varicella vaccine **OR** copy of lab report for **positive** Varicella IGG titer

HEPATITIS B (2 options)

Documentation of 3 dose series of Hepatitis B vaccine or 2 dose series of (Heplisav-B)

OR

Copy of a **positive** Hepatitis B surface antibody titer

IGRA/TST

Copy of lab report for a Quantiferon Gold or T-spot after May 1st of current year

If you do not have access to the lab test above you will need to provide documentation of **two** Tuberculin Skin Tests (TST). Second test to be completed 1-3 weeks later. One TST must be completed on or after May 1st of the current year.

If you have a history of a positive TST or IGRA

Provide documentation of the positive result as well as any treatment received

____ Copy of a chest x-ray written report dated any time after the date of your positive result

____ If the date of your chest x-ray was not completed within the current year, complete the TB symptom review section of the TST form sign and date (found on the SHS website form section)

COVID

____ Completed covid vaccine series and booster/s

Physical

____ Please submit proof of wellness visit/ physical exam. (Please note that physical exam is required within the past 2 years) This can be in the form of a visit summary indicating the date of the last physical exam. (Physical exam details not required)

Disclosure of PHI form

____ Sign and date agreement (allows Student Health to release records for compliance and experiences throughout your education at UMCMS as indicated on the form). Form can be accessed [here](#).