Visiting Student Orientation Booklet

Table of Contents
Directions & Campus Maps:
- Three Campus Route Map 3
  (University, Memorial & Hahnemann campuses)
- University Campus / UMMHC 4 - 5
- Memorial Campus / UMMHC 6
- Hahnemann Campus / UMMHC 7
- St. Vincent’s Hospital / Worcester Medical Center 8 - 11
  1st Floor Plan, 2nd Floor Plan & 3rd Floor Plan

Campus Parking & ID Badges:
- University Campus 12
  - Parking Map – Plantation Street Garage 13
- Memorial Campus 14
- Hahnemann Campus 14
- St. Vincent’s Hospital / Worcester Medical City 15

Dept. of Public Safety
- University Campus Police 16
  - Mission Statement
  - Emergency Codes and Responses

Blood/Body Fluid Exposure Procedures 17

Additional Information 18 – 21
- UMMS Lamar Soutter Library
- Inclement Weather
- Telephone & Pager Systems
- Transportation
Three Campus Route Map

- University Campus
- Memorial Campus
- Hahnemann Campus
University Campus Directions
55 Lake Avenue North, Worcester, MA 01655
School #: 508-856-8989 -- Hospital #: 508-334-1000

From the east:
Take the Mass. Pike (Route 90) West to Exit 11 (Route 122). Take a left off the exit ramp onto Route 122 North (Grafton Street). At the intersection with Sunderland Road, take a right. At the first set of lights on Sunderland Road, take a left onto Lake Avenue and proceed for 2.5 miles. Get into the left lane at the intersection of Route 9 (Mr. Tux will be on left) and turn left. Get into the right lane. Turn right at the traffic light onto Plantation Street. University Campus is on the right.


From the west:

From the north:
Take I-495 South to Exit 25B (I-290 West). From I-290 West, take Exit 22 and turn right off exit. At third traffic light, turn left onto Plantation Street. Go to fourth traffic light. University Campus is on the left.

Or: Take I-190 South, follow signs for I-290 East to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.

From the south:
Take I-495 North to Exit 25B (I-290 West). From I-290 West, take Exit 22 and turn right off exit. At third traffic light, turn left onto Plantation Street. Go to fourth traffic light. University Campus is on the left.

Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 21. Turn right off exit onto Plantation Street. Go to third traffic light. University Campus is on the left.
From the east: Take Mass. Turnpike West to I-495 North. Take Exit 25B to I-290 West. Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

From the west: Take Mass. Turnpike East to Exit 10 (I-290 East). Take I-290 East to Exit 17. Turn right off exit onto Route 9/ Belmont Street. Memorial Campus is on the left.

From the north: Take I-495 South to Exit 25B (I-290 West). Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

Or: Take I-190 South to I-290 West toward Auburn. Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

From the south: Take I-495 North to Exit 25B (I-290 West). Follow I-290 to Exit 18. Turn right off exit onto Lincoln Street. Bear left and proceed to Lincoln Square (intersection of Route 9/Belmont Street). Take left onto Belmont Street. Memorial Campus is 1/2 mile on the left.

Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 17. Turn right off exit onto Route 9/ Belmont Street. Memorial Campus is on the left.


FROM THE NORTH: Take I-495 South to Exit 25B (I-290 West). Take I-290 to Exit 20. Turn left off exit onto Lincoln Street and go 1/2 mile. Hahnemann Family Health Center is on the left. Or: Take I-190 South, follow signs for I-290 East (exit is on the left), then bear right off the ramp toward Burncoat and Lincoln Streets (Rt.70). Turn right at traffic signal. Hahnemann Family Health Center is 1/4 mile on the left.

FROM THE SOUTH: Take I-495 North to Exit 25B (I-290 West). Take I-290 to Exit 20. Turn left off exit onto Lincoln Street and go 1/2 mile. Hahnemann Family Health Center is on the left. Or: Take I-395 North to where it becomes I-290 East. Take I-290 to Exit 20. Turn right off exit onto Burncoat Street and follow to intersection with Lincoln Street. Hahnemann Family Health Center is at intersection on the left.
From the East: 
Route 495 to Route 290 West to Exit 16 "East Central Street". At bottom of the ramp, take a right. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into the parking garage.

From the North: 
Take I-190 to Route 290 West to Exit 16 "East Central Street". At bottom of the ramp, take a right. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into the parking garage.

From the South: 
Take I-290 East to Exit 16 "East Central Street". At the bottom of the ramp, take a left. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into parking garage.

From the West: 
Take the Mass Pike East to Exit 10, Auburn. Take I-290 East to Exit 16, "East Central Street". At the bottom of the ramp, take a left. Go to the lights at the first four-way intersection. Take a left onto Summer Street. First right into parking garage.

Directions To Vernon Hill Campus at 25 Winthrop Street 
From I-290 take Exit 13 (122a, Vernon Street, Kelley Square) and go up Vernon Hill to Winthrop Street.
Lost? Pick up a black assistance telephone (©) and dial 22241
Campus Parking & ID Badges

University Campus Parking & ID Badge:

Once you arrive on campus, please park in the visitors' parking area in the South Road Parking Garage. Then report to your elective.

Please report to the PARKING & ACCESS CONTROL OFFICE located in the 1st Road Parking Garage level 1 to obtain a hospital ID badge and parking tag. ID badges cost $10. Cash and checks only.

Parking on campus for 4 weeks is $32 or $8 per week. The Parking & Access Control Office only takes cash or checks. Visiting students are assigned parking in the Plantation Street Parking Garage which is a ¼ mile from the main campus. Students can either walk the 6 to 8 minutes to the main campus or they can take the shuttle. Plantation Street shuttle buses will run every seven to 10 minutes from the garage to the Third Road shuttle drop off, weekdays from 5:30 a.m. to 9 p.m.

Only visiting students with schedules that do not coincide with the Plantation St. Garage shuttle schedule will be allowed to park in the Pine Tree parking lot. See University Campus map.

All employees and students are allowed to park on campus after 5 p.m. Monday through Friday and any time on weekends and holidays.

Public Safety

Room: HA-531 (hospital, Worcester campus, A level)  
Office: 508-856-3630 508-856-5934  
Fax: 508-856-5809  
Email: parking@umassmed.edu  
Hours of Operation: Monday - Friday, 8:00 AM to 4:15 PM  
Mailing address: University of Mass at Worcester  
c/o School Parking and Access Control  
55 Lake Ave North  
Worcester, MA 01655

The Plantation Street shuttle runs from 5:30 am to 9:00 pm. Visiting Students with schedules that do not coincide with the Plantation St. shuttle schedule will need to park in the Pine Tree lot.
Plantation Street Garage Map

For more information, contact the Parking Office:
parking@umassmed.edu or 508-856-3630.

Third Road shuttle drop off
Memorial Campus Parking & ID Badge:

Once you arrive on campus, you will need to park in the visitor's parking garage. Visiting Students should first report to their elective department or contact person. Then arrange to go to the South Bunker, ID Badge/Security Office to get an ID Badge and prepay for parking. ID Badges cost $10. Memorial accepts cash, checks, and credit cards.

Visiting Medical Students with a Memorial Hospital or University Hospital ID badge pay the reduced student rate of $3.50 a week or $14 a month for parking. Off campus parking is free at the Hanover Insurance Building.

Only visiting students with schedules that do not coincide with the Hanover shuttle schedule will be allowed to park on the Memorial Campus. All employees and students are allowed to park on campus after 1:30 p.m. Monday through Friday and anytime on weekends and holidays.

Memorial Campus Shuttle to and from Hanover Insurance Building

<table>
<thead>
<tr>
<th>Hours (Weekdays)</th>
<th>Shuttle Vehicle</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 am to 9:00 am</td>
<td>4 Motor Coaches</td>
</tr>
<tr>
<td>9:00 am to 3:00 pm</td>
<td>2 Motor Coaches</td>
</tr>
<tr>
<td>3:00 pm to 9:00 pm</td>
<td>4 Motor Coaches</td>
</tr>
<tr>
<td>After 9:00 pm</td>
<td>Transit via Security</td>
</tr>
</tbody>
</table>

The Hanover shuttle, pick up and drop off, is located at the employee entrance in the back of the hospital.

Hahnemann Campus Parking & ID Badge:

Once you arrive on the Hahnemann campus students can park on Rockport Road located across from the hospital (free parking) or park in the visitor's parking lot. There is a daily parking fee upon exiting the garage of $3.50 a day.

If you show your University or Memorial student hospital ID badge you will pay the reduced student rate of $3.50 per week or $14 a month.

- **University Campus ID Badges** can be obtained from the PUBLIC SAFETY OFFICE located in the hospital (basement) on level A room HA-531. You will need to contact the Memorial Campus so they can add the Hahnemann access to your badge.

- **Memorial Campus ID Badges** can be obtained from the South Bunker, ID Badge Office. Let them know you will need access to the Hahnemann campus.

- ID badges at both the University and Memorial Campuses cost $10.

**Please note** to get the student reduced parking rate, visiting students will have to go over to the Memorial Campus South Bunker, ID Badge Office to prepay for parking at the Hahnemann Campus.
St. Vincent’s Hospital / Worcester Med City Parking & ID Badge:
St. Vincent’s Hospital/WMC has an adjacent, parking garage on Summer Street. The entrance is located near the corner of Summer and Central Streets. Once you arrive on campus, you will need to park in the visitors’ parking garage. Students’ are required to obtain a St. Vincent's ID badge. ID badges are free. Students pay for parking every day upon exiting the garage. Parking for students is $10 a day.

The Worcester Regional Transit Authority (WRTA) bus (Route 16) to Union Station and St. Vincent Hospital/Worcester Medical Center runs Monday through Friday every hour, from UMass Memorial Medical Center starting at 6:15 am to 9:06 pm. Worcester Medical City is a short walk 0.3 miles from Union Station. Winter weather may alter bus schedules log onto www.therta.com to check delays or to download the Route 16 schedule.

Address:  St. Vincent’s Hospital, 123 Summer Street, Worcester, MA 01608.
Department of Public Safety

University Campus Police

Mission Statement

The University of Massachusetts Police Department in Worcester is committed to provide a safe and secure environment in which students, faculty, staff, patients and visitors can conduct their activities. The Department uses a community oriented philosophy, and our Officers patrol the University & adjacent roads 24 hours a day, seven days per week in cruisers, on foot and on bikes.

All Police Officers are sworn under Massachusetts General Law Chapter 75, Section 32A, have the same law enforcement authority as Municipal Police, and are trained at Municipal Police Academies.

COMMUNICATIONS & SERVICE - 508-856-3296  FAX - 508-856-1629

UMass Police and Public Safety:

Emergency/Fire:

University Campus Dial: 911
Memorial Campus Dial: 12345

Non-Emergency/Lockout/Escort Service:

University Campus: 508-856-3296
Memorial Campus: 508-334-8568

THE UNIVERSITY OF MASSACHUSETTS POLICE STATION IS LOCATED ON THE MAIN LEVEL OF THE SOUTH ROAD VISITOR'S PARKING GARAGE (pedestrian entrance ground floor), AND IS OPENED & STAFFED 24 HOURS PER DAY, 365 DAYS PER YEAR.

UMASS ALERTS OR OVERHEAD PA ANNOUNCEMENTS WILL NOTIFY STAFF OF AN EMERGENCY.

<table>
<thead>
<tr>
<th>CODE NAME</th>
<th>Emergency Description &amp; Action to Take</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code Red</td>
<td>Fire Respond. Perform RACE</td>
</tr>
<tr>
<td></td>
<td>- Rescue – anyone in immediate danger</td>
</tr>
<tr>
<td></td>
<td>- Alarm – pull the fire alarm and then call 911 to report location.</td>
</tr>
<tr>
<td></td>
<td>- Confine – close all doors</td>
</tr>
<tr>
<td></td>
<td>- Evacuate – Extinguish if Safe, or Evacuate</td>
</tr>
<tr>
<td>Code Blue</td>
<td>Medical Emergency. UMMS call 911 and UMMC call 12345, to report emergency &amp; location</td>
</tr>
<tr>
<td></td>
<td>- (campus, building, floor, room #)</td>
</tr>
<tr>
<td>Code Pink</td>
<td>Infant/Child Abduction. Call 911 to report missing child. Watch</td>
</tr>
<tr>
<td></td>
<td>- exits, describe suspect in detail to Police.</td>
</tr>
<tr>
<td>Code Orange</td>
<td>Tornado. Move away from windows. Seek shelter inside of building.</td>
</tr>
<tr>
<td>Code Silver</td>
<td>Active Shooter. Call 911 to report location of shooter. Evacuate if</td>
</tr>
<tr>
<td></td>
<td>- safe. Or, hide inside room, lock and barricade door. Silence cell phone.</td>
</tr>
<tr>
<td></td>
<td>- Wait for all clear before coming out.</td>
</tr>
</tbody>
</table>
BLOOD BORNE PATHOGEN
EXPOSURE / NEEDLESTICK / INJURY

For visiting students who experience an exposure to blood, visibly bloody fluid, body fluid, e.g. cerebrospinal, synovial, peritoneal, pleural, amniotic, semen, secretions from a needlestick/cut or splash to eyes, mouth, nose or open cut, animal bite/lab injury.

What to Do:
1. Gently bleed, wash, flush affected area with soap and water.
2. Page the BUGS beeper 77-BUGS (2847) Monday - Friday, 7:00 am - 4:00 pm
3. Notify your supervisor/supervising resident (if there is one) and Clerkship director.
4. Obtain Evaluation - Don’t Delay! It is important to be evaluated within 2 hours of exposure. You may have to begin immediate treatment.
   - Employee Health University Campus (774)-441-6263
     Hours M-F 7:00am - 4:00pm hospital side B basement room 376C near Medical Records
   - Employee Health Memorial Campus (508) 334-6238
     Hours M-F 8:00 am – 4:00 pm.
   - Employee Health 210 Lincoln Street (508) 793-6400
     Hours M-F 8:00am - 4:00pm

If after hours, go to the Emergency Department.

DO NOT go to UMMS Student Health for any immediate attention for a needlestick/body fluid exposure.

All follow-up care needs to be coordinated with your student health or employee health service at your institution. Employee Health Services can provide any documentation needed regarding the exposure and care received while at UMMHC. A release form will need to be completed and signed.
Additional Information

UMMS Library website: http://library.umassmed.edu/ Students can get temporary access to the Lamar Soutter Library by showing there student ID badge.

Inclement Weather: Students at clinical sites MUST follow the policies of the clinical sites.

Telephone System:
External dial: 508-number
Internal dial: 6-XXXX (ext.) or 4-XXXX (ext.) or 2-XXXX (ext.)

Computer Access & Pagers: If needed, your rotation department will provide a pager and computer access. There may be a monthly fee associated with leasing a pager. Visiting students can also get temporary local access to library computers. University Campus wide wireless is also available.

Paging System:
Internal 77-XXXX (beeper number)
External 508-334-PAGE or 508-334-1000
Pager Office is located in the hospital basement room HB-311

Other Phone Numbers:

<table>
<thead>
<tr>
<th>Service</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>University Campus Building Systems or grounds: Facilities</td>
<td>508-856-3292</td>
</tr>
<tr>
<td>UMMS Help Desk</td>
<td>508-856-8643</td>
</tr>
<tr>
<td>Environmental Building Services Floors, cleanliness or trash</td>
<td>508-856-5212</td>
</tr>
<tr>
<td>Campus Store (books)</td>
<td>508-856-3213</td>
</tr>
<tr>
<td>Library (Lamar Soutter)</td>
<td>508-856-6099</td>
</tr>
<tr>
<td>Student Affairs</td>
<td>508-856-2285</td>
</tr>
<tr>
<td>Student Counseling</td>
<td>508-856-3220</td>
</tr>
<tr>
<td>Emergency/Off hours (page Dr. Rizzi @ 4261)</td>
<td>508-856-3562</td>
</tr>
<tr>
<td>Mail Room</td>
<td>508-856-2361</td>
</tr>
<tr>
<td>UMass Memorial Switchboard / Clinical</td>
<td>508-334-1000</td>
</tr>
<tr>
<td>University Campus Switchboard / School</td>
<td>508-856-8989</td>
</tr>
<tr>
<td>Weather Watch</td>
<td>508-856-1100</td>
</tr>
<tr>
<td>(School Delays/Cancelation – 1st and 2nd years only)</td>
<td></td>
</tr>
<tr>
<td>Albert Sherman Fitness Center</td>
<td>774-455-3500</td>
</tr>
<tr>
<td>3rd Floor</td>
<td></td>
</tr>
<tr>
<td>Hours: 24 hours, 7 days/week</td>
<td></td>
</tr>
<tr>
<td>Access: via ID badge</td>
<td></td>
</tr>
<tr>
<td>Contact: <a href="mailto:Fitnesscenter@umassmed.edu">Fitnesscenter@umassmed.edu</a></td>
<td></td>
</tr>
<tr>
<td>Manager: Karen Neal or <a href="mailto:Karen.Neal@umassmed.edu">Karen.Neal@umassmed.edu</a></td>
<td></td>
</tr>
</tbody>
</table>
For News and City Wide Events go to; http://www.destinationworcester.org/, www.centralmass.org/ or www.cowc.org

Transportation

WRTA – Local Buses http://www.therta.com/
Routes 15, 16, and 24 will bring you to University Campus; download routes from website.

MBTA - Train Service from Worcester into Boston main website www.mbta.com or http://www.mbta.com/schedules_and_maps/rail/ for schedules or Amtrak www.amtrak.com

Limo Services to & from Airport -
• Worcester Airport Limo -- 800-660-0992 or (508) 756-4834 or www.wlimo.com
• Knights Airport Limo – 800-822-5456 or www.knightslimo.com

Taxi’s Worcester –
• Yellow Cab 508-754-3211
• Red Cab 508-792-9999
• Independent Cab 508-792-9999

Other Taxi’s Services:
• Auburn Taxi (Millbury) 508-832-6777
• Grafton Taxi and Transport (Grafton) 508-839-6900
• Millbury Taxi (Millbury) 508-865-9302

Area Airports
Logan Airport in Boston MA www.massport.com
Worcester Regional, Worcester, MA www.massport.com
TF Green in Providence RI www.pvdairport.com
Bradley International Airport in Connecticut - www.bradleyairport.com
Manchester Airport in New Hampshire - www.flymanchester.com

Car Rental Places
Enterprise Rent a Car - 508-792-3660 www.enterprise.com
Across street from University Campus, will deliver car.
Hertz Rent a Car - 508-798-5196 – Park Avenue www.hertz.com

UMass Memorial Health Care Campus Addresses:
Main Tel: 508-334-1000
• UMass Memorial Medical Center / University Campus, 55 Lake Avenue N., Worcester, MA 01655
• Hahnemann Campus, 281 Lincoln Street, Worcester, MA 01605
• Memorial Campus, 119 Belmont Street, Worcester, MA 01605
Malls/Shopping Centers
Auburn Mall, Auburn
Greendale Mall, Worcester
Salomon Pond Mall, Berlin MA

Malls/Shopping Centers Continued
Shoppe’s @ Blackstone Valley, Millbury
Providence Place Mall, Providence RI

Supermarkets
Shaws, Located on Route 9 in the White City Shrewsbury
Stop & Shop, Route 9 Shrewsbury, Lincoln St & Grafton St Worcester
Price Chopper, Route 9 Shrewsbury or South Street

Sport Centers
UMMS Albert Sherman Fitness Center  www.umassmed.edu/studentaffairs/studentlife/exercise.aspx
Local Hockey Team: Worcester Sharks  www.SHARKSAHL.com
Northboro Team Works  https://www.teamworksnorthboro.com/
YWCA – Worcester  www.ywcaworcester.org

Places of Interest
Worcester Public Library – Salem Sq Worcester.  www.worcpublib.org
Worcester Visitors Bureau  www.centralmass.org/

Day Trips
New York City - 3 hrs
Boston – 40 minutes

Beaches
Cape Cod - many beaches / Approximately 2+ hours away lots of shopping also
Newport RI - Approximately 1 ½ hours away also has shopping
Providence, RI - Approximately 2 hours away
Hampton Beach/Boardwalk - Approximately 1 ½ hours away
Masquamicut Beach CT - approximately 1 ½ hours away past Foxwood Resort Casino

Entertainment, etc.
Tanglewood  www.tanglewood.org
Gillette Stadium  www.gillettestadium.com
Jacobs Pillow Dance  www.jacobspillow.org
Worcester DCU Ctr.  www.centrumcentre.com
Foxwoods Resort Casino  www.foxwoods.com
Mohegan Sun Hotel Casino  www.mohegansun.com
Boston – tons of things to do in Boston. (Museums, restaurants, Chinatown, Theater District, Fleet Ctr)
Go to www.bostonusa.com or www.boston-online.com or www.searchboston.com
Boston Museum of Science – www.mos.org