

Careers in Medicine (CiM)

Course Objectives

CiM 1: The Big Picture: Intro to Career Planning

- Overview of Careers in Medicine series
- Overview of your medical school curriculum and requirements
- Mapping out the next 4 years – what to do outside your curriculum:
 - Research
 - Extracurricular activities
 - Volunteerism and advocacy
 - International electives or work
- Overview of USMLE Examinations
- Introduction to and overview of choosing a specialty
 - Personality and approach
 - Statistics and competitiveness
 - Clinical observerships/shadowing
 - Shared advice of peers
 - Resources and support
- Introduction to and overview of residency applications – planning for the future
- Policies and the responsibilities of the profession
- Overview of support systems
- Opportunity for student questions

CiM 2: Welcome Back & Intro to Exploration

- Welcome Back:
 - Curriculum reminders / second year academics
 - Important dates
 - Step 1 / Center for Academic Achievement (CAA)
 - Housekeeping reminders:
 - Professionalism and professional responsibilities
 - Patient confidentiality and HIPAA
- Overview of the Exploration phase
 - Calendar and Integrated Units
 - Professionalism in the clinical years
 - Exploration goals
 - Assessment and grading
 - Important policies, some of which include
 - Annual Regulatory Training which includes online modules and mask fit testing
 - Absence policy
 - Criminal background checks
 - Drug testing
 - Medical care of learners

- Exploration enrollment overview:
 - Enrollment timeline
 - Integrated Unit grids which outline possible examples of the order of clerkships
 - Special populations: PURCH/LEAD@Lahey, incomplete year, distance exemptions
 - Student swapping of complete years or locations
- Opportunity for student questions
- Panel discussion with Clerkship Directors

CiM 3: Navigating the Third Year

- Enrollment timeline
- Reminders of important policies some of which include
 - Annual Regulatory Training
 - Absence policy
 - Basic Life Saving (BLS) recertification
 - Criminal background checks
 - Drug testing
 - Honor Code
- Navigating the third year
 - Professionalism, standards of respect, and expectations including brief overview of future medical licensing
 - Thriving in clerkships
 - Dealing with setbacks
- Introduction to Flexible Clinical Experiences (FPEs)
- Clerkship deferrals for Step 1
- Opportunity for student questions

CiM 4: Using Your Exploration Year to Choose Your Specialty

- When do students choose their specialty?
- Overview of AAMC Graduation Questionnaire: Weighted statistics of previous graduating classes on factors that determined their specialty choice
- Five personal components of how students can assess their specialty choice based on their core clerkships
- How to experience other specialties while doing your third-year clerkships
- Options to explore non-core specialties
- Assess competitiveness
- Alpha Omega Alpha (AOA) Honor Medical Society including Match statistics
- Success in the Match including characteristics of a good team member

CiM 5: Planning Horizons Intro

- Announcements
- Overview/preview of the fourth year/Horizons year:
 - Components and structure
 - Important dates
 - Graduation requirements

- Preparing for and resources for your Horizons phase:
 - Proposed Education Plan (PEP)
 - Horizons “lottery” (equitable enrollment process) for required courses (Acting Internship and Clinical Problem Solver) in OASIS:
 - Timeline
 - Overview of the OASIS process
 - Annual Regulatory Training reminders
 - Peoplesoft Online Enrollment (POE) for elective courses
 - Types of electives
 - Away elective rotations including evaluations
 - Introduction to AAMC’s Visiting Students Learning Opportunities™ (VSLO®) system for applying for away rotations
 - Timing of elective and residency applications
- Extending your education
- USMLE exams: Step 2CK
- Opportunity for student questions

CiM 6: Horizons Day

- Preparing for Applying to Residency
 - Career decision making
 - Structuring the fourth year and career considerations
 - Quartiles
 - Letters of Recommendation
 - Online and in-person resources
 - Away elective planning:
- AAMC Careers in Medicine Timeline
- Review of Planning Horizons Year
 - Graduation requirements
 - Enrollment
 - International electives
 - Deciding on electives
 - Fifth Year Option
 - Opportunity for student questions
- Peer Mentoring
- Residency Program Director Meeting

CiM 7: Applying to Residency / Intro to Horizons Phase

- Horizons Planning
 - Graduation Requirements
 - Residency Application and the Medical Student Performance Evaluation (MSPE)
 - Noteworthy Characteristics
 - Extension paragraphs
 - Summary sentences
 - Self-assessment
 - Alpha Omega Alpha (AOA)
 - Helpful resources to use in choosing programs
 - Licensing, red flags, issues to address in advance

- Extending/Fifth Year Option
- Alumni Connect
- Residency Applications and Components
 - Process
 - Timeline
 - Programs
 - Common Application Form (CAF)
 - San Francisco Match
 - ResidencyCAS
 - AAMC's Electronic Residency Application Service (ERAS)
 - Signaling and geographic preferencing
 - Letters of Recommendation
 - Personal Statement
 - Curriculum Vitae (CV)
 - Interviews
 - Rank Order List (ROL)
 - The Couples Match
 - Parallel Plan
 - National Residency Matching Program (NRMP)

CiM 8: The Couples Match

- Couples Match application strategy
- Program signaling in the Couples Match
- Geographic preferencing in the Couples Match
- When to schedule interviews
- Communication with programs after receiving interview invitation
- Rank Order List (ROL)

CiM 9: Interviewing for Residency

- Advice for any virtual interview from prepping tech and your space to basic etiquette
- Scheduling and canceling residency interviews
- Preparing for your residency interview
- Typical and atypical residency interview questions
- Illegal residency interview questions
- Advice on breadth and depth of answers, and graceful self-promotion
- Design and practice response to 1 of 5 important and common questions
- Communication between applicants and programs

CiM 10: Composing Your Best Rank Order List

- Intro to The Match: National Residency Matching Program® (NRMP®) and the matching algorithm
- Principles to consider in selecting a residency program
- Strategy as you craft your Rank Order List (ROL)
- Matching as a couple and couples verification
- Post-interview communications

- Deadlines
- Resources
- The Match commitment

CiM 11: Brief Overview of the Supplemental Offer and Acceptance Program® (SOAP®)

- Overview of how the National Residency Matching Program®'s (NRMP) Supplemental Offer and Acceptance Program works.
- Match rates: U.S. and UMass Chan
- Match Week and SOAP schedule
- How to prepare in advance if SOAP participation becomes necessary
- Match notification message from the NRMP R3 system
- Support system for unmatched applicants
- SOAP process overview
- Logging into the MyERAS Application during the SOAP and instructions for reapplying to programs
- SOAP strategies and which programs to apply to
- SOAP statistics
- Parallel plan for unmatched applicants