

# The University of Massachusetts Chan Medical School and Worcester Recovery Center and Hospital

## Doctoral Internship in Clinical Psychology

### 2023-2024 Cohort Brochure



WORCESTER, MASSACHUSETTS

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# UMass Chan-WRCH Doctoral Internship in Clinical Psychology

UNIVERSITY OF MASSACHUSETTS CHAN MEDICAL SCHOOL  
WORCESTER RECOVERY CENTER AND HOSPITAL  
WORCESTER, MASSACHUSETTS

## Overview

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The University of Massachusetts Chan Medical School (UMass Chan) and Worcester Recovery Center and Hospital (WRCH) offer a doctoral internship in psychology. The program is accredited by the American Psychological Association and is a member of the Association of Psychology Postdoctoral and Internship Centers. It is one of the oldest continuously offered internships in psychology in the country.

The program will offer three full-time funded internship positions in 2023-2024 that will each carry a stipend of \$31,200 per year. We will have two tracks: a general inpatient/severe mental illness track (2 intern positions) and a forensic evaluation track (1 intern position). Applicants may apply to/will be considered for one track only. All rotations listed in this brochure are available to interns in both tracks with the exception of the UMass Forensic Track Inpatient Rotation at WRCH, which is typically limited to the intern in the forensic evaluation track.

Applicants must be in good standing in a doctoral program in psychology in an accredited educational institution and must have completed at least two years of graduate study prior to the internship year. Applicants must have completed appropriate practica and be approved by their Director of Training as prepared for internship. Preference will be given to students from clinical psychology programs accredited by the American Psychological Association.

The contact information for the Commission on Accreditation of the American Psychological Association is:

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Office of Program Consultation and Accreditation

American Psychological Association  
750 First Street, NE  
Washington, DC 20002-4242  
(202) 336-5979  
apaaccred@apa.org

*Requests for information should be sent to:*

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**Deadline:** Applications must be received no later than November 1, 2022.

## Our Psychology Training Program

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### Training Philosophy

The University of Massachusetts Chan Medical School/Worcester Recovery Center and Hospital doctoral internship is designed to provide an American Psychological Association accredited internship to students from doctoral programs in psychology. The overarching aim of our internship training is to equip emerging psychologists with the knowledge, skills, and experience relevant to offering professional clinical services to individuals with serious mental illness in the public sector. The program allows interns to match with one of two tracks – the General Inpatient/Severe Mental Illness track and the Forensic Evaluation Track – both of which are designed with the goal to prepare interns to function professionally in a variety of public sector contexts, including the MA Department of Mental Health, with the latter track providing some increased exposure to forensic mental health assessment.

Our mission is to provide training experiences across a broad range of ages, ethnic backgrounds, types of psychopathology, clinical settings, and types of assessment and intervention approaches with an allegiance to the notion that any comprehensive view of human behavior must include an assessment of functioning at different levels of organization. Thus, understanding one person involves the integration of that individual's thoughts, feelings, and behavioral interactions in a variety of interpersonal and group structures, cultural contexts, and ethnic origins. In addition, we must be prepared, especially in the case of individuals experiencing severe problems in living, to design programs for change at different levels of psychosocial organization.

Our philosophy of training is an extension of the scientist-practitioner model of psychology training developed by Dr. David Shakow at Worcester State Hospital. This training occurs in the context of a psychology internship program whose staff members provide clinical service, basic and evaluation research, and training, and where a multidisciplinary or team approach is utilized for training and research. We believe that the context for training should also be broad rather than narrow, based on principles rather than particular techniques. Because interns have diverse backgrounds and interests, we are particularly attentive to individual differences in training needs. Under the guidance of the Director of Training, a variety of opportunities and resources are available for interns to develop a program in keeping with their unique interests and professional goals. Moreover, sensitivity to individual differences, needs, and goals is repeatedly stressed with interns in their work with clients.

As stated by Dr. Shakow in a 1946 article describing the Worcester State Hospital internship program, “Another principle emphasized from the beginning was the social responsibility which contact with patients involves. The fact that the intern’s findings might actually play a significant role in the disposition of a case required not only an appreciation and respect for the subject as a person, but also an understanding of the social implications of his examination.” Respect for the dignity and rights of those with whom the intern works continues to be central to our training philosophy.

## Setting

The University of Massachusetts Chan Medical School (UMass Chan) campus consists of the UMass Chan Medical School and the UMass Memorial Health Care teaching hospital, community clinics, and outpatient services. Various outpatient internship rotations are available at UMass Chan. About thirty doctoral-level psychologists are on the UMass Chan staff, many of whom have a role in the training program.

Worcester Recovery Center and Hospital (WRCH) is located on the site of a developing health and research biotechnology park. Formerly named Worcester State Hospital, the current census is dramatically lower than the 2,800 patients served in the 1950’s and represents a wide cross section of severe and persistent mental disorders. Between 50 and 70% of this population has a co-occurring substance use disorder and significant medical co-morbidities. In addition to the adult admission and continuing care psychiatric units, the hospital has two adolescent long-term treatment units. A forensic service (composed of evaluators from UMass Chan and the Department of Mental Health) provides forensic evaluation services to the hospital.

The UMass Chan and WRCH campuses are located within walking distance of each other.

# The Application Process

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## Admission Policy

The Internship application includes the AAPI Online, three letters of reference, graduate transcripts (official), curriculum vitae, and a cover letter.

Each year the internship program receives many more applications than the number of available intern positions. Most candidates are highly qualified, both in terms of academic performance and letters of recommendation, and it is often very difficult to differentiate the candidates on these bases alone. Consequently, our criteria for selection must examine other variables.

One factor to which we pay close attention is whether the training experiences that we provide are consistent with the needs and interests of the candidate, insofar as those needs and interests are expressed in the application. The match between candidates' interests and the aims of the internship are examined carefully. Therefore, in the cover letter, applicants should clearly explain how their goals align with the public sector/severe mental illness mission of the internship, and applicants should identify or list their UMass Chan-WRCH internship rotations of interest. If it is clear to us that the nature or quantity of certain experiences that a candidate seeks are unlikely to be provided on internship, we inform the candidate of this and suggest that their training needs would be better met at a different facility. Frequently this decision is not based on the candidates' qualifications but rather on their stated professional goals and needs.

Secondly, we believe peer-group learning is an important aspect of the internship training experience. Our experience is that this learning is maximized when the interns each year come from very different professional backgrounds and represent widely divergent theoretical orientations. The UMass Chan-WRCH internship is not committed to a single theoretical position. We believe the issues in clinical psychology can be conceptualized from different theoretical stances, and interns benefit from having their ideas examined and evaluated from frameworks other than their own. This evaluation process and dialogue are as important from other interns as from supervisors. Thus, we attempt to select a heterogeneous intern group.

Thirdly, **we especially welcome applications from underrepresented and marginalized group members.** While the law of the Commonwealth of Massachusetts expressly prohibits asking for such information, those candidates who wish to self-identify or provide this information will enable us to be consistent with valuable affirmative action policies.

## Applicant Interviews

One goal of the Intern Selection Committee is to match the training needs of the applicant with what our program has to offer. The Selection Committee will thoroughly review each completed application and identify those applicants where there is a "goodness of fit." These intern applicants will then be contacted and invited to interview with members of the internship training staff on one of several interview dates in December and January. The interview day typically runs from about 9:00am to 3:00pm EST, and will include contact with current interns to give the applicant an intern's perspective on the program.

## Interview information for applicants applying for the 2023-2024 cohort:

### Dates of interviews:

Friday, December 16<sup>th</sup>, 2022

Friday, January 6<sup>th</sup>, 2023

Thursday, January 12<sup>th</sup>, 2023

Friday, January 20<sup>th</sup>, 2023

**Interview format:** All applicant interviews will be virtual and conducted entirely online. There will be no in-person interviews or planned visits to the UMass Chan-WRCH facilities.

**Additional important information for applicants:** As of August 10, 2021, all faculty and staff employees of UMass Chan Medical School must be fully vaccinated against COVID-19 as a condition of employment; this applies to psychology interns, who are considered UMass Chan employees. (Employees of WRCH are also required to be fully vaccinated). UMass Chan allows certain exemptions for individuals with approved medical or religious accommodations. If you have questions or would like to learn more about this policy, please contact the UMass Chan-WRCH Director of Intern Training. Further, UMass Chan requires all of their employees to receive the annual flu shot. All vaccines are provided free of charge by UMass. If you have received these vaccinations elsewhere, you will be asked to provide proof of vaccination to the Human Resource Department.

## The Internship Year

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### Orientation Period

The training year typically begins on the last Monday in August, with an orientation period lasting approximately three weeks. During this period, the intern becomes acquainted with the daily routines of UMass Chan and WRCH, is given a formal introduction to the staff and programs of various departments within these facilities, and is systematically introduced to the principal emphases and lines of work within the two psychology departments. As part of their orientation, the interns may be asked to participate in staff conferences, engage in diagnostic interviewing, observe admission procedures, and attend lectures on administrative and legal aspects of hospital procedures. Interns may also visit several community programs and review the goals, organizational structure, and day-to-day functioning of these special programs. Intensive training in interview techniques and behavioral assessment techniques is given during the orientation period to prepare the interns for a variety of clinical activities. By the end of the orientation period, interns will identify

their rotation preferences by completing an individualized internship learning contract which will include both required inpatient rotations as well as other specialty rotations.

## Benefits

Interns in Psychology are employees of the University of Massachusetts Chan Medical School. Interns receive a stipend of \$31,200, a choice of employee health insurance plans (cost varies), and paid vacation and holidays. All interns are provided with 80 hours (10 days) of vacation time as well as sick time.

## Community

The University of Massachusetts Chan Medical School and Worcester Recovery Center and Hospital provide services primarily to citizens of Worcester and other areas in central Massachusetts, although some clinics or services are statewide. The ethnic and cultural populations in central Massachusetts are diverse. As public-sector institutions, the client populations tend to be from lower socioeconomic groups. Census information for Worcester (2020) indicated the community is approximately 54% White, 23% Hispanic or Latinx, 13% Black or African American, and 7% Asian. Hospital units and clinics reflect the community composition closely, with the exception that inpatient psychiatric admissions are 60% male, 40% female.

## Structure of the Internship

Each intern engages in training activities in three areas throughout the year:

- Required inpatient assessment and treatment experiences
- Other inpatient and outpatient assessment and treatment experiences, and
- Supervision, didactics, seminars, and program consultation

In general, about two days per week are devoted to required inpatient clinical rotations, two days to other clinical rotations, and one day to other activities (including didactics).

Our program is particularly attentive to individual differences in training needs. Under the guidance of the Director, many opportunities and resources are available for the interns to utilize in developing a program in keeping with their unique interests and professional goals. While some experiences are required of all interns, our philosophy of flexibility dictates that the individual needs, interests, and professional goals of each intern must be considered in determining supervised activities throughout the year. Through the development of an individualized learning contract at the beginning of the training year, each intern will select rotations that reflect and include the **Profession-wide competencies** of internship training at UMass Chan Medical School and Worcester Recovery Center and Hospital.

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## Inpatient Rotations at WRCH and PTRC

All interns are expected to complete inpatient rotations throughout the year at either WRCH or the UMass Psychiatric Treatment and Recovery Center (PTRC). Over the course of the internship,

interns generally choose at least two of these inpatient rotations to learn about the care and treatment of individuals with severe and persistent mental illness. The following rotations are typically available each year (interns will be notified of any changes to the list of available rotations at the start of the internship year).

## Worcester Recovery Center and Hospital

Most individuals hospitalized at WRCH have been ordered for evaluation and treatment under court order. In addition to the admission evaluation units, there are units for continuing care treatment, deaf/hard of hearing patients, and those with complex medical needs. All of the units are closely connected to the hospital-wide Skills Training and Rehabilitation program which includes therapeutic, vocational, educational, and recreational elements.

The treatment units at WRCH focus on preparing adults from diverse ethnic and socioeconomic backgrounds in the transition process from an inpatient stay to community living. The treatment approach is multidisciplinary in nature and aimed at assisting the individual in engaging in treatment, maintaining adequate behavioral and emotional control, and taking the steps necessary to successfully return to the community. The treatment model incorporates a thorough diagnostic work-up, psychosocial rehabilitation, relapse prevention, motivational interviewing, and Dialectical Behavior Therapy (DBT) / Cognitive Behavior Therapy models. Individuals receiving inpatient care are empowered to understand symptoms associated with mental illness and follow through with strength-based interventions and plans that will maximize adjustment and transition to less restrictive alternatives to hospitalization.

At WRCH, DBT / CBT programs have been implemented on several treatment units, with several members of the staff trained intensively in DBT and CBT for Psychosis. The psychology interns participate in all phases of the individual's hospital course from assessment / psychological testing to providing treatment interventions to helping the individual work through an integrative discharge plan. The staff at WRCH have implemented an Illness Management and Recovery (IMR) treatment program, an evidence-based group and individual treatment protocol to assist individuals in learning more about their psychiatric disorders and effective coping skills. Additionally, WRCH has a robust dual recovery program for people in all stages of change and has developed a relapse prevention model for mental health. As the staffing levels of a large state-run hospital change throughout the year, on-unit group therapy opportunities are limited by the availability of trained group facilitators.

Internship training opportunities exist in several specialized areas:

### *WRCH General Psychology Rotation*

Supervisors: Debika Paul, PhD, Meredith Ronan, PsyD, Ariel Ingber, PsyD, and other WRCH psychology staff as available.

Interns choosing this inpatient rotation will be assigned to two multidisciplinary continuing care treatment teams, each of which is responsible for the care and treatment of about 26 individuals with severe and persistent mental illness. Under the supervision of the

team psychologist, the intern will conduct admissions assessments, specialized evaluations for risks of violence, suicide, and fire setting, and make referrals to Department of Mental Health risk consultants for individuals with more serious histories of violent crime or sexually problematic behavior. The intern will also provide an average of at least four sessions per week of individual and group psychotherapy addressing at least two of the following: Cognitive Behavior Therapy, Motivational Interviewing, Relapse Prevention Planning, Dual Recovery Treatment, and/ or Cognitive Rehabilitation Therapy. Interns will also conduct at least two full batteries of cognitive and personality / performance based psychological tests for diagnostic formulation and treatment / discharge planning and refine their consultation skills in ongoing dialogue with their treatment team(s). This rotation also provides the intern with supervised experience in supervising a third- or fourth-year doctoral student in the hospital's Psychology Traineeship Program. All clinical activities are supported with a minimum of two hours of individual supervision and Rorschach group supervision (as needed) with psychology staff.

### *WRCH Deaf Inpatient Services Rotation*

Supervisor: Ariel Ingber, PsyD

The WRCH Deaf Inpatient Services rotation is an inpatient rotation designed to provide interns with exposure to both assessment and treatment services with d/Deaf and hard-of-hearing (HoH) clients. WRCH Deaf Inpatient Services is the only inpatient mental health service in Massachusetts designed to meet the needs of d/Deaf and HoH individuals who live anywhere in the state. WRCH Deaf Inpatient Services is committed to providing accessible, culturally affirmative expert mental health assessment, stabilization, and treatment services that efficiently restore individuals to community functioning. The service accepts admissions for both acute stabilization and continuing care, and serves:

- D/deaf, hard-of-hearing, and deaf/blind individuals
- Individuals who use American Sign Language (ASL), other sign language, home sign, gestural communication, English or other spoken language, written language, no language, and individuals with language dysfluency
- Individuals who utilize hearing aids, cochlear implants, FM Systems, CART or captioning services, communication boards/visual images, and other devices to facilitate communication
- Adolescents, adults, and seniors
- Projected lengths of stay from a few days to years
- Legal sections of §12b as well as other civil and forensic legal sections
- Admissions from emergency services, other mental health units, medical hospital units, courts, and jail/prisons
- Behavioral issues with unclear diagnoses that may/may not include serious mental illnesses

The WRCH Deaf Inpatient Services training and responsibilities are tailored to the intern's training goals and may include: Providing individual psychotherapy to 1-2 clients, co-facilitating 1-2 psychotherapy groups (e.g., Cognitive Enhancement and Restructuring Therapy (CERT) group and a Michael's Game group (based on a Cognitive Behavior Therapy for psychosis model)). Interns can choose to join the existing groups or have the option to develop and run a group of their choosing. Interns will complete partial and/or full batteries of cognitive and/or personality assessments for diagnostic formulation, treatment, and/or discharge planning, conduct admission and annual assessments, and complete specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, interns may have the opportunity to generate referrals to the Department of Mental Health risk consultants for clients with more serious histories of violent crime and/or sexually problematic behavior.

### *WRCH Dialectical Behavior Therapy (DBT) Rotation*

Supervisor: TBD

*\*The DBT rotation will not be available in 2023-2024.*

Since 2002, when the first multidisciplinary DBT team was intensively trained in DBT by Charles Swenson, M.D. and Cindy Sanderson, Ph.D., all components of standard, outpatient DBT have been adapted to inpatient settings at WRCH. A Performance Improvement team implemented the program in 2002 with consultation from Dr. Sanderson, and WRCH staff across disciplines has engaged in formal Behavioral Technology Transfer Group training annually since then. Under the aegis of the Recovery Therapies Steering Committee, the DBT program is available to all inpatients, and comprises: 1) individual DBT; 2) weekly skills groups, including two regular skills groups for those who are engaged in the complete program and an introductory skills group that is open to all; 3) crisis consultation; and 4) therapist participation in one of two weekly consultation teams. Psychology interns provide individual DBT and crisis consultation, co-lead weekly skills groups, and participate in a weekly consultation team. In addition, they consult to multidisciplinary treatment teams for DBT clients, conduct initial psychology assessments and risk assessments, support development of Crisis Plans informed by DBT, and consult with community treaters to help generalize skills to natural, community treatment settings. During their rotation, interns may opt to provide other evidence-based modalities to clients with a variety of other difficulties, e.g. providing anxiety management for a person with panic disorder. In addition to weekly DBT consultation teams, individual DBT supervision is provided. Interns have often assisted with regular, in-service DBT training for WRCH staff, as well as assisted with two-day workshops provided for licensed clinicians in community training settings.

### *WRCH Clinical Risk Assessment and Mitigation Rotation*

Supervisors: Ariel Ingber, PsyD, and Peter LaCanfora, PsyD

Interns choosing this rotation will not be assigned a specific continuing care unit and will have the opportunity to complete various risk assessments across the eight continuing care units. Interns will complete various specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, they may also have the opportunity to generate referrals to the Department of Mental Health risk consultations for clients with more serious histories of violent crime and/or sexually problematic behavior. The intern will also be expected to conduct at least four assessments that include the use of psychological tests, standardized inventories, and/ or structured risk assessment protocols. Additional opportunities to engage in risk-mitigation treatment (e.g., relapse prevention planning and/or other individual therapy) may be available for interns that are interested. This rotation may provide the intern with supervised experience in supervising a third- or fourth-year doctoral student in the hospital's Psychology Traineeship Program. All clinical activities are supported with a minimum of two hours of individual supervision and, time permitting, an opportunity to participate in Rorschach group supervision with psychology staff.

### *WRCH Clinical Leadership and Program Evaluation Rotation*

Supervisors: Dan Lambert, PhD, and Peter LaCanfora, PsyD

Interns may choose this rotation in conjunction with another WRCH inpatient rotation to obtain hands-on experience in program development and / or program evaluation through leadership participation in one or more projects prioritized by the hospital and / or psychology department. Participants obtain clinical experience through direct involvement in delivery of services associated with the program or project. Experience with each of the following elements of Clinical Leadership and Program Evaluation occur in the context of the selected project: organizational change processes, program design / development based on the evidence / knowledge base, use of performance improvement tools, data management / integrity processes, and data analysis as applied to administrative decision-making. Additionally, participants can observe a variety of administrative meetings and get exposure to processes related to standards compliance (Joint Commission, CMS, Regulations, and Policies). Past projects have included development of cultural competence curriculum materials, innovating new manual-based therapy groups, developing assessment tools for statewide DMH use, implementation / evaluation of treatment programs, reorganization of treatment services, consultation to hospital committees such as the Cultural Diversity Committee and various Psychology Department Performance Improvement initiatives. This rotation also provides the intern with supervised experience in supervising a third- or fourth-year doctoral student in the hospital's Psychology Traineeship Program, generally in relation to their involvement in the project/ program. All clinical activities are supported with a minimum of two hours of individual supervision.

### *WRCH Inpatient Psychiatric Neuropsychology*

Supervisor: Katie Treiber, PhD

Psychiatric neuropsychology is a growing subspecialty of clinical neuropsychology. The clinical neuropsychology rotation in inpatient psychiatry is designed to provide interns with competency-focused training in clinical neuropsychological and psychological assessment, consultation and cognitive rehabilitation services to adults with serious and persistent mental illness (SPMI). Many people with SPMI often have complex presentations associated with pre-illness or co-morbid trauma, neurodevelopmental or neurocognitive disorders, substance use disorders, and / or chronic health/medical conditions.

Interns will interact with multidisciplinary teams consisting of psychiatry, nursing, social work, and occupational therapy, in addition to occasional consultation with other disciplines such as neurology, neuropsychiatry, and forensic psychology. Interns will develop proficiencies in the administration, scoring, and interpretation of a range of neurocognitive and psychological assessment measures. Neuropsychological assessment training will often integrate psychological assessment methods (e.g., structured multi-scale and narrow band self-report and / or performance-based measures of psychopathology and personality). A person-centered developmental-lifespan approach to case conceptualization that integrates data obtained from multiple sources (clinical interview, records, consultation with treatment providers, collateral informants / family or significant others) will be emphasized.

Depending on an intern's interests / competency goals, participation in the Cognitive Enhancement and Restructuring (CERT) Program is available. An average of 2 hours of weekly supervision will be provided in the form of individual supervision / case review. The opportunity for didactics and guided readings may also be available, depending upon the intern's interests and schedule. Interns have the opportunity to create some training emphases that match their competency benchmarks and professional goals within the rotation's resources.

Interns with the following training goals are encouraged to consider this rotation in psychiatric neuropsychology: (1) development of specific professional competencies in psychological and neuropsychological assessment, particularly for postdoctoral training in neuropsychology and/or psychological assessment; (2) understanding the cognitive features of SPMI in adults and their relationship to treatment and functional outcome, particularly for those seeking a postdoc or careers in inpatient or public sector psychiatric settings (e.g., Veteran's Administration, state psychiatric hospital, or community mental health settings); (3) understanding how neuropsychological and psychological assessment can inform forensic evaluations, particularly among individuals with SPMI, and meaningful treatment planning; (4) interns who would like to practice (and / or teach) psychological and / or neuropsychological assessment as part of their professional role.

The structure of this psychiatric neuropsychology and psychological assessment rotation varies somewhat from year to year, depending upon the availability of supervisory resources. A 16 hour / week rotation is available during the training year. The rotation is open

to considering individualized rotation structures if able to provide adequate resources to achieve an intern's key training competency goals (e.g., stronger emphasis on cognitive rehabilitation, 8 hour / week option).

Didactics and case-based learning opportunities may be included in the rotation, depending upon the intern's schedule and goals. In the past, these have included regular seminars / discussions on topics relevant to neuropsychological assessment and intervention. While there are some established training topics that are regarded as essential, many topics, articles, and / or case studies are selected to meet the competency benchmarks and match the professional interests of individual interns. Some of the didactic / discussion topics that have been covered include: conduct of a developmental-neuropsychologically relevant interview, collaborative and therapeutic assessment methods, effort/response bias/malingering, domains of neuropsychological assessment, functional neuroanatomy, structured personality assessment measures and cases (MMPI-2/MPPI-2-RF, PAI, MCMI-III), neuropsychology of schizophrenia-spectrum, bipolar, depression with psychosis, obsessive-compulsive, post-traumatic stress and personality (psychopathy) disorders, ADHD and specific learning disabilities, neuropsychology of traumatic brain injury and its impact on clinical presentation of adults with SPMI, SPMI and aging / dementia (e.g., vascular dementia, Parkinson's disease, Huntington's disease), variables that influence neuropsychological test performance, neuropsychology in forensic and health contexts / settings, and problems and challenges in neuropsychological assessment.

### *WRCH Positive Behavior Interventions and Support (PBIS) Consultation Service*

Supervisor: Meredith Ronan, PsyD

PBIS is a model for supporting individuals whose behaviors pose challenges to services and often result in various restrictions and barriers. The primary goals of PBIS are to better understand the functions of behavior and work to improve quality of life, teach adaptive skills, and modify the environment to maximize success. The PBIS rotation is designed to provide interns with exposure to case-based positive behavior support, including data collection, behavioral assessment, consultation, and implementation of PBIS interventions/plans for inpatient adults who have high-risk behaviors. It may also include, depending on the interns training needs, opportunities to participate in the hospital-wide initiative of implementing PBIS at a systems-level. All clinical activities are supported with a minimum of two hours of individual supervision.

### **UMass Adolescent Continuing Care Units at WRCH**

Supervisors: Remy Yoshida, PsyD, and Liz McCurdy, PhD

The UMass Adolescent Continuing Care Units (ACCU), sited at Worcester Recovery Center and Hospital, are comprised of two 15-bed units for youth, ages 13 to 18. This population is culturally, ethnically, racially, and socioeconomically diverse.

Each treatment team, comprised of psychiatrists, social workers, nurses, occupational and recreational therapists, mental health counselors, and psychologists, works collaboratively to develop optimal treatment planning. Because of the significant trauma and / or persistent mental illness that these youth have faced, patients typically stay from 4 to 12 months allowing for extensive clinical services and qualitative changes in behavior. Family therapy is a significant component of the treatment offered to adolescents on the UMass ACCU. As such, families are actively involved in the treatment process. There is also a considerable focus on strategies that are trauma-informed and developmentally appropriate. Those providing psychotherapeutic services balance evidence-based practices with theoretically driven, creative interventions that are highly individualized. Ultimately, youth are empowered to guide their own recovery.

Four beds are allocated to forensic services. These youth are admitted from the courts for evaluation of competency to stand trial, criminal responsibility, or aid in sentencing. Interns with forensic interests have ample opportunity to appreciate the complicated interface of clinical and legal matters.

This rotation is a six-month inpatient elective with a minimum commitment of 16 hours per week. While a challenging population, there are few sites in the Commonwealth that provide this type of dynamic learning environment. At least one hour of individual supervision per week will be offered by an on-site licensed psychologist. Additional supervision will be offered for psychological testing.

This rotation will actively engage the intern in the complexities of adolescent inpatient care within the context of a supportive multidisciplinary team. The intern will enhance skills in assessment, various forms of treatment, and milieu management. By the end of this rotation, the intern will have a broader grounding in differential diagnosis, risk management, and the child service delivery system. We expect that the intern's confidence in dealing with complex cases will increase significantly.

## UMass Forensic Track Inpatient Rotation at WRCH

Supervisors: Jeffrey Burl, PhD, and Michael Burke, PsyD

The UMass Forensic Service provides forensic evaluation and consulting services to the staff and adult patients at WRCH, in addition to providing evaluation and consultation services to other Massachusetts Department of Mental Health facilities in Tewksbury and Springfield.

This rotation is six-months and requires a 16 hour per week commitment. Rotation hours are divided between time at the "Farmhouse," a Department of Mental Health building which houses the Forensic Service, and on the WRCH court evaluation units and continuing care units. Your time each week will be spent in individual supervision with the primary supervisor for a minimum of one-hour, forensic interviews and assessments, treatment team meetings, weekly clinical rounds, and court hearings. The intern will be responsible for conducting psychological testing, writing evaluative psychological testing reports for forensic evaluators, and writing forensic evaluation reports. The intern may have the option to co-lead a Legal Education group focused on competency restoration. In addition, the intern will be expected to participate in didactic training focused on Massachusetts legal

statutes, topics in forensic evaluation and testimony, professional development, ethical considerations, and relevant case law. Interns will be expected to have completed a minimum of three complete shadowed forensic evaluation reports and one case law summary (case briefs) by the end of the rotation. The number of write-ups from psychological testing will vary based on the Service's need and the intern's available time on the rotation.

## UMass Psychiatric Treatment and Recovery Center (PTRC)

Supervisor: William Warnken, PsyD, ABPP (forensic)

The PTRC is an acute-care unit that specializes in the evaluation and treatment of individuals with psychiatric disorders. Approximately 80% of those admitted to the PTRC are discharged back to the community and 20% are transferred for further inpatient treatment to other units. Patients display severe psychopathology and are primarily diagnosed as having a schizophrenia-spectrum disorder, a major affective disorder, or a severe personality disorder. Approximately one-half of these individuals have abused alcohol and/ or illicit drugs and need substance abuse treatment. The PTRC utilizes a multidisciplinary clinical model with active participation by psychiatry, psychology, social work, rehabilitation therapists, and nursing staff. Psychology interns, as well as students in other disciplines, are an integral part of the clinical program on the unit.

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## Additional rotations available to interns

In addition to picking at least two of the inpatient rotations listed above, interns will have the opportunity to choose at least two additional rotations. The following rotations are designed to provide interns an opportunity to complement their clinical training in the treatment and assessment of severe and persistent mental illness. Most rotations listed below are available each year, but interns will be notified of any changes at the start of the internship year.

## Neuropsychology at UMass Memorial Medical Center

Supervisor: Erika Clark, PhD, ABPP (Clinical Neuropsychology)

The outpatient rotation in Neuropsychology provides supervision and training in the neuropsychological assessment of patients from neurological, neuropsychiatric, and general medical populations. Training takes place within the outpatient service of the Department of Psychiatry at 100 Century Drive. A minimum of 16 hours per week is required. In addition, at a minimum, a commitment of three to five hours of off-site time is required for activities such as report writing. The rotation is especially designed for individuals who have substantial practica training in clinical neuropsychology and are planning to become board certified neuropsychologists. Interns without sufficient prior neuropsychology training may not be accepted for a neuropsychology rotation during the internship.

The rotation provides training in the administration, scoring, and interpretation of neuropsychological assessment tests, and focuses on the consolidation of this information into

succinct reports. A considerable amount of training time will be focused on building each report into a document that effectively communicates both diagnostic conclusions and treatment recommendations. There is an emphasis on communicating effectively with referring providers so that our conclusions are understood and implemented, in a manner that assures that neuropsychological assessment enhances patient care. Interns will see 2 outpatients weekly. Referrals come from multiple services, providing a varied training experience. Trainees participate in testing with ethnically and culturally diverse populations, including work with interpreters and formulating conclusions from a diversity-informed clinical perspective. Other related opportunities, such as cognitive rehabilitation training may be available. Supervision is conducted through direct observation during testing with a faculty member and scheduled weekly sessions with postdoctoral fellows to discuss cases. Required weekly didactic offerings include an internal neuropsychology seminar and a joint UMass/VA neuropsychology seminar. Optional didactic opportunities are available, including, Psychiatry and Neurology Grand Rounds, Neuropsychiatry Journal Club, Epilepsy Conference, and Neurorehabilitation Seminar.

## UMass Adult Consultation-Liaison Health Psychology

Supervisor: Mary Kate Miller, PsyD

The Consultation-Liaison Health Psychology service is within the UMass Memorial Medical Center-University Campus. This rotation provides clinical training in rapid assessment, multidisciplinary consultation and liaison, and brief intervention for patients with co-morbid medical and psychiatric illness. The intern's role involves performing consultations on the general and specialty medical floors with a wide variety of consult questions (e.g., diagnostic clarification, risk assessment, somatization, depression/anxiety due to medical illness or injury, exacerbation of psychological issue due to a medical condition, coping with pain, sleep disruptions, etc.) and the opportunity to work with diverse medical populations/teams (i.e., oncology, trauma surgery, cardiology, hospitalists, GI, neurology, critical care). Interns will be involved in coordinating care with a number of medical staff including medical students, residents, and attendings to clarify the reason for consult, provide psychological conceptualization and recommendations to the medical teams. Through this experience interns are expected to develop competencies in consultation, diagnostic assessment, brief psychotherapy, and care collaboration. Interns will engage with multidisciplinary teams through morning rounds and provide case conceptualizations to consulting medical teams. Additional learning opportunities include attending grand rounds, observing walking rounds with various medical teams, and shadowing psychiatry consultations.

## UMass Child Consultation & Liaison Psychiatry

Supervisor: Erin Tangney, PhD

The Child and Adolescent Consultation-Liaison service is comprised of interdisciplinary team members including child psychiatrists, psychologists, psychiatry fellows, medical students and a social worker, who provide a wide breadth and depth of experience in behavioral health. The CAP CL service

provides assessments, recommendations, and support for a variety of behavioral health needs for children and their families while they are admitted to the Children’s Medical Center, including safety and risk assessment; assistance in coping with a new or chronic medical illness; evaluation of a child who has experienced a traumatic event; and referrals for more intensive or outpatient psychiatric treatment. We work collaboratively with the primary medical teams, nursing, dieticians, and various pediatric sub-specialty consult teams to provide comprehensive support and care for all patients at the CMC.

## UMass Adult Ambulatory Psychiatry Clinic

Supervisor: Robert Carey, PhD

Interns will receive training in evaluation and individual and group psychotherapy for a variety of psychiatric conditions including psychosis, affective disorders, somatoform disorders, anxiety disorders, substance abuse, and personality disorders. A variety of theoretical approaches including cognitive behavioral, acceptance and commitment, and psychodynamic strategies provide interns with a broad range of experiences with adult outpatients. Weekly multidisciplinary treatment team meetings provide a further opportunity for interns to more thoroughly examine the processes involved in assessment, differential diagnosis, and treatment selection. In addition to the general clinic and the three programs described separately (Anger Management, Health Psychology, Addictions) there are also opportunities to do personality test batteries and participate in various specialty programs including DBT, Deaf Behavioral Health, and Women’s Mental Health. This rotation can be up to 16-hours a week.

## UMass Anger Management Program

Supervisor: Frank Gallo, PhD

The UMass Memorial Anger Management clinical rotation will prepare psychologists for clinical careers in the public sector, focusing on treatment services for patients with anger and aggressive-related conditions often associated with legal consequences or forensic-related activities. In this year-long rotation, through a combination of inpatient (WRCH) and outpatient (UMass Memorial Medical Group) care, psychology interns will immerse themselves in learning and delivering evidence-based treatment for clinical anger.

Psychology interns will receive specialized training in acceptance and commitment therapy (ACT), the primary treatment model and scientifically supported approach to treating anger. They will conduct regular intake assessments of new patients, using standardized instruments to measure patient-reported outcomes. Their work, typically four to eight hours per week, includes, at a minimum, face-to-face supervision, direct service delivery, didactic training in ACT and evidence-based mind-body treatment approaches, and research or program evaluation.

Primary service delivery in the inpatient and outpatient levels of care is in a group treatment format. Psychology interns will also carry a small, individual outpatient therapy caseload for their internship, typically one or two patients with clinical anger and aggressive-related conditions.

## UMass Addiction and Co-Morbidity Treatment Services

Supervisor: Melissa L. Anderson, PhD, MSCI

UMass Memorial's Addiction and Co-morbidity Treatment Services (ACTS) Program offers adults effective individual treatment for addiction and mental illness. This rotation will prepare psychologists for clinical careers in the public sector, focusing on treatment services for patients with SUDs often associated with legal consequences, forensic-related activities, and severe and persistent mental illness. In this year-long rotation, through a combination of inpatient (WRCH) and outpatient (UMass Memorial Medical Group) care, psychology interns will immerse themselves in learning and delivering evidence-based treatment for addiction and co-occurring mental illness.

Psychology interns will receive specialized training in cognitive behavioral therapy (CBT), the primary treatment model and scientifically supported approach to treating SUD. They will conduct regular intake assessments of new patients, using standardized instruments to measure patient-reported outcomes. Their work, typically four to eight hours per week, includes, at a minimum, face-to-face supervision; direct service delivery; didactic training in CBT, peer-based support groups and treatment approaches, pharmacotherapy, and evidence-based mind-body treatment; and research or program evaluation.

Direct inpatient service delivery at WRCH is in a group treatment format. Psychology interns will also carry a small, individual outpatient therapy caseload for their internship, typically one or two patients with a SUD and mental health condition. Didactic materials focus on assessment, treatment, and peer-based approaches. Moreover, by joining the multidisciplinary ACTS team, the interns can learn about and observe the application of various treatment modalities, such as pharmacotherapy with buprenorphine for treatment of opioid dependence.

## UMass Health Psychology Outpatient Rotation

Supervisor: Jason Samlin, PsyD

This rotation is located within Ambulatory Psychiatry Services. The service consists of psychologists working with medical and surgical outpatients due to a host of issues, including: Depression or anxiety associated with medical illnesses, individual and family adjustment to illness, coping with disease management demands, adoption of healthy lifestyles, non-pharmacological symptom management, preparation for surgery, and coping with medical interventions. Referrals come from any of the primary or tertiary care clinics within the hospital system.

This rotation is intended to provide experience consistent with specialized psychological care with medically-based populations known as Clinical Health Psychology or Behavioral Medicine.

Common goals of the rotation are to:

- Understand the role of psychology in interprofessional medical settings and work collegially with other health professionals in such settings
- Utilize health psychology principles and strategies to provide psychoeducational and/or psychotherapeutic interventions for promoting health and wellness

- Provide intervention for insomnia, pain management, smoking cessation, adjustment to physical injury or disease, and rehabilitation
- Work with acute and chronically ill patients and support the patient and family/loved ones

Interns will conduct intake assessments and provide evidence-based treatment with patients with a variety of chronic health conditions. Some topics for treatment include adjustment to and coping with chronic health conditions, health behavior change, and chronic pain self-management. As is typical of the health psychologist role, work would also include contact with multi-disciplinary treatment teams. Regularly scheduled supervision will be conducted for 1 hour a week with additional opportunities for drop-in supervision and curbside consultation. Interns will be required to track their encounters, submit billing when applicable, and track hours in the rotation.

## UMass Cancer Center of Excellence, Breast Cancer Center

Supervisor: TBD

*\*This rotation will not be available in 2023-2024.*

On this rotation, interns will meet with newly diagnosed breast cancer patients to assess mental status, understand treatment plans, and evaluate current coping strategies/family support. Interns will also have the opportunity to attend the multidisciplinary treatment team meeting, where you will meet with medical and surgical oncologists to develop a comprehensive treatment plan for the patients. Half or full year rotations available, various time commitments possible.

## UMass Primary Care Psychology in Family Medicine

Supervisor: Jeanna Lee, PhD

*\*This rotation may not be available in 2023-2024.*

The Department of Family Medicine and Community Health offers a longitudinal experience in Primary Care Psychology. The experience takes place at Hahnemann Family Health Center on the UMMHC Hahnemann campus. This rotation is intended to provide experience consistent with the trend for collaborative psychological services in a primary care setting, known as Integrated Primary Care Behavioral Health. Ideally, interns will spend 1 full day or 2 half days in the clinic for the entire training year.

Interns will provide consultation, rapid assessment, and behaviorally oriented brief therapy to patients in a primary care medical setting. Family Medicine serves patients from birth to death, so the intern will be expected to work with all ages and issues across the developmental spectrum as well as family and couples' issues. Interns will also see patients in collaborative appointments with family medicine residents and develop skills for consultation to the multidisciplinary primary care team including physicians, nurse practitioners, physician assistants, social workers, nurses, medical students and residents, clinical pharmacy students, and often practicum-level psychology trainees as well as a Behavioral Health post-doctoral fellow. Interns will participate in Chart Rounds, which is an interdisciplinary learning experience within the health center each day to review interesting and challenging cases from that day's clinical sessions.

## UMass Chan School of Medicine Student Counseling Center

Supervisors: Ashley Hart, PhD (Training Director), Phoebe Moore, PhD (Clinic Director), Abita Raj, MD (Medical Director), Ruthann Rizzi, MD (Former Director), SueEllen Hamkins, MD, Elizabeth Austin, PsyD, Yashira Oropeza-Diaz, PsyD, Edward Pacheco, PsyD, Cathryn Williams, PsyD, and Jennifer James, PsyD

SCS provides outpatient mental health services to students in the three schools of UMass Chan Medical School. Services are offered via telehealth and in-person in the SCS office suite on University campus. Common presenting concerns in our student population include anxiety and its disorders, OCD and related disorders, mood disturbances and disorders, trauma-related symptoms and conditions, adjustment difficulties, challenges associated with physical health conditions, ADHD, and grief. While training in SCS, interns have the opportunity to receive individual and/or group supervision; provide individual and group psychotherapy using evidence-based approaches; supervise clinical psychology practicum students in a vertical supervision system; conduct clinical intake interviews; and participate in weekly team meetings and in clinical trainings. The SCS team is multi-cultural, multi-disciplinary, and multi-theoretical; we strive to provide culturally sensitive clinical services and a safe, welcoming, inclusive, respectful and supportive environment for all persons who seek our services.

## UMass Chan School of Medicine Clinical Research in Emergency Medicine

Supervisor: Rachel Davis-Martin, PhD

This is a research-based rotation, and the work can fall into two categories based on intern interests and remaining training requirements/needs.

1) As a Research Clinician, they have the opportunity to conduct comprehensive suicide risk assessments among Emergency Department patients presenting with medical and psychiatric chief complaints, enroll patients who have an active Opioid Use Disorder who are interested in outpatient medication-based treatment using a mobile application that provides contingency management for being engaged in treatment, and/or conduct Substance Use Disorder Evals for patients presenting to the Emergency Department post-drug overdose. This particular role can be useful if interns need more assessment or direct patient contact hours. This role can be either 8 or 16 hours a week and the intern would be onsite for the entire rotation (ideally a whole day at a time).

2) As a Researcher, interns have access to several complete datasets on suicide risk, opioid use disorder, alcohol use disorder, and implementation efforts to improve clinical care that they can run analyses on if there is a particular question of interest (and have access to statisticians to help out if the analyses are complex). Interns also have access to research that is complete but needing to be written up for conference presentations or peer reviewed articles. Depending on the time of year, they may also help with grant applications including writing parts of grants and helping with submission process. It's easy to tailor the activities to the interest and experience of intern. This role is typically 8 hours and can be done remotely and broken up over 2 half days if needed. It is likely best done during the second half of the internship so all clinical hours have been met.

# SUPERVISION, SEMINARS, PRACTICUM, & CONSULTATION

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## Supervision and Didactics

All interns receive both individual and group supervision throughout the year in their various rotations. The specific number of supervisors will vary somewhat but all work is closely supervised by licensed doctoral psychologists.

Interns also participate in an extensive series of seminars. Major topics include: assessment with particular emphasis on interviewing, neuropsychology, and forensic evaluation; culturally competency treatment and assessment (including a cultural humility processing group); professional development; psychopathology and psychopharmacology; social justice advocacy, and psychological treatment modalities with particular emphasis on family and group approaches. The seminar series also includes topics such as empirically-based treatment interventions, psychosocial rehabilitation, and the importance of integration of ethnic diversity in assessment. Two weekly regularly scheduled seminar times (usually on Tuesdays) throughout the year provide an opportunity to cover these assessment and intervention topics in some detail. Interns are also welcome to attend weekly UMass Chan Grand Rounds on a variety of mental health topics, which are held at the Medical School, as well as other regular seminars and workshops (e.g., biweekly UMass Law and Psychiatry Seminars; monthly WRCH Grand Rounds).

## External Mentoring Advisor

In addition to group supervision with the training directors and individual supervision with rotation supervisors, our interns meet monthly with Dr. Sohye Kim, a UMass Chan clinical and research psychologist who is outside of the leadership of the internship program and not currently supervising interns. The purpose of these meetings is to provide an opportunity for interns to receive support and other professional guidance. Regarding support, interns may seek to process or problem-solve any needs or questions that arise during the internship year that they want to discuss with someone in addition to or other than their training directors or clinical supervisors. The sessions are also designed to allow interns to seek guidance on other aspects of their internship year and professional lives.

## UMass Chan/WRCH Professional Development Seminar Series

In 2002, the Association of Psychology Postdoctoral and Internship Centers (APPIC) initiated a conference aimed at establishing competencies essential in professional psychology practice and identified Professional Development as a core competency area. According to Elman and colleagues (2005), the definition of professional development created by the APPIC workgroup included:

[Professional development] is the developmental process of acquiring, expanding, refining, and sustaining knowledge, proficiency, skill, and qualifications for competent professional functioning that result in professionalism. It comprises both (a) the internal tasks of clarifying

professional objectives, crystallizing professional identity, increasing self-awareness and confidence, and sharpening reasoning, thinking, reflecting, and judgment and (b) the social/contextual dimension of enhancing interpersonal aspects of professional functioning and broadening professional autonomy (pg. 368).

Toward this end, the UMass Chan/WRCH internship has developed a monthly Professional Development Seminar Series aimed to increase career readiness, improve professional quality of life, explore professional identity, and develop a comprehensive understanding of self-care. Each month, three professionals from around the country virtually speak to our interns on important topics such as pathways into private practice careers, wage negotiation skills, barriers for women in psychology, and the business of psychology. Further, three seminars specifically target the area of self-care with a discussion of new research and skills developed on this topic. Informal and personal, the format of this seminar series allows for life-long networking with panelists and various interns from other programs around the country.

For an updated schedule of upcoming Professional Development Seminar topics, please visit: [professional-development-seminar-flyer-2022-2023.pdf \(umassmed.edu\)](https://umassmed.edu/professional-development-seminar-flyer-2022-2023.pdf)

## UMass Chan/WRCH Action-Learning Social Justice Advocacy Project

The American Psychological Association has indicated the training and expertise in psychology uniquely qualifies psychologists to contribute to the development of policies and programs. Further, working for social justice is part of their mission and vision and the Association of Psychology Postdoctoral and Internship Centers (APPIC) has incorporated understanding research and developing consultative skills when engaging in social service into their core competencies. The UMass Chan/WRCH clinical psychology internship Professional Development Seminar Series in collaboration with the Diversity, Equity, Inclusion, and Belonging Seminar Series is committed to encouraging social justice advocacy through action-learning strategies. The goal of the social justice advocacy project is to increase professional development opportunities while developing culturally responsible and socially involved psychologists

During the internship year, interns will engage with a local nonprofit agency, build relationships with this agency and the population with whom they work, collaboratively develop and conduct a needs assessment, and begin to develop an intervention plan. The needs assessment may take any form, but will focus on helping the agency or community to further its social justice mission. The needs assessments are conducted collaboratively with the agency/community with a final technical report including data (broadly defined) to be provided to the agency. Each need identified through the assessment will correspond to a portion of the intervention plan and with the capability to be able to be evaluated at a future date

**The 2022-2023 collaborating non-profit organization is:**



## Research Opportunities

Although research is not a required activity, interns are encouraged to continue their own research or to participate in ongoing research in the Worcester area. Some rotations may include the opportunity to engage in research, and some past interns have published with UMass Chan – WRCH supervisors. Further, grant funding has recently been awarded to assist interns working with a UMass Chan supervisor on a research project with attending the American Psychological Association Annual Conference.

Finally, there are numerous teaching conferences, grand rounds presentations, and other professional activities in the Worcester/ Boston area. There are often teaching conferences that utilize the case presentation format both at the PTRC and WRCH. For example, in celebration of the 100<sup>th</sup> anniversary of the Worcester State Hospital Psychology Internship, the UMass Chan Psychology Network is hosting a poster session during a Psychology Day Celebration at UMass Chan Medical School in December of 2022.

# PSYCHOLOGY INTERNSHIP FACULTY AND SUPERVISORS

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## INTERNSHIP LEADERSHIP

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### Jeffrey Burl, PhD

Training Director of the UMass Chan-WRCH Psychology Internship  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Designated Forensic Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	Drexel University (2012)
<b>Rotation</b>	UMass Forensic Inpatient Rotation
<b>Interests</b>	Forensic mental health assessment; individual psychotherapy; education and training in psychology

### Meredith Ronan, PsyD

Co-Assistant Training Director of the UMass Chan-WRCH Psychology Internship  
Staff Psychologist, Worcester Recovery Center and Hospital  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

<b>Education</b>	William James College (formerly Massachusetts School of Professional Psychology, 2015)
<b>Rotation</b>	Positive Behavior Interventions and Support (PBS) Consultation Service; WRCH General Psychology Rotation
<b>Interests</b>	Positive Behavior Interventions and Support consultation and intervention; assessment and treatment of persons with severe and persistent mental illness; cognitive and psychological/personality assessment; Cognitive Behavior Therapy for Psychosis (CBT-P); program development and evaluation

### Heidi Putney, PhD

Co-Assistant Training Director of the UMass Chan-WRCH Psychology Internship  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Forensic Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	Central Michigan University (2020)
<b>Rotation</b>	Professional Development Panels and Social Justice Advocacy Project
<b>Interests</b>	Forensic evaluations, training and education, research in the areas of forensic public policy, professional development, and diversity training

## Danielle Rynczak, JD, PsyD, ABPP (Forensic)

Director of Diversity, Equity & Belonging, UMass Chan-WRCH Psychology Internship

Director of Legal Education and Training, UMass Chan Law and Psychiatry Program

Assistant Professor of Psychiatry, UMass Chan Medical School

Designated Forensic Psychologist, Worcester Recovery Center and Hospital

**Education** Chicago School of Professional Psychology (2012)

**Rotation** UMass Forensic Inpatient Rotation and Diversity Seminar Series

**Interests** Adult and juvenile forensic evaluations; criminal competencies and responsibility; risk assessment; civil commitment; delinquency; child protection; legal education; anti-racist curriculum; inclusive teaching, supervision, and mentorship practices

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## CLINICAL SUPERVISORY STAFF

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### Melissa Anderson, PhD, MSCI

Assistant Professor, SPARC, University of Massachusetts Chan Medical School

Director of Research, DeafYES! Center for Deaf Empowerment and Recovery

**Education** Gallaudet University (2012)

**Rotation** UMass Addiction & Comorbidity Treatment Service

**Interests** Trauma treatment; addiction treatment; Deaf mental health; Linguistic and cultural adaptation of evidence-based therapy and assessment tools; Community engagement/participatory action research

### Robert Carey, Jr., PhD, ABPP (Clinical)

Clinical Associate Professor of Psychiatry, University of Massachusetts Chan Medical School

Associate Director, UMass Ambulatory Psychiatry Service

UMass Memorial Medical Center

**Education** Ohio University (1985)

**Rotation** Ambulatory Psychiatry Service

**Interests** Cognitive Behavioral Therapy; managed mental health care; MMPI-2 testing; anxiety and somatoform disorders

### Erika Clark, PhD

Director of Neuropsychology, UMass Memorial Healthcare

Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

**Education** Suffolk University (2014)

**Rotation** UMass Outpatient Neuropsychology

**Interests** Adult neuropsychology, traumatic brain injury, cognitive rehabilitation

### Lynn Dowd, PsyD

Director, Domestic Violence and Anger Management Treatment Program  
Ambulatory Psychiatry Service, UMass Memorial Medical Center

<b>Education</b>	Antioch New England Graduate School (2001)
<b>Rotation</b>	Anger Management
<b>Interests</b>	Men's and women's aggression; intersection of attachment, trauma, and substance abuse issues; developmental transition from adolescence to adulthood; mood disorders

### Clare Humphreys, PhD ABPP-CN

Clinical Neuropsychologist, UMass Memorial Healthcare  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

<b>Education</b>	University of Iowa (2010)
<b>Rotation</b>	UMass Outpatient Neuropsychology
<b>Interests</b>	Adult neuropsychology, presurgical evaluation, epilepsy, oncology

### Ariel Ingber, PsyD

Staff Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	William James College (2020)
<b>Rotation</b>	WRCH Clinical Risk Assessment and Mitigation, Deaf Inpatient Services
<b>Interests</b>	Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis.

### Gregg Januszewski, PsyD

Staff Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	University of Hartford (1997)
<b>Interests</b>	Suicide assessment and treatment, CBT-I, Dual diagnosis treatment, Individual psychotherapy.

### Peter LaCanfora, PsyD

Director of Psychology, Worcester Recovery Center and Hospital

<b>Education</b>	University of Hartford (2000)
<b>Rotation</b>	Clinical Leadership and Program Evaluation (CLPE), Clinical Risk Assessment and Mitigation
<b>Interests</b>	Violence Risk Assessment, Firesetting Risk Assessment, Mental Illness and Problematic Sexual Behavior-Assessment and Treatment (MIPSB), Mindfulness Based Cognitive Therapy (MBCT).

### Daniel Lambert, PhD

Former Director of Psychology, Worcester Recovery Center and Hospital

<b>Education</b>	Case Western Reserve University (1982)
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**Rotation** Clinical Leadership and Program Evaluation (CLPE)  
**Interests** Clinical leadership; program development and evaluation; implementation of group and individual CBT with persons with SMI; cognitive rehabilitation therapy; Developing culturally competent programs; Rorschach scoring and interpretation;

**Jeanna Lee, PhD**

Assistant Professor of Family & Community Medicine, UMass Chan Medical School  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Clinical Health Psychologist, Hahnemann Family Health Center

**Education** Palo Alto University (2012)  
**Rotation** Primary Care Psychology in Family Medicine  
**Interests** Rapid diagnostic assessment, motivational interviewing, self-compassion, health behavior change, neuroplasticity, pain management, family systems, weight loss, lifespan development, trauma- and culturally-informed care, education and training

**Mary Kate Miller, PsyD**

Clinical Health Psychologist  
Director of Health Psychology and Assistant Professor of Psychiatry, UMass Chan Medical School  
Adult Health Psychology Consultation-Liaison UNV Campus

**Education** Florida Tech (2018)  
**Rotation** Adult Health Psychology Consultation-Liaison  
**Interests** Adult biopsychosocial evaluation and conceptualization, health literacy, health behavior change, psychosocial oncology, hospital quality metrics, interdisciplinary team patient care, psychological screening in trauma and surgical critical care

**Ashley Murray, PhD**

Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Forensic Mental Health Supervisor, Worcester Recovery Center and Hospital

**Education** Simon Fraser University (2014)  
**Interests** Adult forensic clinical assessment, psychopathic personality disorder, tailored violence risk assessment

**Debika Paul, PhD**

Clinical Psychologist, Worcester Recovery Center and Hospital

**Education** Suffolk University (2005)  
**Rotation** WRCH General Psychology Rotation  
**Interests** Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis.

### Pooja Saraff, PhD

Clinical Psychologist, UMass Memorial Medical Center

<b>Education</b>	University of Wyoming (2015)
<b>Rotation</b>	Outpatient Ambulatory Psychiatry Service
<b>Interests</b>	Anxiety Disorders, Mood disorders, cognitive-behavioral therapy, intensive exposure treatments, dialectical behavior therapy, personality disorders, suicide and self-injury

### Katie Treiber, PhD

Neuropsychologist, Worcester Recovery Center and Hospital

<b>Education</b>	Utah State University (2010)
<b>Rotation</b>	Inpatient Psychiatric Neuropsychology
<b>Interests</b>	Neuropsychological assessment in psychiatric populations and individuals with comorbid SPMI, neuromedical, and forensic concerns; cognitive reserve and rehabilitation in SPMI and aging

### William Warnken, PsyD, ABPP (forensic)

Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

<b>Education</b>	Antioch University New England (1992)
<b>Rotation</b>	Psychiatric Treatment and Recovery Center
<b>Interests</b>	Forensic evaluations; marital violence and treatment of batterers; head injury and marital violence

## ADDITIONAL CONSULTANTS AND CONTRIBUTORS

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The University of Massachusetts Chan Medical School/Worcester Recovery Center and Hospital doctoral internship is fortunate to have a strong network of internal and external psychologists who provide didactic instruction to interns, serve as informal mentors, and provide other forms of consultation to interns and the internship. Below is a small sample of the consultants who have recently been involved in internship training.

### Alan Bodnar, PhD

Psychologist, Worcester Recovery Center and Hospital

Columnist, The New England Psychologist

Former Co-Director of Psychology Training, Westborough State Hospital

<b>Education</b>	Boston University (1975)
<b>Interests</b>	Projective testing; individual psychotherapy; relapse prevention; cognitive style and team problem solving; leadership development; therapeutic uses of creative writing and literature

### Andrea Dinsmore, PsyD

Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Co-Director, UMass Mobile Forensic Service  
Forensic Mental Health Supervisor, Worcester Recovery Center and Hospital

<b>Education</b>	William James College (formerly Massachusetts School of Professional Psychology, 2013)
<b>Interests</b>	Forensic psychology; psychologists in the public services; malingering assessment; police psychology; serious and persistent mental illness.

### John Finneran, EdM

Assistant Professor in Health Science/ Addiction Option, Keene State College  
Certification in Alcoholism Studies, Boston University  
Coordinator of Substance Abuse Services, Psychiatric Treatment and Recovery Center

<b>Education</b>	Suffolk University (1975)
<b>Interests</b>	Addiction; psychosis; recovery; assessment and treatment of individuals with dual disorders

### Raymond Flannery, Jr., PhD

Associate Clinical Professor of Psychology, Department of Psychiatry, Harvard University  
Adjunct Assistant Professor, Department of Psychiatry, UMass Chan Medical School  
Former Director of Training, Massachusetts Department of Mental Health.

<b>Education</b>	University of Windsor, Ontario, Canada (1970)
<b>Interests</b>	Psychological trauma; crisis intervention theory; assaultive psychiatric patients; prevention of youth violence; stress management

### Elizabeth White Henrikson, PhD, ABPP (neuropsychology)

Associate Professor of Psychiatry, University of Massachusetts Chan Medical School  
Consulting Neuropsychologist & Forensic Evaluator, Worcester Recovery Center and Hospital

<b>Education</b>	University of Massachusetts Amherst (1988)
<b>Interests</b>	Neuropsychological assessment and treatment; major depressive disorder; schizophrenia spectrum illnesses

### Kristin MacGregor, PhD

Director of Integrated Care, LifeStance Health's Massachusetts area offices  
Former Director of Health Psychology, University of Massachusetts Chan Medical School

<b>Education</b>	Syracuse University (2012)
<b>Interests</b>	Psychosocial factors affecting diabetes management; health behavior change; adherence behaviors; behavioral weight management; women's health, particularly psychological impact of infertility

**Christina Riggs Romaine, PhD**

Associate Professor of Psychology, Wheaton College

**Education** Drexel University (2010)

**Interests** Law and Psychology, Juvenile Courts, Evidence-based practices, Forensic Assessment

**John Terry, PhD**

Former Director of Psychology Intern Training

Staff Psychologist (retired), Worcester Recovery Center and Hospital

**Education** Iowa State University (1983)

**Interests** Projective testing; therapy and client value systems; individual psychotherapy with children, adolescents, and young adults; treatment of persons with dual disorders (major mental illness and substance abuse); spiritual issues of those with severe and persistent mental illness

**Gina Vincent, PhD**

Associate Professor and Director of Translational Law & Psychiatry Research,  
Department of Psychiatry, University of Massachusetts Chan Medical School

**Education** Simon Fraser University (2003)

**Interests** Risk assessment for violence/ re-offending; screening & assessment for risk and/ or mental health in juvenile justice; psychopathic personality disorder; psychometrics; translating research into practice in juvenile justice