

# Psychiatry Connections

Issue: #3

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## In This Issue

[Chair's Corner](#)

[Feature Article](#)

[Research Update](#)

[CDRO Corner](#)

[Faculty Spotlight](#)

[Grand Rounds](#)

[Celebrate Colleagues](#)

[Resident Updates](#)

[Faculty Advancement](#)

[Staff Spotlight](#)

[Upcoming Events](#)

## Quick Links

[Department Website](#)

[Comments?](#)

[Give us Feedback!](#)



## Chair's Corner

### Child Psychiatry Leadership Updates

by Sheldon Benjamin, MD



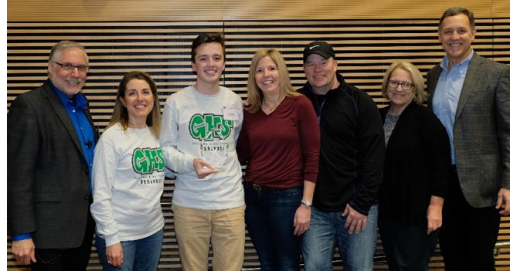
This month I want to call the department's attention to a number of changes in our Child and Adolescent Psychiatry Division. Jean Frazier, MD, who has served as our Vice Chair of Child and Adolescent Psychiatry since 2008, and became Executive Director of the Eunice Kennedy Shriver Center in 2016, has transitioned full time to the Shriver Center. The recent successes of the Shriver team in obtaining research funding necessitate Dr. Frazier's full time attention to the growing research enterprise (see below). Negar Beheshti, MD is moving on from our department after nine years directing the Child Psychiatry Consultation Service and two years as Clinical Director of Child Psychiatry. After a competitive search process, I am very pleased to announce that Yael Dvir, MD has been selected as our new Vice Chair for Child and Adolescent Psychiatry. This position also includes the role of Clinical Director of the Child Psychiatry Division.

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## Feature Article

### Grafton Teen Takes Top Honors in Brain Bee

By UMass Medical School Communications



Brain Bee winner Colin Wood (third from left) with (from left) Sheldon Benjamin, MD; Grafton High School teacher Michelle Bailey; Colin's parents, Tracy and Robert Wood; and Shirley and Michael Sheridan

\*\*\*\*\*

Grafton High School student Colin Wood was the winner of the 12th annual Central Massachusetts Regional Brain Bee hosted by the Department of Psychiatry at UMass Medical School on Saturday, Feb. 10. Wood was one of 47 contestants from 16 Massachusetts high schools who competed for a chance to represent the state at the United States National Brain Bee.

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#### Research Update

## Promoting Interdisciplinary Team Science in Psychiatry

by William J. McIlvane, PhD



As I wrote in my last column, there is an increasing national and international emphasis on team science relevant to translation and implementation of research findings to improve the human condition. I went on to emphasize that successful competition for federal funding is increasingly requiring multi-/interdisciplinary input when grant proposals are formulated. The purpose of this column is to ask our faculty to think about roles that they might play in planning and/or participating in interdisciplinary team science with translational or implementation science aims.

My goal is not to advocate for a certain style of science as an aim in itself. Interdisciplinary team science recommends itself when within-discipline science is not sufficient to address challenges with a number of quasi-orthogonal dimensions - each requiring specialized expertise that is not within the range of a single discipline or a single department.

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## Focus "Ahn" Personal and Professional Development

**A reflection on academic careers and leadership by an Executive and Career Coach, Child Psychiatrist, Educator and Mom.**

by Mary Ahn, MD

On behalf of the CDRO team, we are pleased to announce that the UMMS Appointments, Promotions and Tenure process is back online! As described by Vice Provost Luanne Thorndyke, MD at the last Psychiatry Department meeting, the Academic Personnel Policy (APP) went through a major revision and was vetted through multiple committees, culminating in the UMASS Board of Trustees approval on December 8, 2017. Since then, the implementation phase has included training all of the Chairs, Vice Chairs and DPAC Chairs of each department across the medical school.

The APP is available [online](#) and describes how faculty are recognized and rewarded for their academic work and scholarly contributions. As the identity of "UMASS Faculty" has broadened, so has the need to provide an APP which embraces the diverse faculty that we have. I will be presenting at the next Psychiatry Department meeting on May 2, 2018, "How the [CDRO](#) can be helpful to you in the process of "[academic promotion](#)", an important part of your career development. As always, feel free to [contact me](#) at any point about setting up a time to meet with either myself for career coaching or [Janice Robert](#) for academic affairs support.

## My Journey

by Melissa Anderson, PhD



Melissa Anderson, PhD, MSCI shares her clinical and research journey in this [YouTube video](#). Melissa is an Assistant Professor of Psychiatry, Director of Research, DeafYES! Center for Deaf Empowerment and Recovery and Director of Development & Implementation of Psychosocial Interventions, SPARC at the University of Massachusetts Medical School.

**2017- 2018 Grand Rounds Season**

A reminder that the Department of Psychiatry Grand Rounds are weekly, Thursdays, noon to 1:00 pm, in the Lazare Auditorium (S1-607). CMEs are available for attendees. You can also watch live on your PC/MAC. Questions? Contact Karen Lambert, Grand Rounds Coordinator, at 508-856-5928, or via [email](#). The complete schedule for the academic year can be found [here](#).

#### Q/I Updates

### Celebrate Your Colleagues!

#### By the Physician and Staff Engagement Team

At each faculty/staff department meeting people are asked to submit the name of a co-worker that they would like to recognize along with the reason why. Faculty/staff that are unable to attend the meeting are also invited via e-mail to do the same. At this time we would like to recognize the following faculty and staff for their valuable contributions to our department:



Faculty: Karla Rodriguez, MD, and James Yon, MD

Staff: Michael Rumery, and Mariah Ackert

The next faculty/staff department meeting is on March 7th. At the meeting don't forget to submit a colleague's name for recognition. Can't attend the meeting? An e-mail will be distributed after the meeting with specifics on how you can recognize team members.

#### Resident Updates

### New Creative Outlets

You are invited to join the **Humanities in Psychiatry Book Club** - a book club focusing on the History of Psychiatry, Philosophy of Mind and the manifestations of psychiatric symptoms in art and literature. For more information about the next meeting and book selection, contact [Aekta Malhotra](#), [Colin Whitworth](#), or [Joe Keating](#).

Two of our very own, Colin Whitworth, DO and William Bernard Reid-Varley, MD, MPH are founding editors of **Streams of Consciousness**. Streams of Consciousness is a collaborative project that aims to allow students in the School of Medicine, Graduate School of Nursing, and Graduate School of Biomedical Sciences, as well as residents, faculty, and other members of the UMass Medical School community, to channel their experiences through works of poetry, prose, and photography. View the first edition of the journal [here](#).

#### Faculty Advancement

### Faculty Appointments, Promotions and Tenure

Congratulations to the following for Appointments, Promotions, and Tenure:



**Instructor**

Jeanne Heroux, NP

**Assistant Professor**

Shane Kraus, PhD

Moinnudin Muttakin, MD

Elizabeth Reese, PsyD

Brian Skehan, MD, PhD

Steven Shirk, PhD

**Associate Professor**

Jessica Griffin, PsyD

**Professor**

Maryann Davis, PhD

**Staff Spotlight**

**Q&A**

**Interview with Karen Lambert**



**1. What is your title and role in the Department?**

- Administrative Assistant II
- I have been here 17 years! Time flies when your colleagues are easy to work with and your superiors are a pleasure to work for. I provide administrative support for the Center for Psychopharmacologic Research and Treatment (CPRT), assistant to Anthony Rothschild MD and Wendy Marsh MD. I coordinate the weekly department Grand Rounds. I am the department Notary Public.

**2. What are the favorite aspects of your job?**

- I enjoy being the face of the CPRT in support of our research and patients who come to us for help.
- I delight in watching our research assistants grow, mature and move on to become what they are meant to be when they leave us to attend graduate school. For some, we are their first professional job after college (welcome to the real world kiddos!)
- I am still learning new things.

### 3. What do you like to do in your free time/days off?

- Reading, creative writing, photography, gardening, appreciating music of all kinds (can't live without it!), walking the beaches of Cape Cod, and most of all, spending as much time as possible with my four grandchildren while I still have the energy and they still want to spend time with me!

It was hard to write this because my life is pretty basic (i.e. boring), but I realized that that's ok, most people have basic lives. Life is good and I couldn't ask for anything more (except maybe winning the lottery).

## Upcoming Events

**Light It Up Blue! Autism Awareness and Acceptance** on April 2, 2018 from 5:30 pm - 8 pm at the UMMS Campus, Albert Sherman Center. Family activities, provider fair, food and more! For more information contact the UMass Medical School Child and Adolescent Psychiatry at [ChildResearch@umassmed.edu](mailto:ChildResearch@umassmed.edu) or 774-455-4100. Access event flyer [here](#).

**Black Lungs Black Lives: Documentary Film & Discussion.** Monday, April 23 from 12-1PM at University Campus (Sherman Center, 6th floor, room 2072). This film documents the problem of the tobacco industry targeting African American communities with menthol cigarettes. For more information contact Tina Grosowsky at [Tina.Grosowsky@umassmed.edu](mailto:Tina.Grosowsky@umassmed.edu).

**NAMI Walk 2018-** Saturday, May 19th at Artesani Park in Boston. More information is forthcoming about how you can walk with or sponsor the UMass Department of Psychiatry team. [www.namiwalks.org](http://www.namiwalks.org)

Do you have something you would like to contribute to **Psychiatry Connections**? If so, please send us an email by clicking the link below.



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