

~ Free Tuition ~

Mindful Physician Leadership Program

10-Month Advanced Level

Join a community of physician leaders in learning mindful approaches to leadership, clinical practice, and life.

Hosted by the University of Massachusetts Medical School / UMass Memorial Health Care, Department of Psychiatry and led by its chairman, Douglas Ziedonis, MD, MPH & Scott Eblin



Learn from nationally renowned executive coaching expert, **Scott Eblin**, author of *Overworked and Overwhelmed: A Mindfulness Alternative* and the best-selling book, *The Next Level: What Insiders Know About Executive Success*.



This 10-month program includes 31 hours of activity:

- A two-day retreat (16 hours) to expand your learning of mindful leadership in the areas of personal, team, and organizational presence.
Thursday, April 7th & Friday, April 8th, 2016
- Participating in **10 monthly Mindful Physician Community Groups** (total of 15 hours) to further explore real-world healthcare challenges and the application of mindful leadership in transforming your organization, clinical practice, and general wellbeing.

Please note, registration for this event has closed. For more information on this and similar upcoming training opportunities, please contact:

Makenzie Tonelli,
Project Coordinator,
Department of Psychiatry,
UMass Medical School;
(p) 508-856-8641;
Makenzie.Tonelli@umassmed.edu

This training program is grant-funded by the Physicians Foundation and is being offered at no tuition.