Mindful Physician Leadership Program

10-Month Advanced Level

Join a community of physician leaders in learning mindful approaches to leadership, clinical practice, and life.

Hosted by the University of Massachusetts Medical School / UMass Memorial Health Care, Department of Psychiatry and led by its chairman, Douglas Ziedonis, MD, MPH & Scott Eblin


This 10-month program includes 31 hours of activity:

- A two-day retreat (16 hours) to expand your learning of mindful leadership in the areas of personal, team, and organizational presence. Thursday, April 7th & Friday, April 8th, 2016
- Participating in 10 monthly Mindful Physician Community Groups (total of 15 hours) to further explore real-world healthcare challenges and the application of mindful leadership in transforming your organization, clinical practice, and general wellbeing.

Please note, registration for this event has closed. For more information on this and similar upcoming training opportunities, please contact:

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This training program is grant-funded by the Physicians Foundation and is being offered at no tuition.