

2027-2028 Cohort Brochure

Clinical Psychology Doctoral Internship

WORCESTER, MASSACHUSETTS

Overview	3
Our Psychology Training Program	4
Training Philosophy	4
Setting.....	5
The Application Process.....	6
Admission Policy	6
Applicant Interviews	8
The Internship Year.....	9
Orientation Period	9
Benefits	10
Structure of the Internship	10
Example Schedules	10
CORE rotations in the UMass Chan-WRCH Internship	11
1. General Inpatient / Severe Mental Illness Track	11
General Inpatient Rotation at WRCH	12
Adolescent Continuing Care Units Rotation at WRCH.....	13
2. Forensic Track	14
Forensic Evaluation Rotation at WRCH	14
WRCH Clinical Risk Assessment and Mitigation Rotation	15
Elective Rotations in the UMass Chan-WRCH Internship.....	15
WRCH Deaf Inpatient Services Rotation.....	15
WRCH Inpatient Psychiatric Neuropsychology.....	16
WRCH Psychological Assessment Rotation.....	18
WRCH Mental Illness Sexually Problematic Behavior (MI/PSB) Rotation.....	19
WRCH Inpatient DBT Treatment Rotation.....	19

WRCH Trauma and Group Treatment Rotation.....	20
WRCH Adult Inpatient Suicide Risk Assessment and Treatment.....	21
UMass Chan Medical School Social Justice Advocacy Project Rotation.....	21
UMass Chan Medical School Acceptance and Commitment Therapy Clinic.....	22
UMass Memorial Outpatient Adult Psychiatry Clinic	23
UMass Chan Medical School Student Counseling Services	4
UMass Chan School of Clinical Research in Emergency Medicine	25
UMass Chan Integrated Behavioral Health Service in Emergency Medicine	25
UMass Chan Child Consultation & Liaison Psychiatry.....	25
UMass Chan Outpatient Child Psychology – Center for Autism and Neurodevelopmental Disorders (CANDO).....	26
UMass Chan Medical School Road to Care: Mobile Health Addictions Clinic.....	26
SUPERVISION, DIDACTICS, & RESEARCH.....	27
PSYCHOLOGY INTERNSHIP FACULTY AND SUPERVISORS	31
INTERNSHIP LEADERSHIP	31
Heidi Putney, PhD	31
Meredith Ronan, PsyD	31
Emily Padilla, PsyD	31
Ami Popat-Jain, PhD	32
CLINICAL SUPERVISORY STAFF.....	32
ADDITIONAL CONTRIBUTORS	36

UMass Chan-WRCH Doctoral Internship in Health Service Psychology

UNIVERSITY OF MASSACHUSETTS CHAN MEDICAL SCHOOL
WORCESTER RECOVERY CENTER AND HOSPITAL

Overview

The University of Massachusetts Chan Medical School (UMass Chan) and Worcester Recovery Center and Hospital (WRCH) offer a doctoral internship in psychology. The internship began as a training program in clinical psychology in 1922 at the former Worcester State Hospital (WSH), the site at which Dr. David Shakow pioneered the scientist-practitioner training model. The internship was accredited in 1957 when the American Psychological Association (APA) began accrediting doctoral internships, and it has been continuously accredited since then. The UMass Chan Psychiatry Department was founded in 1978, and the WSH internship eventually merged with that department. The program continues to offer generalist inpatient training experiences in serious mental illness at WSH (now WRCH) as well as opportunities for those seeking eventual specialization in forensic psychology. The internship is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and is one of the oldest continuously offered internships in psychology in the country.

The doctoral internship is one of the training components of the larger UMass Chan Comprehensive Psychology Training Program at WRCH. Established in 2024 with a training grant from the Massachusetts Department of Mental Health (DMH), the UMass Chan Comprehensive Psychology Training Program includes three levels of sequential clinical training: pre-doctoral advanced practicum training (i.e., for 3rd or 4th year students in doctoral psychology programs), the doctoral internship, and a postdoctoral fellowship (for those seeking specialization in working with individuals with severe mental illness). The Comprehensive Training Program was designed in response to an identified need to provide a more robust pathway for careers into DMH and Massachusetts' public sector system (notably admittance into any one level of training does not guarantee acceptance into the next tier).

The internship program will offer **four full-time funded positions in 2027-2028 that will each carry a stipend of \$41,607 per year** with an additional professional allowance and benefits. We will have two tracks: a general inpatient/severe mental illness track (2 intern positions) and a forensic evaluation track (2 intern positions). Applicants may apply to/will be considered for **one track only**. All rotations listed in this brochure are available to interns in both tracks with the exception of the UMass Chan Forensic Evaluation Rotation at WRCH, which is limited to the interns in the forensic evaluation track.

*Internship applicants must be in good standing in a doctoral psychology program accredited by the American Psychological Association or Canadian Psychological Association. Applicants must have completed at least two years of graduate study prior to the internship year. Applicants must have

completed appropriate practica and be approved by their Director of Training as prepared for internship. Students are considered from clinical, counseling, and school psychology programs. Preference will also be given to trainees with 400 intervention and 100 assessment hours (500 total direct).

The contact information for the Commission on Accreditation of the American Psychological Association is:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street, NE
Washington, DC 20002-4242
(202) 336-5979
apaaccred@apa.org

Requests for information should be sent to:

Heidi Putney, Ph.D.
Training Director
UMass Chan - WRCH Comprehensive Psychology Training Program
361 Plantation Street
Worcester, MA 01602
heidi.putney@umassmed.edu

Deadline: Applications must be received no later than:

11:59pm EST Sunday, November 1, 2026.

Our Psychology Training Program

Training Philosophy

The University of Massachusetts Chan Medical School (UMass Chan) and Worcester Recovery Center and Hospital (WRCH) doctoral internship is designed to provide an American Psychological Association (APA) accredited internship to students from doctoral programs in psychology. The

overarching aim of our internship training is to equip emerging psychologists with the knowledge, skills, and experience relevant to offering professional clinical services to individuals with serious mental illness. The program allows interns to match with one of two tracks: the General Inpatient/Severe Mental Illness track and the Forensic Evaluation Track, with the latter track providing some increased exposure to forensic mental health assessment. Both tracks are intended to prepare interns to function professionally in a variety of public sector contexts, including the Massachusetts Department of Mental Health (DMH).

Our mission is to provide training experiences across a broad range of ages, ethnic backgrounds, diagnostic presentations and psychopathology, and types of assessment and intervention approaches with an additional focus on person-centered recovery and wellness. Our philosophy of training is an extension of the scientist-practitioner model of psychology training developed by Dr. David Shakow at Worcester State Hospital. This training includes a focus on interdisciplinary clinical service, research, and supervision. We believe that the context for training should also be broad rather than narrow, based on principles rather than particular techniques. Because interns have diverse backgrounds and interests, we are particularly attentive to individual differences in training needs. Under the guidance of the Director of Training, a variety of opportunities and resources are available for interns to develop a program in keeping with their unique interests and professional goals.

As stated by Dr. Shakow in a 1946 article describing the Worcester State Hospital internship program, “Another principle emphasized from the beginning was the social responsibility which contact with patients involves. The fact that the intern’s findings might actually play a significant role in the disposition of a case required not only an appreciation and respect for the subject as a person, but also an understanding of the social implications of his examination.” Respect for the dignity and rights of those with whom the intern works continues to be central to our training philosophy.

Setting

The UMass Chan and WRCH campuses are located in Worcester, MA, within walking distance of each other. Worcester is New England’s second largest city and an active, vibrant and energetic community. Census information for Worcester (2020) indicated the community is approximately 54% White, 23% Hispanic or Latinx, 13% Black or African American, and 7% Asian. There are numerous institutions of higher education, and downtown Worcester is in the midst of a dynamic revitalization, with recent development projects including Polar Park (home of the Red Sox minor league team) and other commercial and entertainment initiatives.

Worcester Recovery Center and Hospital (WRCH) is the primary training site of the internship and is located on the site of a developing health and research biotechnology park. Formerly named Worcester State Hospital, the current census (~320) is dramatically lower than the 2,800 patients

served in the 1950's and represents a wide cross section of severe and persistent mental disorders. Between 50 and 70% of this population has a co-occurring substance use disorder and significant medical co-morbidities. In addition to the adult admission and continuing care psychiatric units, the hospital has two adolescent continuing care treatment units. A forensic service (composed of evaluators from UMass Chan and the Department of Mental Health) provides forensic mental health assessment services to the hospital. **Please note, although we have elective rotations offering neuropsychology and health psychology exposures, our program is not a good fit for those who need either neuro or health experiences above and beyond an exposure.**

UMass Chan is Massachusetts' first and only public academic health sciences center, and its training focus includes an emphasis on practice in the public sector and in underserved areas. The school was established in 1962 as the University of Massachusetts Medical School. Following a transformational financial gift from The Morningside Foundation in 2021, the school was renamed UMass Chan Medical School. Internship sites on the UMass Chan campus are located within the medical school as well as the UMass Memorial Health Care system. There is a large network of doctoral-level psychologists at UMass Chan and UMass Memorial, and many have a role in the training program.

The Application Process

Admission Policy

The Internship application includes:

- The AAPI Online
- Three letters of reference
- Graduate transcripts (official)
- Curriculum vitae
- Cover letter stating your interest in either the general (adult vs. adolescent) or forensic track
- Writing sample of psychodiagnostic evaluation (deidentified)

We abide by the new APPIC AI policy which indicates you certify that all components of your application are your own original work. You confirm that your responses reflect your independent critical thinking and accurately represent your experiences. You further certify that you have not used **artificial intelligence (AI) to generate application content and that your final submission is a true representation of your own work.*

Each year the internship program receives many more applications than the number of available intern positions. Most candidates are highly qualified, both in terms of academic performance and letters of recommendation, and it is often very difficult to differentiate the candidates on these bases alone. Consequently, our criteria for selection must examine other variables.

One factor to which we pay close attention is whether the training experiences that we provide are consistent with the needs and interests of the candidate, insofar as those needs and interests are expressed in the application. Although not required for acceptance to the internship, we seek applications from students who have completed practica in inpatient psychiatric settings and similar sites, and from students who have gained some experience with psychological assessment and intervention with individuals with severe mental illness. In our training sites, the intern will work with public sector clients, and we encourage applications from individuals who have some relevant training experience and future interests working in the public sector and/or with this population. The two internship tracks (General/SMI and Forensic) are designed to allow interns to gain the experiences necessary to be competitive applicants for postdocs in settings that provide specialization in the care and assessment of individuals (either adults or adolescents) with SMI. The forensic track also prepares interns to be competitive applicants for forensic postdoctoral opportunities. Overall, the match between candidates' interests and the aims of the internship are examined carefully. **Therefore, in the cover letter, applicants should clearly explain how their goals align specifically with the public sector/severe mental illness mission of the internship, and applicants should identify or list their UMass Chan-WRCH internship rotations of interest. Please include your preference for adult and/or adolescent experiences if you have one.** If it is clear to us that the nature or quantity of certain experiences that a candidate seeks are unlikely to be provided on internship, we will inform the candidate of this and suggest that their training needs would be better met at a different facility. Frequently this decision is not based on the candidates' qualifications but rather on their stated professional goals and needs.

Secondly, we believe peer-group learning is an important aspect of the internship training experience. Our experience is that this learning is maximized when the interns each year come from very different professional backgrounds and represent widely divergent theoretical orientations. The UMass Chan-WRCH internship is not committed to a single theoretical position. We believe the issues in clinical psychology can be conceptualized from different theoretical stances, and interns benefit from having their ideas examined and evaluated from frameworks other than their own. This evaluation process and dialogue are as important from other interns as from supervisors. Thus, we attempt to select a heterogeneous intern group.

Thirdly, as part of our commitment to diversity, the University of Massachusetts Chan Medical School seeks to attract and educate students, and trainees who will contribute to the population of

health care professionals representative of the national population. We are, therefore, committed to the full and meaningful inclusion of **all** qualified students, trainees, and employees. As part of our holistic review, consideration is also given to clinical hours that have exposed applicants to evidence-based assessment and intervention practices with a variety of populations at different levels of clinical acuity, as well as the applicants' lived experiences.

Our commitment to fostering this culture is partially reflected in our creation in 2020 of a new position in the internship leadership structure of a Director of Diversity, Equity, Inclusion, and Belonging (DEIB). The Director of DEIB serves alongside the Training Directors of the program and is involved in all aspects of recruitment and training, including assisting with didactic programming, coordinating relevant trainings on culturally humble clinical practice, and facilitating dialogue and making space for self-reflection, such as through the development of a Cultural Humility Practice and Process group, in light of critical social issues.

Applicant Interviews

One goal of the Intern Selection Committee is to match the training needs of the applicant with what our program has to offer. The Selection Committee will thoroughly review each completed application and identify those applicants where there is a "goodness of fit." *We do not use Artificial Intelligence (AI) in our review process.* Once reviewed, intern applicants will then be contacted and invited to virtually interview with members of the internship training staff on one of four interview dates in January. The interview day typically runs from about 10:00am to 3:00pm EST and will include a meeting with the current interns. *We ask applicants invited for interviews to not use AI to assist them on interview day, either with interview questions or with writing prompts.*

Interview information for applicants applying for the 2026-2027 cohort:

Dates of 2026 interviews:

Various Thursdays and Fridays in January

Interview format:

All applicant interviews will be virtual and conducted entirely online. There will be no in-person interviews or planned visits to the UMass Chan-WRCH facilities.

Additional important information for applicants: As outlined in 101 CMR 23.00, all staff working in these settings must be vaccinated annually against seasonal influenza and remain up to date with available COVID-19 vaccines. Alternatively, Staff may choose to decline vaccination, in which case they must provide a signed declination statement certifying that they have received information regarding the

risks and benefits of the COVID-19 and/or influenza vaccines. To comply with regulatory requirements, 100% of Staff must be accounted for in one of two categories: vaccinated or declined. Flu vaccines are available at WRCH and UMass Chan, but if you receive it elsewhere, you will be asked to provide proof of vaccination. If you have questions about required vaccines or would like to learn more about this policy, please contact the UMass Chan-WRCH Training Director.

The Internship Year

Please note: Training Opportunities are Subject to Change

Orientation Period

The training year typically begins on the 1st of July (or the next business day), with a mandatory orientation period lasting approximately three to four weeks. During this period, the intern becomes acquainted with the daily routines of UMass Chan and WRCH, is given a formal introduction to the staff and programs of various departments within these facilities and is systematically introduced to the principal emphases and lines of work within the two psychology departments. As part of their orientation, the interns may be asked to participate in staff conferences, engage in an assessment test-out, review department assessment procedures, observe admission procedures, and attend lectures on administrative and legal aspects of hospital procedures. By the end of the orientation period, interns will identify their rotation preferences by completing an individualized internship learning contract which will include both required inpatient core rotations as well as other elective rotations. *Due to the requirement that this orientation be completed before trainees can see patients and the complexity related to scheduling these sessions, we recommend trainees avoid unnecessary time off during this period.

Benefits

Interns are employees of the University of Massachusetts Chan Medical School. Interns receive a stipend of \$41,607 plus an additional professional allowance for relevant professional activities (e.g., conference fees and EPPP materials). Interns are provided with a choice of employee health insurance plans (cost varies). The internship year includes 80 hours (10 days) of paid vacation time plus 2 extra days of personal time, 14 holidays, and sick time. We consider many professional activities conducted outside of the internship rotations (e.g., presenting your dissertation, presenting at a conference) as part of an intern's overall training experience and therefore would consider that regular work time (i.e., you would not be required to use vacation time).

Additionally, each intern is provided a shared intern office with individually dedicated space, a dedicated laptop with access to our Electronic Medical Record (EMR), full access to hospital psychological testing materials and manuals, access to office supplies, badges with access to the UMass Chan Medical School Library, and UMass Chan Medical School research and wellness resources.

Structure of the Internship

Each intern engages in training activities in three areas throughout the year:

- Core track rotations in inpatient assessment and treatment,
- Other elective rotations, and
- Supervision, didactics, consulting, and other training programming

The internship year is divided into two “semesters” (Fall and Spring), and interns can move into a set of new elective rotations at the start of the second semester. The training year is a 12-month, 2000-hour program.

Example Schedules

Depending on the track (General/SMI or Forensic), each intern is required to participate in a Core Rotations (18-20 hours per week throughout the year). In addition to the Core Rotation, the intern can devote 8 to 16 hours per week throughout the year to an elective rotation(s) (the number of hours depends on your individual learning goals). Elective rotations are available at UMass Chan and WRCH (and are listed later in this brochure), but there will be an emphasis on having a balance between assessment (minimum of three integrated reports required) and intervention experiences (minimum of 10 direct face-face hours per week) across all rotations. The remaining six hours is dedicated to four hours of other training programming, including group supervision, didactics, process groups (e.g., Mentoring, Cultural Humility Process Group), and other structured learning opportunities. Additionally, interns are provided two hours of flexible ‘flex’ time during which they can schedule various supervision, consultation, and writing tasks.

An example of a General /SMI Track schedule for the Fall semester:

Monday	Tuesday	Wednesday	Thursday	Friday
Neuropsychology elective at WRCH (8 hours)	Didactics and other training programming (4 hours)	SMI Core Inpatient Rotation at WRCH (8 hours)	SMI Core Inpatient Rotation at WRCH (8 hours)	Deaf/ Hard of Hearing Elective Rotation at WRCH (8 hours)

	Flexible 'Flex' Time (2 hours)			
	SMI Core Inpatient Rotation at WRCH (2 hours)			

An example of a Forensic Track schedule for the Fall semester:

Monday	Tuesday	Wednesday	Thursday	Friday
Forensic Core Forensic Evaluation Rotation at WRCH (8 hours)	Didactics and other training programming (4 hours)	Forensic Core Forensic Evaluation Rotation at WRCH (8 hours)	WRCH Inpatient Testing Elective (8 hours)	UMass Chan Student Counseling Center Elective (4 hours)
	UMass Chan Student Counseling Center Elective (4 hours)			Flexible 'Flex' Time (2 hours)
				Forensic Core Forensic Evaluation Rotation at WRCH (2 hours)

CORE rotations in the UMass Chan-WRCH Internship

Interns apply to and will be matched into one of two tracks: **a general inpatient/severe mental illness track** (2 intern positions) or **a forensic evaluation track** (2 intern positions). Within each track, interns are expected to complete their core rotations on inpatient units throughout the year at WRCH to learn about the treatment and assessment of individuals with severe and persistent mental illness. During their rotations, interns will learn extensively about various aspects of this public sector, forensic psychiatric hospital. Briefly, most individuals hospitalized at WRCH have been ordered for evaluation and treatment under court order. Many patients initially arrive to the hospital through the admission evaluation units for 20- to 50-day evaluations, and in addition to treatment staff on these units, forensic evaluators are heavily involved in providing evaluations and other diagnostic services. Additionally, there are multiple additional units for continuing care treatment, adolescents, Deaf/hard of hearing patients, and those with complex medical needs.

1. General Inpatient / Severe Mental Illness Track

Interns in the General / SMI track spend the majority of their training year working on treatment units at WRCH aimed at treating adolescents or adults from diverse ethnic and socioeconomic backgrounds in the transition process from an inpatient stay to community living. The treatment

approach is multidisciplinary in nature and aimed at assisting the individual in engaging in treatment, maintaining adequate behavioral and emotional control, and taking the steps necessary to successfully return to the community. The treatment model incorporates a thorough diagnostic work-up, psychosocial rehabilitation, relapse prevention, motivational interviewing, and a variety of evidence based/informed treatment approaches (e.g., CBT-p, DBT). Individuals receiving inpatient care are empowered to understand symptoms associated with mental illness and follow through with strength-based interventions and plans that will maximize adjustment and transition to less restrictive alternatives to hospitalization.

At WRCH, CBT programs have been implemented on several treatment units, with several members of the staff trained intensively in CBT for Psychosis (CBTp). The psychology interns participate in all phases of the individual's hospital course from initial assessment, risk assessment, and/or psychological testing to providing treatment interventions to helping the individual work through an integrative discharge plan. The staff at WRCH have implemented a variety of evidence-based treatments that are applied at both a group and individual treatment level. Additionally, WRCH has a robust dual recovery program for people in all stages of change and has developed a relapse prevention model for mental health. As the staffing levels of a large state-run hospital change throughout the year, on-unit group therapy opportunities are limited by the availability of trained group facilitators.

*The core rotations of the General / SMI track include the General Adult Inpatient Rotation or the Adolescent Continuing Care Rotation.

(Selected interns would choose **one** of these rotations for the entirety of the year.)

General Inpatient Rotation at WRCH

Supervisors: Debika Paul, PhD

Time commitment: 18- 20 hours per week

Interns choosing this inpatient rotation will be assigned to one multidisciplinary continuing care treatment team, which is responsible for the care and treatment of ~27 individuals with severe and persistent mental illness. Under the supervision of the team psychologist, the intern will primarily focus on specialized evaluations for risks of violence, suicide, and fire setting, and make referrals to Department of Mental Health risk consultants for individuals with more serious histories of violent crime or sexually problematic behavior. Additionally, interns will complete some admission assessments including acute admission assessments on a court evaluation unit in addition to assessment and treatment work on continuing care units. The intern will also provide an average of at least four sessions per week of individual and group psychotherapy addressing at least two of the following: Cognitive Behavior Therapy for psychosis, Motivational Interviewing, Relapse Prevention Planning, Dual Recovery Treatment, and/ or Cognitive Rehabilitation Therapy. All clinical activities are supported with a minimum of one to two hours of individual supervision with psychology staff.

Adolescent Continuing Care Units Rotation at WRCH

Supervisors: Jessica Baroni, Psy.D. and Liz McCurdy, Ph.D.

Time commitment: 18-20 hours per week

The Adolescent Continuing Care Units (ACCU) are the only longer-term inpatient psychiatric units for adolescents in the Commonwealth of Massachusetts (two 15 bed units sited at WRCH). Interns will have the opportunity to serve adolescents with psychiatric and psychosocial issues, frequently including pronounced histories of trauma and child maltreatment, substance abuse, recurrent suicidal and parasuicidal behaviors, serious aggression toward others, multiple psychiatric admissions and out-of-home placements, and burgeoning personality disorders. Patients range in age from thirteen to nineteen. This population is culturally, ethnically, racially and socioeconomically diverse. We have many youth who are establishing or struggling to establish their gender identity and sexual orientation. Assessment and treatment of clients is provided using a multidisciplinary approach. Common psychiatric diagnoses for the patient population include Posttraumatic Stress Disorder, Anxiety Disorder, Mood Disorder, Eating Disorder and Schizophrenia. These disturbances are sometimes linked with Substance Use Disorders, Oppositional Defiant Disorders, Attention Deficit Disorders, and attachment disturbances. The precursors of a personality disturbances may also be present. For the vast majority of the youth, the impact of trauma is quite apparent. Biological factors may also play a significant role, and the interface of psychopharmacology and various therapies is essential to positive outcomes.

Because of the treatment refractory nature of this population, clinical admissions typically stay for a number of months, which enables patients to receive extensive and comprehensive clinical services. Extended length of stay affords the psychology intern an opportunity to participate in efforts to bring about qualitative changes in the patient's approaches to problem-solving situations. Patients are guided, through evidence-based and relational interventions, to alter the way that they make meaning of their lived experiences. Within the context of weekly supervision and participation in team meetings, interns will have the opportunity to formulate cases and gain experience in various approaches to treatment. Creative interventions are required where conventional approaches have been insufficient. Family therapy approaches combine structural and strategic approaches with a "no shame, no blame" collaborative partnership with families. In addition to our clinical service, this program continues to be responsible for providing high quality inpatient forensic evaluations for adolescents. This is a particularly unique training opportunity for interns with an interest in forensic psychology. Youth are referred for short-term admissions from the courts for assessment of competency to stand trial, criminal responsibility or aid in sentencing. Forensic referrals may remain in this facility for continuing psychiatric services if determined to be hospital level of care.

Interns will be expected to carry a caseload of 1-2 adjunctive individual therapy cases, 1-2 adjunctive family therapy cases (co-facilitated with either a psychologist or social worker), with the potential for a psychological evaluation if there is a referral unrelated to the standard IEP process. Mileu treatment will also account for a number of the intern's face-to-face hours. Interns will also be expected to focus on risk assessments and psychological admission assessments. Interns will also be expected to support the various groups as a co-group facilitator which include DBT, CBT, Seeking Safety, Social Skills and other clinical groups.

2. Forensic Track

The Forensic Track endeavors to prepare interns for careers within forensic mental health systems, with an eye toward understanding the complicated systemic issues our diverse forensic population faces. Accordingly, at least half of a forensic track intern's weekly hours will be dedicated to participation in or provision of forensic services, including but not limited to court-ordered mental health evaluations, risk assessment, and therapy interventions with legally involved individuals.

For forensic assessment, all forensic track interns will complete the Forensic Evaluation Rotation (six months) and the Risk Assessment and Mitigation Rotation (six months). Interns on the forensic track will also have the opportunity to attend seminars presented by the UMass Chan Law & Psychiatry program, participate in a weekly case law didactic, testify in a mock trial coordinated by our legal department, and work alongside Designated Forensic Psychologists (DFPs) on the UMass Chan Forensic Service.

In the spirit of our generalist program and belief that strong clinical skills are the underpinning of effective forensic work, interns on these evaluation tracks will be required to also carry a separate set of forensic intervention responsibilities throughout the year. These tasks include a small individual psychotherapy caseload focused on work with individuals found incompetent to stand trial and/or adjudicated not guilty by reason of insanity; co-facilitating group therapy targeting forensic issues or those which commonly present with this population (e.g., competency restoration, substance use and recovery, criminogenic factors); and reassessments of individuals found incompetent to stand to trial.

Forensic Evaluation Rotation at WRCH

Supervisor: Shannon Ambrose, PsyD and Maxwell Christensen, PhD

Time commitment: 18-20 hours per week

Interns in the Forensic Track will complete the Forensic Evaluation Rotation to obtain specialized training in common areas of forensic mental health assessment within our broader clinical training model. This Rotation is housed within the UMass Chan Mobile Forensic Service, which provides forensic evaluation and consulting services to the staff and adult patients at WRCH and other

Massachusetts Department of Mental Health facilities in Tewksbury. Rotation hours are divided between time at the “Farmhouse,” a Department of Mental Health building which houses the Forensic Service, and on the WRCH court evaluation units and continuing care units. The intern’s weekly schedule will include individual supervision with the primary supervisor for a minimum of one-hour (but typically much more), forensic interviews and assessments, treatment team meetings, weekly clinical rounds, and court hearings. The intern will be responsible for conducting psychological testing, writing evaluative psychological testing reports for forensic evaluators, and writing forensic evaluation reports co-signed by a forensic evaluator. Some of these evaluations will also be co-supervised by a forensic postdoc. In addition, the intern will be expected to participate in didactic training focused on Massachusetts legal statutes, topics in forensic evaluation and testimony, professional development, ethical considerations, and relevant case law.

WRCH Clinical Risk Assessment and Mitigation Rotation

Supervisor: Ariel Ingber, PsyD

Time commitment: 18-20hours per week

Interns on this rotation will not be assigned a specific continuing care unit and will instead have the opportunity to complete various risk assessments across the eight continuing care units with a specific emphasis on learning the HCR-20v3. Interns will complete various specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, they may also have the opportunity to generate referrals to the Department of Mental Health risk consultations for clients with more serious histories of violent crime and/or sexually problematic behavior. The intern will be expected to conduct assessments that include the use of psychological tests, standardized inventories, and/ or structured risk assessment protocols. Additional opportunities to engage in risk-mitigation treatment (e.g., relapse prevention planning, individual therapy, group therapy) are also available for interns on this rotation.

Elective Rotations in the UMass Chan-WRCH Internship

In addition to the above core rotations, interns are able to choose from a number of elective interns at WRCH and UMass Chan. Interns will meet with the supervisors of each rotation at the outset of the year to learn more about each rotation. Under the supervision of the Training Director, interns will choose elective rotations aimed toward helping them achieve their specific training goals, but the program will also support the intern to obtain a balance of training experiences (especially a balance in intervention and assessment hours). ***The following rotations are subject to change based on supervisor availability.**

WRCH Deaf Inpatient Services Rotation

Supervisor: Ariel Ingber, PsyD

Time commitment: 8-16 hours per week

The WRCH Deaf Inpatient Services rotation is an inpatient rotation designed to provide interns with exposure to both assessment and treatment services with d/Deaf and hard-of-hearing (HoH) clients. WRCH Deaf Inpatient Services is the only inpatient mental health service in Massachusetts designed to meet the needs of d/Deaf and HoH individuals who live anywhere in the state. WRCH Deaf Inpatient Services is committed to providing accessible, culturally affirmative expert mental health assessment, stabilization, and treatment services that efficiently restore individuals to community functioning. The service accepts admissions for both acute stabilization and continuing care, and serves:

- D/deaf, hard-of-hearing, and deaf/blind individuals
- Individuals who use American Sign Language (ASL), other sign language, home sign, gestural communication, English or other spoken language, written language, no language, and individuals with language dysfluency
- Individuals who utilize hearing aids, cochlear implants, FM Systems, CART or captioning services, communication boards/visual images, and other devices to facilitate communication
- Adolescents, adults, and seniors
- Projected lengths of stay from a few days to years
- Legal sections of §12b as well as other civil and forensic legal sections
- Admissions from emergency services, other mental health units, medical hospital units, courts, and jail/prisons
- Behavioral issues with unclear diagnoses that may/may not include serious mental illnesses

The WRCH Deaf Inpatient Services training and responsibilities are tailored to the intern's training goals and may include: Providing individual psychotherapy to 1-2 clients, co-facilitating 1-2 psychotherapy groups (e.g., Cognitive Enhancement and Restructuring Therapy (CERT) group and a Michael's Game group (based on a Cognitive Behavior Therapy for psychosis model)). Interns can choose to join the existing groups or have the option to develop and run a group of their choosing. Interns will complete partial and/or full batteries of cognitive and/or personality assessments for diagnostic formulation, treatment, and/or discharge planning, conduct admission and annual assessments, and complete specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, interns may have the opportunity to generate referrals to the Department of Mental Health risk consultants for clients with more serious histories of violent crime and/or sexually problematic behavior.

WRCH Inpatient Psychiatric Neuropsychology

Supervisor: Katie Treiber, PhD

Time commitment: 8-16 hours per week

Psychiatric neuropsychology is a growing subspecialty of clinical neuropsychology. The clinical neuropsychology rotation in inpatient psychiatry is designed to provide interns with competency-focused training in clinical neuropsychological and psychological assessment, consultation and cognitive rehabilitation services to adults with serious and persistent mental illness (SPMI). Many people with SPMI often have complex presentations associated with pre-illness or co-morbid trauma, neurodevelopmental or neurocognitive disorders, substance use disorders, and/or chronic health/medical conditions.

Interns will interact with multidisciplinary teams consisting of psychiatry, nursing, social work, and occupational therapy, in addition to occasional consultation with other disciplines such as neurology, neuropsychiatry, and forensic psychology. Interns will develop proficiencies in the administration, scoring, and interpretation of a range of neurocognitive and psychological assessment measures. Neuropsychological assessment training will often integrate psychological assessment methods (e.g., structured multi-scale and narrow band self-report and/or performance-based measures of psychopathology and personality). A person-centered developmental-lifespan approach to case conceptualization that integrates data obtained from multiple sources (clinical interview, records, consultation with treatment providers, collateral informants / family or significant others) will be emphasized.

Depending on an intern's interests/competency goals, participation in the Cognitive Enhancement and Restructuring (CERT) Program is available. Depending on the time commitment selected, 1-2 hours of weekly supervision will be provided in the form of individual supervision/case review. Interns have the opportunity to create some training emphases that match their competency benchmarks and professional goals within the rotation's resources.

Interns with the following training goals are encouraged to consider this rotation in psychiatric neuropsychology: (1) development of specific professional competencies in psychological and neuropsychological assessment, particularly for postdoctoral training in neuropsychology and/or psychological assessment; (2) understanding the cognitive features of SPMI in adults and their relationship to treatment and functional outcome, particularly for those seeking a postdoc or careers in inpatient or public sector psychiatric settings (e.g., Veteran's Administration, state psychiatric hospital, or community mental health settings); (3) understanding how neuropsychological and psychological assessment can inform forensic evaluations, particularly among individuals with SPMI, and meaningful treatment planning; (4) interns who would like to practice (and / or teach) psychological and / or neuropsychological assessment as part of their professional role.

The structure of this psychiatric neuropsychology and psychological assessment rotation varies somewhat from year to year, depending upon the availability of supervisory resources. A 16 hour / week rotation is available during the training year. The rotation is open to considering individualized rotation structures if able to provide adequate resources to achieve an intern's key training competency goals (e.g., stronger emphasis on cognitive rehabilitation, 8 hour / week option).

The opportunity for didactics and guided readings may also be available, depending upon the intern's interests and schedule. In the past, these have included regular seminars / discussions on topics relevant to neuropsychological assessment and intervention. While there are some established training topics that are regarded as essential, many topics, articles, and / or case studies are selected to meet the competency benchmarks and match the professional interests of individual interns. Some of the didactic / discussion topics that have been covered include: conduct of a developmental-neuropsychologically relevant interview, collaborative and therapeutic assessment methods, effort/response bias/malingering, domains of neuropsychological assessment, functional neuroanatomy, structured personality assessment measures and cases (MMPI-3, PAI, MCMI-IV, TSI-II), neuropsychology of schizophrenia-spectrum, bipolar, depression with psychosis, obsessive-compulsive, post-traumatic stress and personality (psychopathy) disorders, ADHD and specific learning disabilities, neuropsychology of traumatic brain injury and its impact on clinical presentation of adults with SPMI, SPMI and aging / dementia (e.g., vascular dementia, Parkinson's disease, Huntington's disease), variables that influence neuropsychological test performance, neuropsychology in forensic and health contexts / settings, and problems and challenges in neuropsychological assessment.

WRCH Psychological Assessment Rotation

Supervisor: Meredith Ronan, PsyD

Time commitment: 8-16 hours per week

The Psychological Assessment Rotation provides an opportunity to build competencies in comprehensive psychological testing, including both cognitive and psychological/personality testing. Specifically:

- Interns will develop proficiencies in the administration, scoring, and interpretation of a range of cognitive and psychological assessment measures.
- Exposure to and training of various measures across domains include effort/validity, cognitive, psychological/personality.
- Psychological assessment training will often integrate psychological assessment methods (e.g., structured multi-scale and narrow-band self-report and/or performance-based measures of psychopathology and personality).
- A person-centered developmental-lifespan approach to case conceptualization that integrates data obtained from multiple sources (clinical interview, records, consultation with treatment providers, collateral informants/family or significant others) will be emphasized.
- The rotation also focuses on development of case formulation skills, including differential diagnosis of primary psychiatric, cognitive and/or co-morbid presentations.
- The number of cases will depend upon the intern's hourly commitment and prior testing experience and efficiencies.
- Report-writing, interns typically write the full report, which will undergo multiple rounds of editing. Reports are integrated, in that they combine record review, clinical interview and

interview of collateral informant(s), consultation with clinical staff, and a battery of cognitive and psychological assessment measures.

- Experience providing feedback to clients and multidisciplinary team members.

WRCH Mental Illness Problematic Sexual Behavior (MI/PSB) Treatment Rotation

Supervisor: Ben Mathews, LMHC

Time commitment: 8 hours per week

The WRCH MIPSB treatment rotation provides the following opportunities to interns.

Weekly Clinical Activities:

- 3 hours of individual MIPSB therapy
- 1 hour of group therapy (Good Lives; Wednesdays at 10:30am)

Required Didactic/Supervision Activities:

- 1 hr/week for individual clinical supervision
- 1 hr/week of MIPSB group supervision (2nd and 3rd Monday 12pm-1pm, 4th Monday 12pm-1:30pm)
- Presentation of individual therapy case during MIPSB group consultation

WRCH Inpatient DBT Treatment Rotation

Supervisor: Jennifer Benger, Psy.D

Time commitment: 8 hours per week (ideally for the full training year, including Tuesday afternoons and Thursday mornings)

The DBT Treatment Rotation is designed to provide trainees with experience delivering empirically supported treatment to individuals experiencing significant emotion dysregulation, maladaptive coping behaviors, interpersonal difficulties, and chronic behavioral instability in an inpatient setting.

Interns will gain experience implementing DBT-informed strategies to support behavioral stabilization, improve emotion regulation, enhance interpersonal effectiveness, and increase distress tolerance among patients with complex psychiatric presentations. Trainees will have opportunities to provide DBT-informed individual therapy, co-facilitate DBT Skills Groups, and participate in the DBT Consultation Team.

In addition, this rotation offers opportunities for interns to collaborate within a multidisciplinary treatment environment and develop an understanding of how DBT interventions are adapted for individuals with co-occurring psychiatric symptoms, trauma histories, personality pathology, intellectual limitations and forensic involvement. Interns may also gain experience with behavioral chain analysis, skills coaching, treatment planning, and risk assessment within the context of inpatient care.

Under the supervision of the rotation psychologist, training opportunities may include:

- Providing individual DBT-informed therapy focused on improving emotion regulation, distress tolerance, interpersonal effectiveness, and mindfulness skills
- Co-facilitating DBT Skills Groups for patients within the inpatient setting
- Using diary cards and assisting patients in identifying maladaptive behavioral patterns through behavioral chain analysis
- Collaborating with interdisciplinary treatment teams regarding behavioral interventions and treatment planning
- Attending treatment team meetings and morning rounds, as needed
- Participating in supervision focused on DBT principles, case conceptualization, and management of high-risk clinical presentations
- Presenting cases during DBT Consultation Team meetings

WRCH Trauma and Group Treatment Rotation

Supervisor: Ellen Quick-Parikh, Ph.D.

Time commitment: 8 hours per week

The Trauma and Group Treatment rotation is designed to provide the intern with exposure to empirically based treatment for trauma, namely Cognitive Processing Therapy (CPT). Additionally, this rotation also provides the intern with the opportunity to explore other empirically based group treatments for symptoms and/or problematic behaviors that may co-occur with symptoms of serious mental illness (SMI). This includes Cognitive Behavioral Social Skills Training for Schizophrenia (CBSST), which involves having patients role-play communication skills with each other related to expressing pleasant and unpleasant emotions, as well as asking for help and making positive requests. The intern could also be exposed to Changing Lives, Changing Outcomes (CLCO-9), which is a newly developed group at WRCH, that helps patients understand their mental health symptoms in a similar fashion to illness, management, recovery (IMR) principles, while also addressing any underlying criminal thinking patterns that may have contributed to prior legal involvement and/or their current inpatient hospitalization.

Under the supervision of the rotation psychologist, opportunities may include:

- Providing individual therapy addressing underlying trauma with Cognitive Processing Therapy (CPT)
- Providing group therapy addressing communication skills with Cognitive Behavioral Social Skills Training for Schizophrenia (CBSST) or criminal thinking patterns with Changing Lives, Changing Outcomes (CLCO-9)
- Attending the monthly Trauma Consultation Group
- Attending Treatment Team meetings and morning Rounds as needed.

WRCH Adult Inpatient Suicide Risk Assessment and Treatment

Supervisor: Gregg Januszewski, Psy.D.

Time commitment: 8 hours per week for the full training year.

Suicide risk assessment and treatment are essential skills for psychologists, yet most graduate programs minimally prepare their students to competently work with suicidal patients. This rotation is designed to take the fear out of working with suicidal people so the student doesn't avoid the topic or act without preparation and merely hope for the best. Instead, the student will develop confidence and competence through a thorough understanding and application of evidence-based assessment and treatment models. Under the supervision of the rotation psychologist, some of the opportunities of this rotation include:

- Extensive training and readings on evidence-based models for suicide risk assessment and treatment
- Admission assessments targeted toward patients with suicidality
- Acute suicide risk assessments (hospital-wide)
- Specialized Suicide Risk Assessment (SSRA)
- Team consultation
- Individual therapy targeting suicide prevention as a treatment goal
- Co-present suicide treatment didactic
- Participate in WRCH postvention planning and/or WRCH zero suicide committee and/or DMH zero suicide committee
- Attend Annual Massachusetts Suicide Prevention Conference (anticipated 2 days in late April)

UMass Chan/WRCH Action-Learning Social Justice Advocacy Project Rotation

Facilitator: Emily Padilla, Psy.D.

Time commitment: 8 hours per week

The American Psychological Association has indicated the training and expertise in psychology uniquely qualifies psychologists to contribute to the development of policies and programs. Further, working for social justice is part of their mission and vision and the Association of Psychology Postdoctoral and Internship Centers (APPIC) has incorporated understanding research and developing consultative skills when engaging in social service into their core competencies. The UMass Chan/WRCH clinical psychology internship is committed to encouraging social justice advocacy through action-learning strategies. The goal of the social justice advocacy project is to increase professional development opportunities while developing culturally responsible and socially involved psychologists.

During this 8-hour minor rotation, interns will engage with a local nonprofit agency, build relationships with this agency and the population with whom they work, as well as collaboratively develop and conduct a needs assessment. The needs assessment may take any form but will focus on helping the agency or community to further its social justice mission. The needs assessments are conducted collaboratively with the agency/community and the postdoctoral fellows with a final

technical report including data (broadly defined) to be provided to the agency. Interns may choose this rotation for either six or 12 months:

- *Fall Semester (Research and Proposal Development)*
 - o Meet with local non-profit agency to identify questions and begin needs assessment conceptualization
 - o Create literature review to outline the current research base, define the problem/question/need, and define the questions being asked
 - o Create and design the needs assessment structure that will answer the proposed questions for the non-profit organization
- *Spring Semester (Implementation and Community Engagement)*
 - o Collect data (broadly defined - surveys, interviews, focus groups, observations, etc.)
 - o Analyze data and translate data into easily digestible and understood information for lay populations
 - o Write a technical report that will be given to the Executive Board of non-profit
- *All: Present findings to the non-profit Executive Board in May 2027*

UMass Chan Medical School Acceptance and Commitment Therapy (ACT) Clinic

Supervisor: Megan Kelly, Ph.D.

Time commitment: 8 hours per week

The Life Compass Research Program in the Implementation Science and Practice Advances Research Center (iSPARC) is leading an Acceptance and Commitment Therapy (ACT) clinic rotation. This rotation will provide intensive, experiential training in ACT, an evidence-based behavioral therapy focused on acceptance, mindfulness, and values-based living. Trainees will learn to apply core ACT processes across a range of clinical presentations such as serious mental health conditions, anxiety disorders, depression, trauma-related conditions, with a focus on improving quality of life and social connectedness. Under close supervision, trainees will engage in individual psychotherapy, conduct ACT-informed case conceptualizations, and develop ACT-focused treatment plans that emphasize values-based living. Training will include:

- Workshop in ACT theory and practice
- Individual psychotherapy, 2-5 cases per week
- Supervision once a week
- Case conference participation
- (Optional) Participation in SCID assessments
- (Optional) Participation in scientific presentations and manuscript-writing on ACT research

By the end of the rotation, trainees are expected to demonstrate competence in delivering ACT interventions, formulating cases through a functional contextual lens, and supporting clients in building meaningful, values-consistent behavioral change.

UMass Memorial Outpatient Adult Psychiatry Clinic

Time commitment: 8 hours per week

Two training opportunities are currently available for elective rotations in the OPD:

- Supervisor: Jonathan Carroll, Psy.D.
 - 1) Fellows with foundational experience and interest in Psychodynamic Supervision have the opportunity to receive specific psychodynamic training in individual and group psychotherapy for a variety of psychiatric conditions including psychosis, affective disorders, somatoform disorders, anxiety disorders, substance abuse, and personality disorders. Weekly multidisciplinary treatment team meetings provide a further opportunity for fellows to more thoroughly examine the processes involved in assessment, differential diagnosis, and treatment selection. In addition to the general clinic, there are also opportunities to do personality test batteries.
- Supervisor: Jason Samlin, Psy.D.
 - 1) Fellows with foundational experience in Health Psychology have the opportunity to work with Ambulatory Psychiatry Services. The service consists of psychologists working with medical and surgical outpatients due to a host of issues, including: depression or anxiety associated with medical illnesses, individual and family adjustment to illness, coping with disease management demands, adoption of healthy lifestyles, non-pharmacological symptom management, preparation for surgery, and coping with medical interventions. Referrals come from any of the primary or tertiary care clinics within the hospital system.

Common goals of the rotation are to conduct intake assessments and provide evidence-based treatment for patients with a variety of chronic health conditions. Some topics for treatment include adjustment to and coping with chronic health conditions, health behavior change, and chronic pain self-management. As is typical of the health psychologist role, work would also include contact with multi-disciplinary treatment teams.

Additional information: Applicants should be aware that, as described earlier in this brochure, the program is seeking fellows interested in the treatment and assessment of individuals with severe mental illness, that fellows will be required to take on a greater number of hours in general inpatient training than they can in any given elective area. Therefore, our program is not a good match for students seeking at least 50% of health psychology-dedicated time.

UMass Chan Medical School Student Counseling Services

Clinical Staff Members: Abita Raj, MD (Director), Elizabeth Austin, PsyD (Associate Director),

Ashley Hart, PhD (Training Director), Phoebe Moore, PhD, Ruthann Rizzi, MD, SuEllen Hamkins, MD, Yashira Oropeza-Diaz, PsyD, Edward Pacheco, PsyD, Cathryn Williams, PsyD, Jennifer James, PsyD, Elda Zeko, PhD

Time commitment: 8-16 hours per week

Student Counseling Services (SCS) is a school-based outpatient mental health clinic that can be accessed by students currently enrolled in any of the doctoral programs within UMass Chan Medical School: the T.H. Chan School of Medicine (MD program), the Morningside Graduate School of Biomedical Sciences (PhD program), the Medical Scientist Training Program (combined MD/PhD program), and the Tan Chingfen Graduate School of Nursing (DNP and PhD programs). SCS provides both psychiatry (medication consultation and management) and psychotherapy services. Students can attend sessions via telehealth or in-person in the SCS private office suite, which is located in the main medical school building on UMass Memorial Medical Center's University campus.

Common presenting concerns in our student population include anxiety and its disorders, OCD and related disorders, mood disturbances and disorders, disordered eating, trauma-related symptoms and conditions, adjustment difficulties, challenges associated with physical health conditions, ADHD, and grief. Psychotherapeutic approaches used by SCS therapists include traditional forms of cognitive-behavioral therapy (e.g., exposure and response prevention for OCD, panic control therapy for panic disorder); Acceptance and Commitment Therapy and related mindfulness- and acceptance-based approaches; Dialectical Behavior Therapy skills training; psychodynamic psychotherapy; Eye Movement and Desensitization and Reprocessing (EMDR); attachment-based therapy; the Internal Family Systems model; narrative psychiatry; and supportive and person-centered therapy approaches. As part of their training, interns have the opportunity to provide individual and group psychotherapy; receive individual and/or group psychotherapy supervision; supervise clinical psychology practicum students in a vertical supervision system; conduct clinical intake interviews; participate in weekly team meetings and clinical trainings; and contribute to quality improvement and clinical research projects.

The SCS team is multi-cultural, multi-disciplinary, and multi-theoretical. We strive to provide culturally sensitive clinical services and a safe, welcoming, inclusive, respectful and supportive environment for all persons who seek our services.

UMass Chan School of Clinical Research in Emergency Medicine

Supervisor: Rachel Davis-Martin, PhD

Time commitment: 8-16 hours per week

This is a research-based rotation, trainees have access to several complete datasets on suicide risk, opioid use disorder, alcohol use disorder, and implementation efforts to improve clinical care that they can run analyses on if there is a particular question of interest (plus access to statisticians to help if analyses are complex).

Trainees also have access to research that is complete but needs to be written up for conference presentations or peer reviewed articles. Depending on the time of year, they may also help with grant

applications including writing parts of grants and helping with the submission process. It's easy to tailor the activities to the interest and experience of trainee. Likely best done during the second half of the internship, so all clinical hours have been met.

Additional Information: At least one original manuscript is expected to be submitted to a peer reviewed journal(s).

UMass Chan Integrated Behavioral Health Service in Emergency Medicine

Supervisor: Rachel Davis-Martin, PhD

Time commitment: 8-16 hours per week

Trainees have the opportunity to provide brief interventions rooted in motivational interviewing and referrals to treatment with patients who have an active SUD (alcohol, opioid, tobacco, stimulant) or suicide risk, and/or conduct Substance Use Disorder Evals for patients presenting to the ED post-drug overdose while working on a multi-disciplinary team that includes licensed alcohol and drug abuse counselors, addiction psychiatrist, medical toxicologist, social workers, and recovery coaches. This rotation can be useful if trainees need more direct patient contact hours.

Assessments will include comprehensive suicide risk assessments with patients presenting to ED with psychiatric chief complaints, Substance Use Disorder Evaluations for patients presenting to ED post-opioid overdose, and comprehensive substance use and treatment history evaluations for patients seeking SUD treatment.

UMass Chan Child Consultation & Liaison Psychiatry

Supervisor: Erin Tangney, PhD

Time commitment: 8 hours per week

The Pediatric Consultation Service is comprised of interdisciplinary team members including child psychiatry, psychology, and clinical social work who provide a wide breadth and depth of experience in behavioral health. The Service provides assessments, recommendations, and support for a variety of behavioral health needs for children and their families while they are admitted to the Children's Medical Center, including safety and risk assessment; treatment of eating disorders; assistance in coping with a new or chronic medical illness; evaluation of a child who has experienced a traumatic event; and referrals for more intensive or outpatient psychiatric treatment. The inpatient pediatric care team may ask our staff to work with a family to lessen the impact of a stressful experience, promote healthy coping methods, and improve communication between families and staff. The inpatient child and adolescent consultation liaison psychiatry rotation will be offered as a minor rotation for interested interns with some medical, primary care and/or pediatric experience.

UMass Chan Outpatient Child Psychology – Center for Autism and Neurodevelopmental Disorders (CANDO)

Supervisor: Miriam Aframe, Psy.D.

Time commitment: 8 hours

This rotation will take place on two separate days, Wednesdays and Thursdays. On Wednesdays, three hours will be spent involved in the interdisciplinary team evaluation, which is where a new child/adolescent is seen each week along with their caregiver(s) for a 2-hour evaluation, followed by one hour of the team working on clinical formulation, diagnosis and recommendations. A psychologist and psychiatrist are always present along with medical residents and a psychiatry fellow typically being present. Intern may write initial assessment notes as appropriate. A fourth hour may be spent attending the feedback meeting from the prior week's team evaluation, providing feedback and recommendations to the child's caregivers and community-based supports who wish to attend.

On Thursdays the intern will help to plan for, co-facilitate, and write notes for a social skills group for preschoolers and their caregiver. Depending on when the intern begins, this may also include helping to complete intakes for group participants. Interns will shadow the psychologist in individual Floortime-based play therapy or possibly have their own therapy case as time/schedules/clinical appropriateness allow.

UMass Chan Medical School Road to Care: Mobile Health Addictions Clinic

Supervisor: Amber Cahill, PsyD, MPH

Time commitment: 8 hours per week

UMass Memorial Health Road to Care (RTC) is Worcester's low-barrier, harm reduction-oriented mobile health clinic. Faculty from the UMass Chan Medical School Department of Family Medicine & Community Health lead the program. RTC brings medical care, harm reduction, addiction treatment, and social services directly to community settings. Since launching in 2021, it has provided more than 16,000 encounters to over 2,400 people experiencing homelessness or housing instability. Many of them live with co-occurring mental health and substance use conditions. As patient engagement has grown, so have the gaps in mental health care and in connecting patients to social resources. To address these gaps, Dr. Cahill piloted and launched an integrated behavioral health service on the mobile health van, embedding mental health care directly into the medical visits. Fellows will join this developing model of care and help shape how behavioral health is delivered in a street medicine setting.

Interns will provide low-barrier brief mental health intervention, assessment, and system navigation for people facing complex physical, mental health, substance use, and social barriers. The work is multidisciplinary. Interns will work alongside EMTs, paramedics, physician assistants, physicians, and addiction psychiatry fellows. They will gain exposure to a broad spectrum of mental health concerns, including serious and persistent mental illness and substance use disorders. They will

also build skills in rapid engagement, harm reduction, and brief intervention. Under the supervision of the team psychologist, opportunities include:

- Providing on-site mental health services during the Friday afternoon mobile clinic (1:00–3:00 pm).
- Conducting rapid engagement and brief assessments with patients with complex medical, psychiatric, substance use, and social needs.
- Delivering brief interventions grounded in harm reduction, focused on the mental health barriers that keep patients from engaging with care.
- Consulting and collaborating with the multidisciplinary mobile team.
- Navigating systems to connect patients with mental health, medical, and social resources.
- Working with Dr. Cahill on ongoing community engagement, program development, and grant writing projects.
- Receiving 1 hour of weekly individual supervision.

Supervision, Didactics, & Research

In addition to the training they receive on the clinical rotations, the interns will spend about four hours every week in other cohort-wide training activities. These activities include didactics/seminars, supervision with a postdoctoral resident, and various other programming. **Given the nature of these types of activities, exact experiences are subject to change with little notice.*

Didactics

Interns have an extensive series of seminars. Major topics include:

- Assessment with particular emphasis on interviewing, neuropsychology, and forensic evaluation;
- Culturally competency treatment and assessment (including a cultural humility practice and processing group);
- Professional development;
- Psychopathology and psychopharmacology;
- Social justice advocacy and ethics;
- Psychological treatment modalities with particular emphasis on serious mental illness:
- Empirically based treatment interventions;
- Psychosocial rehabilitation;
- Integration of ethnic diversity in assessment.

Three to four hours per week of regularly scheduled seminar times throughout the year provide an opportunity to cover these assessment and intervention topics in some detail. Interns are also welcome to attend weekly UMass Chan Grand Rounds on a variety of mental health topics, which are held at the Medical School, as well as other regular seminars and workshops (e.g., biweekly UMass Law and Psychiatry Seminars; monthly WRCH Grand Rounds). Additionally, all interns are invited to the forensic case law seminar (mandatory for forensic track interns).

Sohye Kim, Ph.D., External Mentoring Advisor

In addition to group supervision with the training and assistant training director and individual supervision with rotation supervisors, our interns meet monthly with Dr. Kim, a UMass Chan psychologist who is outside of the leadership of the internship program and not currently supervising interns. The purpose of these meetings is to provide an opportunity for interns to receive support and other professional guidance in a nonevaluative setting. Regarding support, interns may seek to process or problem-solve any needs or questions that arise during the internship year that they want to discuss with someone in addition to or other than their training directors or clinical supervisors. The sessions are also designed to allow interns to seek guidance on other aspects of their internship year and professional lives.

UMass Chan/WRCH Professional Development Seminar Series

Facilitator: Heidi Putney, Ph.D.

In 2002, the Association of Psychology Postdoctoral and Internship Centers (APPIC) initiated a conference aimed at establishing competencies essential in professional psychology practice and identified Professional Development as a core competency area. Toward this end, the UMass Chan/WRCH has developed monthly Professional Development Seminar Series aimed to increase career readiness, improve professional quality of life, explore professional identity, and develop a comprehensive understanding of self-care. Each month, three professionals from around the country virtually speak to our interns on important topics such as pathways into private practice careers, wage negotiation skills, barriers for women in psychology, and the business of psychology. Further, various seminars specifically target the area of self-care with a discussion of new research and skills developed on this topic. Informal and personal, the format of this seminar series allows for life-long networking with panelists and various interns from other programs around the country.

Cultural Humility Process and Practice Group

Facilitator: Ami Popat, Ph.D., Director of DEIB

The Cultural Humility Process and Practice Group is a dedicated time reserved for psychology trainees to process and practice cultural humility in the context of working with various patients, clients, and stakeholders during the psychology internship year. Cohort-specific monthly meetings with

the facilitator involve exploration of one's own identities, issues related to discrimination, matters related to power and privilege, and systemic challenges. Discussions are framed within the context of larger sociocultural systems and guided by the ADDRESSING framework (Hayes, 2008), with trainees encouraged to bring relevant clinical cases for group reflection and dialogue. Additionally, space is created during this time to discuss the impact of ongoing sociopolitical events on the clinical context.

Supervision Opportunities

All interns will participate in the supervision of an advanced practicum student for six months and will, in turn, be supervised by a postdoctoral resident on a case of their choosing. Additionally, interns will engage in a monthly Supervision of Supervision 'Sup of Sup' Group where we meet to discuss issues within the supervisory relationship, the development of a supervision style, and providing feedback on progress notes and assessment reports. Furthermore, interns have been given the opportunity for the last past few years to join the Harvard Medical School Brigham and Women's Hospital training program supervision seminar series facilitated by Dr. Christopher AhnAllen. This series allows trainees to broaden their network with other trainees and learn new perspectives in topics related to conflict in supervisory relationships and cross-cultural supervisory relationships and antiracist action.

In addition to peer supervision, interns formally receive a minimum of four individual and group supervision hours per week from licensed psychologists. Informal opportunities for additional supervision are also possible. Supervisors will evaluate the intern at four separate time periods throughout the training year using our formal evaluation form which includes the profession-wide competencies as benchmarks for meeting the minimum requirements of the training program. For interns who receive scores below the minimum requirement, the training program will utilize the established Due Process Policy to assist with supporting the intern and remediating any identified concerns.

Research Opportunities

Although research is not a required activity, interns are encouraged to continue their own research or to participate in ongoing research in the Worcester area. Some rotations may include the opportunity to engage in research, and some past interns have published with UMass Chan – WRCH supervisors. Further, grant funding has recently been awarded to assist interns working with a UMass Chan supervisor on a research project with attending the American Psychological Association Annual Conference if they so choose.

Finally, there are numerous teaching conferences, grand rounds presentations, and other professional activities in the Worcester/ Boston area. There are often teaching conferences that utilize the case presentation format both at UMass Chan and WRCH. For example, the UMass Chan Psychology Network hosts a poster session every other year during a Psychology Day Celebration at UMass Chan

Medical School. Additionally, the 2026 Northeast Regional Psychology Training Conference will be held at UMass Chan Medical School in April 2026. Trainees are given the opportunity to present their posters or submit a presentation proposal as well as attend other presentations over the conference day. Finally, the Massachusetts DMH typically holds an annual conference with topics relevant to public sector psychologists and trainees. All interns present their dissertation in a virtual Brown Bag format during the year.

PSYCHOLOGY INTERNSHIP FACULTY AND SUPERVISORS

INTERNSHIP LEADERSHIP

Heidi Putney, PhD

Training Director of UMass Chan-WRCH Comprehensive Psychology Training Program
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School
Designated Forensic Psychologist, Worcester Recovery Center and Hospital

Education	Central Michigan University (2020)
Rotation	Professional Development Panels, Forensic Evaluation, Case Law
Interests	Forensic evaluations, training and education, research in the areas of public policy, professional development, and diversity training

Meredith Ronan, PsyD

Assistant Director of Internship in UMass Chan-WRCH Comprehensive Psychology Training Program
Director of Psychology Department, Worcester Recovery Center and Hospital
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

Education	William James College (formerly Massachusetts School of Professional Psychology, 2015)
Rotation	WRCH Positive Behavior Interventions and Support (PBS) Consultation Service; WRCH Psychological Assessment Rotation
Interests	Positive Behavior Interventions and Support consultation and intervention; assessment and treatment of persons with severe and persistent mental illness; cognitive and psychological/personality assessment; Cognitive Behavior Therapy for Psychosis (CBT-P); program development and evaluation

Emily Padilla, PsyD

Assistant Director of Postdoc in UMass Chan-WRCH Comprehensive Psychology Training Program
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School
Designated Forensic Psychologist, Worcester Recovery Center and Hospital

Education	Alliant International University, San Diego (2023)
Rotation	Social Justice Advocacy Project
Interests	Forensic mental health assessment; risk assessment; severe and persistent mental illness; inclusive teaching and education in psychology; cultural humility; DEIB in training and forensic practice; social justice

Ami Popat-Jain, Ph.D.

Counseling Psychologist, Private Practice

Director of Diversity, Equity, Inclusion, & Belonging (DEIB)

Education	Northeastern University (2017)
Rotation	Cultural Humility Process and Practice Group
Interests	Psychotherapy, DBT, CBT, ecological model, serious mental illness, south Asian mental health, women's mental health, multicultural competency, cultural humility, consultation, social justice, and racial identity.

CLINICAL SUPERVISORY STAFF

The rotations within the UMass Chan / WRCH internship are led by an incredible group of psychologists who are passionate about teaching and supervision. Below is a list of our current training staff in alphabetical order.

Miriam Aframe, PsyD

Clinical Psychologist and Program Director at Center for Autism and Neurodevelopmental Disorders (CANDO)

Education	The George Washington University (2006)
Rotation	UMass Chan Outpatient Child Psychology - CANDO
Interests	

Jessica Baroni, PsyD

Clinical Psychologist, Worcester Recovery Center and Hospital

Education	Antioch University New England (2018)
Rotation	WRCH Inpatient Adolescent Continuing Care Units
Interests	

Shannon Ambrose, PsyD

**Assistant Professor of Psychiatry, University of Mass Chan Medical School
Designated Forensic Psychologist, Worcester Recovery Center and Hospital**

Education	Stonehill College (2016); California Baptist University (2018); William James College (2023)
Rotation	UMass Chan Forensic Evaluation
Interests	Forensic mental health assessment; competency restoration; the interplay between culture and the law

Jonathan Carroll, PsyD**Staff Psychologist, UMass Memorial Ambulatory Psychiatry**

Education	Rutgers University, Graduate School of Applied and Professional Psychology (GSAPP; 2015)
Rotation	UMass Memorial Outpatient Psychiatry Department
Interests	Existential and phenomenological approaches to psychotherapy, schizophrenia, personality and projective testing, psychodynamic therapy, process group therapy

Maxwell Christensen, PhD**Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School
Designated Forensic Psychologist, Worcester Recovery Center and Hospital**

Education	Sam Houston State University (2023)
Rotation	UMass Chan Forensic Evaluation
Interests	Forensic mental health assessment; substance use disorders; treatment and assessment of serious mental illness; statistics; training in psychology

Rachel Davis-Martin, PhD**Clinical Health Psychologist, UMass Chan Medical School
Emergency Medicine and Family Medicine and Community Health**

Education	University of Mississippi (2016)
Rotation	1) Integrated Behavioral Health Service in Emergency Medicine (clinical rotation) 2) Research in Emergency Medicine
Interests	Clinical: Locations: Integrated behavioral health in primary care and ED. Focus: Suicide risk, anxiety, depression, trauma, substance use disorders, sleep disorders, chronic pain, and health-related behavior change/lifestyle modifications. Approaches: Acceptance and Commitment Therapy, mindfulness-based interventions, CBT, trauma-focused therapy (CPT and PE mostly, and biofeedback. Research: Use of innovative technology to enhance detection of suicidality, bolster access and delivery of evidence-based treatments for suicide risk and improve care transitions throughout the healthcare system and into the community; Implementation science.

Ashley Hart, PhD	
Clinical Psychologist and Training Director, Student Counseling Services, UMass Chan Medical School	
Education	Binghamton University (State University of New York; 2010)
Rotation	Student Counseling Services
Interests	Cognitive-behavioral therapy for anxiety disorders, OCD, PTSD, and body-focused repetitive behavior disorders

Ariel Lagarce, PsyD, DFP	
Staff Psychologist, Worcester Recovery Center and Hospital	
Education	William James College (2020)
Rotation	WRCH Clinical Risk Assessment and Mitigation, Deaf Inpatient Services, Practicum Co-Director
Interests	Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis.

Gregg A. Januszewski, PsyD	
Staff Psychologist, Worcester Recovery Center and Hospital	
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School	
Education	University of Hartford (1997)
Rotation	WRCH General SMI – Acute Forensic Units
Interests	Suicide assessment and treatment, CBT-I, Dual diagnosis treatment, Individual psychotherapy.

Benjamin Mathews, LMHC	
Psychological Assistant III, Worcester Recovery Center and Hospital	
Education	
Rotation	WRCH MIPSB treatment
Interests	Dual Recovery, MIPSB treatment

Elizabeth McCurdy, PhD	
Staff Psychologist, Worcester Recovery Center and Hospital	
Education	Drexel University (2019)
Rotation	WRCH Adolescent Continuing Care Units
Interests	Treatment of adolescents with complex mental health challenges, treatment of developmental trauma, juvenile justice policy and practice reform

Debika Paul, PhD	
Staff Psychologist, Worcester Recovery Center and Hospital	
Education	Suffolk University (2007)
Rotation	WRCH General Psychology Rotation
Interests	Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis, and Liberation Psychology.

Elizabeth McCurdy, PhD	
Staff Psychologist, Worcester Recovery Center and Hospital	
Education	Drexel University (2019)
Rotation	WRCH Adolescent Continuing Care Units
Interests	Treatment of adolescents with complex mental health challenges, treatment of developmental trauma, juvenile justice policy and practice reform

Faith Therrien, PsyD	
Staff Psychologist, Worcester Recovery Center and Hospital	
Education	William James College (2019)
Rotation	Competency Restoration Groups, Practicum Co-Director
Interests	Treatment of severe and persistent and mental illness, individual and group-based interventions utilizing CBT for Psychosis (CBTp), positive behavior interventions and supports (PBIS), racial trauma and social justice, and supervision.

Katie Trieber, PhD	
Neuropsychologist, Worcester Recovery Center and Hospital	
Education	Utah State University (2010)
Rotation	WRCH Inpatient Psychiatric Neuropsychology
Interests	Neuropsychological assessment in psychiatric populations and individuals with comorbid neuromedical concerns, intellectual disability, and/or forensic considerations; cognitive reserve and rehabilitation in SPMI and aging; additional interests in performance validity and assessment of effort. .

ADDITIONAL CONTRIBUTORS

The program is fortunate to have a strong network of internal and external psychologists who provide instruction to fellows, serve as informal mentors, and provide other forms of consultation to fellows and fellowship supervisors.

Sohye Kim, PhD	
Clinical Psychologist	
Assistant Professor of Psychiatry, UMass Chan Medical School	
Education	Rosemead School of Psychology, Biola University (2011)
Rotation	External Mentoring Advisor
Interests	Early life experience, developmental psychopathology, maternal mental health, attachment, infant neuroimaging