Psychiatry Business & Research Meeting  
MINUTES – January 4, 2012 – Faculty Conference Room

ATTENDANCE:  105 signatures on file:  Faculty 36; Residents 12; Admin & Research 28; Support 19; Other 10

**Please be sure to sign in for each meeting.** Our meetings begin promptly at 12:00 noon. In an effort to cover material on an anticipated full agenda, please be sure to mark your calendars and arrive early so we may begin the meeting as scheduled. Lunch is available starting at 11:45 am. All faculty, residents, and staff are encouraged to attend.

**NEXT MEETING: Wednesday, February 1, 2012 – Faculty Conference Room**

An agenda reminder will be sent for the meeting later in January.

Faculty and Staff are encouraged to contact the Chairman’s Office with agenda items for these meetings at 508-856-3066 or via email at Diana.Langford@umassmemorial.org

Please review the minutes for information and announcement details that may not have been conveyed at today’s meeting.

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<th>Topic</th>
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<td>PRESENTATIONS</td>
<td>Tina Grosowsky, Project Coordinator, Wellness Initiative and Central MA Tobacco-Free Community Partnership, introduced the new Ex Smokers’ Hall of Fame project initiative and the plan to support community efforts to lower smoking prevalence and exposure to secondhand smoke. Recruitment is underway and the group is working with graduate nursing and students to interview ex-smokers who would be willing to share their story and inspire others to also quit smoking. There will be a spring event and an email will be forthcoming with more information. Please contact Tina via email at <a href="mailto:tina.grosowsky@umassmed.edu">tina.grosowsky@umassmed.edu</a> or 508-856-5067 if you would like more information on this campaign to help others stop smoking. Members of the tobacco team were introduced by Dr. Ziedonis. Barbara Grimes-Smith, Program Director of the Wellness Initiative, mentioned the wellness tools available on the wellness page of the Psychiatry website. They are continuously updating links and information and new tools are being piloted as well. Greg Seward of the tobacco consult service along with Ryan Coffman and Fernando deTorrijos are available to meet with patients and employees on smoking cessation either at the bedside or through the Employee Assistance Program. Call or email them if you need their services. Dr. Ziedonis announced the upcoming departure of Fernando de Torrijos who will be leaving the department for a position in California at a mindfulness center. Fernando has been a warm and caring member of our department and an expert on mindfulness. His hope is to do one or two more intensive trainings before leaving us. He has a mindfulness DVD coming out in April. Dr. Ziedonis, along with Dr. Carl Fulwiler, Acting Director of the Center for Mental Health Research, are very committed to the area of wellness and anticipate that the new Albert Sherman building will more readily accommodate dedicated wellness space. Dr. Doug Ziedonis gave a brief update on the upcoming Five Year Review slated for the end of May, 2012. The review is an opportunity to show the territory and work covered over the last five years, the range of impact and areas of growth the department has achieved. This process will include</td>
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providing a self-study portfolio to aid in the assessment of the performance of the Department's academic, clinical and administrative excellence. A panel of three individuals (typically Chairs from other Departments of Psychiatry) will be selected to conduct this onsite assessment. The department's last five year review was in 1989 so there is no recent draft as a starting point. Much of the self-study process will build on our recent work of the already prepared quadrennial report materials. However, we will need to update that material to include 2011 information and data. In addition, updated CVs will be required and new materials created. You can expect soon to receive the request(s) for documents for which you are responsible. We have engaged Marsha Addis to help us through this process. The challenge is great and smaller workgroups will be focusing on critical areas. Much of the challenge will be how to organize a simple way to convey the story of a huge department, its range of impact and areas of growth. Teamwork will be an essential component to the success of the review and Dr. Ziedonis will be giving updates at each upcoming department meeting through June.

Laura L. (Robinson) Perkins, 49, a beloved member of the Genesis Club, died peacefully on Tuesday, December 27, 2011. Colleen McKay along with Ken Bisson, Laura’s staff worker at the Clubhouse, David Rocheleau and Paul Letourneau who worked with Laura on the health promotion and tobacco cessation project, were present to accept flowers in memory of Laura for the Genesis Club. Colleen McKay, MA, CAGS and Program Director of the Clubhouse Project, said Laura’s story was inspirational and she was a great role model, having been able to quit smoking and lose 80 pounds. Dr. Ziedonis related how much he had enjoyed working with her on the tobacco initiative and she contributed greatly in the consumer role as a person who consistently demonstrated determination. Laura began working in the CMHSR in the late 1990’s when she was involved with the Parenting Options Project. Since then, she was involved in a variety of data entry projects with the CMHSR and the Program for Clubhouse Research. More recently, she was involved with DMHs Consumer Satisfaction Survey, the MHRSs MHE and YOU Advisory Council and was a member of the leadership team on the health promotion and tobacco cessation project with UMass and Genesis Club. Laura had a personal account published in the February 2003 issue of Psychiatric Services and was co-author on the Promoting Healthy Lifestyles in ICCD Clubhouses toolkit. She will be missed by those who had the opportunity to work with her over the years.

Jean King, PhD, Vice Chair for Research, announced the upcoming May 23rd Research Day with keynote speaker, Pamela Hyde, JD, from Substance Abuse and Mental Health Services Administration (SAMHSA) and the US Department of Health and Human Services (DHHS). This year’s Research Day will include a career component and involve the community. Dr. King said to start considering poster presentation projects for Research Day. Dr. King also mentioned the upcoming call for the two departmental mentoring awards (Steven Banks Award for Research Mentoring and Douglas Ziedonis Award for Career Development Mentoring) and to start considering who you might want to nominate. An email will be forthcoming with more information and Career Development and Research Office updates.

Barbara Leadholm will be leaving her post as Commissioner of the Department of Mental Health on January 31st. Barbara did great things as a strong advocate for mental health care reform in the Commonwealth during difficult budgetary times, political uncertainties, and complicated clinical and
system issues. Under her leadership, DMH made significant strides in transforming the mental health system to a recovery and community based system of services and supports. Marcia Fowler, who has served as Deputy Commissioner for Mental Health Services since January 2009 and has been responsible for the operations of all state and contracted mental health inpatient and community-based programs and services, as well as monitoring and oversight, will serve as Interim Commissioner. We look forward to our continuing important collaborations with her leadership.

- **Anna Chinappi**, DMH, will be creating a high-impact glossy publication that “tells the story of the Department of Psychiatry’s success and achievement through the words of the Department’s most important asset: the doctors, researchers, teachers, mentors and staff who are the heart, soul and tireless engine of the UMMS / UMMHC UMass Department of Psychiatry.” Many know of Anna through her role at the Department of Mental Health. She will be working along with a team of media and design pros who will help make this successful. There is a very tight deadline and turnaround time for this publication so they plan to work fast and will need cooperation from the department. The publication will be a great complement to the Five year Review process. Her team will be scouting locations and setting up photo shoots within the department and affiliated sites. If you have any questions, suggestions, etc., please call Anna on this number only: 508-847-5419; or email her at this address: annachinappi@gmail.com

- **Deborah L. Plummer, PhD**, Professor of Psychiatry and Associate Vice Chancellor for Diversity and Equal Opportunity, has been promoted to fill the newly created position of Vice Chancellor for Human Resources, Diversity and Inclusion. As Associate Vice Chancellor for Diversity and Equal Opportunity, Dr. Plummer has successfully worked across the institution to provide leadership, strategic direction and coordination of all aspects of diversity and inclusion. She brings extensive experience in human services and has worked with over sixty national organizations, including Fortune 500 companies, health care organizations and educational institutions, developing effective people strategies that build high performing and inclusive work environments. Dr. Plummer will now transition from her current role to the position of Vice Chancellor for Human Resources, Diversity and Inclusion. The creation of this new position reflects the importance of both diversity and human resources to our community and assures that the leader of these functions is prominent in the senior management at UMMS. In this new strategic position, Dr. Plummer will be at the helm of both human resources and diversity services at UMMS. Her placement will ensure that current diversity efforts and functions will continue to be enhanced and that human resource functions will be fully integrated with the diversity goals of our institution. Please welcome Dr. Plummer to her new position as Vice Chancellor for Human Resources, Diversity and Inclusion.

- **Jennifer Wu, Ph.D.** is stepping down from her role as Associate Director of Communications, Continuing Medical Education and Global Initiative, effective at the end of February 2012. Jennifer plans to first take some well-deserved time off to pursue personal enrichment and to develop entrepreneurial strategies for her next endeavors. Jennifer came to the Department from the University of Minnesota where she was the Assistant Director of a world-class China Center. In that role she oversaw educational programs, communications, public relations, and international exchanges for the Center. She built upon that resume here at UMass where she spearheaded the department’s communications, continuing medical education, and the global programs. Within the
three years she’s been at UMass, she has supported the various communication needs of about 40 programs in the department, successfully helped with the planning and execution of the annual public sector conferences, and supported the expansion of the ATTOC tobacco cessation program into China, helping us become an exemplary department in the medical school for our global advances. Jennifer relayed that she has enjoyed her three years in the department, was amazed by the scope of the department and shared her philosophy of not underestimating what you can contribute as individuals. Dr. Ziedonis thanked her for her huge contribution to the department, and wished her well as she assumes a new trajectory in her personal career path.

- Nancy Kruger, DNSc, RN, Chief Nursing Officer/Sr. Vice President, is leaving her post at the end of February.

- Walter Ettinger, MD, President of UMass Medical Center is leaving at the end of January which will mean a transition in the leadership roles at the UMMHC. Dr. Ettinger is leaving to become senior vice president of Accretive Health, a health care services and technology company that partners with health systems across the nation to more efficiently manage their revenue cycle operations, improve the quality of care and reduce health care costs. Accretive Health, headquartered in Chicago, works with a wide range of providers, including academic medical centers, community hospitals, independent ambulatory clinics and physician practice groups.

- One of our long-time faculty members, Dr. Richard Berlin, recently published his second book of poetry, Secret Wounds, which was selected as the 2010 Winner of the John Ciardi Poetry Award. It was also recently selected by USA Book News as the best general poetry book published in the USA in 2011. If you would like to know more about the book, please visit his website: www.richardmberman.com

- Reminder Deadline: The Joseph P. Healey and Public Service Endowment Grants are to be submitted by 4:00pm Friday, January 6, 2012. Healey and Public Service Grants cannot be used for salary support for the PI, or Co-PI or other major faculty/staff participants on the project. They can be used for a range of other research support items including equipment, travel, and research assistance. The average award is $2,500.

- UMass Center for Clinical & Translational Science (UMCCTS) 2012 Clinical Research Scholar (K12) Award: Request for Proposals. Letter of Intent submission details. LOIs are due on Thursday, January 26, 2012 by 5:00 PM (EST) to Wanda DePasquale. Additionally, all CRS-K12 information is located at the UMCCTS website. The department is supportive of members who are interested in applying and can help assure they meet required criteria for submitting their proposals.

- Larry Behan introduced Nancy Dyer

- Kristin McCutcheon introduced Nicole Vernon, the new grants & contract specialist for the BNRI.
### Awards and Recognition

Just Published! **Tony Rothschild** editor - *The Evidence-Based Guide to Antidepressant Medications*

### Faculty and Staff News

**New Faculty:**
- Annmarie Caracansi, MD  12/16/11  DYS
- David Tobin, PhD        01/30/12  Worcester State Hospital

### Appointment and Promotion

Congratulations to the following members of our faculty whose faculty appointments and/or promotions were recently approved by the Dean and the Vice Provost for Faculty Affairs. Promotion is dependent on professional academic achievement and is an honor within our institution:

- Nitigna Desai, MD   Adjunct Assistant professor, Psychiatry, UMMS
- Richard Fletcher, PhD  Assistant Professor, Psychiatry, UMMS
- Carl Fulwiler, MD, PhD  Associate Professor, Psychiatry, UMMS
- Judith Haran, MD  Assistant Professor, Psychiatry, UMMS
- Ann Maloney, MD  Assistant Professor, Psychiatry, UMMS
- Zafar Naqvi, MD  Assistant Professor, Psychiatry, UMMS
- Rupal Patel, PhD  Adjunct Associate Professor, Psychiatry, UMMS
- Cyril Peter, PhD  Instructor, Psychiatry, UMMS
- Subha Thiagarajan, MD  Assistant Professor, Psychiatry, UMMS

### Important Dates for your Calendar!

**Psychiatry Department Meeting Schedule 2012**

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<th>Date</th>
<th>Time</th>
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<tr>
<td>2/1/2012</td>
<td>12:00-1:00pm</td>
<td>FACULTY CONF ROOM (S1-342)</td>
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(Please visit our departmental website to review the minutes of our previous monthly department meetings)

http://www.umassmed.edu/psychiatry/departmentmeetingminutes.aspx