

CANDO

Center for Autism and Neurodevelopmental Disorders
Eunice Kennedy Shriver Center

COVID-19 ASD Resources



At CANDO, we are acutely aware that unexpected changes require thoughtful support for person's with ASD or NDD. We have put together a list of resources to help with explaining COVID-19, ideas for creating supportive schedules for the day, and various activities to support positive interactions and successful engagement, including indoor movement activities! Please note that it is important to consider the youth's developmental level when applying these strategies.

Resources compiled by: Dr. Mary Beth Kadlec, ScD, OTR/L, CANDO Program Director and Vicky Hoyo, OT/s, Emily Idemoto, OT/s, and Maya Shaahan, OT/s, MGH Institute of Health Professions Occupational Therapy Doctoral Students

COVID-19 ASD Related Information



- [UNC Frank Porter Graham Child Development Institute Autism Team](#)
- [Child Mind Institute](#)
- [The MGH Clay Center for Young Healthy Minds](#)

Social Narratives:

- [Carol Gray](#), creator of **Social Stories**, developed a social story for Coronavirus
- Autism Speaks: [Flu Teaching Story](#)
- Little Puddins Autism Educator: [What is the Coronavirus?](#)
- Northfield Public Schools: [Coronavirus-Why Do I Have to Stay At Home?](#)
- National Autism Association: [What's COVID-19?](#)
- PA Autism: [Coronavirus](#)
- PA Autism: [Social Distancing](#)

Hand Washing



- [PA Autism Hand out/Narrative](#)
- [CDC video on handwashing](#)

Routines



- [Maintaining Routines](#)
- [Building New Routines](#)
- ["For on The Floor"](#) Daily Activities with Dr. Gil Tippy, DIRFloortime Expert

Photo credit: https://englishiscoolsite.files.wordpress.com/2016/11/daily-routines-drawings_23-2147545570.jpg?w=626s

Keep on Moving!



- [Kids Yoga Videos](#)
- [Indoor Movement Activities](#)

Virtual Activities for Children



Reading Activities

- [Storytime](#)
- [Astronaut Storytime](#)
- [Kids Audiobooks](#)
- [Animated Storybooks](#)
- [Children's Books](#)

Arts & Craft Activities

- [Kids Art Activities](#)

Exploring the World Activities

- [Harry Potter Virtual Escape Room](#)
- [WWF Animal Education](#)
- [Zoos & Aquariums](#)
- [Virtual Museums](#)

Academic Activities

- [Education Resources Kids 6-8](#)
- [School Resources](#)
- [Academic Subject Ideas](#)