Center for Autism and Neurodevelopmental Disorders (CANDO)
UMass Memorial Medical Center
University Campus, 55 Lake Avenue North, 57-714
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Tel: 774-442-2263 | Fax: 774-442-2270

Patients and families trust UMass Memorial Medical Center as the region’s leading academic medical center, committed to improving the health of our communities in Central Massachusetts. With our partner, the University of Massachusetts Medical School, we are committed to excellence in primary and specialty care, community service, teaching and research. The Medical Center offers advanced technology and support services for patients and families, providing the region with specialists renowned for their expertise in caring for adults and children.


General information: 508-334-1000

UMass Memorial Medical Center complies with applicable Federal and Massachusetts civil rights laws and does not discriminate on the basis of race, color, national origin, citizenship, alienage, religion, creed, sex, sexual orientation, gender identity, age, or disability.

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 774-442-5733 (TTY: 711).
Português (Portuguese); ATENÇÃO: Se fala português, encontram-se disponíveis serviços gratuitos de linguagem. Ligue para 774-442-4790 (TTY: 711).

For more information, call 774-442-2263 or 855-UMASS-MD (855-862-7763).

MEET OUR TEAM

The CANDO Team is led by three board-certified, fellowship-trained child and adolescent psychiatrists, and a registered/licensed occupational therapist trained as a Doctor of Science. Each of our team members has special interests in caring for patients with psychiatric, developmental, mood, post-traumatic stress and psychotic disorders, as well as neuropsychopharmacology.

Pictured left to right: Jean Frazier, MD, child and adolescent psychiatrist, executive director of the Eunice Kennedy Shriver Center; David Cochran, MD, PhD, child and adolescent psychiatrist, medical director of CANDO; Mary Beth Kadlec, ScD, OTR/L, occupational therapist, program director of CANDO; Yael Dvir, MD, child and adolescent psychiatrist, vice chair of child and adolescent psychiatry

To find a physician in your community, call 855-UMASS-MD (855-862-7763).

WELCOME TO CANDO

The Center for Autism and Neurodevelopmental Disorders (CANDO) is a collaboration between UMass Memorial Medical Center and the Eunice Kennedy Shriver Center at the University of Massachusetts Medical School. Offering a variety of services for youth and adults who have complex emotional and behavioral challenges in combination with an autism or neurodevelopmental disorder, our goals are to:

• Provide stabilization for our patients through diagnostic clarification and short-term treatment
• Assist families in accessing support
• Help families navigate the transition of care back to community providers

Our services are available to families, schools and agencies, both within the US and internationally, and are billable via insurance or self-pay options.

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Center for Autism and Neurodevelopmental Disorders (CANDO)
WELCOME TO CANDO CLINICS
AUTISM AND NEURODEVELOPMENTAL DISORDERS CLINIC
Our clinic offers diagnostic and medication evaluations, and short-term treatment of psychiatric disorders in youth who are on the autism spectrum or have other complex neurodevelopmental disorders.

SERVICES INCLUDE:
Interdisciplinary Team Evaluation
Our team makes treatment recommendations following an in-depth review of past and current symptoms, and treatments and services, in addition to performing psychiatric, occupational therapy and speech-language evaluations.

Short-term Treatment
Following evaluations, short-term treatment options may be offered in the form of medication, occupational therapy and speech-language evaluations.

Subspecialty Psychiatric Clinics
Our team provides recommendations through a thoughtful, comprehensive diagnostic assessment and treatment planning, including consultation for medication treatment, psychotherapy, behavioral therapies, educational supports, and home- or community-based resources.

Subspecialty Psychiatric Clinics Include:
• Attention Deficit/Hyperactivity Disorders (ADHD) Clinic
  The ADHD Clinic offers a psychiatric evaluation for those in need of diagnostic evaluation and treatment recommendations.
• Fragile X Behavioral Health Clinic
  The Fragile X Clinic offers diagnostic and medication consultations as needed, occupational therapy and speech-language evaluations, and short-term treatment.
• Mood and Psychotic Disorders Clinic
  This clinic offers a psychiatric evaluation for those in need of diagnostic evaluation and treatment recommendations.

SELF-PAY OPTIONS
Families, schools and agencies now can access expanded CANDO services through a self-pay option. In addition to patients living within the US, these services also are available to international patients.

SELF-PAY SERVICES INCLUDE:
Neurodevelopmental and Complex Psychiatric Disorders
This service caters to patients with complex neurodevelopmental disorders, including autism and fragile X, and complex psychiatric disorders, such as mood and psychotic disorders. We provide a comprehensive evaluation or second opinion/consultation in cases when the patient, family and/or treatment team is seeking diagnostic clarification and treatment recommendations. This service includes:
• An in-depth review of an individual’s current and past symptoms
• A detailed examination of prior treatments and services
• A review of caregiver and patient-completed symptom forms (completed prior to the appointment)
• An evaluation conducted over two or more visits with appropriate specialists

Occupational Therapy and Speech-language Therapy
Several personalized therapy services are available. Options include:
• Review of Individual Education Plan (IEP), school and community provider records
• Attendance at a school/program meeting to share CANDO evaluation results and treatment recommendations
• School and home observation of the patient
• Parent/family and/or provider training

FUNDING THE CANDO CLINIC
LEND GRANT
The CANDO Clinic is funded in part by the Leadership in Education in Neurodevelopmental and Related Disabilities (LEND) Program. LEND is a grant provided by the Maternal Child Health Bureau that supports training for psychiatry; family medicine, developmental and behavioral pediatrics, and other providers through participation in clinic services and other teachings.

MAKE A GIFT
Giving to the CANDO Clinic is easy. Donations to support the CANDO Clinic can be made online at give.umassmemorial.org, or by mailing a check payable to UMMF-CANDO Clinic to:
UMass Medical School
Office of Advancement
33 South Street, Shrewsbury, MA 01545

FOR MORE INFORMATION ABOUT GIVING, CALL 508-856-5615.

“”You can tell that all the doctors and providers at CANDO – beyond being experts in their field – actually care. You can see it in their faces. You can see it in the way they talk to the kids. They have time for them. It’s not a 15-minute appointment.”
— Sharon Olsen, mother of a CANDO patient