

Department of Population and Quantitative Health Sciences

Weekly Newsletter

JUNE 29 – JULY 3, 2026



UMass Chan
MEDICAL SCHOOL

CONGRATULATIONS



Congratulations to [Ariel Hoadley, PhD](#), Assistant Professor in the Division of Preventive and Behavioral Medicine, who has received an Early Career Investigator Travel Award from the College on Problems of Drug Dependence to support participation in the College's 88th Annual Scientific Meeting, held June 13–17, 2026, in Portland, Oregon. This prestigious award recognizes outstanding early career investigators whose research shows strong potential to advance the science of substance use and addiction.

UPCOMING EVENTS

Greetings from the New England Addiction Technology Transfer Center Team!

Summer is fast approaching, and we have an exciting lineup of trainings ahead. Take a look and save the dates on your calendar, and register now. We look forward to learning with you this summer!

Tuesday, July 28, 2026, 10:00-11:00 AM

Alcohol and Sleep: Clinical Implications

This training will focus on the relationship between alcohol use and sleep, and its implications for clinical practice. We will review how alcohol disrupts sleep architecture and circadian rhythms, and how these effects appear both in the short term—such as fragmented sleep after drinking—and over time, contributing to poorer sleep quality and insomnia. Finally, we will connect this knowledge to practice by exploring how clinicians can use it in patient conversations to better counsel individuals on reducing alcohol-related sleep disruption and improving overall sleep health.

[Meeting Registration - Zoom](#)

Tuesday, August 11, 2026, 12:00-1:30 PM

Understanding Gambling-Related Harms Among College Students: Trends, Risks, and Support Strategies

This 90-minute webinar goes beyond the basics to examine the unique vulnerabilities of college students and the evolving culture of gambling on campus. Participants will learn how to identify early warning signs, understand the broader impact on student well-being, and explore practical strategies for engaging students in conversations about gambling. The session will also highlight actionable approaches for strengthening campus response, including early intervention, referral pathways, and connections to care. The goal of this training is to increase understanding of gambling-related harms among college students and enhance the ability to identify, prevent, and respond within campus and student-facing settings.

[Meeting Registration - Zoom](#)

Tuesday, September 1, 12-1:30 PM (click to register)

Gambling & Youth: Understanding the Why, Spotting the Signs, and Having Better Conversations

Sports betting apps, instant deposits, and 24/7 access have changed the game for today's college students. What was once occasional or social is now fast, frequent, and often difficult to detect – leaving many students vulnerable to gambling-related harm before it's recognized. As access expands and normalization grows, the line between "just for fun" and real harm is becoming increasingly blurred. This 90-minute webinar goes beyond the basics to examine the unique vulnerabilities of college students and the evolving culture of gambling on campus.

[Meeting Registration - Zoom](#)

Please feel free to share this with anyone who may be interested. We hope to see you there!

The New England ATTC Team

Population and Quantitative Health Sciences

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[New England ATTC - Addiction Technology Transfer Center \(ATTC\) Network](#)

[New England ATTC | LinkedIn](#)



- ✚ Independence Day – Friday, July 3rd (observed)
- ✚ Labor Day – Monday, September 7th
- ✚ Indigenous Peoples' Day – Monday, October 12th
- ✚ Veterans Day – Wednesday, November 11th
- ✚ Thanksgiving Day – Thursday, November 26th
- ✚ Day After Thanksgiving – Friday, November 27th
- ✚ Christmas Eve – Thursday, December 24th
- ✚ Christmas Day – Friday, December 25th

PQHS Weekly will be sent to all members of PQHS on Monday mornings. The intent is to provide a snapshot of what is going on that week in PQHS and to share our faculty and staff activities with the department. We depend on you to provide the items we need to share. Please send suggestions of events, faculty invited seminars & talks, honors, student thesis presentations, and news – new babies born! – to Judi (judi.saber@umassmed.edu) & Sarah (sarah.yeboah@umassmed.edu) by Friday each week.