

# **Bone Marrow Failure**

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# **Classification of Bone Marrow Failure**

## **Acquired** Aplastic Anemia

- **Direct causes:** radiation, drug, virus
- **Associated with:**
  - **Viruses:** Post-viral (probably autoimmune)
  - **Immune Disorders:** Hypogammaglobulinemia, XLP, thymoma
  - **Myelodysplastic syndromes**
  - **Paroxysmal nocturnal hemoglobinuria (PNH)**
- **IDIOPATHIC** (but some turning out to be late-onset inherited)

## **Inherited** Bone Marrow Failure Syndromes

- **Fanconi anemia, Diamond-Blackfan anemia, Shwachman-Diamond syndrome, dyskeratosis congenita, etc.**

# Acquired Aplastic Anemia

- **First described in 1888 by Ehrlich**
- **Incidence: 2 cases per  $10^6$ /year**
- **Biphasic peak age:**
  - **15 – 25 and  $> 60$  years of age**
- **Male:Female 1:1**

# **Direct causes of acquired aplastic anemia**

- **Radiation**
- **Drugs/Chemicals**
  - **Direct Effects**
    - Cytotoxic Agents, benzene
  - **Idiosyncratic**
    - Chloramphenicol; anti-inflammatory, anti-epileptic and other drugs
- **Viruses**
  - Hepatitis, EBV, HIV, parvovirus B19

# **Severe Aplastic Anemia**

## **Definition**

**Two of three cytopenias as defined:**

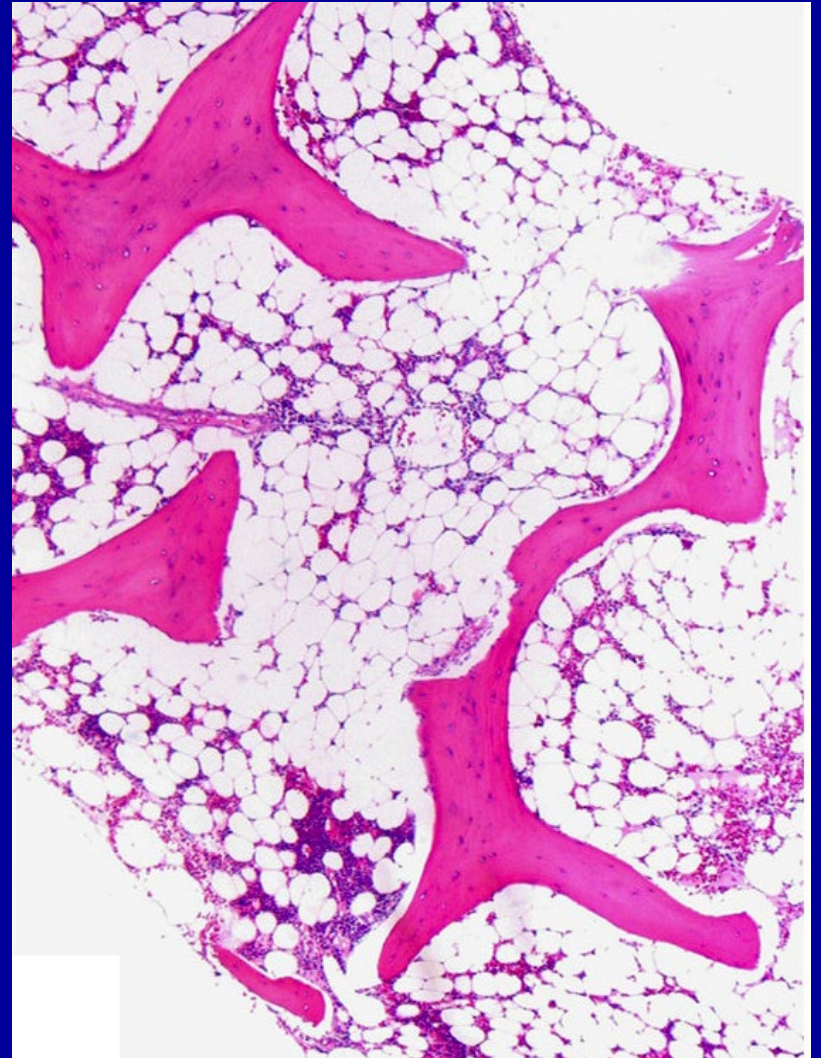
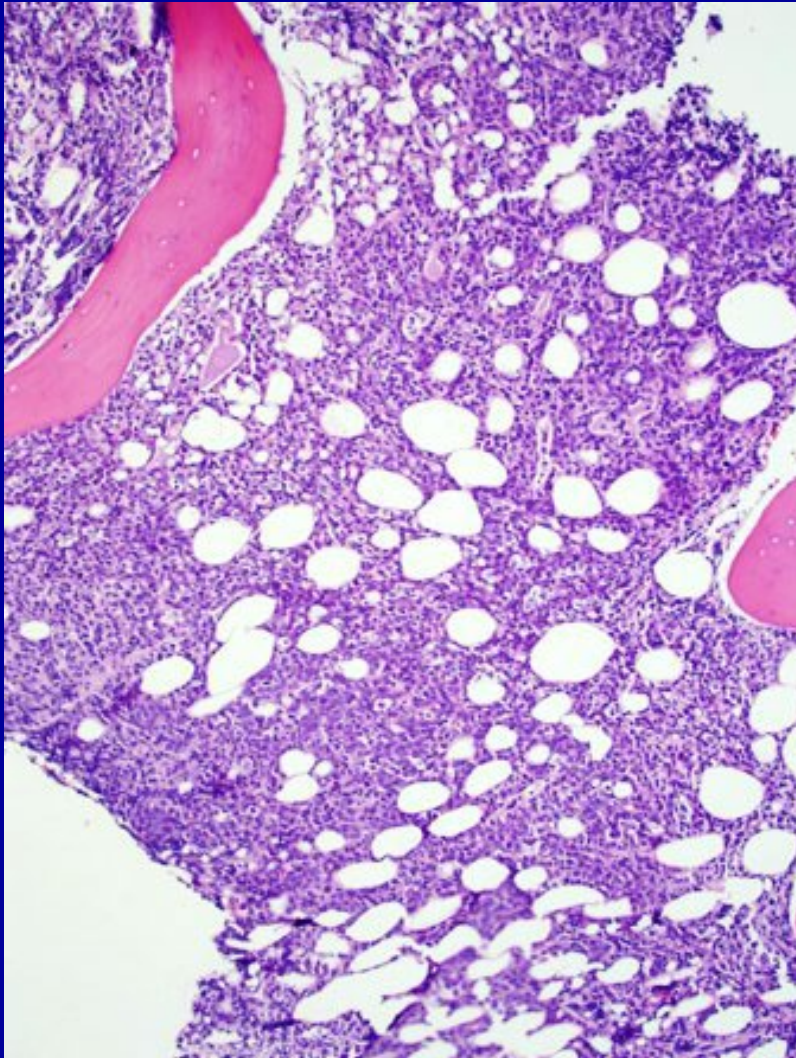
- **Absolute neutrophil count  $\leq 500/\mu\text{l}$**
- **Platelet count  $< 20\text{K } /\mu\text{l}$**
- **Reticulocyte count  $< 40 \times 10^9/\text{L}$**

**And**

- **Bone marrow cellularity  $< 25\%$**

**Mild/moderate aplastic anemia is less precisely defined but refers to less severe cytopenias and marrow hypoplasia**

# Severe aplastic anemia: hypocellular bone marrow



# **Severe Aplastic Anemia Therapy**

**Immunosuppressive therapy (IST):**

**Anti-thymocyte globulin + cyclosporine A**

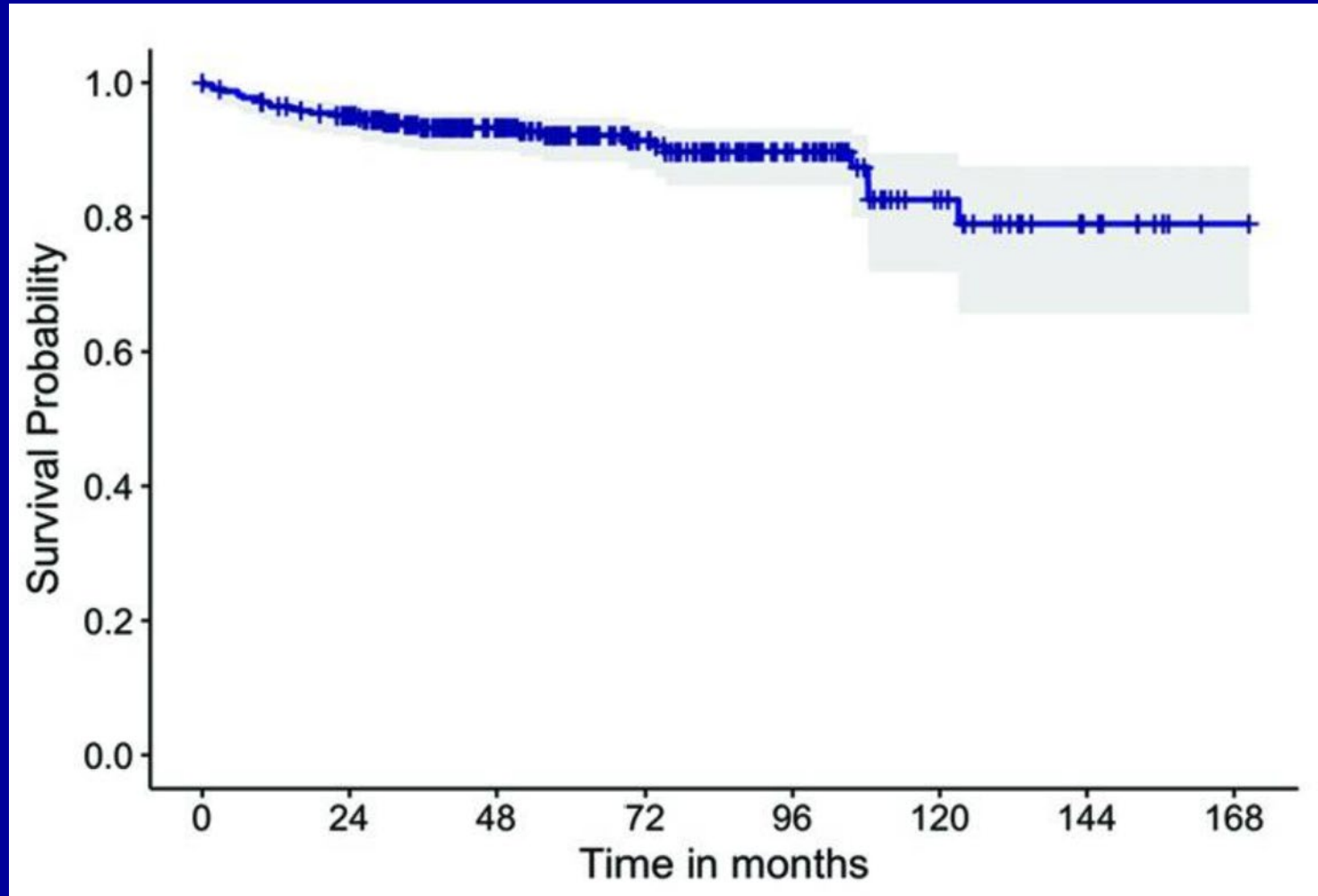
**vs.**

**Hematopoietic stem cell transplantation**

**Current randomized trial of MUD transplant vs IST**  
**(TransIT: ClinicalTrials.gov: NCT05600426)**



# Treatment with IST



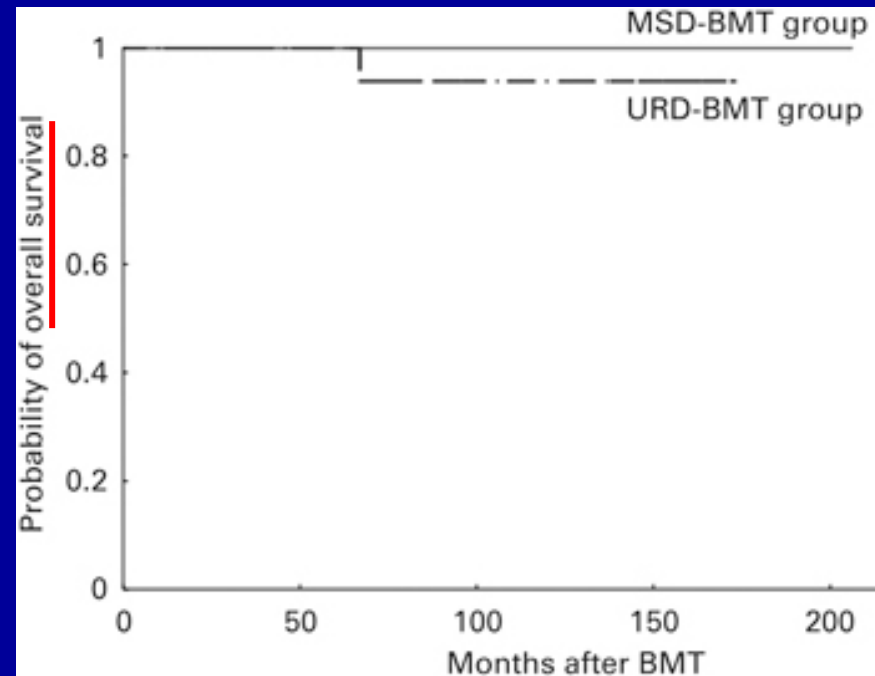
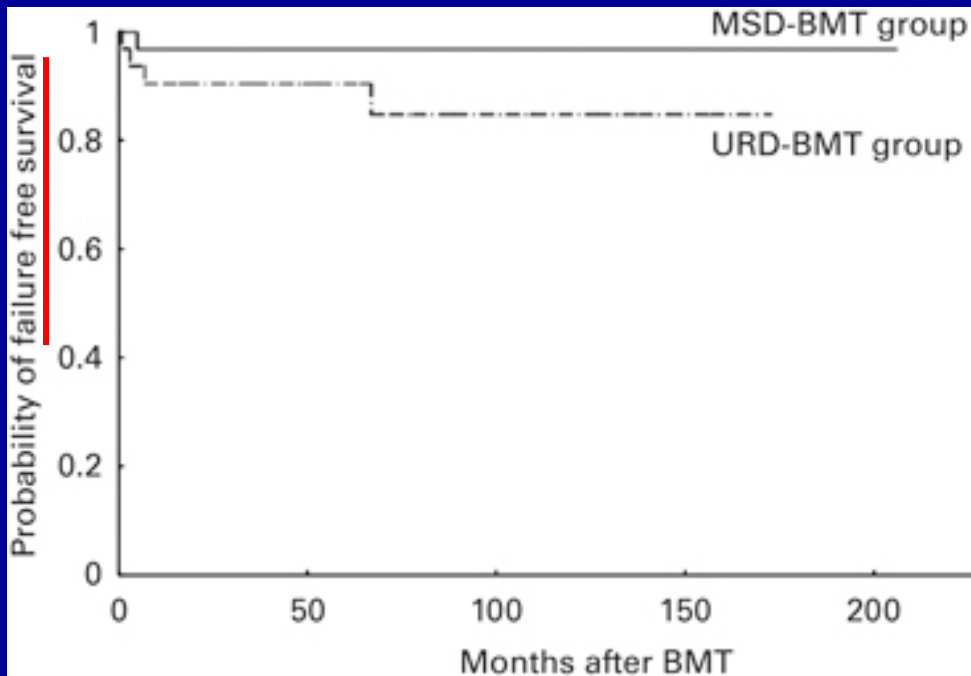


# Treatment with IST

**Short-term survival with good to excellent response to IST in approximately 85%, but...**

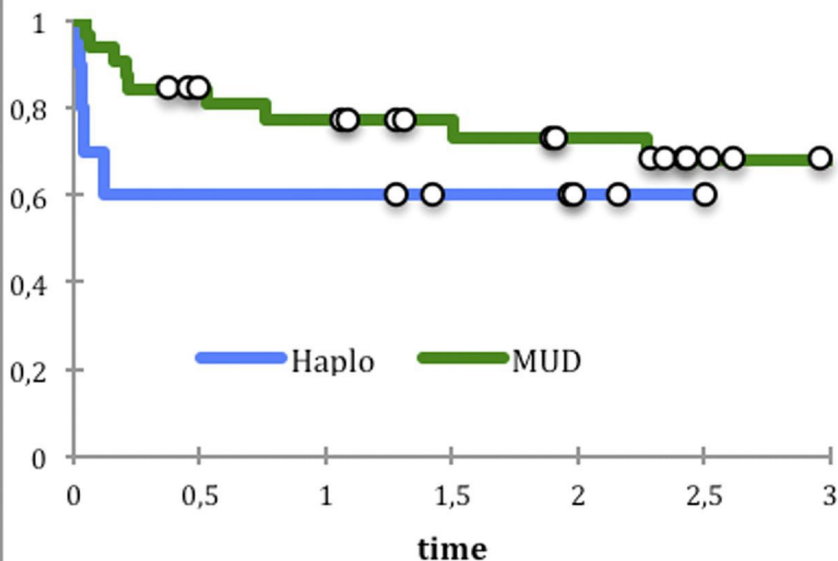
- **15 – 30% require ongoing cyclosporine**
- **25% relapse rate at 5-15 years**
- **Risk of Clonal Disease (MDS, AML or PNH):  
18 – 30 % @10 years  
vs  
3.1% for transplant**

# HSCT for severe aplastic anemia: Matched sibling vs unrelated donor

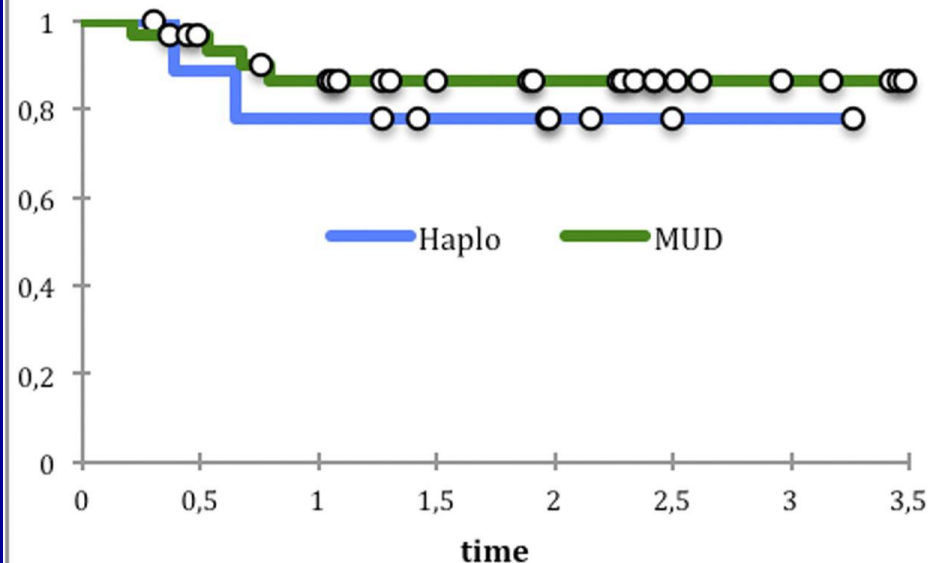


# HSCT for severe aplastic anemia: Haplo-identical family vs unrelated donor

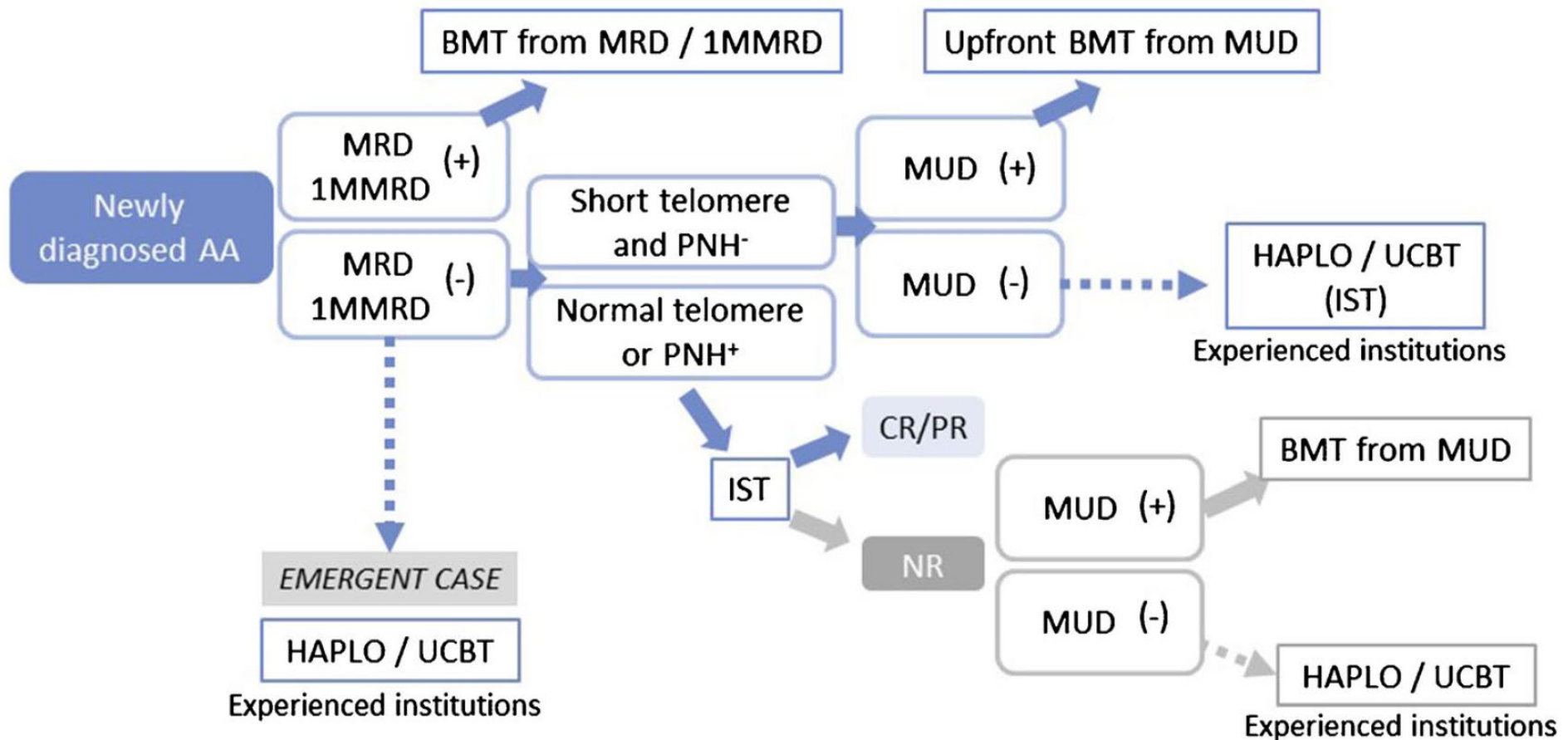
EVENT and GVHD-FREE SURVIVAL



OVERALL SURVIVAL



## FIRST LINE THERAPY



## SECOND LINE THERAPY

# TransIT trial

**STUDY TITLE:** A Phase III Randomized Trial Comparing Unrelated Donor Bone Marrow Transplantation With Immune Suppressive Therapy for Newly Diagnosed Pediatric and Young Adult Patients With Severe Aplastic Anemia (TransIT, BMT CTN 2202)

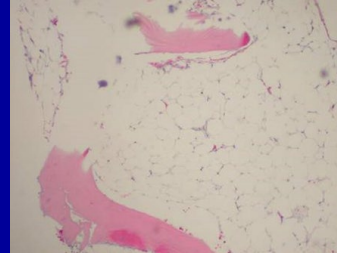
**CLINICALTRIALS.GOV IDENTIFIER:** NCT05600426

**STUDY DESIGN:** In this multicenter randomized phase III clinical trial, patients age 25 years and younger with newly diagnosed severe aplastic anemia (SAA) who lack a known human leukocyte antigen (HLA)-matched sibling donor will be randomized 1:1 to receive either immunosuppressive therapy (IST) with cyclosporin and horse antithymocyte globulin (ATG) or an unrelated donor bone marrow transplantation (BMT) with non-myeloablative conditioning (ATG/fludarabine/cyclophosphamide/TBI 2 Gy) and cyclosporine/methotrexate (MTX) as graft-versus-host disease prophylaxis. The primary endpoint is the time from randomization to treatment failure (defined as a recommendation to begin second-line definitive therapy) or death from any cause. A multitude of secondary clinical objectives including assessments of immune reconstitution and gonadal function, along with interesting correlative exploratory objectives focused on germline mutations and clonal hematopoiesis, are included.

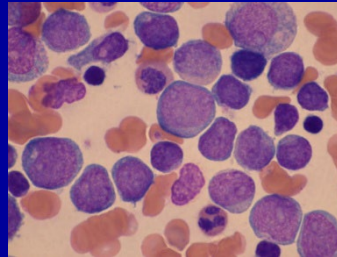
# Inherited Bone Marrow Failure Syndromes

## Key shared characteristics

**Bone marrow failure**



**Cancer predisposition**



**Congenital anomalies**



**Lots of eponyms: Fanconi, Kostmann,  
Diamond-Blackfan, Shwachman-Diamond**



(same Diamond)

# **Inherited Bone Marrow Failure Syndromes**

**Genetics: many genes/phenotype**

## **PANCYTOPENIC:**

### **Fanconi Anemia**

**mostly AR, very rare XLR**

**13 DNA repair genes**

### **Dyskeratosis congenita**

**XLR, AD, AR**

**at least 16 telomere maintenance genes**



# Inherited Bone Marrow Failure Syndromes

## Genetics

### SINGLE LINEAGE:

**Diamond Blackfan anemia (erythroid) - AD (21 genes, mostly ribosomal)**

**Severe congenital neutropenia – mostly AD (*ELANE*), many rare AR, very rare XLR**

**Shwachman Diamond syndrome (mostly myeloid) - AR (*SBDS*, others?)**

**Amegakaryocytic thrombocytopenia - AR (*MPL*, *THPO*)**

**Thrombocytopenia absent radius (TAR) syndrome - AR (*RBM8A*)**

# Relative Risk for Cancer in Inherited Bone Marrow Failure Syndromes

<u>Type</u>	<u>FA</u>	<u>DBA</u>	<u>SDS</u>	<u>DC</u>
Leukemia	900	90	550	40
Solid tumors	9	1.7	?	13

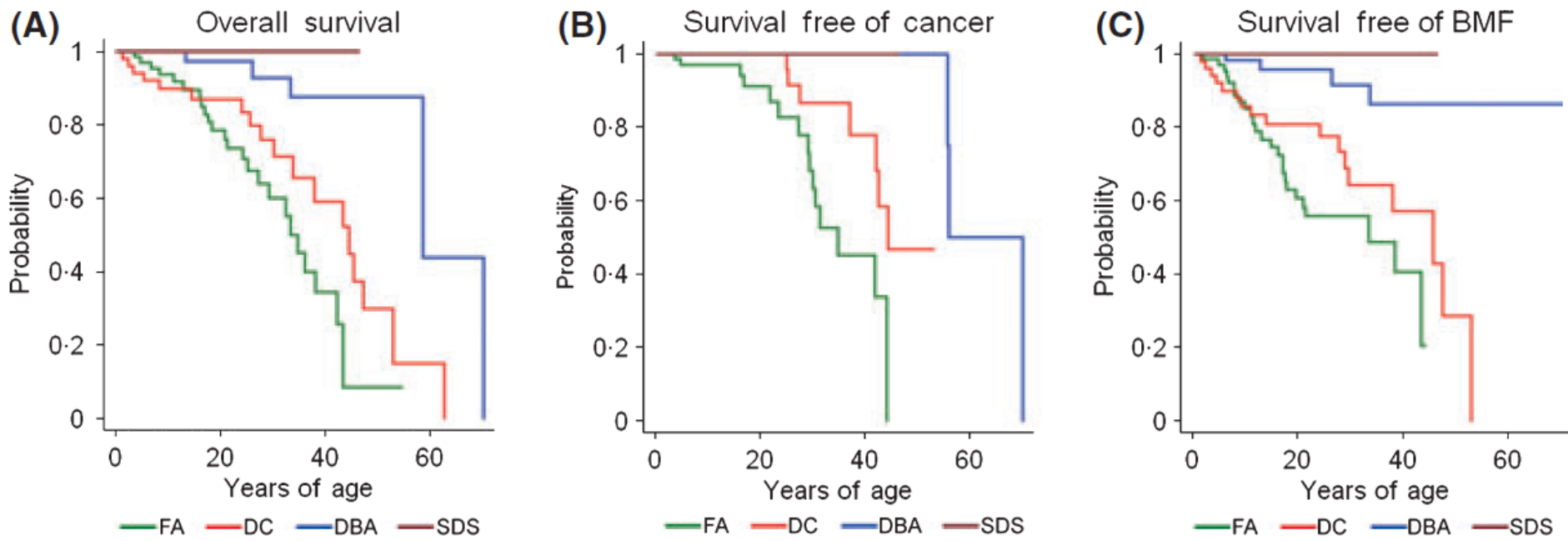
**FA:** Fanconi anemia

**DBA:** Diamond-Blackfan anemia

**SDS:** Shwachman-Diamond syndrome

**DC:** Dyskeratosis congenita

# Malignancies and survival patterns in the National Cancer Institute IBMFS cohort study



Alter et al., Br J Haematol 2010;150:179-188)

# Case #1

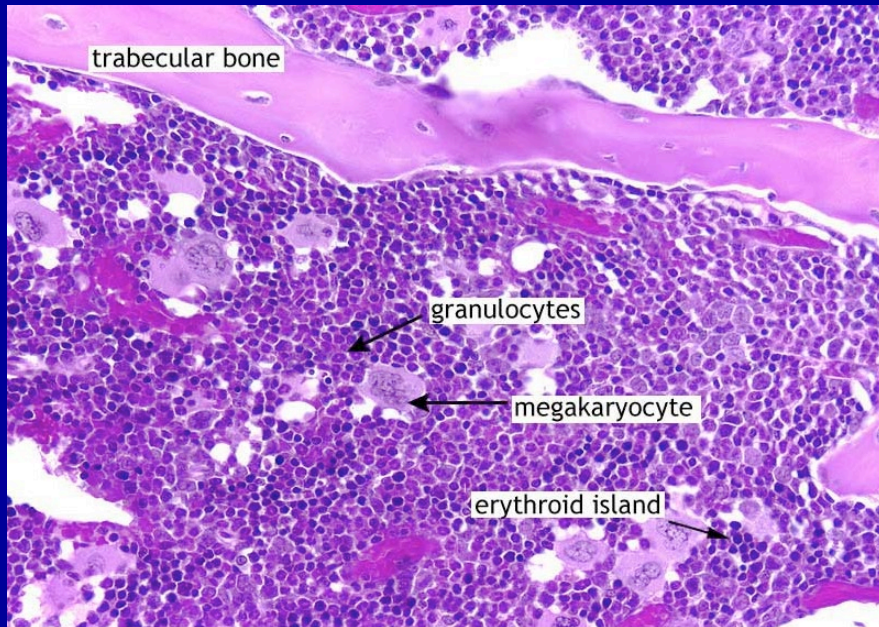
- Infant boy presented to genetics for evaluation.
- History significant for:
  - IUGR, FTT
  - Esophageal stricture
  - Small ASD
  - Vertebral hypoplasia
  - Pelvic kidney
  - Hypoplastic thumbs

# Case #1 (cont)

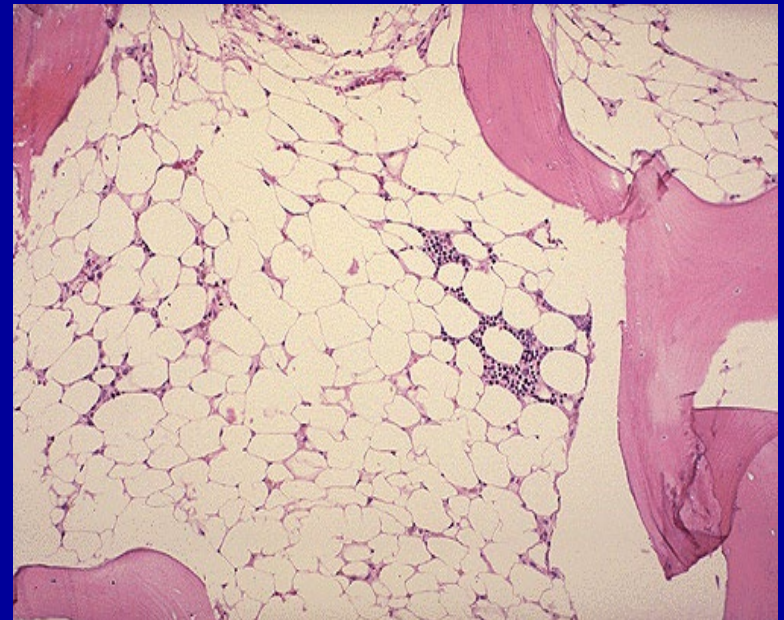
- Diagnosed with VACTERL syndrome. No further followup.
- Presented again at age 12 with petechiae and fatigue
  - WBC: 2.1
    - ANC: 200
  - Hb 6, Hct 18
  - Platelets 12K
  - MCV 104

# Case #1 (cont)

- Referred to hematology/oncology



Healthy marrow



Case #1

Diagnosis: Aplastic anemia

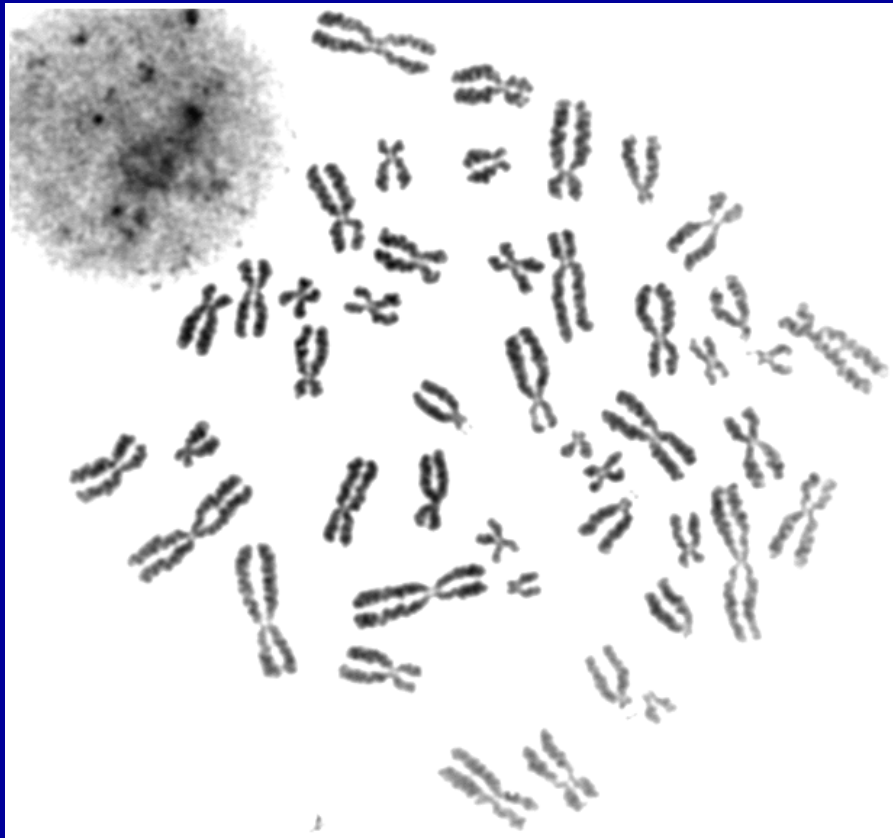
# Case #1

- On review of prior labs:
  - Pre-op labs before corrective surgery age 4:
    - WBC 5.8, Normal differential
    - Hb 13, Hct 38
    - **Platelets 105K**
    - **MCV: 103**
- A diagnostic test was sent...



# Chromosome Breakage Analysis

Control



+ DEB or MMC



*Courtesy of Lisa Moreau, Dana Farber Cancer Institute*

# Fanconi Anemia

**Described in 1927**

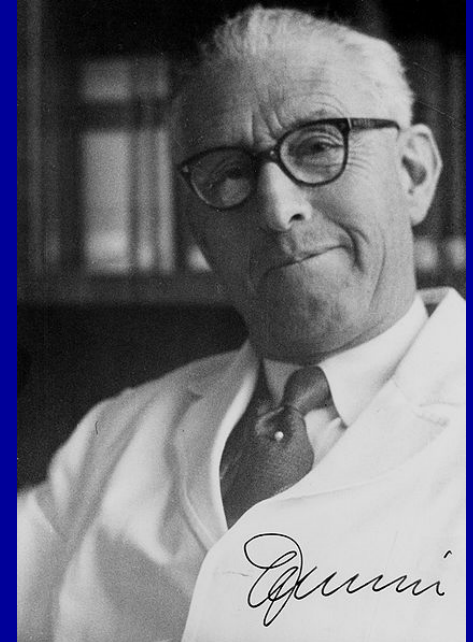
**Autosomal Recessive Genetic Disorder (>99%):**

- **Heterozygote frequency 1 in 300**
- **1 in 100 in Ashkenazi Jews and Afrikaans**
- **1 in 60 Romani**

**X-linked (<1%)**

**Characterized by:**

- **Bone marrow failure**
- **Congenital anomalies**
- **Predisposition to cancer**



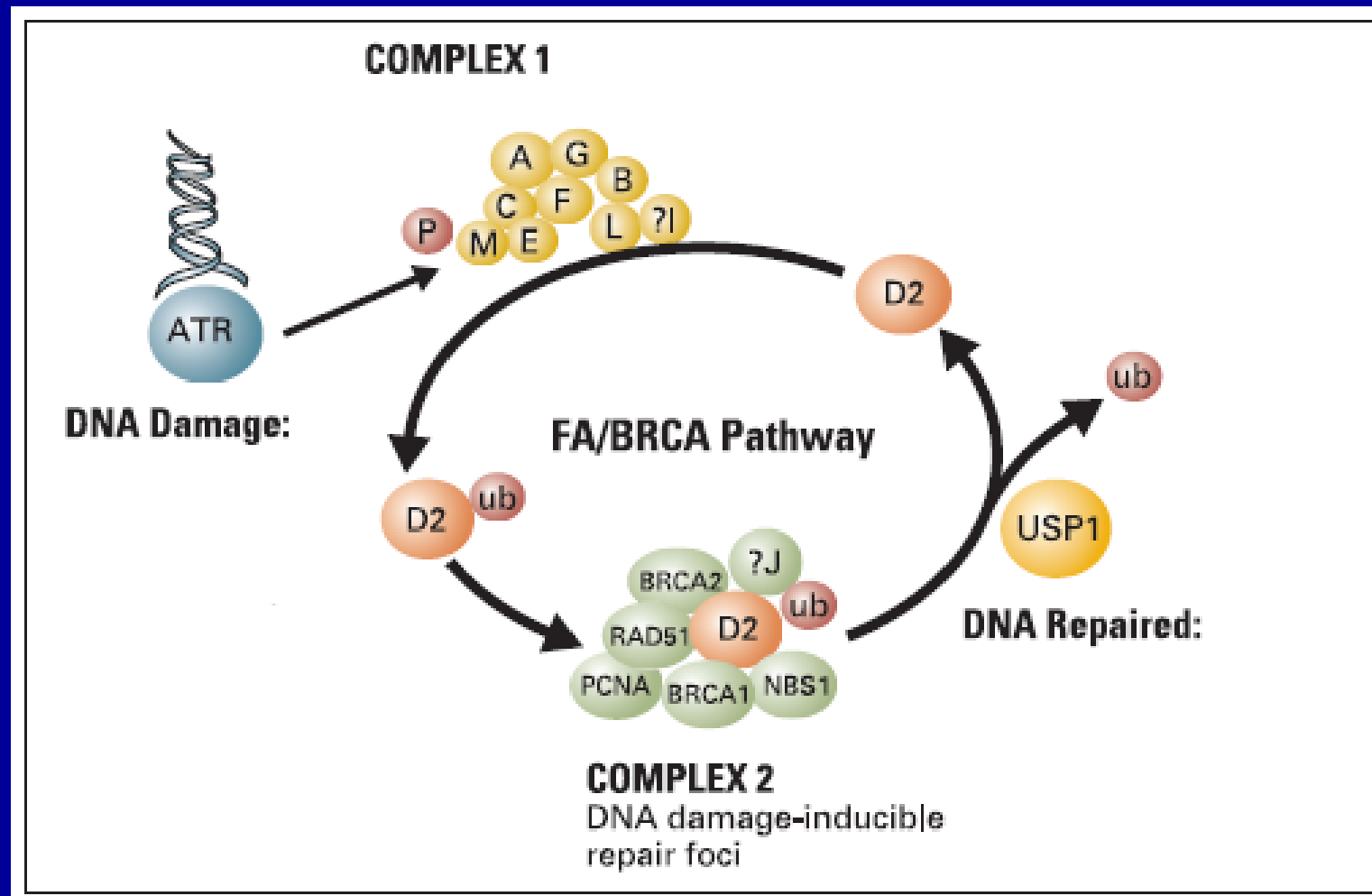
Guido Fanconi (1892-1979)

# Fanconi Anemia Genetics

## Complementation

<u>Group</u>	<u>Locus</u>	<u>% Pts</u>	<u>Protein Product</u>
FANCA	16q24.3	66%	FANCA
FANCB	Xp22.31	<1%	FANCB
FANCC	9q23.3	9.5%	FANCC
FANCD1	13q12.3	3.3%	<b>BRCA2</b>
FANCD2	3p25.3	3.3%	FANCD2
FANCE	6p21.3	2.5%	FANCE
FANCF	11p15	2.1%	FANCF
FANCG	9p13	8.7%	FANCG
FANCI	15q26.1	1.6%	FANCI
FANCI	17q23	1.6%	<b>BACH1</b> ( <i>BRCA1</i> -associated C-terminal helicase)
FANCL	2p16.1	<1%	PHF9
FANCM	14q21.3	<1%	FANCM
FANCN	16p12	<1%	<b>PALB2</b> (partner and localizer of BRCA2)

# Fanconi Anemia DNA Repair Pathway



# **Fanconi Anemia**

## **Congenital Anomalies**

<b>Anomaly</b>	<b>Frequency</b>
<b>Skin</b>	<b>60%</b>
<b>Short Stature</b>	<b>57%</b>
<b>Upper limb</b>	<b>48%</b>
<b>Male hypogonadism</b>	<b>37%</b>
<b>Female hypogonadism</b>	<b>3%</b>
<b>Head</b>	<b>27%</b>
<b>Eyes</b>	<b>26%</b>
<b>Renal</b>	<b>23%</b>

# **Fanconi Anemia**

## **Congenital Anomalies**

<b>Anomaly</b>	<b>Frequency</b>
<b>Low birth weight</b>	<b>12%</b>
<b>Developmental delay</b>	<b>13%</b>
<b>Lower limbs</b>	<b>8%</b>
<b>Ears</b>	<b>10%</b>
<b>Other skeletal</b>	<b>6%</b>
<b>Cardiopulmonary</b>	<b>6%</b>
<b>Gastrointestinal</b>	<b>4%</b>
<b>Other</b>	<b>5%</b>

# **Congenital Anomalies**

## **Classic phenotype**



**Microcephaly**

**Hypertelorism**

**Webbed neck**

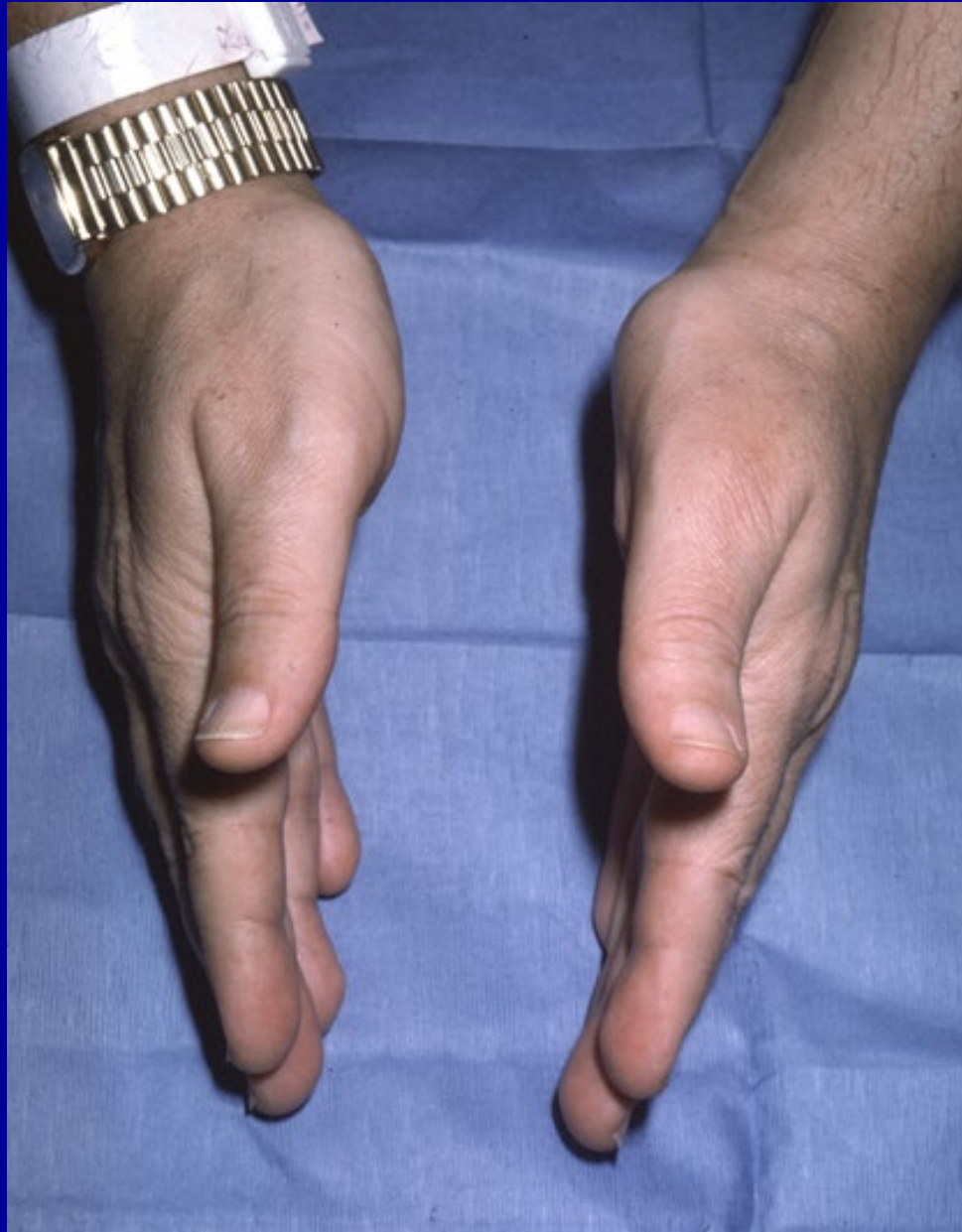
**Abnormal thumbs**

**Dislocated hips**



# Fanconi Anemia

## Subtle anomalies



# **Fanconi Anemia**

## **Diagnostic Suspicion**

### **High Suspicion**

- **Aplastic anemia/myelodysplasia with characteristic birth defects**
- **Macrocytosis in a patient with characteristic birth defects**
- **Karyotype with spontaneous breaks**
- **Myelodysplasia in childhood**
- **Severe sensitive to chemotherapy**

# **Fanconi Anemia**

## **Diagnostic Suspicion**

### **Intermediate Suspicion**

- **Unexplained macrocytosis**
- **Androgen responsive aplastic anemia**
- **Characteristic birth defects even without hematologic findings**
- **Non-immune thrombocytopenia in a child**
- **Cancer at an atypically early age**
  - **Head/neck/esophagus <40 years of age**
  - **Vulva/anus <30 years of age**

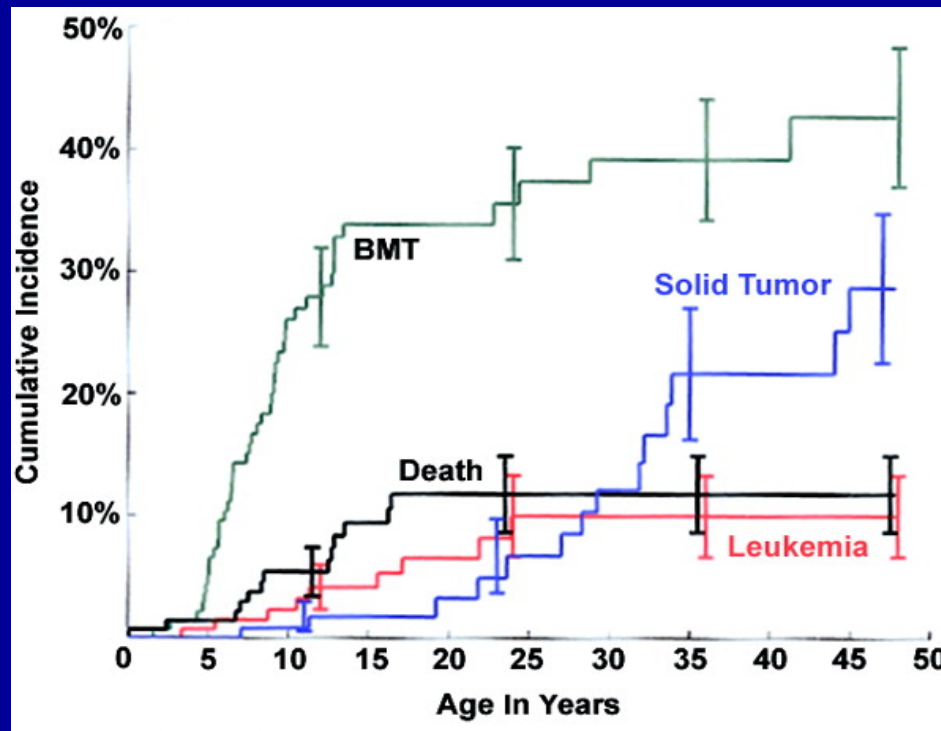
# **Management and Treatment of Fanconi Anemia**

- **Careful evaluation of congenital anomalies**
- **Careful monitoring for cancer**
  - Gynecologic, Hematologic, GI**
- **Supportive care for marrow failure**
  - Androgen therapy**
  - Hematopoietic growth factors**
  - Transfusion support**
- **Hematopoietic stem cell transplantation**
  - Matched related donors**
  - (Alternative donors)**
- **(Gene therapy)**

# FA: Gene therapy trials

Study Title	NCT Number	Status	Conditions	Interventions
<a href="#">FANCA Gene Transfer for Fanconi Anemia Using a High-safety, High-efficiency, Self-inactivating Lentiviral Vector</a>	NCT03351868	Unknown status	<ul style="list-style-type: none"> <li>Fanconi Anemia</li> </ul>	<ul style="list-style-type: none"> <li>Genetic: Gene-modified a cells</li> </ul>
<a href="#">Gene Therapy for Fanconi Anemia</a>	NCT01331018	Active, not recruiting	<ul style="list-style-type: none"> <li>Fanconi Anemia</li> </ul>	<ul style="list-style-type: none"> <li>Procedure: Bone Marrow</li> <li>Biological: Filgrastim</li> <li>Biological: Genetically Engineered Hematopoietic Stem Progenitor Cells</li> <li>5 more</li> </ul>
<a href="#">Bone Marrow Cell Gene Transfer in Individuals With Fanconi Anemia</a>	NCT00272857	Completed	<ul style="list-style-type: none"> <li>Fanconi Anemia</li> </ul>	<ul style="list-style-type: none"> <li>Genetic: Retrovirus Construct</li> </ul>
<a href="#">Lentiviral-mediated Gene Therapy of Fanconi Anemia Patients Subtype A</a>	NCT03157804	Completed	<ul style="list-style-type: none"> <li>Fanconi Anemia</li> </ul>	<ul style="list-style-type: none"> <li>Procedure: IV administration of Engineered Hematopoietic Progenitor Cells (HSPCs)</li> <li>Biological: Genetically Engineered Hematopoietic Stem/Progenitor Cells</li> <li>Other: Laboratory Biomarkers</li> <li>3 more</li> </ul>
<a href="#">Gene Therapy for Fanconi Anemia, Complementation Group A</a>	NCT04248439	Active, not recruiting	<ul style="list-style-type: none"> <li>Fanconi Anemia Complementation Group A</li> </ul>	<ul style="list-style-type: none"> <li>Biological: RP-L102</li> </ul>

# Fanconi Anemia: Competing Risk Analysis for Adverse Events



By age 48 years 93% had either died, received a transplant, or developed a solid tumor or leukemia.

# Case #1 (cont)

- Patients sister was an HLA match
- Sister's exam:
  - Normal height, no congenital anomalies
  - Negative past medical history
- Sister's cbc: WBC 6.0, Hb 12.5, Hct 36, Plt 145, MCV 101. B12 and Folate normal.
- Chromosomal breakage study sent:
  - +Fanconi anemia

**\*\* TEST ALL SIBLINGS OF AFFECTED PATIENT**



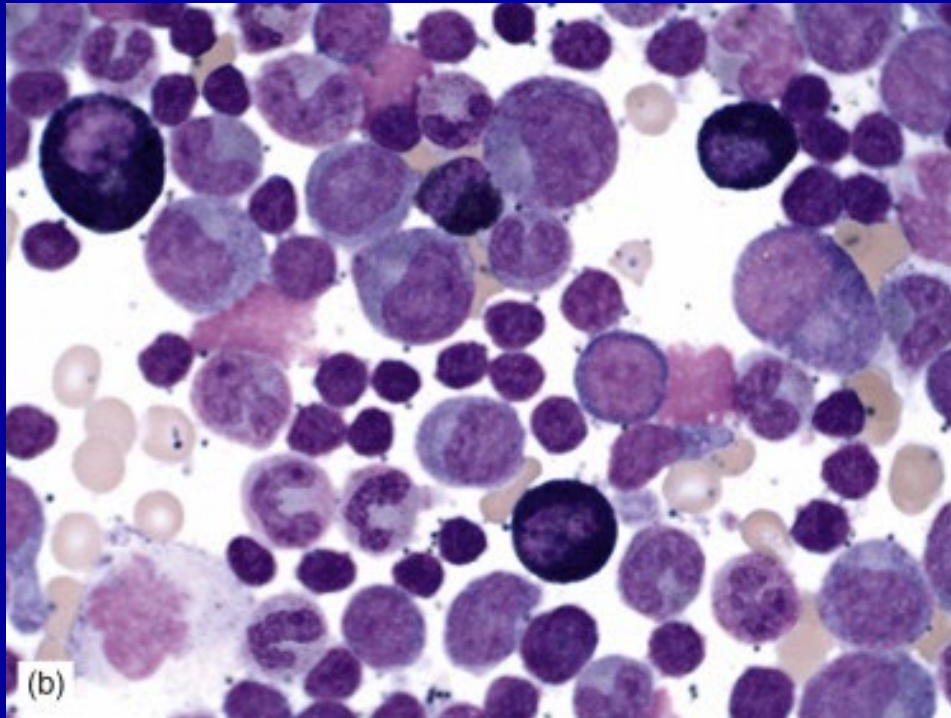
# Case #2

2-month-old female with history of pallor since birth

- History significant for:
  - Older sibling transfusion-dependent, died age 2
  - Transfusions at ages 48 hr and 1 month
- Hgb 2.6, retic 0.2%, MCV 95
- WBC and plt normal

## Case #2

- Bone marrow: M:E 58:1 (normal 3-4:1), greatly reduced RBC precursors



- Genetics: frameshift mutation in *RPS19*

# Genetics of DBA

## Multiple ribosomal protein genes

Gene	Frequency of mutation	Chromosome Locus	Protein
<b>GATA1</b>		Xp11.23	Erythroid transcription factor
<i>RPL5</i>	7%	1p22.1	60S ribosomal protein L5
<i>RPL11</i>	5%	1p36.11	60S ribosomal protein L11
<i>RPL15</i>		3p24.2	60S ribosomal protein L15
<i>RPL26</i>		17p13.1	60S ribosomal protein L26
<i>RPL27</i>		17q21.1-q21.2	60S ribosomal protein L27
<i>RPL31</i>		2q11.2	60S ribosomal protein L31
<i>RPL35A</i>	3%	3q29	60S ribosomal protein L35a
<i>RPS7</i>	1%	2p25.3	40S ribosomal protein S7
<i>RPS10</i>	6%	6p21.31	40S ribosomal protein S10
<i>RPS17</i>	1%	15q25.2	40S ribosomal protein S17
<b>RPS19</b>	<b>25%</b>	19q13.2	40S ribosomal protein S19
<i>RPS24</i>	2%	10q22.3	40S ribosomal protein S24
<i>RPS26</i>	3%	12q13.2	40S ribosomal protein S26
<i>RPS27</i>		1q21.3	40S ribosomal protein S27
<i>RPS28</i>		19p13.2	40S ribosomal protein S28
<i>RPS29</i>		14q21.3	40S ribosomal protein S29
<b>TSR2</b>		Xp11.22	Pre-rRNA-processing protein TSR2 homolog

# **Diamond Blackfan Anemia**

## **Classic Diagnostic Criteria**

- Moderate to severe macrocytic anemia
- Reticulocytopenia
- Normal bone marrow cellularity with a paucity of erythroid precursors
- Age less than 1 year

# Current Diagnostic Criteria for DBA

## Definitive but not essential

Gene mutation described in DBA

## Major

Positive family history (or laboratory testing, e.g. elevated eADA)

Anemia, reticulocytopenia, reduced erythroid progenitors in bone marrow

## Minor

Elevated erythrocyte adenosine deaminase (eADA) activity

Congenital anomalies (including short stature) described in classical DBA

Elevated fetal hemoglobin

Macrocytosis

Age less than 1 year

No evidence of another IBMFS

No evidence of parvovirus infection

# Differential Diagnosis of Childhood Pure Red Cell Aplasia

- Congenital
  - Diamond Blackfan anemia
  - Pearson Syndrome
- Acquired
  - Immune
    - Transient erythroblastopenia of childhood (TEC)
    - T<sub>H</sub> lymphoproliferative disease
  - Parvovirus
    - Acute (chronic hemolytic anemia)
    - Chronic (immune deficiency)
  - Systemic disease: Renal failure, malignancy, autoimmune
  - Pregnancy
  - Nutritional
  - Thymoma
  - Drugs or Toxins

# Diamond Blackfan Anemia

## VS

# Transient Erythroblastopenia of Childhood

	Diamond Blackfan anaemia	Transient erythroblastopenia of childhood
Pure red cell aplasia	Present	Present
Age	Younger than 1 year ★	Older than 1 year
Inheritance	Sporadic and dominant inheritance	Not inherited
Congenital anomalies	Present	Absent
Mean corpuscular volume (MCV)	Elevated	Normal
HbF	Elevated	Normal
i RBC antigen	Present	Absent
Erythrocyte ADA (eADA) activity	Elevated	Normal

May not be evident if  
Reticulocyte count is  
very low

May be elevated  
in recovery

★ With genetic testing and increased recognition of DBA, older patients, even adults (e.g. parents) are being diagnosed

# Congenital Anomalies in DBA

Low birth weight is common  
Anomalies present in 30%

Craniofacial	Urogenital
Hypertelorism	Dysplastic or horseshoe kidney
Microcephaly	Duplication of the ureters
High-arched palate	Renal tubular acidosis
Ear malformations	Cardiac
Eyes	Atrial and ventricular septal defects
Blue sclera	Hypogonadism
Congenital cataracts	Intellectual disability
Glaucoma	Other skeletal abnormalities
Microphthalmos	Other anomalies
Strabismus	
Neck	
Fusion of the vertebrae with flaring of the trapezius muscle (Turner-like appearance)	
Elevation of the scapula (Sprengel deformity)	
Thumb	
Bifid thumb	
Duplication	
Subluxation	
Hypoplasia	
Absence	
Flat hypoplastic thenar eminence	
Weak/absent radial pulses	
Triphalangeal thumb*	

1. Alter BP, Young NS. The Bone Marrow Failure Syndromes. In: Nathan and Oski's Hematology of Infancy and Childhood, Nathan DG, Orkin SH (Eds), W.B. Saunders Company, 1998, p.237.  
2. Halperin DS, Freedman MH, Am J Pediatr Hematol Oncol 1989; 11:380.



# DBA Treatment

- Initial treatment response
  - 79% steroid responsive
  - 17% steroid non-responsive
  - 4% never treated with steroids

# **DBA**

## **Transfusion therapy**

- Used in first two years of life to avoid steroid-induced growth failure
- Universal iron overload after 2-3 years of chronic transfusion
- Follow ferritin (not very good) and MR measurement of liver/cardiac iron
- Chelation for iron overload

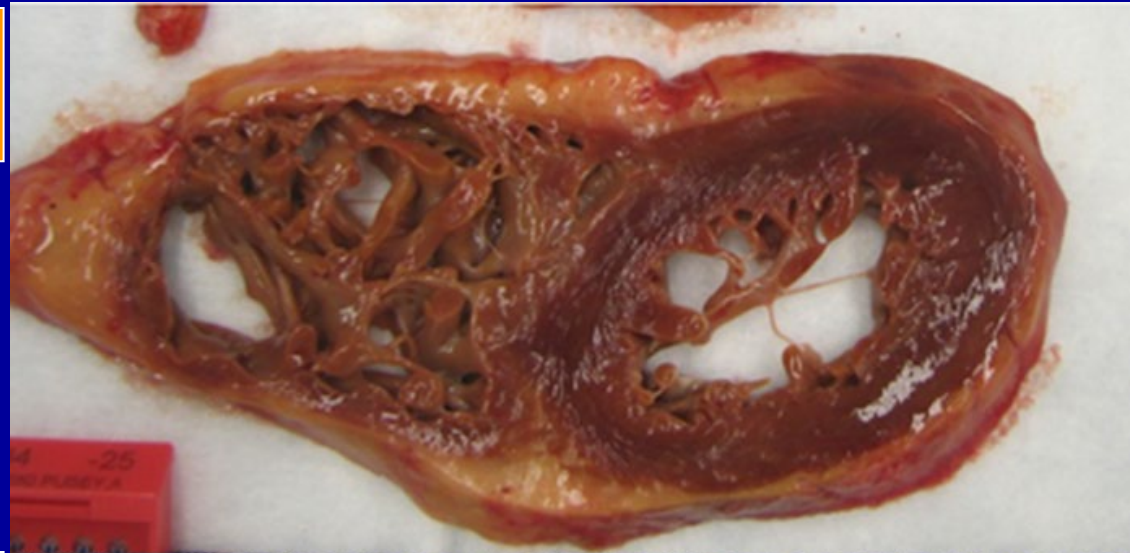
**Liver with iron overload**



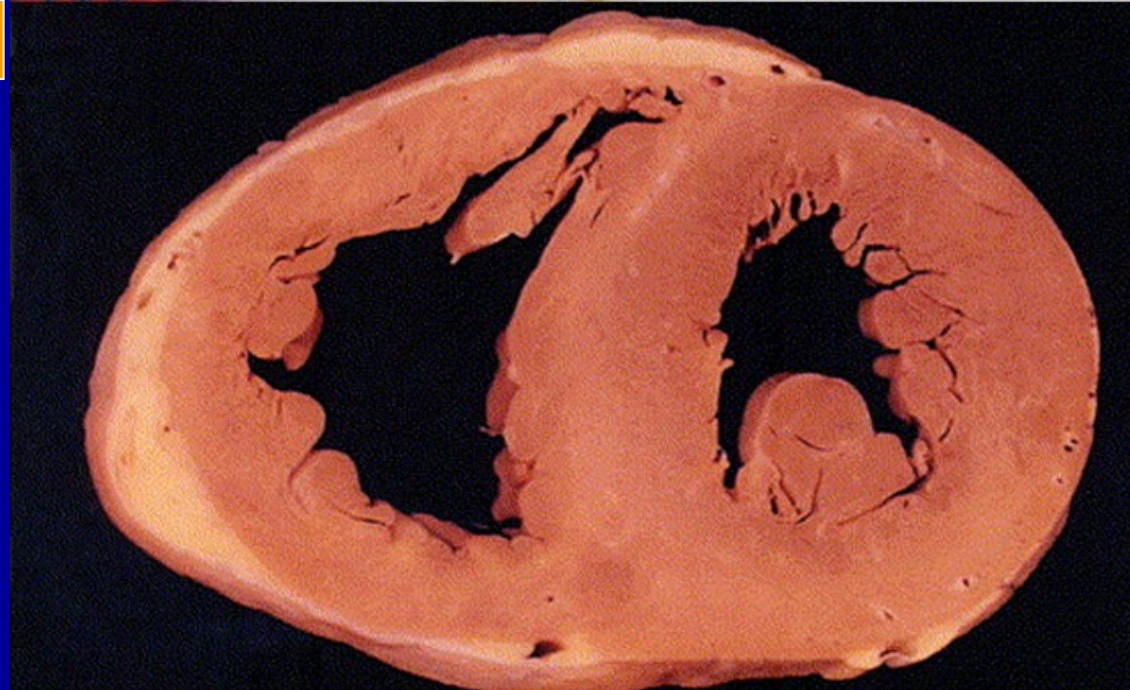
**Normal liver**



**Dilated cardiomyopathy  
with iron overload**



**Normal heart**



**Pancreas with massive iron overload**



**Normal pancreas**



# HSCT for DBA

- DBA patients with HLA-identical matched siblings should be considered for early HSCT
- There has been a dramatic improvement in outcome for alternative donor HSCT since 2000.
- Cautions:
  - Possible spontaneous, durable remission at any age
  - Possibility of sibling donor with DBA, but a silent phenotype, resulting in graft failure
  - Possible future gene therapy

# Spontaneous remission in DBA

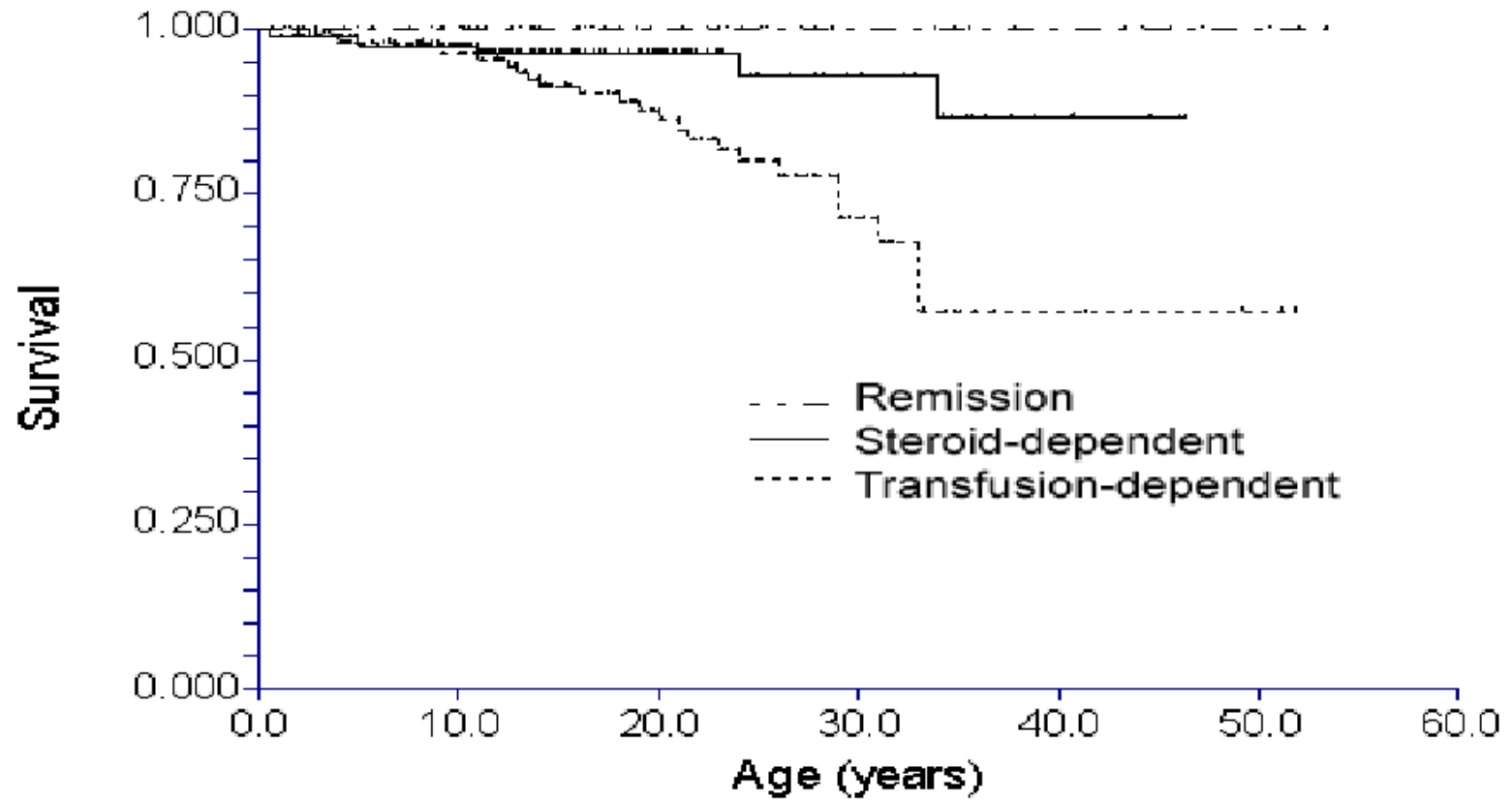
## Likelihood of remission

- 20% by age 25, with
- 72% of those during the first decade of life
  - 44 patients prior to age 10 years
  - 15 patients after age 10 years – a second peak in adolescence seems to be emerging

## Risk of relapse:

- Pregnancy, OCP
- D/C steroids

## Survival Plot





# **Cancer in DBA**

## **Epidemiology**

- **30 Cases Reported in the Literature**
  - **ANLL/MDS** 10
  - **Osteogenic sarcoma** 7
  - **Hodgkin disease/NHL** 3/1
  - **Breast carcinoma** 2
  - **Hepatocellular carcinoma** 2
  - **Colon** 1
  - **ALL** 1
  - **Gastric carcinoma** 1
  - **Vaginal melanoma** 1
  - **Malignant fibrous histiocyoma** 1
- **3 cases of myelodysplastic syndrome**

# Characteristics of Cancer in DBA

- **Young age for cancer diagnosis**
  - **Colon carcinoma – ages 30, 34, 49 yrs**
  - **Breast cancer – ages 26, 27, 43 yrs**
  - **Osteosarcoma - ages 4, 5, 10, 13, 22 yrs**
  - **MDS/Myelofibrosis – age 17, 45, 52 yrs**

## Case 3

- Presented age 18 months with stunting, *Staph.* liver abscess, ANC 0, other blood counts normal



A photograph of a young girl with blonde hair, smiling and sitting on a patterned rug. She is wearing a white dress with a blue sash and white socks. The background is a patterned rug with circular and geometric designs. The image is overlaid with a semi-transparent dark blue layer.

# Died of AML

## Age 12

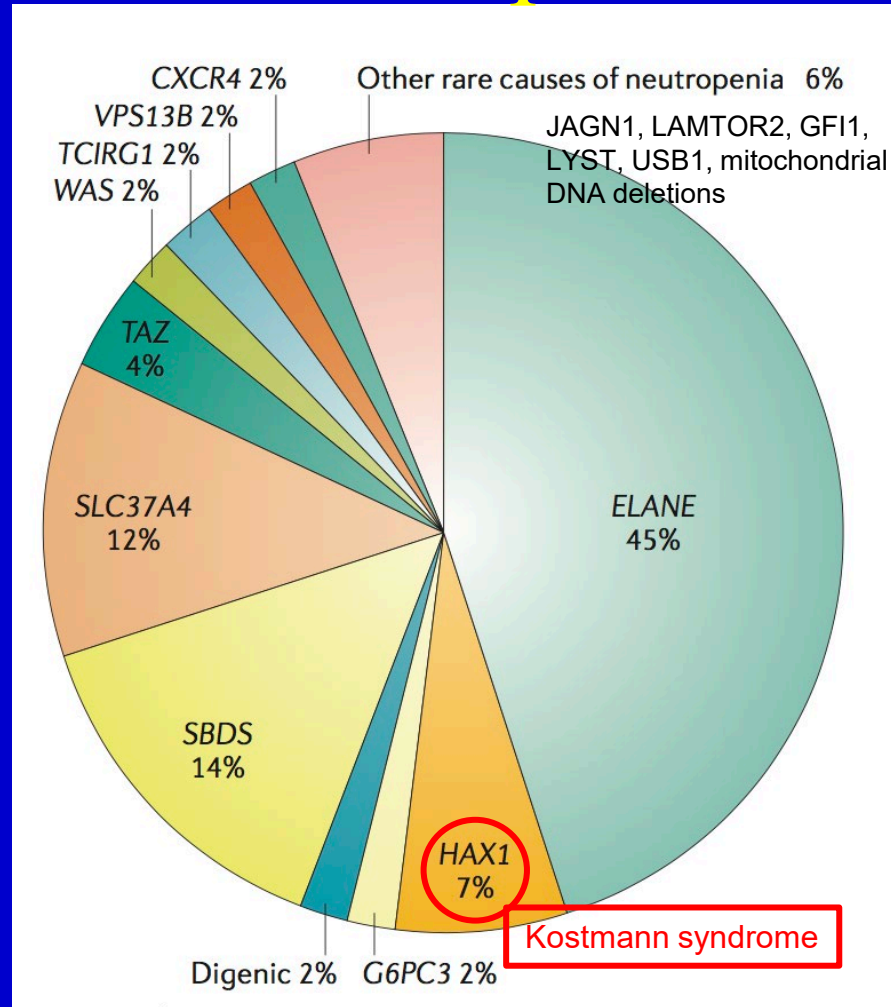
On G-CSF,  
age 4 years

# Cyclic Neutropenia and Severe Congenital Neutropenia

## Genetics

- CN & SCN: Autosomal dominant mutations in the neutrophil elastase (*ELANE*) gene
- SCN only: Rare AD and AR mutations of other genes (e.g. *G6PC3*, *HAX1*, *GFI1*, *WAS*, *JAGN1*, *VPS45*, *CSF3R*)
- Only AR (*HAX1*) = “Kostmann syndrome”
- Most SCN-associated mutations in the G-CSF receptor gene (*CSF3R*) are acquired and may be preleukemic

# Genetic causes of severe congenital neutropenia



# Cyclic Neutropenia and SCN

Pathophysiology:

Increased apoptosis of bone marrow precursors

# Cyclic Neutropenia and SCN

## Diagnosis:

### Cyclic neutropenia:

- CBC 2-3x per week for 6 weeks
  - Reciprocal cycling of neutrophils and monocytes

OR

- *ELANE* gene sequencing

### Severe congenital neutropenia:

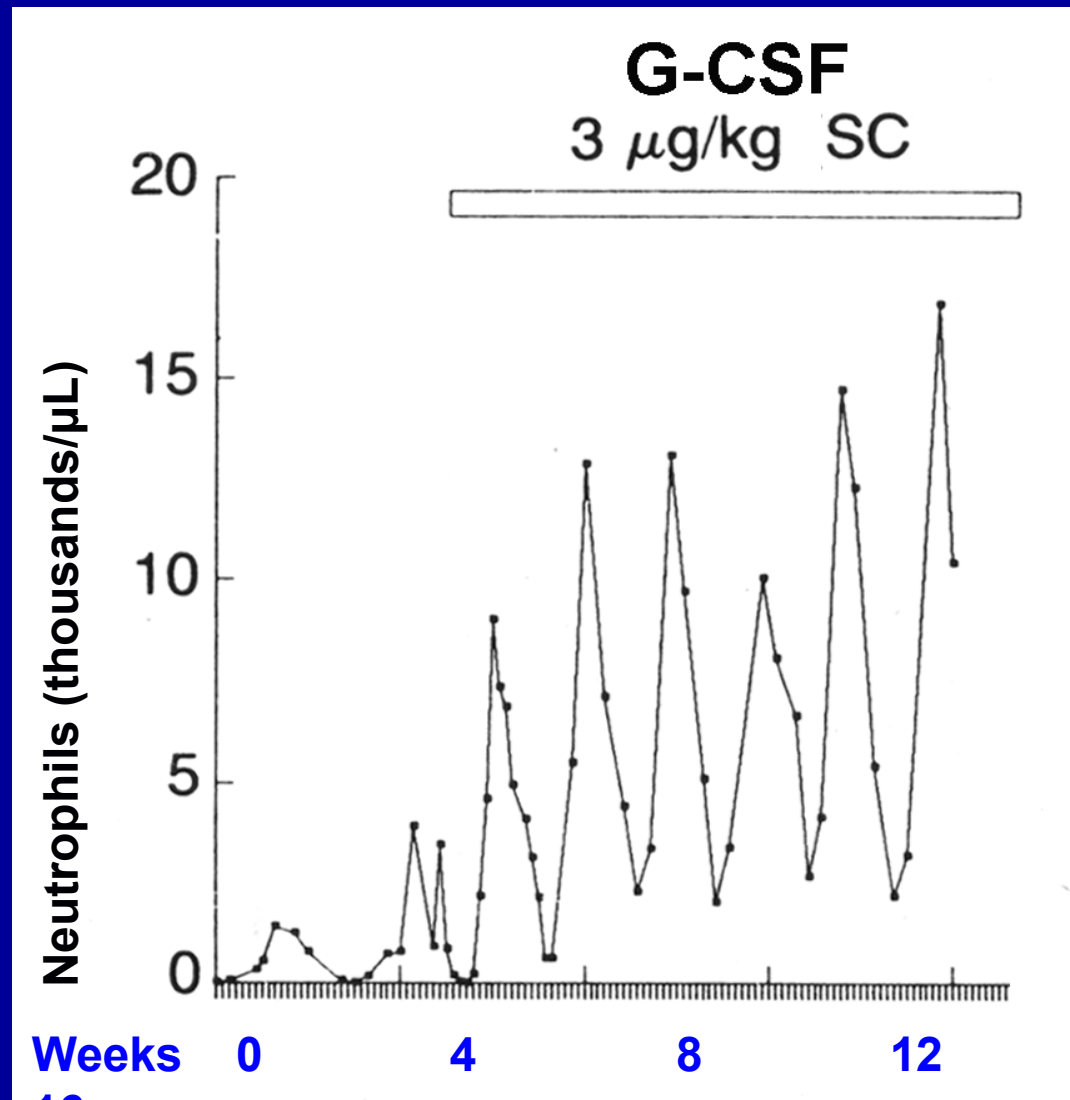
- Three ANCs  $<500$  over  $\geq 1$  month
- BM: maturation “arrest” at promyelocyte stage
- Gene sequencing



# Management of Cyclic Neutropenia and SCN

- G-CSF (filgrastim, Neupogen, biosimilars)
  - Always: SCN
  - Sometimes: CN (prolonged low nadirs)
  - Safe and probably beneficial in pregnancy
- PEG-filgrastim: Very rarely indicated –
  - Marked leukocytosis, bone pain and, rarely, tissue infiltration by neutrophils
- Hematopoietic stem cell transplantation

# Response to G-CSF in Cyclic Neutropenia



# G-CSF Benefits

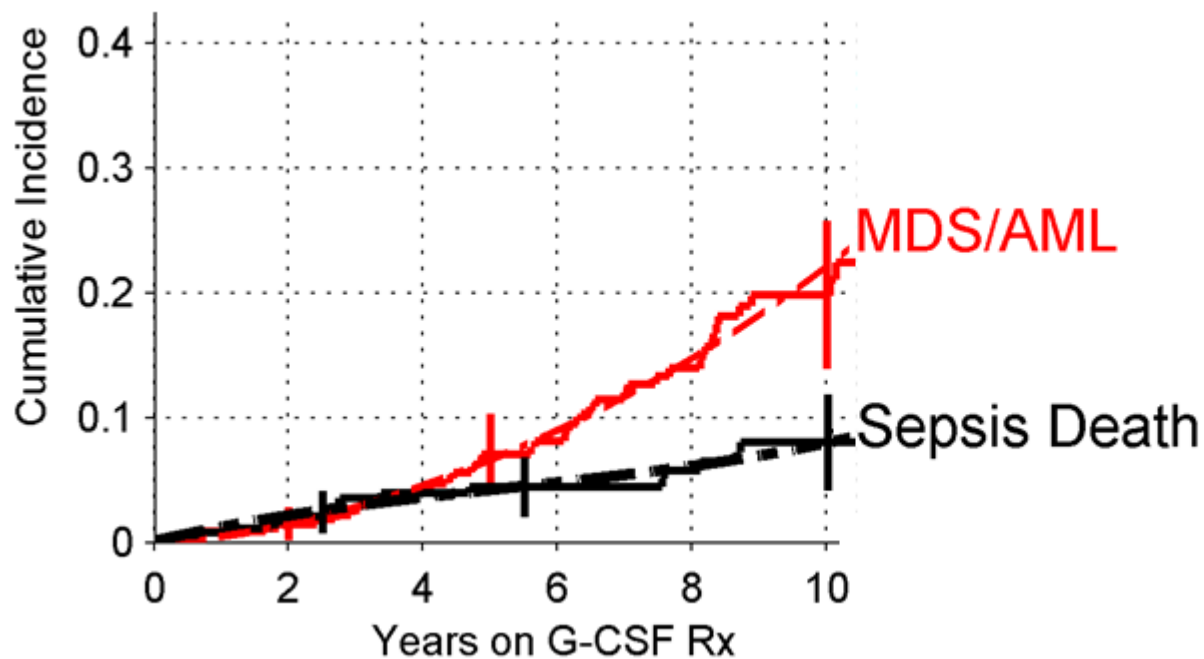
- Survival:
  - in the pre-GCSF era, 50% mortality in the first year of life
- Quality of life:
  - ↓ infections, infectious complications, time in hospital, tooth loss
  - ↑ growth, nutrition

# G-CSF risks

- Injection discomfort and inconvenience
- Bone pain
  - avoid large, infrequent dose schedules!
- ? Osteopenia/osteoporosis
- MDS/AML

# Severe Congenital Neutropenia

## Risk of sepsis and MDS/AML

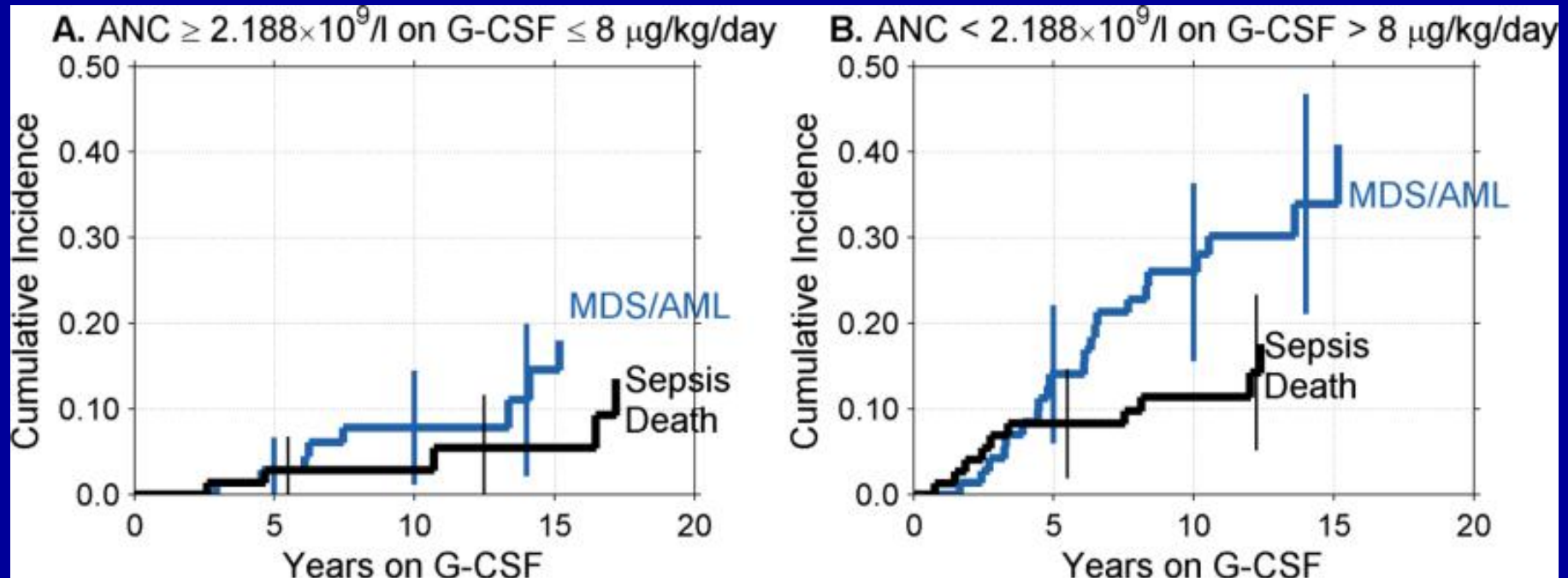


After 10 years on G-CSF, 21% developed myelodysplasia and/or AML

After 10 years on G-CSF, 8% had died of sepsis.

# Severe Congenital Neutropenia

## Risk of sepsis and MDS/AML



# Risk of MDS/AML

Several cases of MDS/AML in SCN prior to G-CSF therapy, and in current refractory patients.

Does G-CSF cause MDS/AML or only permit survival long enough for it to develop as the natural history of the disease?

YES

# Supportive Care

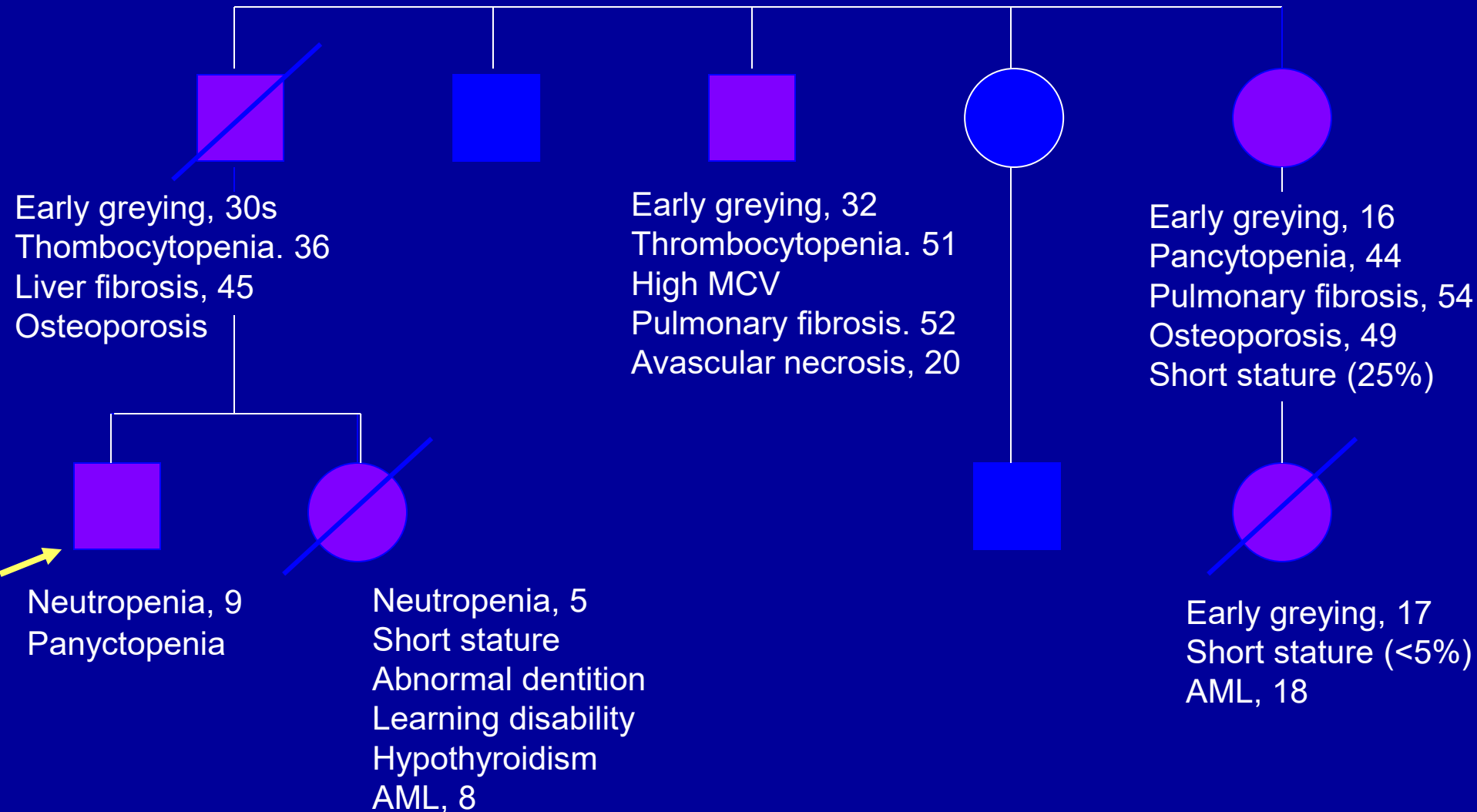
- Regular dental care – no antibiotic prophylaxis for procedures (unless coincident heart disease)
- Normal immunization schedule
- NOT indicated: social isolation, “neutropenic diet,” surface sterilization



# Case #4

- 15 year old boy presents with fatigue and shortness of breath.
- History significant for:
  - Increasing exercise intolerance, shortness of breath
  - Chronic neutropenia (ANC around 700) since early childhood
  - Dropping hct and platelet count over last year (currently Hct 28, Platelets 50K)
- Exam:
  - No physical anomalies

# Family history



# Dyskeratosis Congenita

Classic phenotype: dystrophic nails, reticulated hyperpigmentation, oral leukoplakia



# Dyskeratosis congenita:

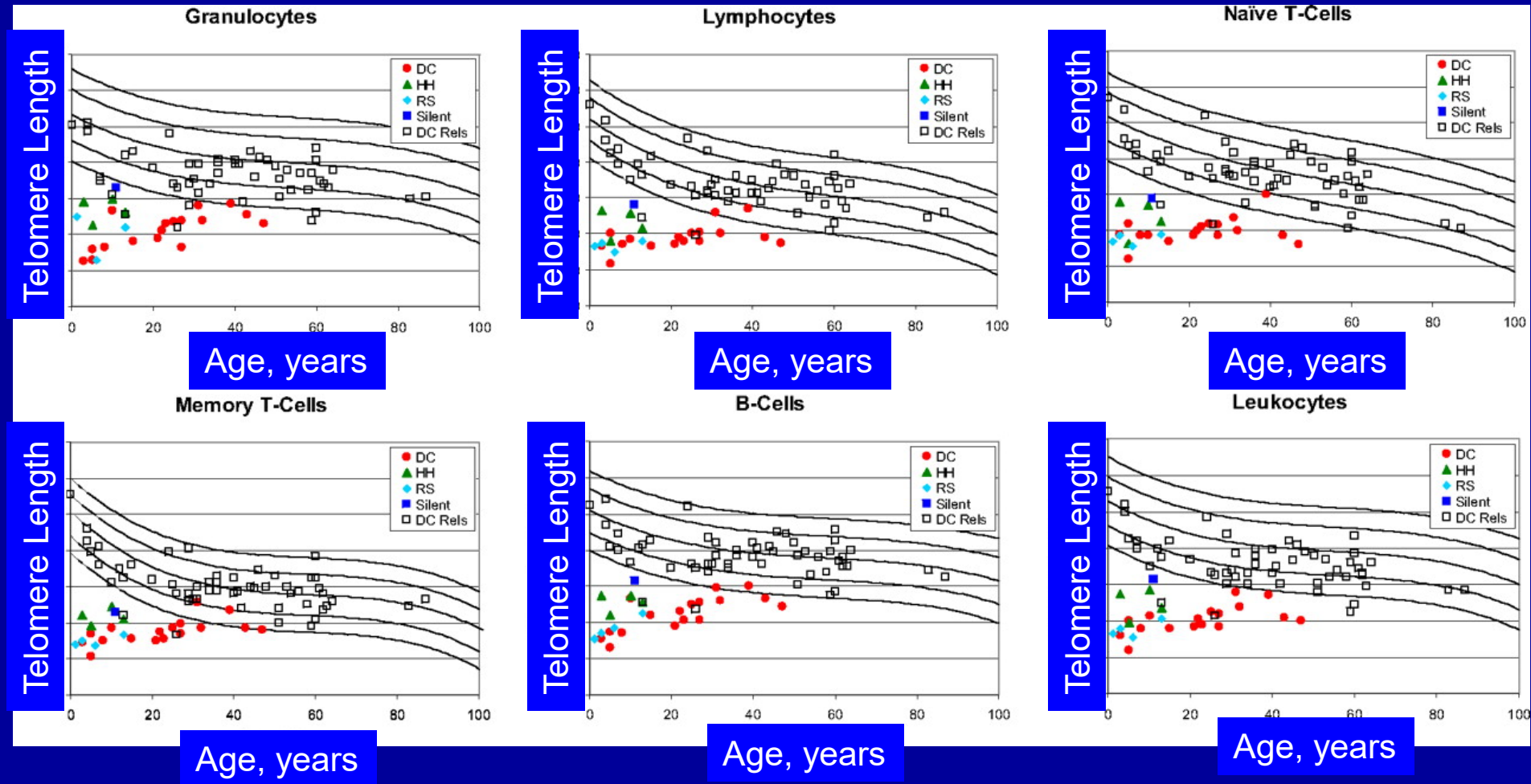
## Non-hematologic clinical features

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Pulmonary disease  
Dental anomalies  
Esophageal stricture  
Hair loss, early greying  
GI disorders  
Ataxia  
Ocular anomalies  
Hyperhidrosis  
Hypogonadism  
Immunologic abnormalities

Liver cirrhosis/fibrosis  
Microcephaly  
Urethral stricture/Phimosis  
Osteoporosis  
Deafness  
Cognitive/developmental delay  
Exudative/vascular retinopathy  
Cerebellar hypoplasia  
Cardiac anomalies  
Arterial-venous malformations

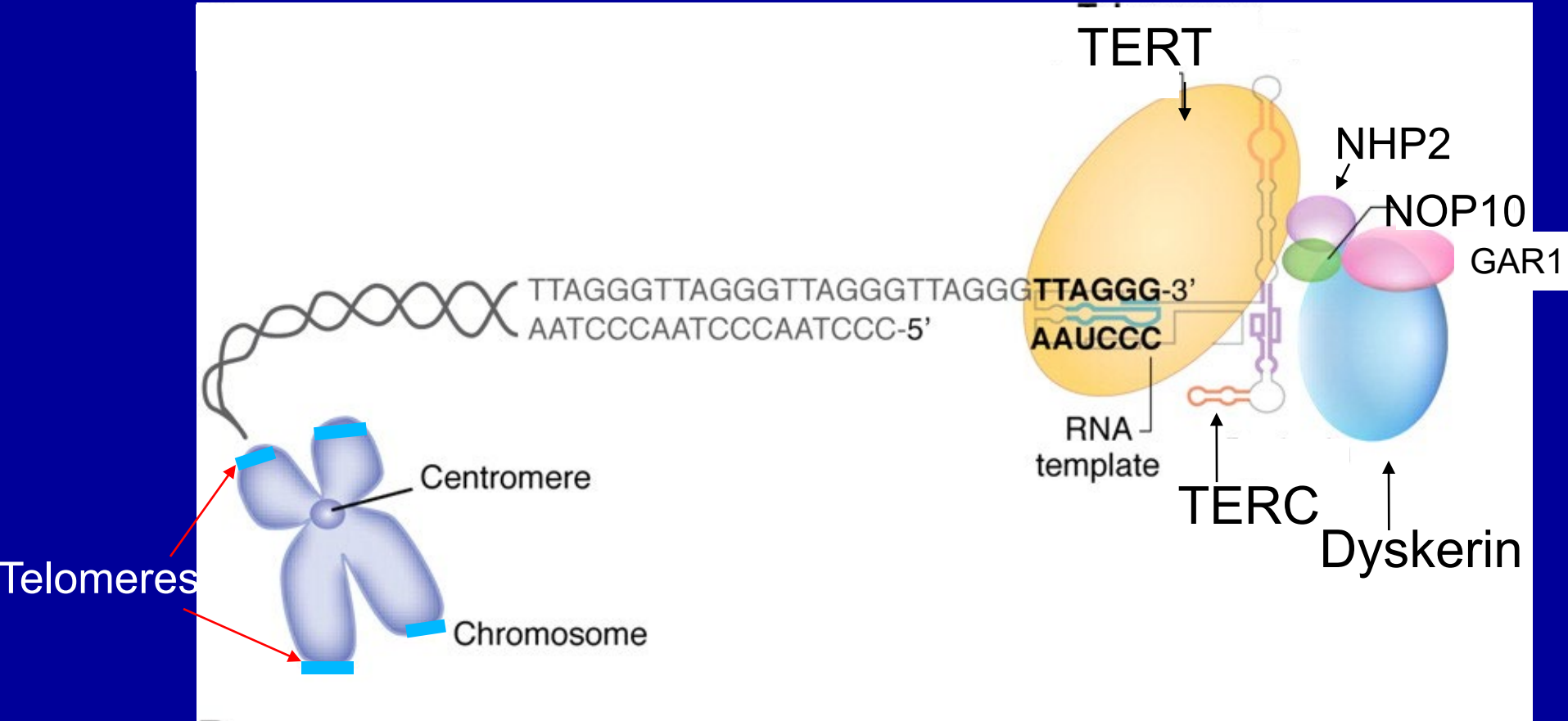
# Telomere length according to age in patients with dyskeratosis congenita



*Blood* 2007;110:1439-1447

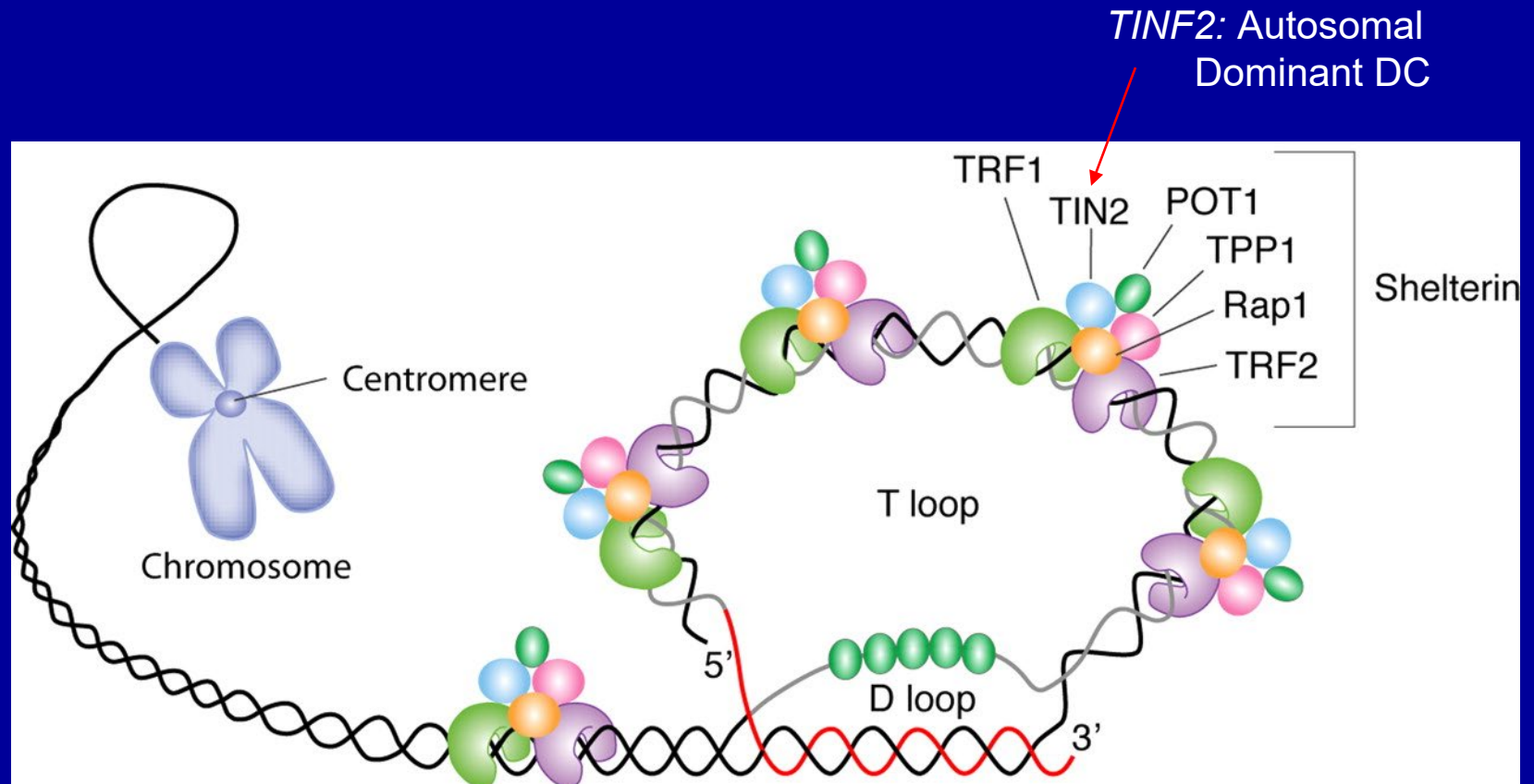
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# Dyskeratosis congenita: A telomeropathy



Modified from Calado, R. T. et al. Blood 2008;111:4446-4455

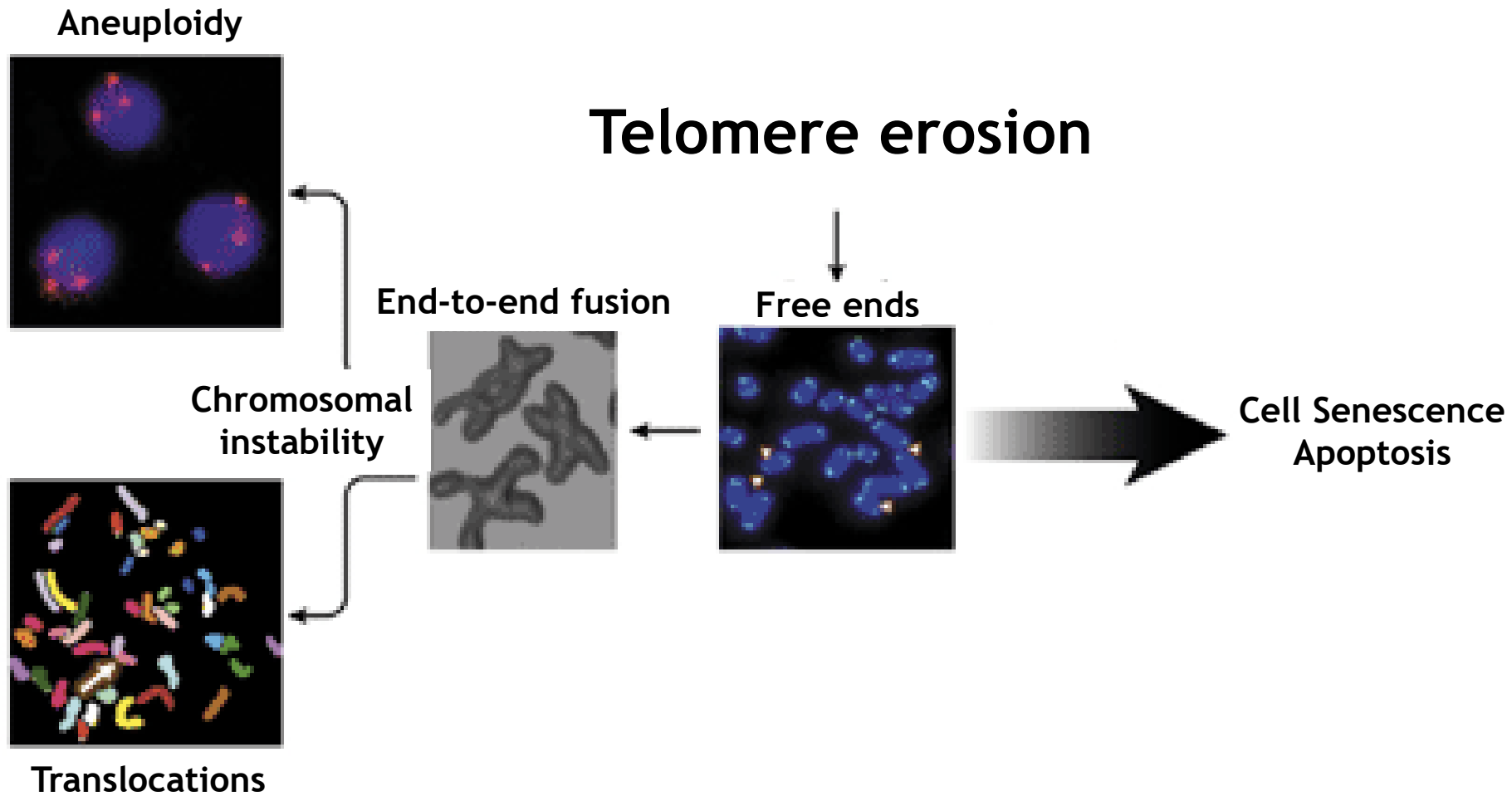
# Dyskeratosis congenita: A telomeropathy



*Blood* 2008;111:4446-4455

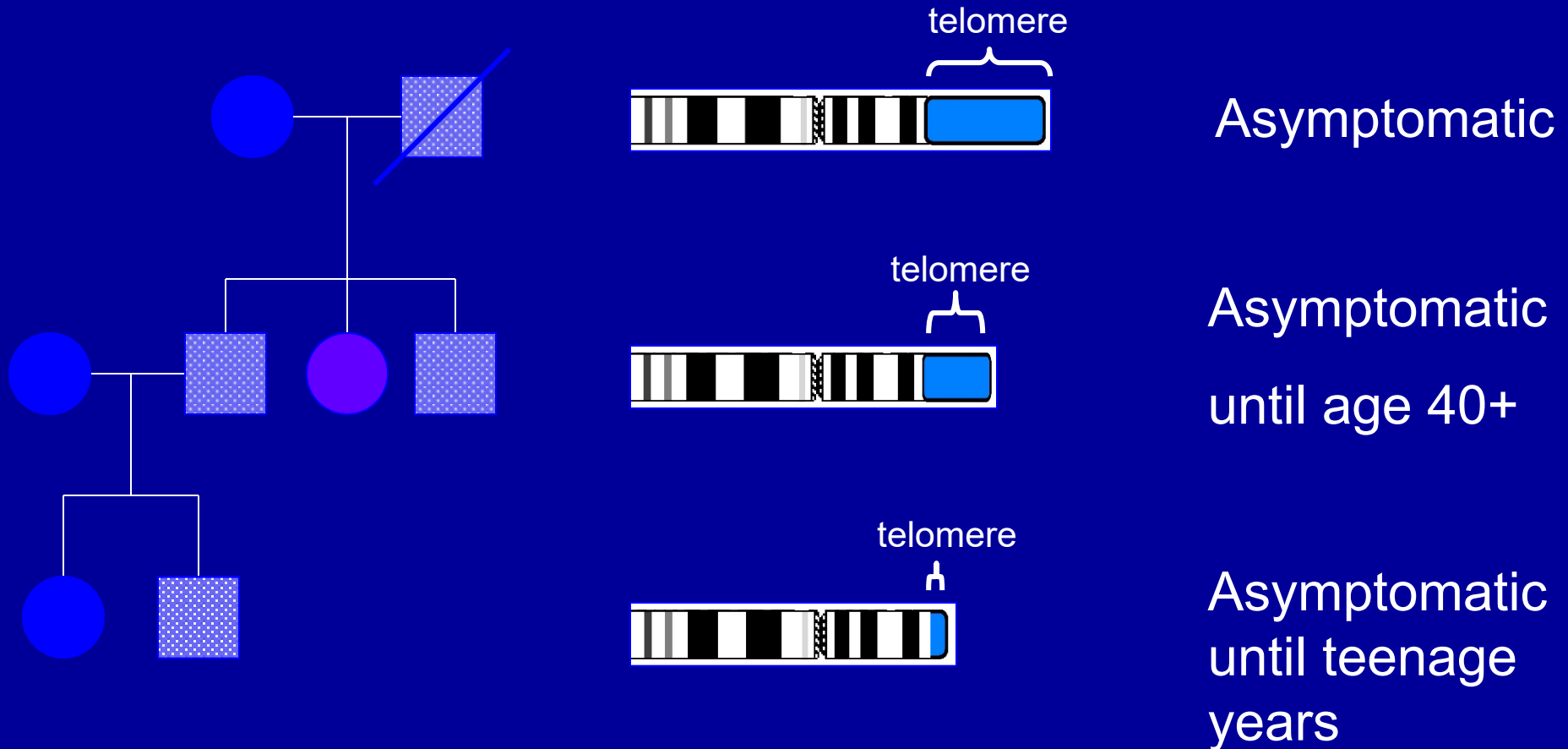


# Telomere erosion

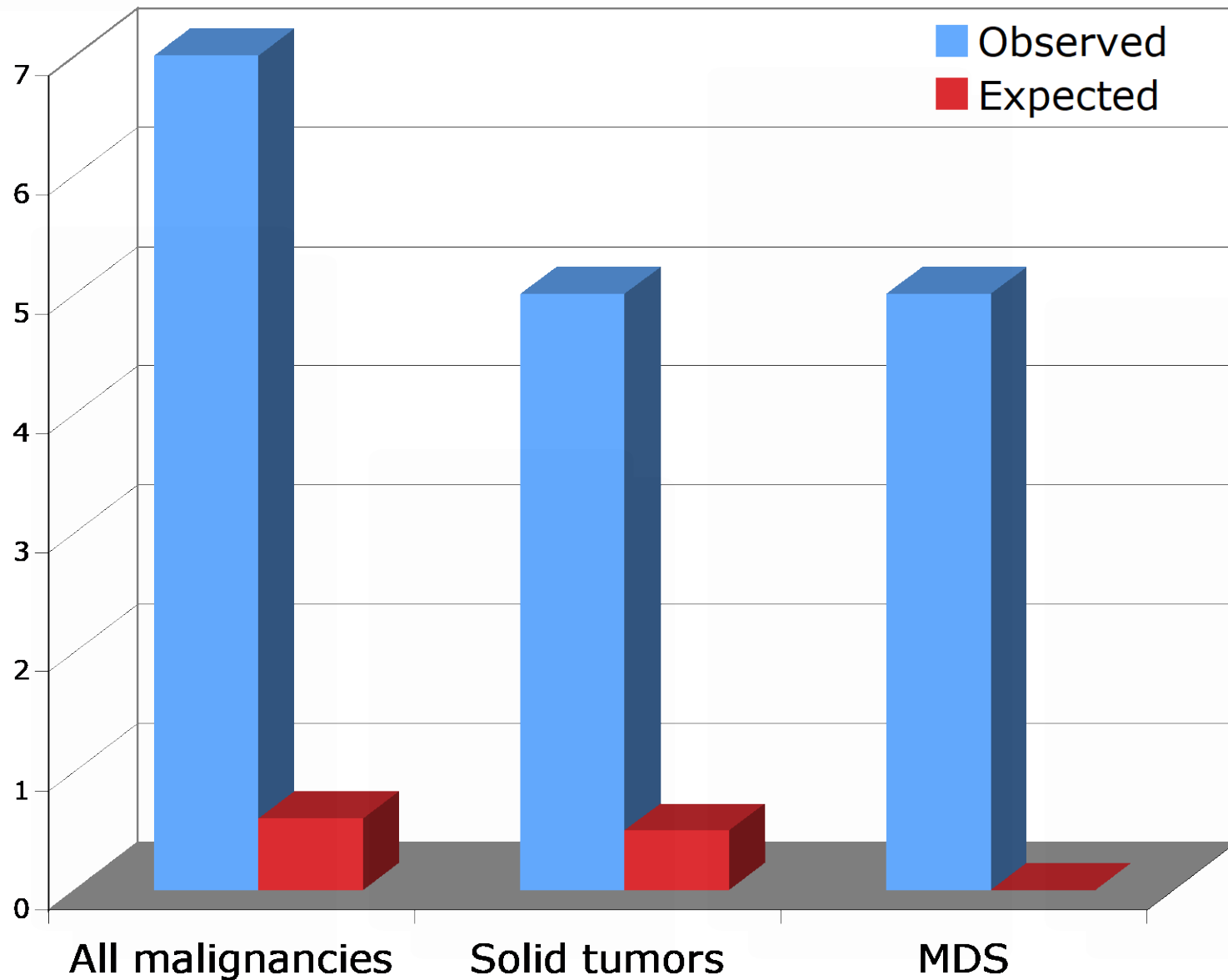




# Disease anticipation in autosomal dominant DC



# Dyskeratosis congenita: Cancer incidence



# Diagnosis of Inherited BMF syndromes

- Phenotype may drive functional and genetic testing
- Specific tests:
  - Fanconi: chromosome breakage analysis
  - DBA: erythrocyte adenosine deaminase
  - SCN: bone marrow (myeloid maturation arrest)
  - Dyskeratosis congenita: telomere length
  - Shwachman-Diamond: pancreatic isoamylase (age >3 y)

# Genetic Diagnosis of Inherited BMF

- Single gene: if known family history/gene
- Sequential single genes: expensive and inefficient
- NGS panel: current standard of care

# Genetic Diagnosis of Inherited BMF

- Single gene: if known family history/gene
- Sequential single genes: expensive and inefficient
- NGS panel: current standard of care\*
- WES: if high suspicion and negative panel\* (probably future standard of care)
- WGS: currently on a research basis\*

\* Need skilled interpretation of data, VUSs

