

# Screening, Brief Intervention, Referral to Treatment (SBIRT)

- Consists of
  - Screening: assess the level of use, reasons for use, and other important factors (there are many specific tools and additional SBIRT information on the [SAMHSA website](#))
  - Brief intervention: engage the patient in conversation, consider using 'ruler' to assess interest/willingness to change
  - Referral to Treatment: based on availability and the patient's specific needs, interest, insurance.
- Watch this 7 [minute video](#) on using SBIRT for drug use
- Consider using an [SBIRT app](#)
- Can be used in multiple settings including the office, emergency room or urgent care.