Screening, Brief Intervention, Referral to Treatment (SBIRT)

• Consists of
  • Screening: assess the level of use, reasons for use, and other important factors (there are many specific tools and additional SBIRT information on the [SAMHSA website](https://www.samhsa.gov))
  • Brief intervention: engage the patient in conversation, consider using ‘ruler’ to assess interest/willingness to change
  • Referral to Treatment: based on availability and the patient’s specific needs, interest, insurance.

• Watch this 7 minute video on using SBIRT for drug use
• Consider using an [SBIRT app](https://www.sbirt.org)
• Can be used in multiple settings including the office, emergency room or urgent care.