**Learning Objectives**

1. Articulate project topic ideas
2. Identify resources and/or processes that will assist in the development of the project
3. Consider summer opportunities in context of a longitudinal project

**Worksheet Instructions**

COVID-19 NOTE: We recognize that it may not be possible to meet with your LC Mentor and or plan to travel for summer Capstone work. Please acknowledge any like issues by listing them as *challenges* to your project planning in your submission.

Use this worksheet to collect the information required on the FOM1 Spring Report SUBMISSION form, which you will access via the Capstone Course webpage via <https://umassmed.edu/oume/CSD/csd-reports-and-forms-new/AY1920_fom1-spring-progress-report/>. The Progress Report should be submitted no later than April 30.

Please contact your CapstoneAffiliate *in advance* if you require an extension of this due date*.*

We recommend you email the contents of this file, or the file itself, to your Learning Communities Mentor for editing and review. Submit your work by copying from the worksheet and pasting into the submission form **after your LC Mentor has determined that your progress ‘meets expectations’.** Be sure to allocate enough time for your mentor to offer feedback before your final submission

Submit your work after your mentor has determined that your progress ‘meets expectations’.

We offer the reminder that the Capstone Course is a longitudinal effort and, by intention, flexible. To ensure that you make progress, given the myriad directions and opportunities available to you, **plan to meet briefly with your Capstone House Affiliate in May**. This meeting will serve as an opportunity to brainstorm your project ideas, and to help you map out a project schedule for the fall semester, in preparation for submission of your project proposal and advisor selection by Mid-December. Your Capstone House Affiliate will contact you to schedule this brief meeting.

1. **General Information**

* Your name:
* Capstone House Affiliate
* Colleen Burnham | Group Projects
* Rachel Gerstein | Blackstone
* Christina Hermos | Burncoat
* Carolina Ionete | Quinsigamond
* Sarah McAdoo | Brightwood
* Larry Rhein | Tatnuck
* Joe Sabato | Kelley
* Jill Zitzewitz | Tatnuck
* LC Mentor name:
* Have you **met with your LC Mentor** to discuss your Capstone Project this semester? Yes | No
  + If No, on what date do you plan to meet with your LC mentor?

The submission form includes the following statement to confirm that your LC Mentor has determined your work is ready for submission: “I assert that my LC Mentor has reviewed and approved this report as ‘meets expectations’.”

1. **Progress Update**

Please consider our list of project ideas on <https://umassmed.edu/oume/CSD/fom1/project-ideas--resources/>

* **What topics** are you currently considering for your project? [list up to three]
* **List 3 steps** you have accomplished since your FOM1 Fall Progress Report

Are you **using your summer** to advance or inform your Capstone Project work? Yes | No

**If yes**, please describe how.

**If no**, what are your next steps and timeline for your Capstone Project?

1. **Finding your Capstone Project Advisor**

Have you identified, contacted, and or confirmed a **specific Capstone Project Advisor**? Yes | No

* Do you have the resources you need to identify a Capstone Project Advisor?

1. **Resources**

* Capstone Project Ideas & Resources webpage | <https://umassmed.edu/oume/CSD/fom1/project-ideas--resources/>
* Capstone Presentation Day 2017 Abstracts | <http://inside.umassmed.edu/OUME/capstone-scholarship--discovery/2017-capstone-program/>
* Capstone Presentation Day 2018 Abstracts | <https://inside.umassmed.edu/OUME/capstone-scholarship--discovery/2018-SCHEDULE-abstracts/>
* Interested Capstone Project Advisor List | <https://umassmed.edu/oume/CSD/fom2/advisor-interest-list/>
* UMMS Faculty Profile webpage | <https://profiles.umassmed.edu/search/>

**Do you have any general comments, questions, or concerns for the Capstone course team?**

For example, are you experiencing any particular challenges as you develop your project plans?

For an immediate response, please contact your Capstone House Affiliate via [CSD@umassmed.edu](mailto:CSD@umassmed.edu).

Blackstone | Rachel Gerstein PhD

Brightwood | Sarah McAdoo MD MPH

Burncoat | Christina Hermos MD MS

Kelley (MS1 MS2 MS3) | Joseph Sabato MD

Kelley Group Projects | Colleen Burnham MBA

Quinsigamond | Carolina Ionete MD PhD

Tatnuck | Jill Zitzewitz PhD

Tatnuck | Lawrence Rhein MD