

Restaurant List: Wuss-taah, Paris of the Millennium (2017-2018) Michael Ennis M.D. michael.ennis@umassmed.edu

Afghan

Pomir Grill* 119 Shrewsbury Street, Worcester 508-755-7333 \$\$\$ <http://pomirgrill.com/>

Armenian

Café International (in Bahnan's Bakery) 344 Pleasant Street, Worcester 508-796-5387 \$ (11a-6p) <http://bahnans.com/cafe.htm>

Bagels

Bagel Time 194B Park Avenue, Worcester 508-798-0440 \$ www.bageltimeUSA.com

Barbeque

Smokestack Urban Barbeque 139 Green Street, Worcester 508-363-1111 \$\$ <http://www.bbgstack.com>
West Side Steak & BBQ 2 Richmond Avenue, Worcester 508-756-6328 \$\$,BYOB www.facebook.com/WestSideBBQ

Brazilian

Pampas Churrascaria Rotisserie* 145 East Central Street, Worcester 508-757-1070 \$\$,BYOB <http://steakhousepampas.com/>
Terra Brazilis* 480 Shrewsbury Street, Worcester 508-752-0380 \$\$

Breakfast (also see diners)

Birch Tree Bread Company 138 Green Street, Suite 5, Worcester 774-243-6944 www.birchtreebreadcompany.com/
Broadway 100 Water Street, Worcester 508-7533233 \$
Gold Star Restaurant 68 West Boylston St, Worcester 508-852-7900 \$
Livia's Dish 259 Park Avenue, Worcester 508-767-1639 \$ <http://www.liviasdish.com/>
Shakers Café 296 Hamilton Street, Worcester 508-797-5550 \$ www.facebook.com/ShakersCafe
The Twisted Fork 509 Stafford Street, Worcester 508-892-5437 \$ www.unclejaystwistedfork.com/

Chinese (Szechuan)

Red Pepper 1083 Main Street, Worcester 774-243-6488 \$\$,BYOB www.redpepperworchester.com

Bakery Cafes/Coffee Houses/Juice Bars (most have some form of live entertainment, open-mike, poetry slams, etc. sometimes)

Bean Counter Coffee Bar 113 Highland Street, Worcester 508-754-3125 <http://beancounterbakery.com/>
Birch Tree Bread Company 138 Green Street, Suite 5, Worcester 774-243-6944 www.birchtreebreadcompany.com/
Express Yourself Coffee 2C Richmond Ave, Worcester 508-755-3300 (sidewalk seating)
Acoustic Java 932A Main Street, Worcester 508-756-9446 (next to Clark U) www.acousticjava.com
NU Café 335 Chandler Street, Worcester 508-926-8800 <http://www.nucafe.com/>

Cuban

Café Reyes* 421 Shrewsbury Street, Worcester 508-762-9900(7a-3p)\$ <http://www.cafereyes.org/>

Dessert Bars / Coffee Bars

The Queen's Cup 56 Water Street, Worcester 508-459-9600 <http://thequeenscups.com/>
Wholly Cannoli 490 Grafton Street, Worcester 508-753-0224 www.whollycannoli.com

Diners (what Worcester is famous for!)

Boulevard Diner* 155 Shrewsbury Street, Worcester 508-799-4535 \$ www.facebook.com/Boulevard-Diner
Corner Lunch 133 Lamartine Street, Worcester 508-799-9866 \$
Dinky's Blue Belle Diner 70 Clinton Street, Shrewsbury 508-856-0844 \$ www.bluebellediner.com/
Lou Roc's Diner 1074 West Boylston Street, Worcester 508-8526888 \$
Kenmore Diner 250 Franklin Street, Worcester 508-792-5125 \$
Parkway Diner* 148 Shrewsbury Street, Worcester 508-753-9968 \$ www.parkwayma.com/
Miss Worcester Diner 300 Southbridge Street, Worcester 508-753-5600 \$

Dominican

Makao 181 Millbury Street, Worcester 508-767-3306 \$
Maria's Kitchen 826 Main Street, Worcester 508-797-3380 \$
Sazon Latino 130 Chandler Street, Worcester 508-797-5645 \$

East African (Somali,Ethiopian,Kenyan)

Fatima's Café 43 West Boylston Street, Worcester 508-762-9797 \$ BYOB

"Family" Restaurant

Boynton Restaurant & Spirits 117 Highland Street, Worcester 508-756-8458 \$\$\$ www.boyntonrestaurant.com

French

Altea's Eatery (breakfast/lunch/brunch) 259 Park Avenue, Worcester 508-767-1639 \$ <http://www.alteaeatery.com/>

Ghanaian

Anokye Krom 687 Millbury Street, Worcester 508-753-8471 \$ www.anokyekrom1.com
Elder Paintsil's Restaurant 984 Main Street, Worcester 508-755-5110 \$

Greek

Meze Greek Tapas Bar & Grill* 156 Shrewsbury Street, Worcester 508-926-8115 \$\$ www.mezegreektapas.com/
Zorba's Taverna 97 Stafford Street, Worcester 508-796-5828 \$\$\$ <http://zorbastaverna.com/>

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Haitian

Benny's Caribbean Cuisine 610 Lincoln Street, Worcester 508-856-7079 \$\$

Hot Dogs

Coney Island Lunch..... 158 Southbridge Street, Worcester..... 508-753-4326 \$ www.coneyislandlunch.com/

Ice Cream/Frozen Yogurt

Berry Fusion Frozen Yogurt..... 807 Pleasant Street, Worcester..... 508-753-3500 www.berryfusionfroyo.com
 Gibson Brother's Dairy Farm 50 Sunderland Road, Worcester..... 508-753-1095 www.gibsonsdairy.com/ice-cream/
 Madulka's Ice Cream* 193 Lake Avenue, Worcester..... 508-459-2323 www.madicecream.com/
 Tastetea Rolls (Thai Rolled Ice Cream) 423 Park Avenue, Worcester..... 508-459-0260 <http://tastetearolls.business.site/>
 WooBerry Frozen Yogurt..... 141 Highland Street, Worcester..... 508-459-2311 <http://wooberryyogurt.com/>
 YoWay Frozen Yogurt 395B Park Avenue, Worcester 508-459-0611 <http://yowayworchester.com/>

Indian (some have great, cheap luncheon buffets \$, dinners \$\$)

Bollywood Grille* 97 Boston Turnpike, Shrewsbury..... 508-793-9888 \$\$ www.bollywoodgrill.com
 Udupi* (South Indian, vegetarian) 378 Maple Avenue, Shrewsbury 508-459-5099 \$\$ www.theudupi.com

Irish

O'Connor's 1160 West Boylston Street, Worcester 508-853-0789 \$\$ www.oconnorsrestaurant.com

Iraqi (Halal)

Alladin Restaurant 320 Pleasant Street, Worcester..... 508-304-9740 \$

Italian

Café Espresso..... 395 Chandler Street, Worcester 508-767-1818 \$\$, BYOB www.ctrattoria.com
 Café Sorrento (inside Palma's Bakery) 3B Rice Square, Worcester 508-798-9942 \$ <http://palmasbakery.com/>
 Chioda's Trattoria* 631 Franklin Street, Worcester..... 508-459-6035 \$\$\$ www.chiodastrattoria.com
 Ciao Bella..... 402 Grove Street, Worcester..... 508-756-2426 \$, BYOB <http://ciaobellarestaurant.biz>
 Mac's Diner* 185 Shrewsbury Street, Worcester..... 508-868-7508 \$, BYOB
 Mare & Monti Trattoria..... 19 Wall Street, Worcester..... 508-757-1800 \$\$\$ <http://mareemontitrattoria.com>
 Parkway Diner* 148 Shrewsbury Street, Worcester..... 508-753-9968 \$\$ www.parkwayma.com/
 Piccolo's* 157 Shrewsbury St. Worcester..... 508-754-9709 \$\$\$ www.Piccolos157.com
 Rosalina's Kitchen..... 83 Hamilton Street, Worcester..... 508-926-8887 \$\$\$BYOB www.rosalinaskitchen.com

Jamaican

Homestyle Restaurant 82 Harrison Street, Worcester 508-752-6973 \$\$
 Jamaica Thymes 169B Lincoln Street, Worcester 508-868-1511 \$
 Jamaica Thymes 482 Park Avenue, Worcester..... 774-530-6080 \$

Japanese/Sushi

Baba..... 309 Park Avenue, Worcester..... 508-752-8822 \$\$\$ www.babasushi.com
 Kenichi* 270 Shrewsbury Street, Worcester..... 508-926-8622 \$\$ www.kenichibistro.com
 Oishi..... 8 Franklin Street, Worcester..... 508-752-1688 \$\$, BYOB
 Osaka* 20 Boston Turnpike, Shrewsbury..... 508-753-1144 \$\$ <http://www.osakashrewsbury.com/>
 Sushi Miyazawa 372 Chandler Street, Worcester 774-420-2900 \$\$ <https://sushimiyazawa.com/>

Japanese/Shabu (Hot Pot)

Chuan Shabu 301 Park Avenue..... 508-762-9213 \$ <http://shabuworchester.com>

Korean

Choose & Mix 5 East Mountain Street, Worcester 774-630-6123 \$\$
 Gold Star Cup Bop 121 Gold Star Boulevard, Worcester 508-853-5353 \$ <http://goldstarcupbop.com/>

Kosher-style Deli

Weintraub's Jewish Deli & Rest. 126 Water Street, Worcester 508-756-7870 \$

Lebanese

Bay State Shawarma and Grill..... 86 Water Street, Worcester 508-753-6000 \$ www.baystateshawarmaandgrill.net
 El Basha* 424 Belmont Street, Worcester..... 508-797-0884 \$\$ www.elbasharestaurant.com
 Sahara Cafe..... 143 Highland Street, Worcester..... 508-798-2181 \$\$, www.eatsahara.com

Lunch only unique venues

Skyline Bistro* 1 Skyline Drive, Worcester 508-799-1964 \$
 (@ Worcester Technical HS, run by HS students as part of vocational program. Reservations required)
 Museum Café..... 55 Salisbury Street, Worcester..... 508-799-4406 \$\$ www.worcesterart.org/Services/cafe.html
 (inside Worcester Art Museum, pleasant venue, eclectic menu, open for lunch only – 11:30a-2:00p)

Mexican

Dos Tacos 296 Pleasant Street, Worcester 508-767-0075 \$
 Mezcal Tequila Cantina* 30 Major Taylor Boulevard, Worcester..... 508-926-8308 \$\$\$ www.mezcalscantina.com
 El Patron 192 Harding Street, Worcester 508-757-8000 \$\$
 La Terraza 591 Park Avenue, Worcester 774-530-6360 \$\$
 Tacos Mexico 7 Neponset Street, Worcester 508-579-3283 \$ (food court Greendale Mall)
 Tacos Parilla Mexicana 138 Millbury Street, Worcester 508-798-3496 \$, BYOB

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Pizza			
Corner Grille.....	806 Pleasant Street, Worcester.....	508-754-8884.....	\$\$,BYOB www.cornergrille.com
Volturno Pizza*.....	72 Shrewsbury Street, Worcester.....	508-756-8658.....	\$\$\$ volturnopizza.com
Wonder Bar*.....	121 Shrewsbury Street, Worcester.....	508-752-9909.....	\$\$\$
Puerto Rican			
La Casa Del Mofongo.....	848 Main Street, Worcester.....	598-796-5184.....	\$
Salvadoran			
Fuente de Vida.....	1159 Main Street, Worcester.....	508-929-3266.....	\$ www.restaurantefuentevidea.com
Hacienda Don Juan.....	875-B Main Street, Worcester.....	508-756-2076.....	\$ http://haciendadonjuan.com/
Seafood			
Sole Proprietor Seafood & Spirits.....	118 Highland Street, Worcester.....	508-798-3474.....	\$\$\$ www.thesole.com
Slow Food/Farm-to-Table/New American			
Armsby Abbey.....	144 Main Street, Worcester.....	508-795-1012.....	\$\$\$ www.armsbyabbey.com
Dead Horse Hill.....	281 Main Street, Worcester.....	774-420-7107.....	\$\$\$\$ www.deadhorsehill.com/
Lock 50.....	50 Water Street, Worcester.....	508-379-3400.....	\$\$\$ http://lock50.com/
Soul Food			
Addie Lee's Soul Food.....	596 Main Street, Worcester.....	608-752-0569.....	\$\$\$ https://www.addieleessoulfood.com/
Steak Houses			
One-Eleven Chophouse*.....	111 Shrewsbury Street, Worcester.....	508-799-4111.....	\$\$\$ www.111chophouse.com
Sunday Brunch			
Armsby Abbey.....	144 Main Street, Worcester.....	508-795-1012.....	\$\$\$ www.armsbyabbey.com
Bull Mansion.....	55 Pearl Street, Worcester.....	508-755-6070.....	\$\$\$ http://bullmansion.com/
Ceres*.....	Beechwood Hotel, 363 Plantation St., Worc.....	508-754-2000.....	\$\$\$\$ www.beechwoodhotel.com
Dead Horse Hill.....	281 Main Street, Worcester.....	774-420-7107.....	\$\$\$ www.deadhorsehill.com/
Maxwell Silverman's.....	Lincoln Square, Worcester.....	508-755-1200.....	\$\$\$\$ www.maxwellmaxine.com
Tapas (Greek)			
Meze Greek Tapas Bar & Grill*.....	156 Shrewsbury Street, Worcester.....	508-926-8115.....	\$\$\$ www.mezegreektapas.com/
Tapas (Spanish)			
Bocado.....	82 Winter Street, Worcester.....	508-797-1011.....	\$\$\$ www.bocadotapasbar.com
Thai			
Bahn Thai.....	2 Coes Square, Worcester.....	774-420-7666.....	\$\$\$
Basil 'N Spice*.....	299 Shrewsbury Street.....	774-317-9986.....	\$\$\$ http://www.basilinspice.com/
Racha Thai.....	545 Southwest Cutoff, Worcester.....	508-757-8884.....	\$\$\$
Rice Violet.....	287 Main Street, Worcester.....	508-770-1000.....	\$\$, BYOB
Thai Time.....	107 Highland Street, Worcester.....	508-756-7267.....	\$\$, BYOB Thai Time FaceBook Page
Thai Place*.....	50 Boston Turnpike, Shrewsbury.....	508-425-3595.....	\$\$\$ www.thaiplacereastaurant.net
Vegetarian			
Belmont Vegetarian*.....	157 Belmont Street, Worcester.....	508-459-0367.....	\$ http://www.belmontvegetarian.com/
Chick Pea Vegan Café.....	589B Park Avenue, Worcester.....	774-312-7954.....	\$ https://chickpeavegancafe.com/
Loving Hut.....	56 Hamilton Street, Worcester.....	508-831-1332.....	\$ http://lovinghut.us/worcester/
Loving Hut.....	415 Chandler Street, Worcester.....	508-459-0367.....	\$ http://lovinghut.us/worcester_02/
Vietnamese			
Dalat Restaurant.....	425 Park Avenue, Worcester.....	508-753-6036.....	\$\$, BYOB
Hien Vuong.....	76 Green Street, Worcester.....	508-753-9755.....	\$
Pho Bowl.....	580 Park Avenue, Worcester.....	508-757-2695.....	\$
Pho Dakao.....	593 Park Avenue, Worcester.....	508-756-7555.....	\$ http://www.phodakao.com/
Pho Sure*.....	114 Boston Turnpike, Shrewsbury.....	508-425-3314.....	\$ http://www.phosureshrewsbury.com/
Saigon Restaurant.....	976-B Main Street, Worcester.....	508-799-5250.....	\$\$, BYOB
Wine & Cheese Bar			
The Citizen.....	1 Exchange Place, Worcester.....	508-459-9090.....	\$ www.thecitizenwinebar.com

Establishments marked with an * are within <1 mile from UMass (e.g., possibly walking distance for some).

Approximate pricing:
 \$ - average entrée = < \$12
 \$\$ - average entrée = \$12 - \$15
 \$\$\$ - average entrée = \$15 - \$20
 \$\$\$\$ - average entrée = >\$20

For those times when you'd rather stay home and cook or eat prepared take-out.....

Market/Bakery List: Wuss-taah, Paris of the Millennium (2017-2018)

(All are in Worcester unless otherwise specified)

Artisan Bakeries

Birch Tree Bread Company 138 Green Street, Suite 5, Worcester 774-243-6944 www.birchtreebreadcompany.com/
Crust Artisan Bakeshop 118 Main Street 774-823-3355 www.crustbakeshop.com/
On the Rise 1120 Pleasant Street 508-752-3809 www.ontherisebaking.com/

African

Central Market 241 Lincoln Street 508-753-4084
Peace African Market 1104 Main Street 508-753-5950

Asian (Southeast Asia)

Binh-An Oriental Market 64 Green Street 508-798-6960
Ha-Tien Oriental Market 892 Main Street 508-831-7413
Mekong Market 747 Main Street 508-755-4843

Brazilian

CB Bakery 108 Belmont Street 508-792-9333 www.facebook.com/pg/CBBakery
Miranda Bread 140 Sghrewsbury Street, Worcester 508-791-2030 www.mirandabread.com

European (Eastern European)

European Café and Deli 23 Millbury Street 508-797-1606
Golemo's Market 43 Millbury Street 508-756-0086
Moscow Nights 809 Pleasant Street 508-799-0751
Tom's International Deli 52 Millbury Street 508-755-7295 <http://www.tomsdeliworchester.com/>

Farmers' Markets

Canal District Farmers' Market 200 Green Street 508-753-7303 open Thursday in season
UMass Farmers Market 55 Lake Ave North open Tuesdays in season

Health/Natural Food

Living Earth 232 Chandler Street 508-753-1876

Indian

India Food & Gifts 264 Boston Turnpike (Rte 9 East), Shrewsbury . 508-755-5632
Patel Brothers 504 Boston Turnpike (Rte 9 East), Shrewsbury . 508 842-9600

Italian

Derrico's Shrewbury Street

Latin/Caribbean

Santiago's Plaza 1000 Main Street 508-438-3663 (a truly amazing place, they carry American groceries as well; definitely worth a visit)

Mexican

Sol of Mexico Tortilleria 538 Pleasant Street 508-756-2660

Middle Eastern/Lebanese

Bahnan's Bakery 344 Pleasant Street 508-791-8566
Ed Hyder's Mediterranean Market Place... 408 Pleasant Street 508-755-0258
George's Bakery 308 Grafton Street 508-752-0762
Lee's Bakery 98 Hamilton Street 508-755-7014

Nepalese/Bhutanese

Nepal Bazaar 98A Belmont Street
Sujan Grocery 228 Chandler Street 508-755-2070 www.facebook.com/sujangrocerymarket

Scandinavian

Crown Bakery 133 Gold Star Blvd. 508-852-0746 www.thecrownbakery.com