Child Care
Will your new baby pick up every cold at daycare? Will you find yourself changing nannies every six months? Will family demands make it difficult to commit to challenging projects at work?

Adult and Senior Care
Are you worried about aging parents remaining independent? Have you had to take days off work to deal with an unexpected fall? Do you have a plan in place if your spouse or partner needs care after surgery?

Your Complete Backup Care Solution
Life is unpredictable—and families need a safety net to succeed at work and at home. Since 1984, working parents have turned to Parents in a Pinch, whenever there is a gap in their regular care routine. Now, Care.com® BackupCare™ continues that legacy. Caregivers are available day and night, seven days a week, for weekends, holidays, vacations and overnight during a business trip—or when a child or adult is ill.

Requesting care is easy
1. Pre-register by calling 508-856-5260, option 1 (Benefits) to request an enrollment form. Return the completed form to Benefits via email (Benefits.UMMS@umassmed.edu) or via fax to 508-856-4049. When care is needed, call 855-781-1303 or go to www.care.com/backupcare.

2. Receive a confirmation from a Care.com BackupCare specialist to tell you about your caregiver and a second confirmation from the caregiver to confirm the details of the job.

3. Pay the childcare provider directly at the end of the day. For adult care, your credit card is charged (typically $15.00 to $18.00/hour, depending on care location).

Visit: www.care.com/backupcare   Call: 855.781.1303