12th Annual

Primary Care Days

Wednesday, April 13 & Thursday, April 14, 2011
Hoagland-Pincus Conference Center
222 Maple Avenue
Shrewsbury, MA

Sponsored by:
University of Massachusetts Medical School
Office of Continuing Medical Education
**General Information**

**Program Overview:** As part of an institutional commitment to training in primary care, the University of Massachusetts Medical School Office of Continuing Medical Education has designed a program that provides updates on a wide range of rapidly changing issues. The program will feature concurrent presentations on a variety of topics, from which the attendee can formulate his/her own learning track. Faculty will use didactic and case presentations. Each session will be facilitated by a primary care physician whose mission it will be to engage the audience in discussion and keep the discussion focused on primary care issues.

**Target Audience:** Physicians, physician assistants, nurse practitioners, and physicians-in-training specializing in primary care: general medicine, family medicine, pediatrics, geriatrics, and ob-gyn.

**Educational Objectives:** At the conclusion of the program, the participant should be able to:
1. Discuss current treatments, office-based procedures and diagnostics in selected disease states.
2. Identify malpractice issues and solutions.
3. Improve skills for selected office-based procedures.

**Comfort:** Business casual is very appropriate for this conference. Although every attempt will be made to insure the comfort of our attendees, we suggest that you may wish to bring a sweater/jacket if you tend to be chilly.

**REGISTRATION INFORMATION**

**Fees:** An Early Bird Registration fee will apply to all two-day attendees when registering by 3/25/11.

**Physicians** registration fees: early bird $250 for both days; (after 3/25/11) $275 for both days and $150 for one day.

**Nurse practitioners, physician assistants and others:** early bird $175 for both days; (after 3/25/11) $200 for both days and $125 for one day.

**Residents/Fellows:** early bird $200 for both days; (after 3/25/11) $225 for both days and $125 for one day.

**On-site Registration:** On-site registration will be available (space permitting) and will be assessed an additional $25 fee. Please call the UMass Office of Continuing Education at 508-856-1671 to verify availability of space prior to arriving on-site to register.

*Above fees include course materials, continental breakfasts, luncheons, and continuing education credit.*

**Deadline:** Registration will be closed when space is full or at 5:00 p.m. on April 7, 2011 at the latest. Registration should not be mailed unless receipt before that time is guaranteed.

**Information and Special Needs:** In compliance with the Americans with Disabilities Acts, if you have any special needs (dietary needs, or any other) please call the UMMS Office of Continuing Medical Education (508-856-1671) for assistance by April 7, 2011.

**Refund Policy:** If you cancel your registration before April 7, 2011, your fee is refundable less a processing charge of $50. After that date, no refunds will be given for any reason, including weather and other emergencies. Substitutions are always acceptable.
CONTINUING EDUCATION CREDIT

Physicians: This activity has been planned and implemented in accordance with the Essentials Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Massachusetts Medical School (UMMS). The University of Massachusetts Medical School is accredited by the ACCME to provide continuing medical education for physicians.

The UMMS designates this live activity for a maximum of 12 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This live educational activity has been approved for 2 risk management credit.

Nurses: This offering meets the requirements for 14.4 contact hours for nurses as specified by the Massachusetts Board of Registration in nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spent in the educational activity.

Others: Other professionals will be eligible for 12 continuing education hours from the University of Massachusetts Medical School.

Directions

Hoagland-Pincus Conference Center • University of Massachusetts School Worcester Foundation Campus • 222 Maple Avenue, Shrewsbury, MA • 508-856-8687

From the UMass Hospital Campus/Downtown Worcester/Route 9 East: Take Route 9 East over the Lake Quinsigamond Bridge. At third set of traffic lights after the bridge, bear left onto Maple Avenue (intersection marked by Fairlawn Shopping Center, Chili’s Restaurant). Follow Maple Avenue to the top of hill. Turn left at the blue sign for University of Massachusetts Medical School Worcester Foundation Campus. The Hoagland-Pincus Conference Center is the first building on the right.

From the Mass Pike (I-90):
• Westbound from Boston: Take Exit 11A to Route 495 North to Route 9 West.
• Eastbound from Springfield: Take Exit 10 to Route 290 East.

From Route 9 West: Westbound from Westboro: Proceed West past Route 140 in Shrewsbury, continue to the second stop light. This is Oak Street; there will be a bowling alley on the right. Turn Right on Oak Street; proceed until you reach a stop sign. This is Maple Avenue. The entrance to the conference center is directly across the street, the first building on the right.

From Route 290:
• Westbound from Marlborough: Proceed on Route 290 West to Exit 22 – Main Street, Shrewsbury. Take Exit 22. At end of ramp take a left onto Main Street.
• Eastbound from Auburn/Worcester: Proceed on Route 290 East to Exit 22 – Main Street, Shrewsbury. Take Exit 22, at end of ramp take a right onto Main Street.

Once on Main Street, Shrewsbury: Proceed on Main Street through first set of traffic lights up the hill. Take a right onto Gage Lane (the first right after passing St. John’s High School). Follow Gage Lane to the end and turn right onto Maple Avenue. Proceed one-half mile, turn right at the blue sign for UMMS Worcester Foundation Campus. The Hoagland-Pincus Conference Center is the first building on the right.
# 12th Annual Primary Care Days

**DAY ONE: Wednesday: April 13, 2011**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session A - 9:00 - 10:00 AM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oren Schafer</td>
<td>David Harlan</td>
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</tbody>
</table>

**10:00 - 10:30 AM - BREAK**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session B - 10:30 - 11:30 AM</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1: Updates on Cervical Cytology and Mammography Recommendations:</td>
<td>B2: Prostate Cancer Screening:</td>
</tr>
<tr>
<td>Dawn Tasillo</td>
<td>Jesee Aronowitz</td>
</tr>
</tbody>
</table>

**Session C - 11:30 AM - 12:30 PM**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session C - 11:30 AM - 12:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1: Seizures:</td>
<td>C2: Sleep Apnea and Sleep Studies:</td>
</tr>
<tr>
<td>Catherine Phillips</td>
<td>Stacia Sailer</td>
</tr>
</tbody>
</table>

**12:30 - 1:30 LUNCH**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session D - 1:30 - 2:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>D1: Caring for the Autistic Patient:</td>
<td>D2: Avoiding Medical Malpractice Suits:</td>
</tr>
<tr>
<td>Jean Frazier</td>
<td>Robert Baldor</td>
</tr>
<tr>
<td></td>
<td>(Risk Management)</td>
</tr>
</tbody>
</table>

**Session E - 2:30 - 3:30 PM**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session E - 2:30 - 3:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>E1: Outpatient Work-Up for Anemia:</td>
<td>E2: Diagnosis and Treatment of Depression in Primary Care:</td>
</tr>
<tr>
<td>Robert Weinstein</td>
<td>Alan Brown</td>
</tr>
</tbody>
</table>

**BREAK**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session F - 3:50 - 4:50 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>F1: Irritable Bowel Disease Update:</td>
<td>F2: Primary Care Exam of the Knee and Hip:</td>
</tr>
<tr>
<td>Dominic Nompleggi</td>
<td>Jeff Metzmaker</td>
</tr>
</tbody>
</table>

**Registration: 7:00 – 8:00 AM**

**KEYNOTE - 8:00 - 9:00 AM**

Healthcare Reform, Quality Improvement and Its Impact on Primary Care - Robert Klugman, MD (Risk Management)

**Session A - 9:00 - 10:00 AM**

A1: Antibiotics for Respiratory Disease in the Outpatient Setting: Oren Schafer
A2: New Treatments for Type 2 DM: David Harlan
A3: Eating Disorders: Ann Sattler

**Session B - 10:30 - 11:30 AM**

B1: Updates on Cervical Cytology and Mammography Recommendations: Dawn Tasillo
B2: Prostate Cancer Screening: Jesee Aronowitz
B3: CHF Update: Theo Meyer

**Session C - 11:30 AM - 12:30 PM**

C1: Seizures: Catherine Phillips
C2: Sleep Apnea and Sleep Studies: Stacia Sailer
C3: Outpatient Approach to Renal Insufficiency: David Clive

**12:30 - 1:30 LUNCH**

**Session D - 1:30 - 2:30 PM**

D1: Caring for the Autistic Patient: Jean Frazier
D2: Avoiding Medical Malpractice Suits: Robert Baldor (Risk Management)

**Session E - 2:30 - 3:30 PM**

E1: Outpatient Work-Up for Anemia: Robert Weinstein
E2: Diagnosis and Treatment of Depression in Primary Care: Alan Brown

**BREAK**

**Session F - 3:50 - 4:50 PM**

F1: Irritable Bowel Disease Update: Dominic Nompleggi
F2: Primary Care Exam of the Knee and Hip: Jeff Metzmaker
# CARE DAYS

## DAY TWO: Thursday: April 14, 2011

**Registration:** 7:00—8:00 AM

### Session G - 8:00 - 9:00 AM

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Richard Glew</td>
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</table>

### Session H - 9:00 - 10:00 AM

<table>
<thead>
<tr>
<th>H1: Contemporary Evaluation and Management of Osteoporosis:</th>
<th>H2: Update on Vitamin D:</th>
<th>H3: Healthcare Acquired Infections:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Katherine Waud</td>
<td>Frank Domino</td>
<td>Richard Ellison</td>
</tr>
</tbody>
</table>

**10:00 - 10:30 AM - BREAK**

### Session I - 10:30 - 11:30 AM

<table>
<thead>
<tr>
<th>L1: Evaluation of Abnormal Liver Chemistries:</th>
<th>L2: STD’s:</th>
<th>L3: Peri-menopausal Issues in Primary Care:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Savant Mehta</td>
<td>Albert DeMaria</td>
<td>Julia Johnson</td>
</tr>
</tbody>
</table>

**11:30 - 12:30 PM LUNCH**

### Session J - 12:30 - 1:30 PM

<table>
<thead>
<tr>
<th>J1: Advances in Stroke Treatment and Prevention:</th>
<th>J2: Updates in Palliative Care: What every primary care doctor needs to know:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Majaz Moonis</td>
<td>Suzana Makowski</td>
</tr>
</tbody>
</table>

### Session K - 1:30 - 2:30 PM

<table>
<thead>
<tr>
<th>K1: Suicide Assessment and Prevention:</th>
<th>K2: Non-Invasive Cardiac Testing:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daniel Kirsh</td>
<td>Dennis Tighe</td>
</tr>
</tbody>
</table>

Disclosure: It is the policy of the University of Massachusetts Medical School to ensure fair balance, independence, objectivity and scientific rigor in all activities. All faculty participating in CME activities sponsored by the University of Massachusetts Medical School are required to present evidence-based data, identify and reference off-label product use and disclose all relevant financial relationships with those supporting the activity or others whose products or services are discussed. Faculty disclosure will be provided in the program activity materials.
Executive Planning Committee

William F. Corbett, MD
Vice President of Community Practices
UMass Memorial Medical Center
Clinical Associate Professor of Medicine
University of Massachusetts Medical School

Howard J. Sachs, MD
Clinical Associate Professor of Medicine
Medical Liaison, Joint Replacement Center
UMass Memorial Healthcare

Subcommittee Planning Members

Robert Baldor, MD
Vice Chair, Family Medicine and Community Health
UMass Memorial Medical Center
Professor of Family Medicine and Community Health
University of Massachusetts Medical School

Marianne Felice, MD
Chair, Department of Pediatrics; Physician-in-Chief
UMass Memorial Children's Medical Center
Professor of Pediatrics, and Obstetrics and Gynecology
University of Massachusetts Medical School

Tom Groblewski, DO
Statewide Medical Director
UMass Correctional Health
Assistant Professor
UMass Family Medicine and Community Health

Janet Fraser Hale, PhD, RN, FNP
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Graduate School of Nursing and UMCH
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Senior Vice President, Chief Quality Officer,
Medical Director Managed Care
UMass Memorial Healthcare
Associate Professor of Medicine and Quantitative Health Sciences
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Continuing Medical Education
University of Massachusetts Medical School

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UMass Memorial Medical Center
Assistant Professor of Emergency Medicine
University of Massachusetts Medical School

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University of Massachusetts Medical School

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Associate Director of Communications, Continuing Medical Education, and Global Initiatives
Department of Psychiatry
University of Massachusetts Medical School

UMass Memorial Healthcare Faculty Members

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Robert Baldor, MD
Alan Brown, MD
David Clive, MD
Frank Domino, MD
Richard Ellison, MD
Jean Frazier, MD
Michael Gitkind, MD
Richard Glew, MD
David Harlan, MD
Julia Johnson, MD
Glenn Kershaw, MD
Daniel Kirsch, MD
Robert Klugman, MD
Suzana Makowski, MD
Savant Mehta, MD
Jeff Metzmaker, MD
Theo Meyer, MD
Majaz Moonis MD, MRCP, DM
Dominic Nompleggi, MD, PhD
Catherine Phillips, MD
Stacia Sailer, MD
Ann Sattler, MD
Oren Schafer, MD
Dawn Tasillo, MD
Dennis Tighe, MD
Catherine Waud, MD
Robert Weinstein, MD

Massachusetts Department of Public Health Faculty

Albert DeMaria, MD
Registration

Primary Care Days

April 13 & 14, 2011

Registration will be accepted on the basis of date of receipt and cannot be accepted without payment. Please type or print clearly.

Name: ___________________________  Daytime Phone #: ___________________________

Professional Degree Certification (for name badge): ___________________________

Employer: ___________________________  City/State/Zip

(for roster & name badge)  City/State/Zip

Mailing Address: ______________________________________________________________

City/State/Zip

E-Mail Address: ___________________________________________ Phone: ________________________

Presentation Selection: Please select one breakout session (1, 2, or 3) for each day

Wednesday: A ____  B ____  C ____  D ____  E ____  F____
Thursday: G ____  H ____  I ____  J ____  K ____

Please register me for:

☐ Wednesday & Thursday  ☐ Wednesday Only  ☐ Thursday Only

Physicians:  
☐ $250/Both days (early bird—prior to 3/25/11)
☐ $275/Both days (after 3/25/11)
☐ $150/One day (please indicate day above)

Nurse Practitioners, Physician Assistants, Nurses and all others: 
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Residents/ Fellows:  
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⇒ For Instant Registration (with credit card) visit: www.umassmed.edu/cme/events or CALL 508-856-1671
⇒ For Registration by Mail Complete this form and submit with a check or supply credit card information below to: UMMS Office of Continuing Medical Education, 222 Maple Avenue, Shrewsbury, MA 01545. Make check payable to: UMMS Office of Continuing Medical Education (OCME)

⇒ Please complete if paying with Credit Card:  ☐ Master Card  ☐ Visa  ☐ American Express

Cardholder name (printed): ____________________________________________________________

Card #: ___________________________  Expiration Date: ___________________________

Billing Zip Code: ___________________________

Signature: ___________________________
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