

***17<sup>th</sup> Annual***

# ***Primary Care Days***

**Tuesday, April 12 & Wednesday, April 13, 2016**

**DoubleTree Hotel**

**5400 Computer Drive**

**Westborough, MA 01581**

Sponsored by:  
University of Massachusetts Medical School  
Office of Continuing Medical Education



**Program Overview:** As part of our commitment to training in primary care, the UMass Medical School Office of Continuing Medical Education offers this program to provide updates on a wide range of rapidly changing Primary Care topics. The program will feature concurrent presentations from which attendees can select his/her own learning track. Faculty may use didactic and case presentations. Each session will be facilitated by a primary care physician.

**Target Audience:** Physicians, physician assistants, nurse practitioners and residents in primary care.

**Educational Objectives:** *At the conclusion of the program participants will be able to:*

- Discuss the public health opioid crisis and the legislative, and medical community responses
- Learn the latest treatment updates on illnesses commonly seen in the primary care office including CHF, Hyperlipidemia, Hepatitis C, Diabetes, Asthma, COPD and Anxiety Disorders
- Appreciate the potential future role of genomic medicine in primary care practice
- Recognition and treatment of patients with anxiety disorder and utilization of mindfulness in stress reduction
- Update participants on serious, acute illnesses presenting to the primary care office, including neurological emergencies, DVT and tick-borne diseases

**Comfort:** Business casual is very appropriate for this conference. Although attempts will be made to insure the comfort of our attendees, we suggest that you bring a sweater/jacket if you tend to be chilly.

## **REGISTRATION INFORMATION**

**Fees:** An early bird Registration fee will apply to all two-day attendees when registering by 2/15/16. Physicians \$310; All other Health Professionals \$210, Residents \$110, Medical Students \$50.

**Fees after 2/15/16:** Both days – Physicians -\$335, All other Health Professionals \$235, Residents \$120, Medical Students \$55. One day – Physicians - \$210; All other Health Professionals - \$160, Residents – \$55, Medical Students - \$30

**On-site Registration:** On-site registration will be available (space permitting) and will be assessed an additional \$25 to the published registration fee. Please call the UMass Office of Continuing Medical Education at 508-856-1671 to verify availability of space prior to arriving on-site to register.

*Above fees include course materials, continental breakfasts, luncheons, and continuing education credit.*

**Deadline:** Pre-registration will be closed when space is full or on March 31, 2016 at the latest. Registration should not be mailed unless receipt before that time is guaranteed.

**Accreditation:** The University of Massachusetts Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Massachusetts Medical School designates this live activity for a maximum of 10 *AMA PRA Category 1 credits*<sup>™</sup>. Physicians should claim only credit commensurate with the extent of their participation in the activity.

**AAFP Credit:** *This Live activity, 17th Annual Primary Care Days, with a beginning date of 04/12/2016, has been reviewed and is acceptable for up to 10.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

**Nurses Accreditation & Others:** This offering meets the requirements for 12 contact hours for nurses as specified by the Massachusetts Board of Registration in nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spent in the educational activity.

**Others:** Other professionals will be eligible for 10 continuing education hours from the University of Massachusetts Medical School.

**Cancellation Policy:** If you cancel your registration before March 31, 2016, your fee is refundable less a processing charge of \$50. After that date, no refunds will be given for any reason, including weather and other emergencies. Substitutions are always acceptable.

The Office of Continuing Medical Education reserves the right to cancel a program at any time caused by circumstances not under its control. Persons registered in a cancelled program will be notified by email, using the email address listed. Registration fees will be refunded if the program is cancelled by the Office of Continuing Medical Education. There may be changes in program content caused by circumstances beyond the control of the Office of Continuing Medical Education.

**Information and Special Needs:** In compliance with the Americans with Disabilities Acts, if you have any special needs (dietary needs, or any other) please call the UMMS Office of Continuing Medical Education (508-856-1671) for assistance by March 25, 2016.

***TUESDAY, APRIL 12, 2016***

**8:00-8:50 AM**

**KEYNOTE:**

**Marijuana for Medical Use**  
Uma Dhanabalan, MD  
(Risk Management Credit)

**9:00-9:50 AM**

**SESSION A**

**A1 The Top Ten Things I learned This Year**  
Frank Domino, MD

**A2 Update on Androgen Replacement**  
Mitchell Sokoloff, MD

**A3 Neurological Emergencies in the PCP Office**  
David Paydagar, MD

**10:00-10:50 AM**

**SESSION B**

**B1 Optimizing Palliative Care in Primary Care Medicine**  
Jennifer Reidy, MD and Lucy Candib, MD  
(End of Life Care Credit)

**B2 Treating Anxiety Disorders in the PCP Office**  
Rebecca Lundquist, MD

**B3 What the PCP Should Know About Microbiotics**  
Randall Pellish, MD

**10:50-11:10 PM**

**BREAK**

**11:10-12:00 PM**

**SESSION C**

**C1 Travel Medicine Update**  
Richard Glew, MD

**C2 Treatment of Debilitating Headaches**  
Shivang Joshi, MD, MPH, B.Pharm

**C3 The Role of Genomic Medicine in Future Patient Care**  
Beverly Hay, MD

**12:00-1:00 PM**

**LUNCH**

**1:00-1:50**

**SESSION D**

**D1 Heart Failure Treatments**  
Jeffrey Shih, MD

**D2 Recognizing Common Pediatric Endocrine Problems**  
Leslie Soyka, MD

**D3 Primary Care Management of Cancer Survivors**  
Bradley Switzer, MD

**2:00-2:50**

**SESSION E**

**E1 DVT and Thrombophilia Update**  
Doreen Brettler, MD

**E2 New Lipid Treatment Guidelines and Approaches**  
Ira Ockene, MD

**E3 Tick-borne Diseases in MA**  
Douglas Waite, MD

## WEDNESDAY, APRIL 13, 2016

8:00-8:50 AM

### KEYNOTE:

**The Public Health Crisis of Opioid Misuse**  
Dennis Dimitri, MD, FAAFP  
(Mass Medical Society President)  
(Pain Management Credit)

9:00-9:50

### SESSION F

**F1 Reducing Stress with Mindfulness**  
Judson Brewer, MD

**F2 Update on Thyroid Disease**  
Mira Sofia Torres, MD

**F3 Recognizing and Treating Eating Disorders**  
Anne Powell, MD

10:00-10:50

### SESSION G

**G1 Update on Treating Diabetic Patients**  
Michael Thompson, MD

**G2 Advising Patients on Birth Control Methods**  
Aaron Mendel, MD

**G3 Recognizing and Treating Skin Fungal Infections**  
Leah Belazarian, MD

10:50-11:10 PM

### BREAK

11:10-12:00 PM

### SESSION H

**H1 Addressing Health Concerns of Menopausal Patients**  
Julia Johnson, MD

**H2 Recognizing Measles, Mumps and Rubella**  
Christina Hermos, MD

**H3 Emerging Hepatitis-C Treatment Therapies**  
Savant Mehta, MD

12:00-1:00 PM

### LUNCH

1:00-1:50

### SESSION I

**I1 Treating Asthma and COPD: 2016 Update**  
Oren Schaefer, MD

**I2 Providing Obesity Counseling in the Primary Care Office**  
Sherry Pagoto, PhD

**I3 Anticoagulant use in AFib**  
Joel Gore, MD

2:00-2:50

### SESSION J

**J1 Transitioning Adolescents and Young Adults with Developmental Disabilities into an Adult Focused Practice**  
Robert Baldor, MD

**J2 Update on Anti-arrhythmias**  
David McManus, MD

**J3 Work-up and Treatment of Low Back Pain in the Primary Care Office**  
David Mazin, MD



## **PRIMARY CARE DAYS 2016**

### **Executive Planning Committee**

#### **William F. Corbett, MD**

Senior Vice President, Community Practices  
UMass Memorial Medical Group  
Clinical Associate Professor of Medicine  
University of Massachusetts Medical School

#### **Dennis M. Dimitri, MD, FAAFP**

Vice Chair, Clinical Services  
Family Medicine and Community Health  
UMass Memorial Medical Center  
Clinical Associate Professor of Family Medicine and Community Health  
University of Massachusetts Medical School

#### **Michael D. Kneeland, MD, MPH**

Clinical Professor of Family Medicine and Community Health  
Interim Associate Dean for Continuing Medical Education  
University of Massachusetts Medical School

#### **Howard J. Sachs, MD**

Associate Professor of Clinical Medicine  
Patients, Course Director  
Director, Medical Consultation Orthopedic Spine and  
Joint Replacement Service  
Department of Medicine  
Division of Primary Care  
University of Massachusetts Medical School  
UMassMemorial Medical Center

### **Program Faculty Members**

Robert Baldor, MD  
Leah Belazarian, MD  
Doreen Brettler, MD  
Judson Brewer, MD, PhD  
Lucy Candib, MD  
Uma Dhanabalan, MD  
Dennis Dimitri, MD, FAAFP  
Frank Domino, MD  
Richard Glew, MD  
Joel Gore, MD  
Beverly Hay, MD  
Christina Hermos, MD  
Julia Johnson, MD  
Shivang Joshi, MD, MPH, B.Pharm  
Rebecca Lundquist, MD  
David Mazin, MD  
David McManus, MD, ScM, FACC, FHRS

Savant Mehta, MD  
Aaron Mendel, MD  
Ira Ockene, MD  
Sherry Pagoto, Ph.D.  
David Paydafar, MD  
Randall Pellish, MD  
Anne Powell, MD  
Jennifer Reidy, MD  
Oren Schaefer, MD  
Jeffrey Shih, MD  
Mitchell Sokoloff, MD  
Leslie Soyka, MD  
Bradley Switzer, MD  
Michael Thompson, MD  
Mira Sofia Torres, MD  
Douglas Waite, MD

Disclosure: It is the policy of the University of Massachusetts Medical School to ensure fair balance, independence, objectivity and scientific rigor in all activities. All faculty participating in CME activities sponsored by the University of Massachusetts Medical School are required to present evidence-based data, identify and reference off-label product use and disclose all relevant financial relationships with those supporting the activity or others whose products or services are discussed. Faculty disclosure will be provided in the program activity materials.

<b>Registration fees:</b>	Both days prior to 2/15/16	After 2/15/16	One Day Only
Physicians	\$310	\$335	\$210
All Other Health Professionals	\$210	\$235	\$160
Residents	\$110	\$120	\$55
Medical Students	\$50	\$55	\$30

In addition to all sessions your registration includes:

- Continental breakfast, coffee breaks, and luncheons
- A flash drive containing course materials

### **REGISTRATION, PAYMENT, CONFIRMATION and REFUND POLICY**

Registrations for UMass Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website.

At the end of the registration process you will have the choice of paying by credit card (Visa, MasterCard, or American Express). Postal, telephone, fax, and cash-payment registrations are **not** accepted.

Upon receipt of your paid registration, an email confirmation from UMass CME office will be sent to you. Be sure you included an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.

Refunds, less an administrative fee of \$75 will be issued for cancellations received two weeks prior to the start of the course. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued.

**On-Site Registration** – Please call the UMass Office of CME at 508-856-1671 after March 31, 2016 to verify availability of space prior to arriving on-site to register. Please note that on-site registration will be assessed an additional \$25 to the published pre-registration fee.

**Register via smartphone** @ [www.umassmed.edu/cme/upcoming-events/primary-care-days/](http://www.umassmed.edu/cme/upcoming-events/primary-care-days/)





University of Massachusetts Medical School  
Office of Continuing Medical Education  
55 Lake Avenue North – S4-124  
Worcester, MA 01655  
[www.umassmed.edu/cme](http://www.umassmed.edu/cme)

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