Medical complications of obesity in youth
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Overweight and obesity in youth:
- Definition & prevalence
- Obesity checklist

Complications:
Pre-diabetes and Type 2 diabetes:
- Definition
- Incidence
- Risk factors
- Screening recommendations and tests (fasting glucose, hgbA1c, OGTT)
- Goals of treatment
- Treatment options: 1) lifestyle modification, 2) pharmacologic (biguanides, thiazolidinediones, insulin, other), 3) surgical
- Outcomes: TODAY study findings

Dyslipidema:
- Screening recommendations
- Treatment: non-pharmacologic and pharmacologic

Hypertension:
- Diagnosis: pediatric specific norms
- Treatment

Fatty liver disease:
- Evaluation & treatment

Hyperandrogenism:
- Evaluation & treatment