

The Office for Postdoctoral Scholars
The Graduate School of Biomedical Sciences
The Office of Faculty Affairs

Present a Professional Development Seminar

## Surviving (Happily) in My Science

Career

10 Commandments for Negotiating Work and Life



Joanne Kamens, Ph.D.

How do you balance the demands of a career in scientific research with the demands of home and family life?

Dr. Joanne Kamens has provided career development and work-life balance advice to hundreds of groups and individuals and has been actively mentoring young scientists for most of her career. She will discuss setting priorities, effective time management skills, and other strategies to achieve satisfaction and happiness at both home and at work.

Dr. Kamens is Executive Director of Addgene, a mission driven, non-profit dedicated to helping scientists around the world share plasmid reagents. She founded the Boston chapter of the Association of Women in Science.

Monday, December 2, 2013
11:00 to Noon
Amp I, S2-102
Refreshments will be served