

Fellowship In Early Relational Health Application



Lifeline for Families Center
Department of Psychiatry
University of Massachusetts Chan Medical School
222 Maple Avenue, Chang Building
Shrewsbury, MA 01545
Tel: 508.856.8455
fax: 508.856.6805

Worcester, MA. – The University of Massachusetts Chan Medical School is now accepting applications for its **2022-2024 Fellowship in Early Relational Health** schedule to begin in September 2022. Join this exceptional and highly acclaimed hybrid training program designed to advance the quality of mental health services for infants and young children in the context of their earliest relationships. Formerly at UMass Boston, the 2022-2024 UMass Chan Fellowship has been redesigned in a hybrid format, including both in-person and remote-learning sessions, requiring 6 intensive four-day retreats in Worcester, MA, in addition to 10 interspersed remote learning weekends, over the course of 18 months. This part-time learning experience, including approximately 300 learning hours, supports professionals to integrate their learning into their current work settings.

The mission of the ERH Fellowship program is to enhance the knowledge base of clinicians supporting society's most vulnerable children and families, understanding innovative assessments and 2-generation interventions that improve the mental health and well-being of caregivers and close the gap in young children's development and provide resilience to overcome adversities from trauma, poverty, and systemic racism. Graduates frequently earn positions of leadership in their communities and systems of practice and have had incredible worldwide impact in community-based programs supporting at-risk children and families from birth, developed as a direct result of their participation in this Fellowship.

Recognized internationally as the gold standard of training in the early relational health field, Fellows learn directly from world luminaries, who in the past have included Chief Faculty, Ed Tronick, Bruce Perry, Charles Zeanah, Joy Osofsky, Brenda Jones Harden, Beatrice Beebe, Peter Fonagy, Alicia Lieberman, George Downing, Arietta Slade, Alice Carter, Serena Wieder, Stephen Porges, Catherine Lord, Rachel Yehuda, Lynne Murray, Peter Cooper, Colwyn Trevarthen, and many more. Moreover, Fellows are supported in the integration of their learning to their clinical practice/policy/educational settings by a dynamic interdisciplinary Core Faculty who guide and support Fellows throughout the program.

Open to a full range of interdisciplinary professionals, including physicians, psychologists, nurses, psychotherapists, educators, social workers, SLPs, OTs, PTs, policy advocates, and others working with young children 0-6 and their caregivers, Fellows benefit from the rich exchanges between a diverse group of professionals, all aiming to support early relational health. The ERH Fellowship attracts both mid-career and senior-level clinicians in each discipline from countries all around the world and across the United States and has consistently positioned participants in leadership positions within their scope of practice.

FELLOWSHIP DESCRIPTION

A comprehensive, part-time, hybrid, 18-month training program in early relational health research, theory, assessment, and relationship-based interventions, designed for interdisciplinary professionals ranging in their scope of clinical/research practice, and systems of care, including:

- Neurodevelopmental models of risk and resilience, effects of trauma on early relationships and early brain development
- Therapeutic interventions with infants and families (including dyadic and family systems psychotherapies, the therapeutic use of videotape with families, and evidence-based models supporting early relational health and development, such as *Circle of Security*, *Child Parent Psychotherapy*, *Theraplay*®, *DIR*® *Floortime*, *Child First*, and more
- Infant/early childhood and relationship-based assessment tools and measures. specialized trainings in *NBO*, *NCAST Parent-Child Interaction Scales*, *Theraplay Marschak Interaction Method*, *DC:0-5*, and many other diagnostic tools
- Research, diagnosis and multidisciplinary approaches to treating infant regulatory disorders, social communication disorders, anxiety disorders in young children, post-traumatic stress disorder, and the effects of trauma on early relationships and early brain development
- Perinatal mood and anxiety disorders and therapeutic interventions supporting the transition to parenthood
- Diversity Informed Tenets of IECMH; examining implicit bias in developmental science; diversity, equity and inclusion in IECMH workforce development
- Understanding infant and early childhood systems of care; child welfare system; court-based models of intervention
- Reflective practice/facilitated integration of course material with individuals' practice
- Individualized support from Core Faculty in the development of an Integrated Learning Project: Fellows design a project in second year of program to explore their creative ideas for how to implement change in systems and clinical practices supporting infants, young children and families
- Networking and career-development opportunities with a world-wide network of over 250 inter-disciplinary alumni in 23 states and 26 countries, and over 40 ERH faculty
- The ERH Fellowship fulfills the *Alliance for the Advancement of Infant Mental Health* training and reflective supervision/consultation requirements for the credential: *Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health*® as an Infant/Early Childhood Mental Health Specialist (Category III) and the Infant/Early Childhood Mental Health Mentor (Category IV).

UNIVERSITY OF MASSACHUSETTS CHAN MEDICAL SCHOOL

FELLOWSHIP IN EARLY RELATIONAL HEALTH/ ADMISSIONS APPLICATION FORM

(Please type or use black ink to complete form.)

Ed Tronick, Ph.D.

*Professor of Psychiatry and Pediatrics
Chief Faculty, Fellowship in Early Relational Health
Lifeline for Families Center*

• FELLOWSHIP IN EARLY RELATIONAL HEALTH

Dorothy T. Richardson, Ph.D.

*Assistant Professor, Psychiatry and Pediatrics
Executive Director, Fellowship in Early
Relational Health
Lifeline for Families Center*

PERSONAL DATA

1. Name:

Last (Family)
First (Given)
Middle
2.
 Other names that may appear on credentials:
3. Sex (Please circle): Female: Male: Other: Date of Birth: (Month/Day/Year)
4. U.S. Social Security Number: Country of Citizenship:
5. Preferred Mailing Address:
 City: State: Zip: Country:
6. Residence Address:
 City: State: Zip: Country:
7. Telephone Numbers: Home () Work: () Cell: ()
8. Email address (if applicable)
9. Ethnic Origin (optional) Hispanic Cape Verdean White (Not of Hispanic Origin)
 Black (Not of Hispanic Origin) Asian or Pacific Islander American Indian

PROFESSIONAL LICENSE AND/OR CREDENTIAL DATA (If Applicable)

Granting Institution	City / State/ Country	Date Received	License (Please indicate number)
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

ACADEMIC BACKGROUND

Activities and Work Experience: Please list in chronological order every institution of higher education you have attended, indicating dates of attendance. Indicate any degrees or certificates earned or expected, and give dates earned or expected. Be sure to include any institution you have attended as a non-degree-seeking student.

College / University	City / State/ Country	Dates attended	Degree	Major
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

DISCIPLINE:**SETTING:**

Occupational Therapist

Marriage & Family Therapist/LMHC

Private/not for profit agency

Child Care

Physician, specialty:

Educator, specialty:

Public School System

Self employed

Physical Therapist

Speech/Language Clinician

Private School

Other, please specify:

Nurse

Early Intervention Specialist

Private Practice

Psychologist

Other, please list:

Community Clinic

Social Worker/LCSW

Public or governmental agency

Hospital

ACTIVITIES AND WORK EXPERIENCE (Please attach CV and 2 Professional References using Attached Form)**EXPERIENCE AND WORK WITH INFANTS AND YOUNG CHILDREN**1. *Setting* *Ages* *Dates* *Position**Description*1. *Setting* *Ages* *Dates* *Position**Description*1. *Setting* *Ages* *Dates* *Position**Description***EXPERIENCE AND WORK WITH PARENTS AND ADULTS**1. *Setting* *Ages* *Dates* *Position**Description*2. *Setting* *Ages* *Dates* *Position**Description*3. *Setting* *Ages* *Dates* *Position**Description*

STATEMENT OF INTEREST: *Please describe your interest in the Infant-Parent Mental Health/Early Relational Health field, and the relevance of this course of study to your work with children and families. What do you consider to be your personal and professional strengths that will contribute to your work with children and families, within your discipline? (Essay should be less than 2 pages, may*

- 1.) I understand that upon acceptance to the ERH Fellowship a \$3,000 deposit will be due. I understand that this deposit is non-refundable to confirm space. **Initial here:** _____
- 2.) As a registered fellow, I am expected to make a full tuition payment in order to receive my certificate. The Fellowship Director reserves the right to prohibit fellows' continued attendance for failure of tuition payment 30 days after payment deadlines. Payment breakdown: \$3,000 deposit - upon acceptance to the Fellowship; an additional tuition of \$3,500 is due by September 1, 2022; remaining tuition of \$6,000 is due by March 1, 2023. Similarly, If I decide to withdraw from the Fellowship, I am still obligated to complete full payment of my \$12,500.00 tuition. **Initial here:** _____
- 3.) I understand that missing more than 24 hours of course time or missing any mandatory training will result in me not being eligible for my certificate of completion. **Initial here:** _____
- 4.) I understand that my certificate of completion from the University of Massachusetts Chan Medical School Fellowship in Early Health Relational Health will be provided only after I have completed all course requirements on the timeline explained in the Fellowship description. **Initial here:** _____
- 5.) I have read the Fellowship description packet, including the information entitled "Responsibility of Trainees," and I understand and agree to my responsibilities. **Initial here:** _____
- 6.) I understand that no promises or guarantees are expressed or implied regarding employment, career advancement, licensing, credentialing, endorsement, or graduate units based on the completion of the ERH Fellowship. **Initial here:** _____
- 7.) I understand that while I am attending the ERH Fellowship, completing course assignments, completing practicum/integration hours, meetings with colleagues, and in all other activities related to the ERH Fellowship, I will not be covered by any student insurance, liability insurance or coverage, malpractice insurance or coverage, or other insurance held by the University of Massachusetts Chan Medical School, or any other sponsor, partner or faculty. Further, I agree to hold these entities harmless in the event of any accident, illness, or injury to or by me, or in any legal action against me arising from my activities while participating in the ERH Fellowship. I understand that I am solely responsible for my professional actions and decisions in all activities associated with the ERH Fellowship, and that I am solely responsible for practicing within the licensing, credentialing, code of ethics, and professional scope of my profession. **Initial here:** _____
- 8.) I consent to listing my name, mailing address, phone numbers, e-mail address, my discipline, work setting, and degree on a class roster that may be distributed to class members, mentors, faculty, and guest speakers either in electronic or hardcopy format. I also consent to my name, picture and biography on the ERH Fellowship website as a "Current Fellow." **Initial here:** _____
- 9.) The Fellowship Director reserves the right to cancel the ERH Fellowship if there is insufficient enrollment, to reschedule learning sessions as a rare remedy to accommodate luminary's schedule or unforeseen circumstances (such as Covid travel or in-person meeting restrictions), and to substitute speakers as needed. **Initial here:** _____

I hereby state that the above information is true and correct, and I request admission to the Early Relational Health Fellowship. I agree to the conditions and responsibilities, as described.

Printed Name

Signature

Date

Please contact rouzan.khachatourian@umassmed.edu to setup an initial phone interview with the Fellowship Director.

Please email your application and send the completed hard copy with your \$100.00 application fee made out to:
"University of Massachusetts Chan Medical School"

Mailing Address:

Attention: Rouzan Khachatourian
Program Manager, ERH Fellowship
UMass Chan Medical School
Department of Psychiatry – iSPARC
222 Maple Avenue, Chang Building
Shrewsbury, MA 01545

TWO PROFESSIONAL REFERENCES ARE REQUIRED
(PLEASE COMPLETE AND RETURN SEPARATE REFERENCE FORM PROVIDED)

Applicants: Please complete the following information and sign this form before giving it to your reference.

Name of applicant: _____

Date: _____

Name of reference writer: _____

Address of reference writer: _____

Reference: The above applicant has given your name as someone who will serve as a reference in his/her application to the University of Massachusetts, Chan Medical School. Please note that your reference will be used as part of the admissions process. The University will not forward the reference to other programs, universities or to prospective employers.

It will help us greatly if you would give us your opinion of the applicant in the situation in which you have known him / her. Of particular interest to us are such factors:

	<i>(Needs Improvement)</i>			<i>(Strong)</i>	
	1	2	3	4	5
Academic Aptitude:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Resilience:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interpersonal skills and relationships with both children and adults:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outstanding strengths:	_____				
Areas for further development:	_____				

An early reply will be much appreciated. We suggest that you attach this form to your own letterhead or write your reply on the back of this form. Please send your reference to us in a sealed envelope.

Reference Signature: _____

Date: _____

Return this form and letter of reference to:
rouzan.khachatourian@umassmed.edu

For questions or more information, please visit our website:
<https://www.umassmed.edu/lifeline4moms/ERH>

FELLOWS RESPONSIBILITIES:

Fellows will be expected to complete the following activities independently and at their own expense unless otherwise noted)

1. **Course Attendance:** Attend all training sessions (see the accompanying schedule) for the course meetings. Fellows missing more than 24 hours of course attendance will not be eligible to receive a certificate of completion. For any sessions missed, Fellows will be asked to submit a plan for acquiring the information missed in the session.
2. **Integrated Learning Project:** Course completion requires fellows to attend a final Colloquium weekend to present an original Special Project. Over the 2-year course of study each fellow will determine a specific focus of interest within the field of Early Relational Health and the scope of their discipline and propose a special project related to that focus area. Each fellow will prepare a 30-minute oral presentation for their ERH colleagues and core faculty along with a written report or summary of their Special Project at a special colloquium weekend.
3. **Practicum/Integration Experience:** ERH Fellows are asked to identify a practicum/integration site as a setting where infant-parent mental health concepts explored in the training program can be applied to practice. The practicum/integration site should include working closely with care providers (parents and/or practitioners) so that inter-disciplinary work and mutual-mentorship skills can be expanded. The practicum/integration hours may be accomplished in the participant's usual work setting or in another location. The practicum should include a minimum of 8 hours/month up to full-time employment for the duration of program and should generate cases for case studies and peer-to-peer mentorship. Examples of sites for the practicum experience include Head Start, childcare centers, family child care settings, pediatric or family medical practice offices, hospital maternity and newborn units, home visiting programs, special education classrooms and programs, developmental centers, etc. Arrangement of practicum experience and supervision is the responsibility of the ERH participant.
4. **Professional Meeting Related to Infant-Parent Mental Health:** Fellows must attend at least one regional, national, or international professional IMH meeting, convention, or training during the ERH. Conferences may be local, national, or international, such as the Boston Institute for the Development of Infants and Parents (BIDIP), Zero to Three's National Training Institute, the ICDL International Conference, the World Association of Infant Mental Health (WAIMH) international meeting.
5. **Course tuition** of \$12,500: Payment breakdown: \$3,000 deposit – upon acceptance to the program; and additional payment of \$3,500 due by September 1, 2022; remaining tuition of \$6,000 due by March 1, 2023.
6. **Readings and Required Texts:** Acquire and read required articles assigned throughout the course and acquire "Required Texts" and a general child development text of the trainee's choice.

Testimonials

"I really enjoy the multidisciplinary perspectives shared by speakers and fellows. It broadens my exposure to research and clinical aspects of infant-parent mental health and encourages me to look beyond my own disciplinary lens and consider issues I may not have thought about before." ERH Graduate Fellow

"This is by far the most amazing learning experience I have ever had; it's a unique program, there is nothing else like it anywhere in the world." ERH Graduate Fellow

Visit us at: <https://www.umassmed.edu/lifeline4moms/ERH> Email: rouzan.khachatourian@umassmed.edu