

Session 4 –
Simulation and
Deliberate
Practice





Goal: Practice communication in ways that are clear, demonstrate respect and promote equity.

#1 PI or Administrator:
Describe your project and iSPARC role in an office interaction over Zoom as part of new employee on boarding.

#2 RA: Describe iSPARC and provide a basic overview of a study to a new member of a stakeholder advisory board using Zoom.

Objectives

Provide

Utilize

Employ

Deliberate Practice

Provide a brief overview of the study to someone who is not familiar in a way that demonstrates respect for their context (role, education, cultural background)

Utilize collaborative and equity-based communications skills to describe your research to a new teammate

Employ a checklist to identify areas for improvement

Draft and practice an approach to improve communications; capture this to share

Ground Rules

- This is a supportive learning space
- Enter the space with curiosity
- Open feedback is critical
- Sometimes you may be out of your comfort zone
- Errors are important
- Align with prior content

Timing and Structure

- 65 minutes for two sessions:
- 2 cycles x 30 min each, 5 min transition
 - 2 iSPARC team members (participant or observer)
- SP is both portrayer and facilitator
- Additional facilitator for 1 session each

Specific details of timing

For each cycle

- 10 minutes - SP interaction with iSPARC participant (confirm case)
- 2 minutes - iSPARC participant uses checklist for self-reflection on areas for improvement; SP completes checklist; iSPARC observer completes checklist
- 5 minutes - Feedback from SP and iSPARC observer
- 3 minutes - Plan deliberate practice
- 10 minutes - Deliberate practice and discussion

ISPARC members change roles/repeat with 2nd case

Please consider which setting best fits your role, and let the SP know which you will complete before you Sim.

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Let's move into breakout rooms

Participants, please arrange camera to optimize view (2-3 feet, showing torso, arms)

Turn off your camera if you are observing

When we return we will capture learning points, language and other helpful reflections so please write them down!


