

STRIDE Potential Research Participant Descriptions

<p>A: Dennis/Denise Gacioch Case A (pre and post assessment)</p>	<ul style="list-style-type: none"> • Dennis is a mature African American male (or female) who has Type 2 diabetes, and is sitting in the doctor’s waiting room at the beginning of the encounter. • The study asks if yoga can help patients with diabetes. • Dennis is well-educated, financially secure, and familiar with research, medical science, and technology. • Over time, he has become frustrated when people talk down to him, assuming he is not capable of understanding. • During the informed consent discussion he will show concern about his personal information remaining secure – and his disdain for yoga as a masculine form of exercise. • If the RA is respectful and empathetic, Dennis is likely to sign up for the study. • VALUE to LEARNER: Case A is a good starter case for RAs – not too hard. It is also the first and last case the RAs will do, and will be the before and after comparison of skill development.
<p>B: Juanita Colon Case B</p>	<ul style="list-style-type: none"> • Juanita is a Hispanic female, who is facing hypertension during her first pregnancy. She is home from work when the RA calls to conduct the informed consent discussion. Juanita is not familiar with research or medical science, but is familiar with technology. • The study asks if remote monitoring of blood pressure following delivery will improve patient compliance. • Juanita is moderately-educated, and is struggling during her pregnancy with lost income and mounting financial concerns. • Usually, Juanita is a hard worker, a problem solver, and energetic. Her risky pregnancy, and her prospects for raising her baby as a single mother, have diminished her usual coping capacity. • During the informed consent discussion, she will show willingness to participate, but becomes overwhelmed and confused. Toward the end, she will shut down completely. • No RA will be able to complete the informed consent discussion with Juanita. • VALUE to LEARNER: Case B is a difficult case, because it requires the RA to recognize and empathetically respond when a patient is simply unable to continue.
<p>C: Bodriyah Sekou Case C</p>	<ul style="list-style-type: none"> • Bodriyah is a mature African American female (or male) with glaucoma. She is at the YMCA when she sees the research booth, and she approaches the RA. • The study asks if an experimental injection/material can help patients with glaucoma. • Bodriyah has not had much formal education, and has had a difficult life, but she is very intelligent and energized about embracing health (recently got ACA). She is not familiar with research or medical science, but is familiar with technology. • During the informed consent discussion Bodriyah will ask many questions about the compensation for study participants, and skips over or dismisses risks to her eyes from the experimental injection. • VALUE to LEARNER: Case C is a difficult case, because the RA may perceive Bodriyah as unable to determine what is best for herself. This case requires the RA to confront potential paternalism, and respect patient autonomy.