

UMass Chan Child Care Resources

Better Health | Better Wellness | Everyday | Everyone



Office of Well-Being
Wellness | EAP

“

Balancing the competing demands of work and family life can be difficult and feel overwhelming.

The Employee Assistance Program is here to help.”



Employee Assistance Program

Child Care Information & Referral Program

UMass Chan Employee Assistance Program

UMass Chan Medical School's Employee Assistance Program (EAP) is a confidential, free benefit designed to support you in thriving both personally and professionally prioritizing your emotional well-being.

The EAP provides expert guidance, resources, and support through brief, solution-focused, evidence-based counseling and referral services.

Compassionate assistance helps you find practical solutions for navigating various challenges that life may bring inside and outside of work.

Call **1-800-322-5327** or email EAP@umassmed.edu for help.



Human
Resources

Office of Well-Being
Wellness | EAP

Child Care Consultation, Information & Referral

- Available to all employees of UMass Chan Medical School at **no cost** (faculty, staff, residents, fellows, post-docs, benefitted and non-benefitted)
- Confidential and personalized to your unique child care needs
- Available around-the-clock, every day of the year
- Delivered, on average, within 3 business days by email or mail (your choice)
 - Emergency requests processed on average within 6 business hours

Child Care Information & Referrals

Types of Information & Referrals Offered

Day Care Centers
Family Day Care Homes
Back-Up Care
Sick Child Care
Nanny Agencies
Public and Private Schools
Summer Camps
Lactation Support
Adoption
Tutors



Consultation & Referral: Types of Child Care

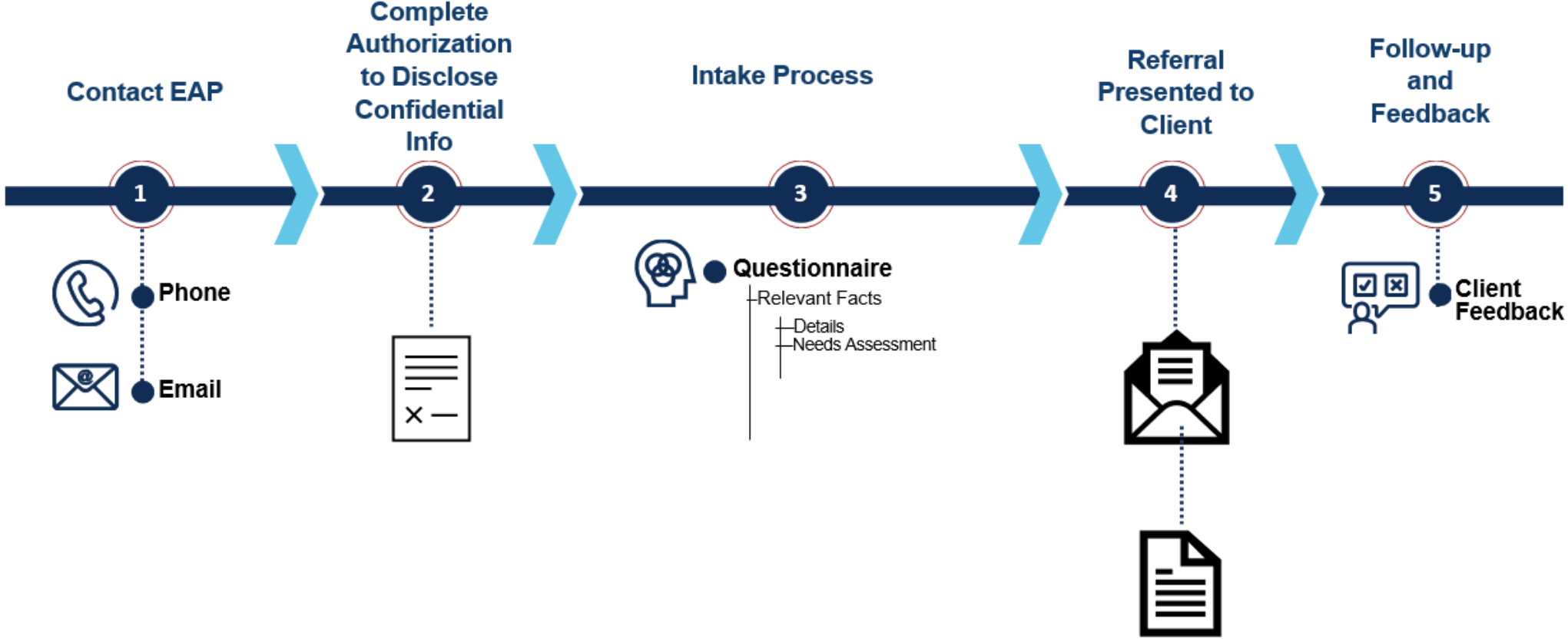
- Choosing the right type of child care for your family is a deeply personal decision. Let us help you understand the types of child care available and weigh the pros and cons of each.
- Questions we can help you consider:
 - How should I evaluate child care providers?
 - Is there a checklist I can use to assess a child care center?
 - What are the differences between a family day care and a center? What are the pros and cons of each?

Call EAP today to schedule a consultation and receive information about these questions and more!

Child Care Information & Referral Safeguards

- Child Care referrals are only given for **licensed** child care sources.
 - For example, if a family home daycare is requested, only a licensed family center will be given as a referral. No unlicensed facilities/family day care programs will be referred.
- Licensed nanny agencies may be provided, as well as babysitter websites.
- Individual babysitter/nanny names **will not be shared** as background, experience, and suitability cannot be confirmed.
- The EAP does not endorse any specific child care provider nor will it recommend a specific provider.

CHILD CARE REFERRAL PROCESS FLOW



Child Care Information & Referral Steps

1. *EAP provides you with a DocuSign consent form to begin the search and referral process.*
2. *Once form is completed, a child care assessment will be conducted with you, via phone, gathering information including:*
 - Type of child care desired
 - Age of child(ren)
 - Distance from your place of employment (or residence)
 - Times of child care needed
 - Cost parameters / budget
 - Child specific needs (e.g., nut-free environment)
 - Other relevant information

Child Care Information & Referrals Steps

3. *Let our research team do the work for you!*

- A customized search of licensed providers and relevant information will be completed for you

4. *What can you expect?*

- An emailed cover letter stating what research took place
- An official referral: our research team verbally spoke with the resource/provider and confirmed information
- If applicable, any information re: resource/provider that did not provide a response within the turn-around time
- Information regarding child care and tip sheets specific to your family's needs

Example of Child Care Referral



Branches at Meadowbrook

Availability

Expects to have an opening for a 10-year-old starting on June 19, 2023.

Ages Served

4 years - 13 years

Meals Offered

PM Snack

Camp Activities

Arts and crafts, games, field trip, swimming

Certifications

First Aid Certification
CPR Certification

Types of Services

Full days, Summer camp, Transportation

Additional Information

The camp runs in one-week sessions from June 19, 2023 to August 19, 2023. Swimming takes place at the Canobie Lake Park.

10-Year-Old Fees

\$380 per week

Registration Fees

\$150 annual

Contact Us

🏠 10 Farm Road, Weston, Massachusetts, 02493

☎ 781-647-0546

🌐 <https://www.branchesmeadowbrook.org/>

🕒 Monday through Friday: 7:30 AM to 6:00 PM

Consultation & Referral: Education

Whether you are moving to a new community and looking for school-aged children (pre-k through high school) or starting the college process with your 17-year-old, the choices can be overwhelming.

- **Consultation & Referral Provided for:**
 - Preschools
 - Public and Private Schools K-12
 - Tutors
 - Colleges and Universities
 - Technical Schools
 - Continuing Education
 - Adult Education Classes



Child Care: Summer Camp

Looking for a **summer camp** for your child? We can help with the research and provide you with information on everything from homesickness to bug bites. Summer camps fill up early so call or log on today.



- Experienced consultants are available any time, any day
- Assisted searches for day camps, overnight camps, specialty camps and more
- Camp profiles listing rates, activities, and other information you need to know
- On-line searchable database of camps nationwide
- Extensive library of summer camp resource articles and tipsheets

Self-Service Child Care Resources

Your Work-Life Website

Finding care options for children can be a time-consuming and overwhelming process, let [Your Work-Life Website](#) help! Use **company code: OWBEAP**



- Child care and camp searches, locators and profiles
- Parenting and child care articles
- Tip sheets and checklists
- [School-Age Child Care Handbook](#)
- Information available on topics including child care, parenting, developmental stages, kids' wellbeing, education, adoption, and more
- Selection of online financial articles, financial calculators, and other tools to help you get the answers you need

Your Work-Life Website Child Care Tip Sheets

- Choosing Child Care Checklist
- Choosing a Child Care Center
- Choosing In-Home Care
- Choosing a Family Day Care Home
- Evaluating Providers
- Financial Considerations for Child Care
- What Babies and Toddlers Need to Thrive in Child Care



Bright Horizons Family Solutions Option

- UMass Chan also sponsors a Child Care Center, Bright Horizons Family Solutions, for infants, toddlers and preschool children in a safe, nurturing environment that promotes physical, social, emotional and cognitive development
- Bright Horizons Family Solutions is located in the Shaw Building on 419 Belmont Street in Worcester
- For more information and availability of openings, contact Umass.university@brighthorizons.com or 774-455-KIDS

Please note: a waitlist is expected



EAP Supports Parents of School-Aged Children

- *EAP offers support for parents of school-aged children, including:*
 - Confidential and professional support for common parenting challenges, including support for effective coparenting
 - Support for parents of children with special needs
 - Confidential and professional support for children who may be experiencing bullying, anxiety, or struggles at school
 - Referrals to financial professionals for setting up a college fund
 - Referrals to summer camps and aftercare programs

Affording Child Care

Options and Information Available for You

Dependent Care Assistance Program (DCAP)

- Available only to benefit-eligible employees. **Annual enrollment required.** Offered at UMass Chan Medical School, sponsored by the Group Insurance Commission (GIC) and administered by TASC.
- Use **pre-tax dollars** to pay for child care expenses (daycare, camp and pre-k) for eligible dependents up to age 13. DCAP funds must be spent down in the allotted time frame (approx. 14 months). Any unspent funds at the end of the grace period are forfeited to the plan.
- Contribute any amount up to \$5,000 per family each plan year on a pre-tax basis. Reduces your taxable income and helps save you money.
- Enroll as a **new hire** during your first 21 days of employment or during the open enrollment period held annually for a July 1 effective date.
- More information: [Benefits Sharepoint Page](#)

UMass Chan Child Care Assistance Program

- UMass Chan provides a child care assistance program to help make child care for children in pre-kindergarten or younger affordable for working parents. The program pays a portion of child care costs for non-union employees at UMass Chan for any licensed child care provider.
- **Eligibility** - You and your spouse or partner must have a combined gross family income of \$100,000 or less to be eligible for this program.
- Please refer to the ['Child Care Assistance Handbook'](#) located on the Human Resources Intranet for more eligibility details.



Child Care Subsidies Available Through the Commonwealth of Massachusetts

- **Child Care Financial Assistance (CCFA)**
 - Helps eligible families pay for child care and out-of-school time programs
 - Apply over the phone by dialing 2-1-1 and using extension 23
 - [Learn More](#)
- **Child Care Resource and Referral Agencies (CCR&Rs)**
 - CCR&Rs support local communities by assisting families in finding child care that meets their needs, and helping eligible families obtain child care financial assistance.
 - [Learn More](#)

Child Care Subsidies Available Through the Commonwealth of Massachusetts Cont.

- **CCR&R: City of Worcester – Seven Hills Child Care Resource Program**
 - Ensure families have access to high-quality information, resources and referrals to meet their child care needs
 - Educate families on the cost, quality and availability of early education and out-of-school-time care
 - [Learn More](#)
- **Massachusetts Child Care Aware of America (CCAoA)**
 - Resources and education supporting all families have access to quality, affordable child care
 - Offers child care assistance for military families. [Learn More](#)

Child Care & Tax Credits

- ***Child and Dependent Care Tax Credit***
 - This credit is available to people who are paying for child care so they can work or look for work. Speak with a tax specialist or visit www.irs.gov for more information.
- ***Earned Income Tax Credit***
 - This is a tax credit for individuals who work and whose income is moderate to low. Speak with a tax specialist or visit www.irs.gov for more information.

Budgeting for Child Care: EAP Financial Assist

UMass Chan Office of Well-Being | Employee Assistance Program provides you with confidential consultations with financial counselors on everything from budgeting, debt, to purchasing a home, or saving for retirement.

- Fees 100% covered by UMass Chan
- Available to all faculty, staff, post-docs, residents, and fellows
- Choose a one-time consultation or on-going financial wellness support

Contact EAP today for your free and confidential financial counseling



Human
Resources

Office of Well-Being
Wellness | EAP

Employee Assistance Program

Always Available. Always Confidential.

Call: 1-800-322-5327

Email: eap@umassmed.edu



Human
Resources

Office of Well-Being
Wellness | EAP