Psychiatric Mental Health
Topical Outline

Class 1:
Theoretical underpinnings of psychological development and advanced practice psychiatric nursing; Personal and professional preparation needed to become an effective mental health clinician; Self-awareness, values, attitudes, unconscious bias
Readings:
- Tusaie & Fitzpatrick,
  - Chpt. 1, 4
- Saddock, Saddock & Ruiz,
  - Chpt. 2.5 (p 123-130)
  - Chpt. 3.2-3.3 (p 139-150)

Class 2:
A neurobiological perspective on mental health and mental illness; Stress response in the body and the relationship to illness exacerbation; Current/ emerging research related to the biological basis of mental illness
Readings:
- DSM V
  - pp 1-25 (on-line access available)
- Saddock, Saddock & Ruiz,
  - Chpt. 1.1-1.2 (p 1-17)
  - Chpt. 1.3-1.4 (p 31-45)
  - Chpt. 1.6-1.7 (p 67-83)
  - Chpt. 1.9 (p 88-92)
- Posted articles on Blackboard for this week

Class 3:
Diagnostic Interviewing-Psychiatric History, familial patterns and sociocultural, spiritual and gender related contributions to the diagnostic process; Mental Health wellness and health promotion
Readings:
- Carlott
  - pp 1-121
- Saddock & Ruiz,
  - Chpt 5, 6 (p 192-300)

Class 4:
DSM-V; linking ICD-10 and DSM V; Diagnostic Tools including mental status exam; cross disorder symptomatology
Readings:
- Carlott
  - pp 122-166
- Tusaie & Fitzpatrick,
  - Chpt. 7
Readings from neuroscience

Class 5:
Anxiety and Trauma related disorders;
Readings:
  • Carlott,
    o pp 186-198
  • DSM,
    o pp 189-290
  • Saddock, Saddock & Ruiz,
    o Chpts. 9, 11, 12,
    o Chpt 31.11 (p 1217-1225)
    o Chpt 31.13 (p 1253-1260)
  • Tusaie & Fitzpatrick,
    o Chpt. 9

Class 6:
Mood related disorders
Readings:
  • Carlott
    o pp 167-185
  • DSM
    o pp 123-188
  • Saddock, Saddock & Ruiz,
    o Chpt. 8,
    o Chpt 31.12 (p 1226-1242)
  • Tusaie & Fitzpatrick,
    o Chpt. 8, 15

Class 7:
Schizophrenia Spectrum and Other Psychotic disorders
Readings:
  • Carlott,
    o pp  208-227
  • DSM
    o pp 87-122
  • Saddock, Saddock & Ruiz,
    o Chpt. 7 (p 300-346)
    o Chpt. 31.15 (p 1268-1272)
  • Tusaie & Fitzpatrick,
    o Chpt. 10

Class 8:
Substance abuse disorders
Readings:
Class 9:
Obsessive-Compulsive and somatic disorders
Readings:
- Saddock, Saddock & Ruiz,
  - Chpt 10, 13, & 31.14 (1263-1267)
- DSM pp

Class 10:
Personality disorders
Readings:
- Carlott, pp 249-260
- Saddock, Saddock & Ruiz, Chpt. 22
- DSM, pp 645-684
- Tusaie & Fitzpatrick, Chpt. 21

Class 11:
Delirium & dementias
Readings:
- Carlott, pp 228-236
- DSM, pp 591-643
- Saddock, Saddock & Ruiz, Chpt. 21
- Tusaie & Fitzpatrick, Chpt. 13

Class 12:
ADHD and the major disorders of childhood
Readings:
- Carlott,
Class 13:
V Codes/Eating disorders/ Impulse Disorders
Readings:
  • Carlott,  
    o pp 237-242
  • DSM  
    o pp 329-354
  • Saddock, Saddock & Ruiz,  
    o Chpt. 15
  • Tusaie & Fitzpatrick,  
    o Chpt. 15

Class 14:
Wrap-up and Evaluations