Topical Outline

Global Mental Health and illness
- Mental health & wellness; illness prevention
- Stigma and mortality risks
- Role of social determinants of health
- Global mental health issues – World Health Organization (WHO)

Readings
Saddock, Saddock & Ruiz, Chpt. 2.5 pgs. 123-130 – MH
Chpt. 37 pgs. 1400-1405 – Global
DSM V Pages 1-25

Required Articles:


Recommended WHO Articles:


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WEEK 2 (9/14/20)

Becoming a psychiatric NP
- Personal and professional readiness;
- Reflexive practice and self-awareness
- Knowing one’s values, attitudes, intent and motivations
- Unconscious or implicit bias
- Role of culture in assessment and diagnosis

Readings: Tusaike & Fitzpatrick, Chpt. 1
Saddock, Saddock & Ruiz Chpt. 3.2 – 3.3 pgs. 139-150 – culture
**Required Articles:**


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**WEEK 3 (9/21/20)**

The Psychiatric NP role: Advocacy and Prevention

- Prevention of mental illness through community mental health action
- Social justice-informed approach in mental health
- Critical consciousness as a necessity for the advocacy role

**Readings:**
Skloor, Rebecca *The Immortal Life of Henrietta Larks*

**Videos:** Tale of two teachers [https://www.youtube.com/watch?v=sGtiNODA-W78](https://www.youtube.com/watch?v=sGtiNODA-W78)

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**WEEK 4 (9/28)**

Diagnostic Interviewing in mental health

- Comprehensive Psychiatric Assessment
- Psychiatric, developmental, mental health history (trauma, substance abuse)
- Psychosocial assessment, familial patterns, cultural, spiritual and gender-related contributions to the diagnostic process
- Mental status exam (MSE)
- ICD-10 and the DSM-5
- Terminology

**Readings:**
Carlott pp 1-121; 122-166
Saddock, Saddock & Ruiz, Chpt 5, 6 (p 192-300)
Tusaie & Fitzpatrick, Chpt. 7

**Required Articles:**
for the medscape article you will need to log in. If you do not have a medscape account it is free to join.

**Resources:** (See section below)
The MSE Chart
The Diagnostic Psychiatric Interview
- General Tips
- Gathering the data
- Mental Status Exam

Screening Tools
- DigFast
- I DESPAIR
- SIGCAPS
- HAM-D
- GAD-7
- Y-BOCS

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**WEEK 5 (10/5)**

**Neurobiological perspective on mental health conditions**
- Neurobiological considerations with mental illness
- Stress response in the body and it's impact on illness exacerbation
- Current/emerging research related to the biological basis of mental illness

**Readings:** DSM V pp 1-25 ([Library Link](#))
Saddock, Saddock & Ruiz Chpt. 1.1 – 1.2 (p. 1-17)
Chpt. 1.3 – 1.4 (p. 31-45)
Chpt. 1.6 – 1.7 (p. 67 – 83)
Chpt. 1.9 (p. 88 – 92)

**Required Articles:**


WEEK 6 (10/12)

Anxiety and Trauma-related disorders: Assessment & Diagnosis
- Psychological underpinnings and etiological understandings of anxiety and trauma-related disorders
- DSM 5 diagnostic criteria of common anxiety disorders and post traumatic stress disorder (PTSD)
- Review the neuropathology common to anxiety and trauma-related disorders
- Review the neuropathology unique to each specific anxiety disorder and to PTSD

Readings: Carlott, pp 186-198
DSM, pp 189-290
Saddock, Saddock & Ruiz, Chpts. 9, 11, 12,
   Chpt 31.11 (p 1217-1225)
   Chpt 31.13 (p 1253-1260)
Tusaie & Fitzpatrick, Chpt. 9

Required Articles:

WEEK 7 (10/19)

Mood related disorders – Unipolar and Bipolar Disorders
- Psychological underpinnings and etiological understandings of unipolar and bipolar disorders
- DSM 5 diagnostic criteria of major depression, persistent depressive disorder and various presentations of bipolar disorder
- Review the neuropathology common to unipolar mood disorders
- Review the neuropathology unique to bipolar disorders

Readings: Carlott pp 167-185
DSM pp 123-188
Saddock, Saddock & Ruiz, Chpt. 8,
   Chpt 31.12 (p 1226-1242)
Tusaie & Fitzpatrick, Chpt. 8, 15
**Required Articles:**


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**Week 8 (10/26)**

**Schizophrenia Spectrum and Other Psychotic disorders**
- Psychological underpinnings and etiological understandings of schizophrenia spectrum disorders
- DSM 5 diagnostic criteria of schizophrenia and the phases of early schizophrenia
- Review the neuropathology common to schizophrenia spectrum disorders

Readings: Carlott, pp 208-227
- DSM pp 87-122
- Saddock, Saddock & Ruiz, Chpt. 7 (p 300-346)
- Chpt. 31.15 (p 1268-1272)
- Tusaie & Fitzpatrick, Chpt. 10

**Required Articles:**


Week 9 (11/2)

Substance abuse disorders
- DSM V Diagnostic criteria for substance use disorders
- Psychological theories related to risk for developing addictions
- Neuropathology in early use of substances
- Neuropathology with chronic use of substances
- Cause of relapse

Readings: Carlott, pp 199-207
DSM, pp 481-589
Saddock, Saddock & Ruiz, Chpt 20 (p 616-693) ** Be Sure to read **
Tusaie & Fitzpatrick, Chpt. 18

Required Articles


** Log onto Umass Med Library to obtain this article **

RESOURCE: Screening and Assessment Tools for Substance Use
https://www.drugabuse.gov/nidamed-medical-health-professionals/screening-tools-resources/chart-screening-tools

Week 10 (11/9)

Week 10 (week of 11/4/19)

Obsessive-Compulsive and somatic disorders
- Review the characteristic presentation and symptomatology of OCD
- Review the characteristic presentation and symptomatology of somatic disorders
- Review the psychological and biological theories associated with both conditions

By the end of this week’s content you will be able to:
1. Identify and discuss the diagnostic symptomatology of OCD
Identify and discuss the diagnostic symptomatology of somatic disorder
3. Apply relevant psychological theory and/or biological theory to a case study on either of these conditions

Readings: Saddock, Saddock & Ruiz, Chpt 10, 13, & 31.14 (1263-1267)

Required articles:


Week 11 (11/16)

Personality disorders
Readings: Carlott, pp 249-260
Saddock, Saddock & Ruiz, Chpt. 22
DSM, pp 645-684
Tusaie & Fitzpatrick, Chpt.21

Scholarly paper due by 11/17

Week 12 (11/23)

Delirium & dementias

- Review the common psychiatric conditions associated with older adults
- Characteristics allowing for distinctions between delirium and dementia

By the end of this week’s content you will be able to:
1. Discuss the characteristic symptomatology which allows for the distinction of delirium and dementia
2. Discussed the neuropathology commonly associated with the psychiatric condition of older adults including depression and anxiety
Readings: Carlott, pp 228-236
   DSM, pp 591-643
   Saddock, Saddock & Ruiz, Chpt. 21
   Tusaie & Fitzpatrick, Chpt. 13

Articles:
https://bmjopen.bmj.com/content/bmjopen/6/3/e009212.full.pdf


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WEEK 13 (11/30)
ADHD and the major disorders of childhood

- Review the common psychiatric conditions associated with childhood and adolescence
- Review characteristic presentations of ADHD, childhood depression, childhood anxiety, Autism Spectrum Disorder, Reactive Attachment Disorder
- Explore the psychological and neurobiological theories related to depression and suicidal ideation with this population

By the end of this week’s content you will be able to:
1. Discuss the characteristic symptomatology of ADHD, child/adolescent depression and anxiety disorders
2. Describe the expected assessment findings for the conditions of autism spectrum and reactive attachment disorders
3. Discuss the psychological and neurobiological theories related to child and adolescent depression and suicidal behavior

Readings: Carlott, pp 243-248
   DSM, pp 31-85
   Saddock, Saddock & Ruiz, Chpt. 31
   Tusaie & Fitzpatrick, Chpt. 14
Required Articles:


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WEEK 14 (12/7)

Eating disorders/ Impulse Disorders/ Special Considerations
Readings: Carlott, pp 237-242
DSM pp 329-354
Saddock, Saddock & Ruiz, Chpt. 15
Tusaie & Fitzpatrick, Chpt. 12, 17

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WEEK 15 (12/14)

EXAM
Wrap up and evaluations