

Topical Outline

- Class 1: Theoretical underpinnings of psychological development and advanced practice psychiatric nursing; Personal and professional preparation needed to become an effective mental health clinician; Self-awareness, values, attitudes, unconscious bias; WHO Mental Health Plan
Readings: Tusaie & Fitzpatrick, Chpt. 1, 4
Saddock, Saddock & Ruiz, Chpt. 2.5 (p 123-130)
Chpt. 3.2-3.3 (p 139-150)
Read WHO Mental Health Plan and respond to Discussion Thread
- Class 2: A neurobiological perspective on mental health and mental illness; Stress response in the body and the relationship to illness exacerbation; Current/emerging research related to the biological basis of mental illness
Readings: DSM V pp 1-25 (on-line access available)
Saddock, Saddock & Ruiz, Chpt. 1.1-1.2 (p 1-17)
Chpt. 1.3-1.4 (p 31-45)
Chpt. 1.6-1.7 (p 67-83)
Chpt. 1.9 (p 88-92)
Posted articles on Blackboard for this week
- Class 3: Diagnostic Interviewing-Psychiatric History, familial patterns and sociocultural, spiritual and gender related contributions to the diagnostic process; Mental Health wellness and health promotion;
Readings: Carlott pp 1-121
Saddock, Saddock & Ruiz, Chpt 5, 6 (p 192-300)
- Class 4: DSM-V; linking ICD-10 and DSM V; Diagnostic Tools including mental status exam; cross disorder symptomatology;
Readings: Carlott pp 122-166
Tusaie & Fitzpatrick, Chpt. 7
Readings from neuroscience
- Class 5: Anxiety and Trauma related disorders;
Readings: Carlott, pp 186-198
DSM, pp 189-290
Saddock, Saddock & Ruiz, Chpts. 9, 11, 12,
Chpt 31.11 (p 1217-1225)
Chpt 31.13 (p 1253-1260)
Tusaie & Fitzpatrick, Chpt. 9
- Class 6: Mood related disorders; behavioral manifestations of suicide vs self injury
Readings: Carlott pp 167-185
DSM pp 123-188
Saddock, Saddock & Ruiz, Chpt. 8,

Chpt 31.12 (p 1226-1242)
Tusaie & Fitzpatrick, Chpt. 8, 15

Class 7: Schizophrenia Spectrum and Other Psychotic disorders

Readings: Carlott, pp 208-227
DSM pp 87-122
Saddock, Saddock & Ruiz, Chpt. 7 (p 300-346)
Chpt. 31.15 (p 1268-1272)
Tusaie & Fitzpatrick, Chpt. 10

Class 8: Substance abuse disorders

Readings: Carlott, pp 199-207
DSM, pp 481-589
Saddock, Saddock & Ruiz, Chpt 20 (p 616-693)
Tusaie & Fitzpatrick, Chpt. 18

Class 9: Obsessive-Compulsive and somatic disorders

Readings: Saddock, Saddock & Ruiz, Chpt 10, 13, & 31.14 (1263-1267)
DSM pp

Class 10: Personality disorders

Readings: Carlott, pp 249-260
Saddock, Saddock & Ruiz, Chpt. 22
DSM, pp 645-684
Tusaie & Fitzpatrick, Chpt.21

Class 11: Delirium & dementias

Readings: Carlott, pp 228-236
DSM, pp 591-643
Saddock, Saddock & Ruiz, Chpt. 21
Tusaie & Fitzpatrick, Chpt. 13

Class 12: ADHD and the major disorders of childhood

Readings: Carlott, pp 243-248
DSM, pp 31-85
Saddock, Saddock & Ruiz, Chpt. 31
Tusaie & Fitzpatrick, Chpt. 14

Class 13: Eating disorders/ Impulse Disorders/ Special Considerations

Readings: Carlott, pp 237-242
DSM pp 329-354
Saddock, Saddock & Ruiz, Chpt. 15
Tusaie & Fitzpatrick, Chpt. 12, 17

Class 14: Wrap-up and Evaluations