**Outer Cape’s Mission**
To provide a full range of care and supportive social services that promote the health and wellbeing of those living in and visiting the Lower and Outer Cape.

**Patient Population**
- Outer Cape Health Services (OCHS) is a federally qualified community health center serving the people of the 8 outermost towns on Cape Cod – Harwich, Chatham, Brewster, Orleans, Eastham, Truro, Wellfleet, and Provincetown.
- The Outer Cape is an isolated region and experiences extreme healthcare shortages. **OCHS is the primary healthcare provider** in this area.
- **25% of the population is > 65 years**
- Unique challenge – population nearly triples during summer months with tourists and summer residents.
- Rates of unemployment are significantly higher than the state and national rates

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<th>Community Based Services</th>
<th>My Role</th>
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| **1) Community Resource Navigators**  
  - Works with clients to connect them to different resources available in the community  
  - Help clients to establish and maintain a relationship with local agencies  
  - Coordinates medical and behavioral health care  
  - Works with other local agencies to identify community members in need of assistance  |  
| **2) Office Based Opioid Treatment**  
  - Medication Assisted Treatment program for substance abuse disorders involving heroin, morphine, and other prescription narcotics  
  - Medications used – Suboxone, Vivitrol  
  - Includes behavior health therapy  |  
| **3) Care Coordination**  
  - RN case manager organizes and coordinates the care of patients that have highest risk of deteriorating health, avoidable hospital/ER visits, and poor outcomes  
  - Promotes patients’ self-management, adherence to treatment plans, disease prevention, and decreased hospital/ER use  |  

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**Future Opportunities**
- CPCM RN Case Manager position has been discontinued. I would like to work on a project on how to better integrate this program so that it is sustainable.
- May look at whether incorporation of monitoring/regulatory steps into patients’ electronic health record will provide sustainability

Thank you to Dr. Suzanne Cashman, Andy Lowe, Pat Nadle, Leo Bandford, and Dr. Heather-Lyn Haley.