



Where to Turn: A Resource Guide For Substance Abuse Disorder

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Background

- Opioids are a class of drugs that interact with receptors in the brain to produce analgesic and euphoric effects
 - Examples include hydrocodone, oxycodone, fentanyl, heroin, and more.
- Every day, more than 90 Americans die from opioid overdose¹
- The CDC estimates that the opioid epidemic is costing roughly \$78.5 billion/year, including healthcare, recovery treatment, criminal justice, etc¹
- The CDC released a report in May, 2017 showing that the incidence of hepatitis C infections has tripled over the last five years, largely due to intravenous drug use²
- Adverse childhood experiences (ACEs) are associated with the development of substance use disorders³
- In 2014, the rate of fatal opioid overdoses in Massachusetts was more than twice the national average (19.9 vs. 9.7 per 100,000 people)⁴
- According to the DPH, opioid-related deaths in Massachusetts increased from 560 to 2,107 between 2010-2016⁵
 - The same report showed an increase in Worcester's opioid-related deaths from 29 to 81 between 2012-2015⁵
- According to a report published by the CDC in September 2017⁶:
 - Between 2010-2015, the rate per 100,000 population of drug reports involving heroin increased by:
 - 4.52 (95%CI 3.6-5.4) at a national level
 - 8.51 (95%CI 5.8-11.2) in the northeast
 - Between 2013-2015, the rate (per 100,000 population) of drug reports involving fentanyl increased by:
 - 2.1 (95%CI 1.4-2.8) at a national level
 - 5.1 (95%CI 3.4-6.8) in the northeast

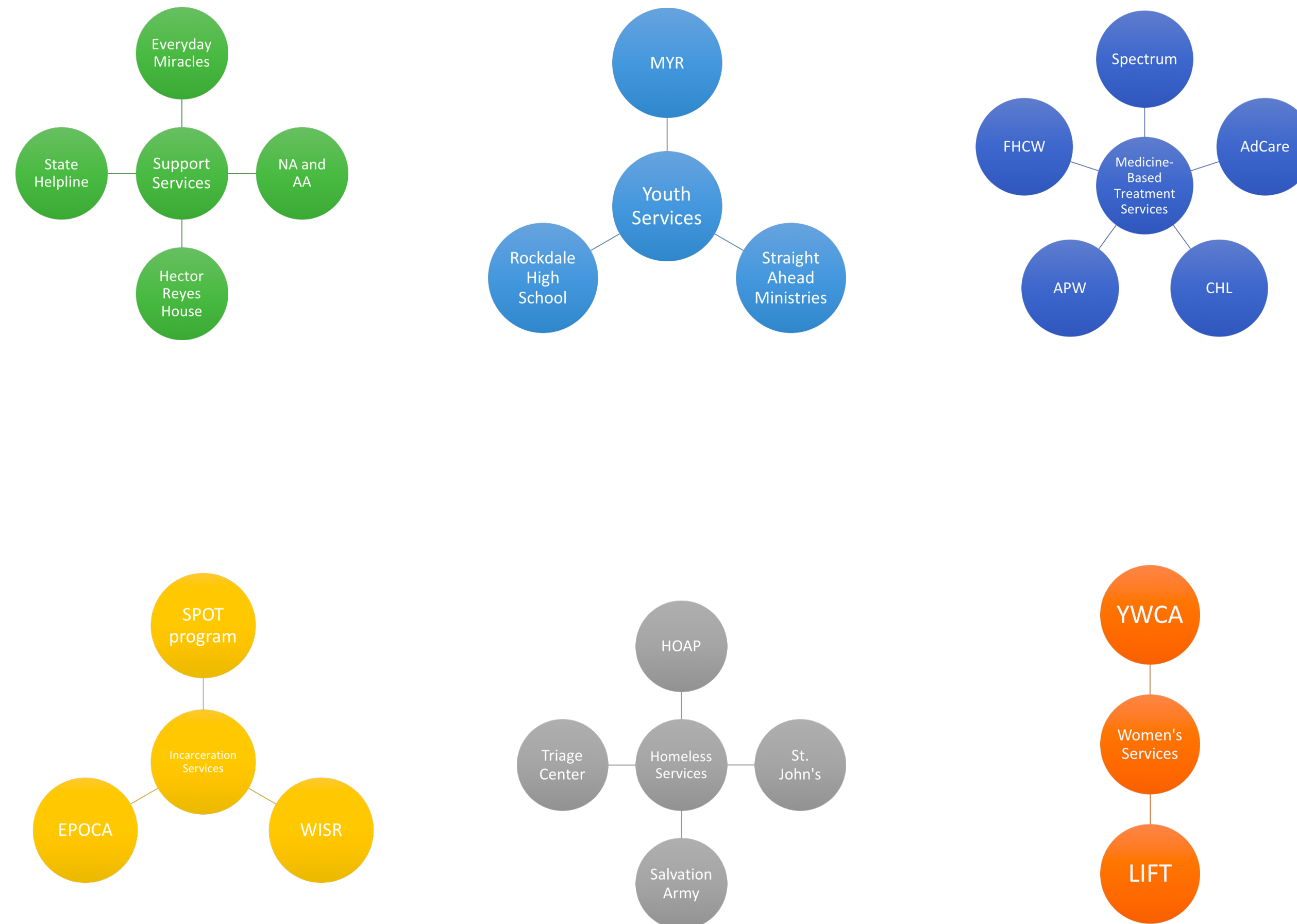
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What We Can Do As Providers

- Accept and acknowledge Addiction as a chronic disease
- Advocate for Addiction services within the community
- Address underlying mental health concerns
- Address Adverse Childhood Experiences (ACEs) in this patient population
- Utilize Medication Assisted Treatment in your practice

Available Resources



Descriptions

Worcester County HOC SPOT program- A detox program where inmates can work on recovering from addiction while serving their sentence. This program can potentially lead to decreased sentencing time

WISR/EPOCA- Helps inmates reintegrate into society after their sentence. They provide services such as locating housing, providing transportation home, and helping them locate a job.

Spectrum- An inpatient, detoxification program for those suffering from opiate addiction

AdCare- Provide both inpatient and outpatient services to those suffering from opiate and alcohol addiction

AIDS Project Worcester- A free clinic for those suffering from HIV/AIDs. It provides services such as free needles, free Hep/HIV testing, and provides a safe space for patients.

YWCA-This organization is dedicated to ending racism and empowering women. They provide services for women such as temporary housing and job placement.

LIFT- Founded by a survivor of sexual exploitation, Nicki Bell, this organization provides resources, advocacy and support to women who are currently, or formerly, a part of commercial sexual exploitation.

Everyday Miracles Peer Recovery Support Center: A peer to peer recovery approach is utilized and with a force of volunteers. Recovery workshops, meetings, services, etc. are all presented in a judgment free zone.

Narcotics Anonymous/Alcoholics Anonymous: Typically, the most familiar service available to many. No fees or dues required. The only requirement for joining is a desire to remain sober. Recovering addicts meet to empower each other and support each other on a path to sobriety.

Hector Reyes House: A residential substance abuse treatment program for Latino men that operates under a medical model of treatment. In house medical treatment is provided for those with substance abuse and cognitive behavioral therapy is also utilized. Through a connection to Café Reyes, job placement and education are used to improve chances of successful recovery

Helpline: the only statewide, online, resource for finding substance abuse and recovery programs in Massachusetts. An easy to use search tool provides an efficient way to locate services.

Motivating Youth Recovery (MYR): A 24 bed detoxification and stabilization program for adolescents 13-17 years of age. Clients are monitored 24 hours a day and a multidisciplinary approach is taken in regard to treatment.

Straight Ahead Ministries: Straight Ahead Ministries seeks to transform the lives of at risk youth and former juvenile offenders. Straight Ahead provides support and resources to the youth involved. Job readiness/training, character development, and educational support are just a few examples of the many resources available.

Rockdale Recovery High School: Uniquely designed to assist students in recovery for addiction in a safe and respectful environment. The curriculum is based upon recovery language and support.

Homeless advocacy and outreach program (HOAP): Started in 1985 to provide a wide array of medical services to the homeless population in Worcester.

Salvation Army: Providing a broad range of services for those in need in the Worcester area. Food, clothing, and shelter are only a few of the provided resources.

Worcester Triage and Assessment Center: Helping people in crisis with or without substance abuse. Emergency housing services are also available.

Community Healthlink: Provides support for substance abuse, mental illness, and homelessness for children, adults, and families. A wide array of services are available ranging from early childhood intervention to adult job training.

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