

### Reducing Harm: Bridging Patients between Prisons and Clinicians to Treat Opiate Addiction

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# Presentation Objectives

- Define system and population of focus
- Explore the roles of interprofessional teams
  - Identify the systems and teams involved
- Identify opportunities for future population health advocacy
  - Vision statement
  - Recommendations & next steps
- Acknowledgements



# Population

- Barre, MA
  - Rural town in north-central Worcester County
- Demographics
  - 5,398 residents (2010 Census)
  - Primarily Caucasian & English Speaking
  - $\circ$  Median income of \$43,650 (6.59% poverty rate)  $^1$
- Unique factors
  - o Rural environment with limited transportation access & financial constraints
  - Opioid use
    - Barre's 2015 OD rate is >15.4 deaths/100,000<sup>2</sup>
  - Post-incarceration vulnerability
    - Uniquely vulnerable post-release → 40-fold increase risk of overdose<sup>1</sup>
    - Multiple barriers to follow up with a PCP or with addiction treatment

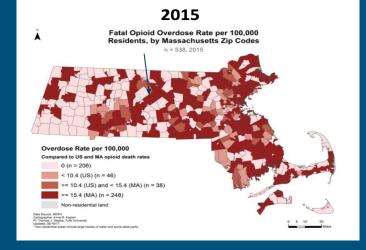


Figure from:MA Department of Public Health Chapter 55 Data Brief. https://www.mass.gov/files/do cuments/2017/08/31/data-brie f-chapter-55-aug-2017.pdf

# FRIENDSTRACIO

### System

- Community:
  - Barre Family Health Center's Office Based Addiction Treatment (OBAT) Program
  - Treat OUD in primary care including use of medication-assisted treatment (i.e. buprenorphine)
- If incarcerated:
  - Access to medication treatment can stop
- Post-incarceration:
  - o Can be challenging to engage in care and follow-up with a PCP or with addiction treatment
- Goal: help bridge this population to addiction treatment/PCP providers while maintaining engagement in care.

### Teams & Settings

### Barre Family Health Center

Medical, Nursing, Behavioral Health

### Worcester County Jail

- Medical, Psychology, Nursing, Case Management
- > 966 inmates, 83% white, 66% of inmates test + for opioids on admission
- Vivitrol upon release (If requested) is only option

### Hampden County Jail

- Medical, Psychology, Community Health/Primary Care, Nursing, Social Work, Case Management
- > 1,348 inmates
- Section 35

### Franklin County Jail

- Medical, Nursing, Social Work, Case Management, Psychology
- > ~250 inmates, over 90% white, both male and female inmates
- Re-entry Case Workers

# Advocacy

Promote evidence-based prevention, identification, and treatment of SUD **Massachusetts Department of Public Health** Fund office-based addiction treatment (OBAT), recovery support centers, and programs **Bureau of Substance Abuse Services (BSAS) BSAS** Advertise OBAT treatment via phone line & websites Quabbin Drug Response Unifying Group (Q-DRUG) Educate schools and communities about OUD prevention, treatment, **Quaboag Hills Substance Use Alliance** and recovery in western Worcester county Prevention. Treatment. Recovery. "Just be a person. Unconditional positive regard. Love your patients, **UMass Memorial recovery coaches** all your patients." **UMassMemorial** 

Medical Center

# Mission Statement: Engagement in Care

### Community

#### BFHC OBAT Clinic

- Medication treatment for OUD
- Behavioral health
- Transportation needs met
- Recovery support community (e.g., 12-step, ACT, mindfulness, recovery center)

#### Incarceration

- SU Assessment
- Medication tx maintained (offered options)
- Check MassPAT
- On-going assessment of craving and withdrawal sx
- Psychiatric assessment if needed
- Communication (via ROI) with BFHC about incarceration and existing tx plan

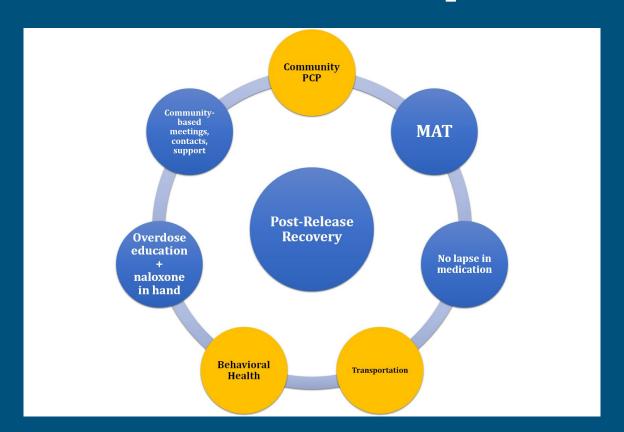
# Pre-release Planning

- Case worker assigned
- Planning for needs upon release (e.g., housing, jobs, recovery support)
- PCP appointments made & communication about release with BFHC
- Overdose education & naloxone in hand

#### Post-incarceration

- Same day follow-up with BFHC OBAT team
- Recovery
   community
   supports &
   recovery
   engagement
   access
- Behavioral health

# Recommendations & Next Steps



## Acknowledgements

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- Barre Family Pharmacy
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- Rich Kenny, UMass Memorial Recovery Coach
- Richard Brathwaite, CCHP, Assistant Superintendent Health Services Department, Hampden County Sheriff's Office
- Hampden County Sheriff's Office, Health Services Department
- Levin Schwartz, Director of Clinical & Re-entry Services, Franklin County Sheriff's Office
- Ken Chartrand, Re-entry Caseworker, Franklin County Sheriff's Office
- Ruben Mercado, Re-entry Caseworker, Franklin County Sheriff's Office