

Global Health: The UMass Family Medicine Global Health Track is designed for residents at both the UMass Fitchburg and UMass Worcester residencies. Interns who apply and are selected for the program will travel to Nicaragua and/or the Dominican Republic to study community health-based systems and to be introduced to epidemiologic research there.

Clinical or research-based projects and monthly speakers and seminars will develop our residents' leadership skills and their commitment to international health.

Community Commitment: The residency is committed to the most vulnerable and underserved segments of our community. We've partnered with several organizations in this effort and residents actively contribute to community health projects with them. Our new practice is intentionally designed to be accessible and responsive to patient needs.



“The practices of our graduates range widely, including large group practices, community health centers, small group practices, solo practices and leadership positions within academic departments.”

*Beth Mazyck, MD
Program Director*

“You truly are a part of a family here. Being the only residents at our small community hospital, we depend a lot on each other and our training specialists. We have unique training opportunities that allow each resident to pursue their passion in a diverse community setting.”

*Corinne Grant DO
Class of 2016*

North Worcester County: Fitchburg and Leominster are situated in one of the most beautiful areas of New England. The area is easily accessible to Boston, Worcester and Providence, but without the problems of traffic congestion, high crime, or high cost of living. Mountains, beaches, and lots of open space are close by.

Our residents might take a break from their clinical duties by night skiing at Wachusett Mountain, hiking at Mount Wachusett State Park, or joining in a variety of local sports leagues. Numerous high school and college sports and the Boston Marathon provide opportunities for medical coverage training.



For More Information: We welcome your application to our residency! Contact us with questions or e-mail **Michael Smith, MS, our Associate Director of Admissions at Michael.Smith@umassmemorial.org**.

UMass Fitchburg Family Medicine Residency
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Residency main phone: 978-343-5271
umassmed.edu/fmch/residency/fitchburg



UMass Fitchburg Family Medicine Residency



***Training designed to
meet patient and
community needs***

Thank you for your interest in the UMass Fitchburg Family Medicine Residency where we have provided community-based training for nearly 40 years!

Our residency provides care for a diverse, multi-ethnic population, drawing patients from our small city and its surrounding rural communities.

Our diverse and seasoned faculty aim to prepare residents to practice in any community with special emphasis on caring for those in greatest need. Rotations with community physicians emphasize practice focused learning.

We are able to take advantage of all the resources of a major medical center, and we offer an academically stimulating program. The UMass Department of Family Medicine and Community Health is one of the largest in the nation, leading UMass to consistent national Top 10 rankings in primary care training by *US News and World Report*.

A New Health Center: In July 2014, we established a new practice in a brand-new health center with a state-of-the-art design for team-based care and resident instruction.



Integrated Behavioral Health: Our Behavioral Health curriculum is a strength of training at UMass and in Fitchburg. You have the support of two excellent psychologists trained to support the primary care of our patients.

Additionally, they are experts in teaching Family Medicine residents in both Behavioral Health topics as well as such issues as patient non-compliance, motivational interviewing, drug seeking behavior, etc. A psychiatrist serves in a consultative manner for our patients, 2 days a month, and for patients with more serious mental health issues there are therapists and psychiatrists in our neighboring community health center.



Osteopathic Curriculum: We offer monthly hands-on osteopathic didactics and regular clinic sessions for osteopathic manipulative treatment (OMT) with DO preceptors to hone our skills and learn new techniques. OMT is used daily in the clinic. Residents are trained to actively apply osteopathic principles to patient care and appropriately utilize OMT.

Our goal is to help residents develop their osteopathic skills and be comfortable and proficient addressing all areas of family medicine. Interested MD residents are encouraged to learn and practice OMT longitudinally during their residency. There are many occasions to attend osteopathic courses for further development. In our program, we have a wonderful collaboration between our allopathic and osteopathic physicians.

We strive to provide “One-Stop” comprehensive health care. Besides our integrated behavioral health, we have faculty with additional training in Sports Medicine, Obstetrics, and Obesity Medicine, which allows us to address a wide range of medical services for our patients. We also offer dental, physical therapy, and radiology and we share a parking lot with a comprehensive cancer center. Dr. Mazyck is planning a comprehensive Obesity Medicine program to augment her individual visits with patients with obesity which will include registered dietitians, our own psychologist and our own Sports Medicine provider. Residents and faculty all provide MAT with buprenorphine and other treatments, in response to the overwhelming need in our patients and in our community from opiate addiction.

Our Community Hospital: HealthAlliance Hospital is a medium-sized community hospital and hosts our family medicine residency as its only teaching service. HealthAlliance has repeatedly been voted one of America’s “Most Wired“ hospitals and MA’s “Safest Hospital.”

Our Academics: Didactics cover a wide array of medical, community health, and behavioral medicine topics as well as procedural skills and topics in practice management. Noon lectures occur several times a week, videoconferenced between the hospital and office. Each Tuesday afternoon is reserved for team meetings, a resident support group meeting, and a core lecture series. We are constantly revising the curriculum as needs change.

Longitudinal electives are available to provide additional training in a wide variety of interests, including women’s health, obstetrics, geriatrics, sports medicine and emergency medicine, to name just a few. All residents participate in one of several annual quality improvement projects and **we recognize the importance of family and quality of life for our residents.**