

A Few Paragraphs About..... Barre Family Health Center

For over 40 years (we celebrated our 40th anniversary in 2013) the Barre Family Health Center has been the sole provider of health care for the people of Barre and its 10 surrounding communities. The closest ED is over 16 miles away and there are no other physicians in the area. This unique locale provides an ideal environment for practicing the entire spectrum of family medicine. Barre has also been reaccredited as a level 3 (the highest possible) Patient Centered Medical Home by NCQA.



We are proud of our health center. In addition to the basics, it is enhanced with on-site stress testing, a fully equipped treatment area for assessment and stabilization, a CLIA-certified laboratory, digital radiography featuring real-time access to a radiologist, bedside ultrasound, bone densitometry and digital mammography. Our Epic EHR offers us a unified health record throughout UMass Memorial enhancing our ability to care for our patients across the full spectrum of care.



As a resident in Barre, you will have the opportunity to work closely with a faculty of 9 family physicians, including one osteopathic physician with OMT practice, and four who practice maternity care. Also on staff are two nurse practitioners, two physician assistants, two psychologists, a Behavioral Science fellow, a LICSW, a podiatrist, a certified wound care nurse, and community family physicians all dedicated to teaching our residents. Consultants who come to our health center include cardiologists, an orthopedist, a plastic surgeon, and an adult psychiatrist offering specialty care to patients and teaching to residents.

Residents become adept at more urgent and emergent procedures as well. All Barre residents gain experience with casting and management of fractures and sprains, suturing complex lacerations,

removing foreign bodies, starting IVs and administering medications. Critically ill patients can be stabilized in Barre and then transported to the hospital. On-site urgent care is provided after-hours providing an unsurpassed on-call experience.

Recognizing that many of our graduates will go on to practice in small towns and community hospitals, the Barre curriculum has a focus on preparing you to be a leader in an independent community practice anywhere in the world. Maternal-child health, preventive health for children and adults, medication assisted treatment of opioid addiction, urgent and emergent child and adult care, sports medicine, geriatric care, and dignified end-of-life care are all important aspects of our curriculum.



As a Barre resident, you will care for your own panel of patients. You will become skilled in the management of acute and chronic medical illness in a variety of settings, including the health center, the hospital, Holden Nursing and Rehabilitation Center, local schools, and even in patients' homes, as house calls are routine.

Barre is the very picture of classic "small town America." The local town pharmacist knows his patients personally and will stay open after hours to make sure patients have their prescriptions! Boston is only 60 miles away and you can get to Barre via any of the major local highways. When our providers are not at work, they might dine at Picasso's Restaurant, ski at Mount Wachusett, hike at Rutland State Park or catch a performance at the Barre Players Theater or Eagle Hill Center for the Performing Arts.

Our residents have always added unique attributes to our practice. Recent examples include the organic Wellness Community Garden supported by residents and faculty to educate patients about healthy eating habits and make fresh vegetables available for patients. "Teen Clinic" is an award-winning initiative started by our 2017 graduates to make care for teens in our community totally confidential and available on a same-day basis. Due to a grant-funded project by our 2020 graduates, our health center has outdoor exercise equipment available for public use.

For much more info about the Barre Family Health Center, check us out on-line at the Worcester Family Medicine residency site umassmed.edu/fmch/residency/worcester.