

THE BREAKTHROUGH PARENTING CURRICULUM

NAVIGATING TRAUMA

ACROSS GENERATIONS

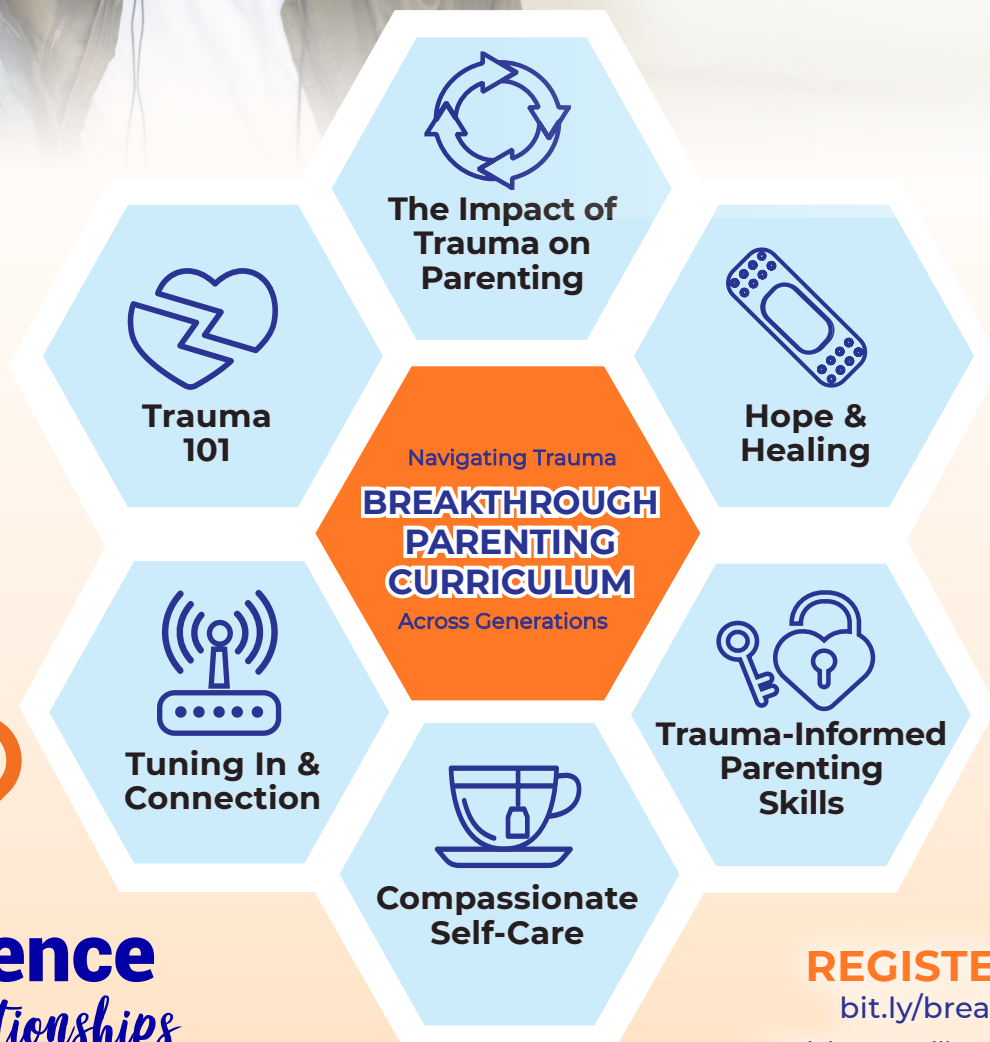


VIA ZOOM

Jan. 13 - Mar. 10, 2026

Tuesday Evenings | 5:00pm to 8:00pm

30-minute break included




Resilience
through Relationships

The Breakthrough Parenting Curriculum: Navigating Trauma Across Generations is a free 10-module course specifically designed to support parents who have been (or are at risk of being) involved with the child welfare system. It provides information for parents about the impact of trauma on themselves and their children, while offering skills, strategies and a community for understanding, healing, hope and growth.

REGISTER TODAY!

bit.ly/breakthrough-23

Participants will receive a certificate after the conclusion of the training series
Questions? Contact Diane Lanni at diane.lanni@umassmemorial.org

SAMHSA
Substance Abuse and Mental Health
Services Administration

NCTSN

The National Child
Traumatic Stress Network


UMass Chan
MEDICAL SCHOOL


Lifeline
for kids

