MAT Case Presentation

#13

Select one	New Case
Presenter email address: *	tiffany.riverburgh@bassett.org
Date for the presentation of this case. *	Wednesday, January 18, 2017
Clinical Site *	Norwich
What is your main question and/or challenge with this patient? *	Needs to be able to get Suboxone in our area. Currently traveling all the way down to Long Island NY to get it. Has to pay a driver + pay to get on a Doctors list to be able to obtain Rx.
Age	55
Gender	Pt identifies as male
What are this patient's strengths?	DESIRE to remain clean and maintain employment
Employed	Yes
Employment details:	
Partner Status	Married
Describe the patients living arrangements examples: stable/unstable, alone/with others, safe/unsafe, children in the home, patient is a caregiver)	Lives with wife. Children are all of adult status.
Who and/or what does this patient have as support for sustained abstinence from opioid use?:	Wife & Daughter who is a nurse
Who else in the patient's life is struggling with a substance use disorder?	
Legal Issues	
Comments regarding legal Issues	
How many months has this patient been in MAT with you or your team	0
What are this patient's reasons to move towards sustained abstinence from opioid use (goals for the next 6-12 months)? *	To maintain his employment and remain free of opioid use.
What are the current emotional, behavioral, and /or physical symptoms most concerning to the patient?	· Pain · Social Anxiety · Insomnia
Other symptoms of concern to patient:	

History of Overdose?	Unknown
Opioids used in past year:	• Buprenorphine (prescribed to patient)
Routes of opioid used in past year:	• Orally • Injection
Date of last positive drug test for opioids (other than buprenorphine or prescribed methadone):	
Estimated days of illicit opioid use in past 30 days (other than buprenorphine or prescribed methadone):	
Does this patient have a history of prescribed buprenorphine NOT showing in urine/oral/fluid drug screens (Prescribed buprenorphine is absent)?	No
Other substances used in past year:	
Other substances used in past year:	
Details of substances used in past year (frequency, route, recent use, toxicology testing):	
What are the patient's triggers for lapse/relapse?	• Avoid/escape psychological symptoms (e.g. anxiety) • Access to drug and means to purchase • Cravings • Interpersonal stressors
Other triggers for relapse:	
Past drug treatment history (opioid use disorder and/or other SUDs) CHECK ALL THAT APPLY:	• Intensive outpatient programs • Other buprenorphine programs
Details of past drug treatment history (including what was helpful and what was not helpful):	Helpful: buprenorphine program Not Helpful: having to travel so far away to receive buprenorphine
Please check active psychiatric diagnoses:	
Has this patient ever sought treatment for their co-occurring psychiatric diagnosis?	Yes
Please provide additional details regarding patient's prior mental health treatment:	
Does this patient have a history of	
Details of suicide attempts, psychiatric hospitalization, and/or trauma:	
Medical conditions (Select All that Apply):	

Please provide more detail about chronic pain:	COPD, Tobacco Dependence, PVD, Opiate Dependence, Insomnia, HTN, OA Right & Left Knees
Current Medications (INCLUDING FORMULATION, DOSE AND FREQUENCY):	buprenorphine-naloxone (SUBOXONE) 8-2MG FILM Sig: Place 1 tab under the tongue daily duloxetine (CYMBALTA) 20mg capsule Sig: Take 1 capsule by mouth nightly gabapentin (NEURONTIN) 600mg tablet Sig: Take 1 tab by mouth 3 times daily losartan-hydrochlorothiazide (HYZAAR) 100-25mg tablet Sig: Take 1 tablet by mouth daily melatonin 5mg tablet Sig: Take 5mg by mouth with evening meal sildenafil (VIAGRA) 100mg tablet Sig: Take 1 tablet by mouth prn as directed for erectile dysfunction.
Is this patient on birth control (oral or long acting reversible) ?	No, patient is male
Has patient been offered naloxone?	Yes, patient accepted

Date of most recent HIV screening

HIV screening was

Date of most recent Hep-C screening

Hep-C screening was

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