

## MAT Case Presentation

#12

Select one	New Case
Presenter email address: *	<a href="mailto:cawolf-gould@aofmh.org">cawolf-gould@aofmh.org</a>
Date for the presentation of this case. *	Wednesday, January 18, 2017
Clinical Site *	Cobleskill
What is your main question and/or challenge with this patient? *	I have a number of chronic pain patients on high doses of narcotics. I'm unsure which of them are good candidates for Suboxone and which should just be maintained as they are on their Lortab. This patient has h/o addictions, was in jail in 2005 for same. Over the years, he has had a number of surgeries and been put on increasing doses of hydrocodone. He has seen psych who has put him on benzos. He is irritable and angry and in chronic pain all the time. Seen frequently in the office.
Age	56
Gender	Pt identifies as male
What are this patient's strengths?	supportive wife, there is something quite likable about him when he's not irritable and angry.
Employed	Disabled/Seeking Disability
Employment details:	disability
Partner Status	Married
Describe the patients living arrangements examples: stable/unstable, alone/with others, safe/unsafe, children in the home, patient is a caregiver)	lives with wife who also is on narcotics and benzos, prescribed by my husband.
Who and/or what does this patient have as support for sustained abstinence from opioid use?:	unsure
Who else in the patient's life is struggling with a substance use disorder?	wife
Legal Issues	<ul style="list-style-type: none"> <li>History of incarceration</li> </ul>
Comments regarding legal Issues	due to substance abuse problems in 2004, cocaine, alcohol and MJ
How many months has this patient been in MAT with you or your team	
What are this patient's reasons to move towards sustained abstinence from opioid use (goals for the next 6–12 months)? *	<p>He has no goal of abstinence. I am the one with the goal of abstinence. How much should I push him? He will likely not be interested. He is always asking for MORE pain meds and benzos.</p> <ul style="list-style-type: none"> <li>Pain</li> </ul>

**What are the current emotional, behavioral, and /or physical symptoms most concerning to the patient?**

- Irritability
- Anger
- Loss of motivation
- Anhedonia
- Panic
- Uncontrollable worry

**Other symptoms of concern to patient:**

**History of Overdose?**

Unknown

**Opioids used in past year:**

- Prescription opioid other than buprenorphine, prescribed to patient

**Routes of opioid used in past year:**

- Orally

**Date of last positive drug test for opioids (other than buprenorphine or prescribed methadone):**

**Estimated days of illicit opioid use in past 30 days (other than buprenorphine or prescribed methadone):**

**Does this patient have a history of prescribed buprenorphine NOT showing in urine/oral/fluid drug screens (Prescribed buprenorphine is absent)?**

No

**Other substances used in past year:**

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**Details of substances used in past year (frequency, route, recent use, toxicology testing):**

To my knowledge, only using prescribed opiates and benzos. Recently got an increase in benzos from me for panic/anxiety.

**What are the patient's triggers for lapse/relapse?**

- Close relationships with others who continue to use
- Avoid/escape psychological symptoms (e.g. anxiety)
- Cravings
- Interpersonal stressors

**Other triggers for relapse:**

**Past drug treatment history (opioid use disorder and/or other SUDs) CHECK ALL THAT APPLY:**

- Alcoholics and/or Narcotics Anonymous
- Intensive outpatient programs

**Details of past drug treatment history (including what was helpful and what was not helpful):**

Was in outpatient treatment through chemical dependency after he got out of jail in 2005.

**Please check active psychiatric diagnoses:**

- Major depressive disorder
- Unclear anxiety disorder
- Generalized anxiety disorder

**Has this patient ever sought treatment for their co-occurring psychiatric diagnosis?**

Yes

Please provide additional details regarding patient's prior mental health treatment:

Does this patient have a history of

Details of suicide attempts, psychiatric hospitalization, and/or trauma:

Medical conditions (Select All that Apply):      · Chronic Pain

Please provide more detail about chronic pain: Many orthopedic problems with h/o multiple surgeries.

Current Medications (INCLUDING FORMULATION, DOSE AND FREQUENCY):      clonazepam 1.5 mg BID  
hydrocodone 10-325 1 tab QID

Is this patient on birth control (oral or long acting reversible) ?      No, patient is male

Has patient been offered naloxone?      No, has not been offered naloxone

Date of most recent HIV screening

HIV screening was

Date of most recent Hep-C screening

Hep-C screening was

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