

## MAT Case Presentation

#11

Select one	New Case
Presenter email address: *	<a href="mailto:mallory.delaney@bassett.org">mallory.delaney@bassett.org</a>
Date for the presentation of this case. *	Wednesday, January 18, 2017
Clinical Site *	Oneonta
What is your main question and/or challenge with this patient? *	What recommendations would you make for our approach to assuming care of this patient who has, overall, shown good results on a stable dose of Suboxone (for example, frequency of visits, whether we should have the expectation of meeting with a counselor in addition to med management?)
Age	33
Gender	Pt identifies as female
What are this patient's strengths?	Was self-motivated to seek out Suboxone in first place. Has had 7 years of good results. Motivated to move forward with life goals (job training)
Employed	Disabled/Seeking Disability
Employment details:	Currently on disability but looking to get training in nursing
Partner Status	Unknown
Describe the patients living arrangements examples: stable/unstable, alone/with others, safe/unsafe, children in the home, patient is a caregiver)	Stable, safe living situation. Has a son for whom she is a caregiver. Stress at home/family includes father who was recently ill and son who was having some behavioral issues this year
Who and/or what does this patient have as support for sustained abstinence from opioid use?:	motivated to be a caregiver and role model for son.
Who else in the patient's life is struggling with a substance use disorder?	Unknown
Legal Issues	
Comments regarding legal Issues	
How many months has this patient been in MAT with you or your team	1
What are this patient's reasons to move towards sustained abstinence from opioid use (goals for the next 6-12 months)? *	This patient's goals include resuming her previous stable dose of Suboxone which she has been on for 7 years. She historically self-recognized a morphine addiction after a coccyx injury 7 years ago.
What are the current emotional, behavioral, and /or physical symptoms most concerning to the patient?	<ul style="list-style-type: none"> <li>• Pain</li> <li>• Irritability</li> <li>• Loss of motivation</li> </ul>

Other symptoms of concern to patient:

History of Overdose? No

Opioids used in past year:

- Buprenorphine (prescribed to patient)
- Buprenorphine (not prescribed to patient)

Routes of opioid used in past year:

- Orally

Date of last positive drug test for opioids (other than buprenorphine or prescribed methadone):

Estimated days of illicit opioid use in past 30 days (other than buprenorphine or prescribed methadone):

Does this patient have a history of prescribed buprenorphine NOT showing in urine/oral/fluid drug screens (Prescribed buprenorphine is absent)? Unknown

Other substances used in past year:

- Other Stimulants (Adderrall, Ritalin, etc)

Other substances used in past year:

Details of substances used in past year (frequency, route, recent use, toxicology testing):

Recent use of Adderall (oral, dose unknown) disclosed by patient to help her stay awake during day because she is not sleeping at night since have her Suboxone stopped abruptly.

Additionally more distant self-disclosed use of cocaine once

What are the patient's triggers for lapse/relapse?

- Avoid/escape psychological symptoms (e.g. anxiety)
- Access to drug and means to purchase

Other triggers for relapse:

Past drug treatment history (opioid use disorder and/or other SUDs) CHECK ALL THAT APPLY:

- Other buprenorphine programs
- Outpatient treatment

Details of past drug treatment history (including what was helpful and what was not helpful):

Suboxone therapy has been helpful x 7 years

Please check active psychiatric diagnoses:

- Major depressive disorder
- Unclear anxiety disorder

Has this patient ever sought treatment for their co-occurring psychiatric diagnosis? Yes

Please provide additional details regarding patient's prior mental health treatment:

Has been on Zoloft and most recently Wellbutrin with good palliation of depression

Does this patient have a history of

Details of suicide attempts, psychiatric hospitalization, and/or trauma:

**Medical conditions (Select All that Apply):** · Chronic Pain

**Please provide more detail about chronic pain:** Residual low back pain after coccyx surgery + migraine syndrome

**Current Medications (INCLUDING FORMULATION, DOSE AND FREQUENCY):**  
 Wellbutrin XL 300 mg daily by mouth  
 Albuterol 90 mcg inhalation prn  
 Gabapentin 900 mg three times daily by mouth  
 Suboxone 8-2 mg take 1 1/2 tablet sublingual daily

**Is this patient on birth control (oral or long acting reversible) ?** No, not a candidate due to reproductive capabilities

**Has patient been offered naloxone?** Yes, patient accepted

**Date of most recent HIV screening**

**HIV screening was**

**Date of most recent Hep-C screening** Monday, May 12, 2014

**Hep-C screening was** Negative

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