How to Become a Certified Diabetes Educator (CDE):

For full details & application instructions visit the National Certification Board for Diabetes Educators: [http://www.ncbde.org/](http://www.ncbde.org/) This site served as athe source for all the information below.

In order to qualify to sit for the CDE examination, the following must be met at the time of application and examination:

1. A current, active, unrestricted license in the US or its territories to practice as a psychologist, RN, OT, optometrist, pharmacist, physical therapist, physician (M.D. or D.O.), or a podiatrist.

   OR

   Dietician holding active registration with the Commission on Dietetic Registration, physician assistant holding active registration with the National Commission on Certification of Physician Assistants, or exercise physiologist holding active certification as an American College of Sports Medicine Registered Clinical Exercise Physiologist (minimum of a master’s degree).

   OR

   Health care professional with a minimum of a master’s degree in social work from a United States college or university accredited by a nationally recognized regional accrediting body.

   OR

   Health care professional with a minimum of a master’s degree in nutrition, health education or specified areas of public health from a United States college or university accredited by a nationally recognized regional accrediting body. (see NCBDE website for more details on above.)

   NOTE: Individuals who meet either A. or B. and C. or D. (above) must apply under A. current license or B. current license/registration.

2. Employment for compensation as a diabetes educator in the United States or its territories within the past five years.

After meeting the above criteria and before applying for the Examination, all of the following requirements must be met:

   a. A minimum of two years (to the day) of professional practice experience in diabetes self-management education. Document & track all the hours you are spending in face-to-face or telephonic patient diabetes education. Group visits count according to the number of hours spent educating the group. You will need your supervisor to attest to your work in diabetes education in order to apply for the CDE exam. It is your responsibility to obtain attestation from a supervisor/manager prior to any job changes by you or the supervisor/manager. AND

   b. A minimum of 1,000 hours of diabetes self-management education experience. This is only face-to-face/ phone-to-phone time with patients. Documentation, program planning, care management time are NOT counted. AND

   c. Current employment in a defined diabetes educator role providing diabetes self-management education a minimum of four hours per week, or its equivalent, at the time of application.