



(0-12 MONTHS OLD)

I AM AN INFANT

At this age...

- I feel safe around you.
- I like to be rocked & sung to
- I reach for things
- I do not like to be separated from you
- Routines make me feel safe

How I manage my diabetes:

- I can comfort myself with my favorite items
- I can calm myself by sucking and putting things in my mouth
- I feel safe when you are calm

Ways to distract me:

- Give me a pacifier
- Play peek-a-boo
- Sing me a song
- Blow bubbles

How you can help me with my diabetes:

- Have everything ready before checking my BG, giving insulin, or changing my infusion set
- Remain calm and talk to me in a soothing voice
- Keep to a routine as much as possible