**HYPOGLYCEMIA QUESTIONNAIRE**

Hypoglycemia refers to low blood glucose (blood sugar) levels that drop below 70 mg/dL when you are taking medications that can cause low blood glucose. Significant hypoglycemia is considered below 54 mg/dL. If you use oral diabetes medications, ask your physician or diabetes educator whether hypoglycemia should be a concern for you.

1. Do you currently take diabetes medication that may cause low blood glucose?  
   - Yes ____  
   - No ____  
   - I don’t know ____

2. Within the last month, has your blood glucose level dropped below 70?  
   - None ____  
   - 1-2 ____  
   - 3-5 ____  
   - 6-10 ____  
   - more than 10 times ____

3. Do you feel symptoms when your blood glucose is below 70?  
   - Never ____  
   - Sometimes ____  
   - Always ____

4. Do you show symptoms when your blood glucose is below 70?  
   - Never ____  
   - Sometimes ____  
   - Always ____

5. Do you always carry glucose tabs, gel, etc. to treat low blood glucose?  
   - Never ____  
   - Sometimes ____  
   - Always ____

6. Do you always carry a snack with you to prevent low blood glucose?  
   - Never ____  
   - Sometimes ____  
   - Always ____

7. Within the last month, has someone else had to help you treat a low blood glucose because you were unable to do so?  
   - Yes ____  
   - No ____

8. Do you check your blood glucose before you start to drive?  
   - Never ____  
   - Sometimes ____  
   - Always ____

9. What blood glucose level do you think is too low to drive a car?  
   - ________  
   - I don’t know _____

10. When you experience low blood glucose, do you know what caused it?  
    - Never ____  
    - Sometimes ____  
    - Always ____

11. Do you have glucagon at home?  
    - Yes ____  
    - No ____
    - If so, does someone know how to use it?  
      - Yes ____  
      - No ____

12. What do you consider a low blood glucose that requires treatment? ______________

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