DRIVING WITH DIABETES

Properly managing diabetes while driving is important to keep you and other drivers safe.

**ALWAYS**

- Check blood sugar before driving, either by fingerstick or with your continuous glucose monitor (CGM).
- Keep treatments for low blood sugar accessible in your vehicle.
- Wear a medical ID in case of an emergency while driving.
- Wear your seat belt.

**NEVER**

- Drive if you’re experiencing symptoms of low blood sugar.
- Drive before blood sugar returns to within normal range after a low.
- Text and drive.