HYPOGLYCEMIA QUESTIONNAIRE

Hypoglycemia refers to low blood glucose (blood sugar) levels that drop below 70 mg/dL when you are taking medications that can cause low blood glucose. Significant hypoglycemia is considered below 54 mg/dL. If you use oral diabetes medications, ask your physician or diabetes educator whether hypoglycemia should be a concern for you.

1. Do you currently take diabetes medication that may cause low blood glucose?
   Yes ____  No ____  I don’t know ____

2. Within the last month, has your blood glucose level dropped below 70?
   None ____  1-2 ____  3-5 ____  6-10 ____  more than 10 times ____

3. Do you feel symptoms when your blood glucose is below 70?
   Never ____  Sometimes ____  Always ____

4. Do you show symptoms when your blood glucose is below 70?
   Never ____  Sometimes ____  Always ____

5. Do you always carry glucose tabs, gel, etc. to treat low blood glucose?
   Never ____  Sometimes ____  Always ____

6. Do you always carry a snack with you to prevent low blood glucose?
   Never ____  Sometimes ____  Always ____

7. Within the last month, has someone else had to help you treat a low blood glucose because you were unable to do so?
   Yes ____  No ____

8. Do you check your blood glucose before you start to drive?
   Never ____  Sometimes ____  Always ____

9. What blood glucose level do you think is too low to drive a car?
   ________  I don’t know _____

10. When you experience low blood glucose, do you know what caused it?
    Never ____  Sometimes ____  Always ____

11. Do you have glucagon at home?  Yes ____  No ____
    If so, does someone know how to use it?  Yes ____  No ____

12. What do you consider a low blood glucose that requires treatment? ______________

Questions? Cheryl Barry, RN, MS, CDE, Manager, Adult Diabetes Education