Do you have COVID-19 symptoms?

**FEVER / CHILLS / COUGH / SHORTNESS OF BREATH OR DIFFICULTY BREATHING / FATIGUE MUSCLE OR BODY ACHES / HEADACHE / NEW LOSS OF TASTE OR SMELL / SORE THROAT CONGESTION OR RUNNY NOSE / NAUSEA OR VOMITING / DIARRHEA**

**YES**
- Stay off campus
- Take rapid or PCR test

**NO**
- Mask strongly recommended when on campus

**POSITIVE TEST**
- Stay home
- Notify your manager
- Call EHS/SHS

Return to work 5+ days after positive test and when no fever for 24 hours without medicine; no diarrhea, vomiting or cough
- Must also wear a surgical, N95 or KN95 mask days 6-10
- Inform EHS
- Don’t take PCR test for 90 days

**NEGATIVE PCR TEST**
- Return to work when no fever for 24 hours without medicine; no diarrhea, vomiting or cough

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**Exposed to COVID-19?**

**HIGH-RISK EXPOSURE**
- Prolonged unmasked exposure or COVID-positive person living in your home
- Work from home if possible.
- If working from home is not possible, take rapid test on day 5 and wear a surgical, N95 or KN95 mask through day 10.
- Test positive? See guidance above.
- Test negative? Contact EHS/SHS to schedule PCR test.

**LOWER-RISK EXPOSURE**
- Exposure within 6 feet for 15+ minutes
- Take a rapid test on day 3-5 and wear a surgical, N95 or KN95 mask through day 10, even if test is negative

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**UMass Chan Medical School**

**Employee Health:** 508-793-6400
**Student Health:** 508-334-2818
**Full COVID-19 guidance at:** www.umassmed.edu/coronavirus

**Note:** Day 0 is the day you are exposed or test positive.