Establishing & Maintaining Your Identity as a Clinical Teacher

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Teaching of Tomorrow 2023-2024





Objectives

- 1. Define the concept of Professional Identity (PI) and Teacher Identity (TI)
- 2. Review the process by which we develop PI and TI
- 3. Discuss the implications of TI for clinical teaching
- 4. Discuss your own teacher identity and experience
- 5. Discuss a systematic approach to the development of teachers through the new UMass Chan Academy



Identity is a Property and a Process

Identity is who you are, the way you think about yourself, the way you are viewed by the world and the characteristics that define you.



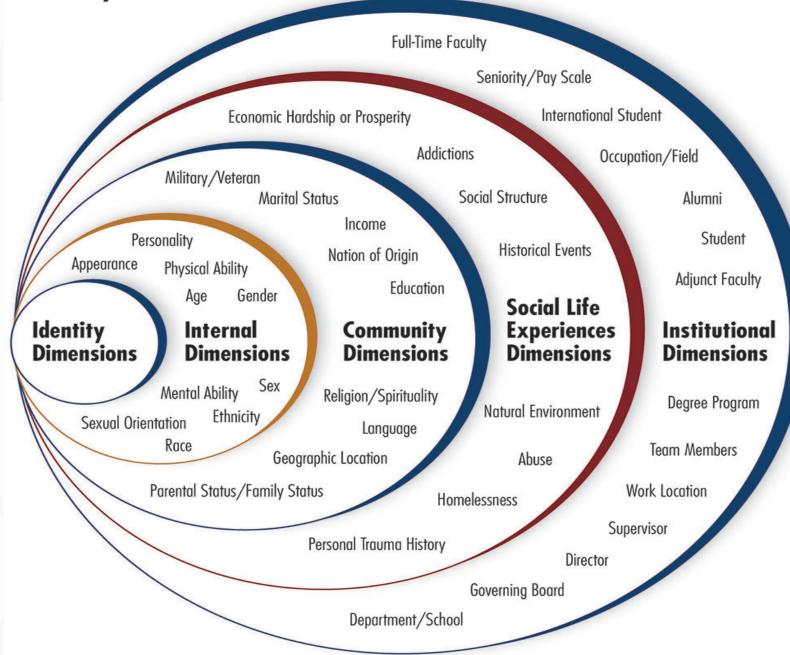




There are Many Dimensions of Identity



Northcentral University Diversity Wheel



Name one activity you enjoy doing when you are not working.





Are you someone who does ____, or are you an -er?

- How do you see yourself?
- How does the world see you?
 - Are the two congruent?
- What did it take to get from interest to identity?





Kegan's Concept of Professional Identity is Developmental

Personal Capacities Cognitive Characteristics Behavior/ Social Person skills Values; **Emotional** Self & Group

Identity development is the complex process by which people come to develop a sense and understanding of themselves within the context of cultural demands and social norms.

Kegan's Stages of Identity has implications for PIF/TIF

Instrumental Mind

- external definitions of self
- either-or thinking
- limited perspective taking ability and mastery of technical skills

Socialized Mind

- increased social perspective taking ability among allies or in-group members
- understand aspects of professional role as externalized, shaped by interpersonal relationships, observing others, following norms and status quo

2



Kegan's Stages of Identity has implications for PIF/TIF

4

Self Authoring Mind

- ability to step back and see social environment
- allowing personal choices about external expectations
- allows for greater fidelity to sense of self within professional role

5

Self Transforming Mind

- examine self authored authority
- recognize limits of systems of meaning
- seek out alternative systems or interdependent systems

When was the first time you ever felt like a doctor/nurse/clinical psychologist?



Professional Identity Formation—Becoming a Clinician is a Transformative Process

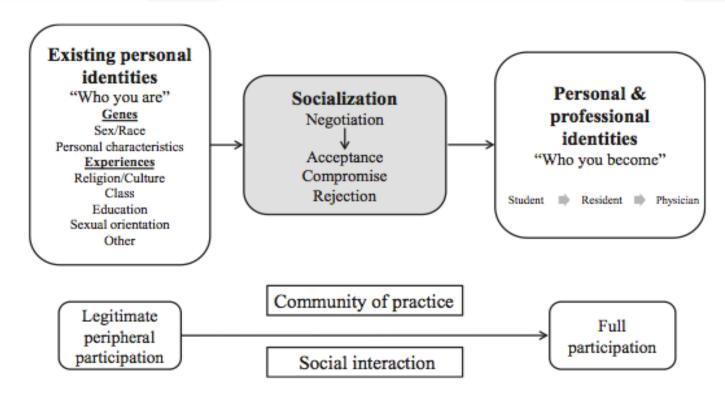


Figure 1 A schematic representation of professional identity formation, indicating that individuals enter the process of socialization with partially developed identities and emerge with both personal and professional identities (upper portion). The process of socialization in medicine results in an individual moving from legitimate peripheral participation in a community of practice to full participation, primarily through social interaction (lower portion).

Joining the Communities of Clinical Practice entails Uncertainty often centered on belonging

Participation as basis of learning

Trainees

- ♦ Arrive at periphery
- Discern, then adopt cultural practices of community

Teachers

♦ Reside at center, guide trainees

Recall...

♦ Rotations and trying to "fit in"





"...people were kind of, they were yelling at me, but they were just like ...'keep me in the middle, keep me in the middle.' ...But you know, I look back at this and that moment it was terrible because I got treated, so I really didn't think I got treated well, but it literally caused me to actually, um mentally and physically break down. I didn't, I didn't even know what to do."

An early third year student doing surgery...

Learning Communities Institute PIF study participant



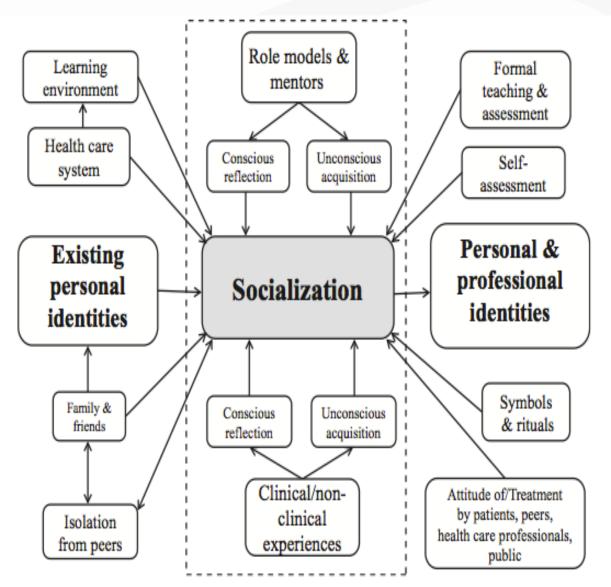


Figure 2 A schematic representation of the multiple factors involved in the process of socialization in medicine. The large center box surrounded by the dotted line, which includes role models and mentors and experiential learning, indicates their importance to this process. The direction of the arrows from existing personal identities to personal and professional identities indicate the dynamic nature of this process.



What is Teacher Identity?

Teacher Identity is the identification of oneself as a teacher

But what does this mean?

And how do we get there?





Knowledge & Skills

Acquires specialized knowledge and skill through education and experience

Develops values of profession

Reflects on actions

INTRINSIC

INTEREST
CURIOSITY
AUTONOMY
SATISFACTION
ENJOYMENT
MEANING
PASSION

Intrinsic satisfaction

Sense of a "calling" (Physician=teacher)

Exhibits service orientation (Sharing clinical expertise)

Adheres to codes of ethics

Committed to selfimprovement

EXTRINSIC

PUNISHMENT COMPLIANCE OUTCOME REWARD MONEY RULES FEAR

Extrinsic Satisfaction

Rewards for teaching

Sets Career Goals

Teaching is responsibility



Characteristics of Teacher Identity

Social Supports and belonging to a group:

- Engages in peer interactions around teaching
- Has role models
- Is part of a community of learners





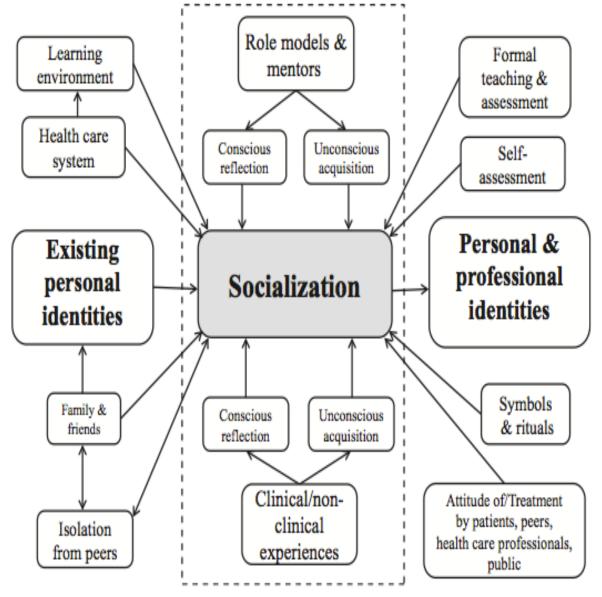


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Measuring Teacher Identity: Development and Testing of a TI Scale (TIS)

Why a TIS? Why do we care about TI?

Would a scale of TI measure commitment and interest in teaching?

Would strong TI correlate with other measures of "successful" preceptors?

Could a faculty development program increase teacher identity of its participants?

Successful = better learner evaluations; better learner outcomes



Does TI change after a Faculty development program?

TOT participants during the 2010-2011 and 2011-2012 years completed the TI Scale, pre- and post TOT

Data from 116 participants

Preliminary data: pre-TOT to post-TOT

- Overall TI increased significantly
- Every category increased significantly
- Every item increased, not all significantly, but some very high on pre-test



TOT Study Conclusions

TI means identifying oneself as a teacher

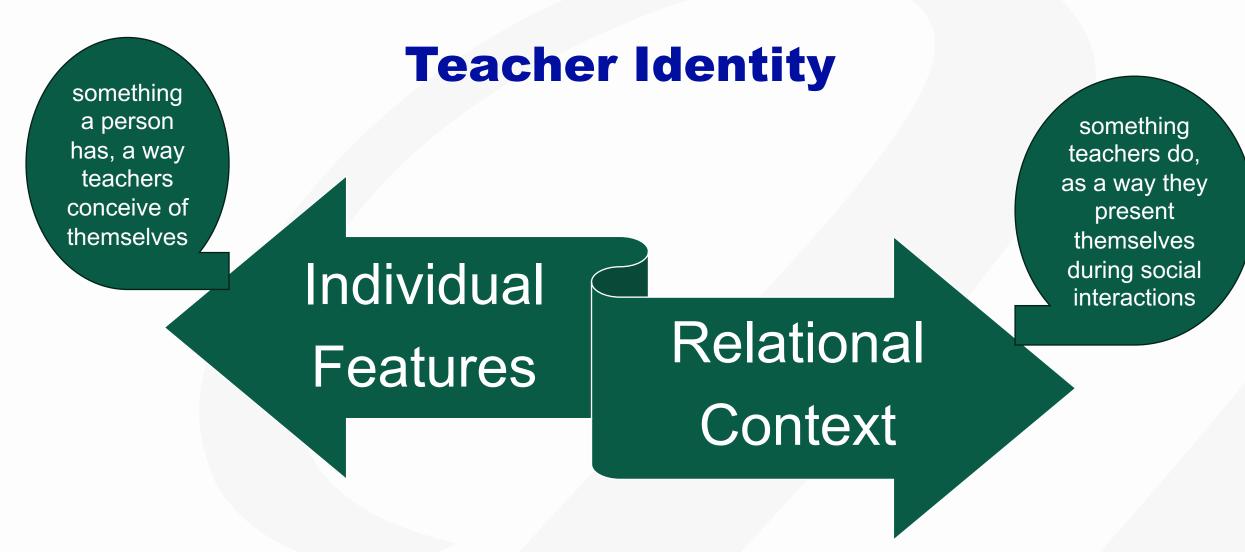
TI for physicians is characterized by knowledge, skills and attitudes toward doctoring and teaching

Clinical preceptors may benefit from identifying themselves as teachers

Faculty development programs may be able to strengthen TI in clinical preceptors

Preceptors who took
part in Faculty
Development (TOT) had
higher TI and better
teaching evaluations
than those who did not





Both an understanding and as a presentation of oneself, shaped and reshaped in constant dialogue between a person and their social environment

Two approaches to developing a Teacher identity

- Narrative approach or stories that I tell about myself as a teacher—Tell us about a time...
- Sociocultural approach to identity
 - how teaching is seen in social, cultural, historical and institutional contexts
 - How is role recognized, supported and rewarded in their specific context, in a specific shared community and in broader institutional community

Joining the

Communities of Clinical Practice AND TEACHING entails Uncertainty also centered on belonging

Immersion as basis of learning

Teachers

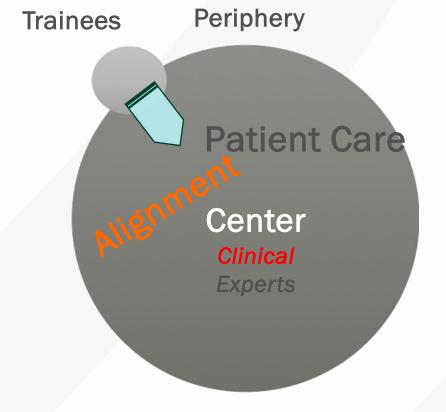
- ♦ Arrive at periphery
- ♦ Discern, then adopt cultural practices of community

Clinical Experts

Reside at center, guide learning (what you know, not how it is conveyed)

Recall...

Service and trying to know enough







Many teachers in health professions education see teaching as an important part of their identity.

Many also feel marginalized

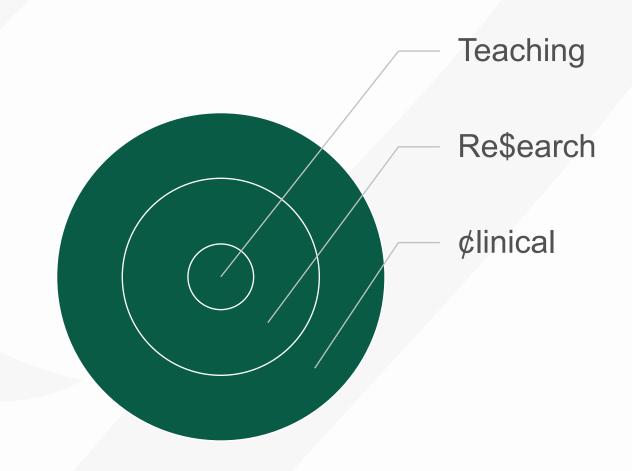
• teaching lacks prestige and recognition when compared to patient care and research.

Causes tensions for those who see themselves as teachers.

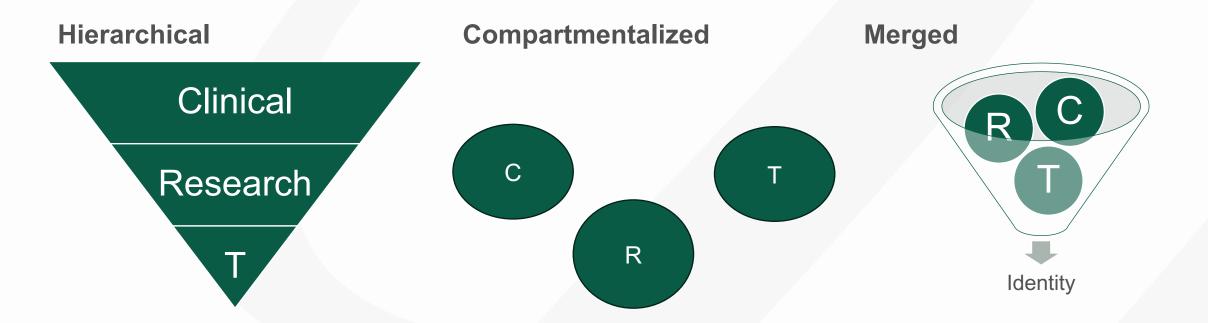


Supporting a teacher identity in health professions education: AMEE Guide No. 132 MEDICAL TEACHER 2021, VOL. 43, NO. 2, 124–136.

Which community do you work in and how do they relate?



Models of Teacher Identity Depend on Institutional Context





Group activity

Take 5-7 minutes to write a brief narrative about

- A time you felt like a teacher OR
- A time your identity as a teacher was threatened OR
- A time you felt the joy of teaching

We will hear from several who wish to share or summarize what they have written



Mechanisms of Identity Formation



Psychosocial Factors

- Role enactment/Agency
- Talking with others/gaining support
- Working through emotions/threats to identity
- Sense of belonging
- Becoming an insider

Behaviors

- Observation
- Experimentation
- Self evaluation
- Evaluation/feedback from others
- Reflection/meta-cognition



Recommendations for supporting teacher identity

Recommendations for faculty development

- 1. Encourage storytelling about teaching.
- 2. Reinforce appreciative and positive stories about teaching and about connections between teaching and other roles.
- 3. Facilitate teachers to reflect on their teaching role, its meaning for them, and their underpinning values, beliefs and motivations.
- 4. Be sensitive to the context teachers work in.
- 5. Stimulate the building of social relations and support networks.
- 6. Establish a longitudinal and continuing approach to teacher development



Recommendations for the workplace

- 1. Recognize and reward teaching in career frameworks.
- 2. Acknowledge teaching excellence in grants and awards.
- 3. Support a positive message about teaching.
- Take a deliberate and proactive approach to new teacher development.
- 5. Minimize the conflict created by competing demands.
- 6. Ensure that all teachers are provided with the knowledge and skills needed for their specific teaching role(s).
- 7. Establish formal or encourage informal teacher networks and communities.
- 8. Encourage teachers to join local or national medical education organizations.
- 9. Provide (novice) teachers with opportunities to observe teaching activities of (more experienced) colleagues.
- 10. Utilize peer mentoring
- 11. Utilize coaching through reflective practice.

Five psychological processes involved in the development of a teacher identity

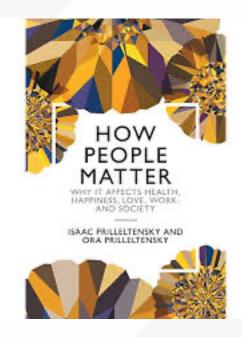
- Sense of appreciation
- Sense of connectedness
- Sense of competence
- Sense of commitment
- Imagining a future career trajectory.

It is a matter of

-Being Valued &

-Adding Value

van Lankveld, Schoonenboom, Volmand, Croiset, Beishuizen. Developing a teacher identity in the university context: a systematic review of the literature. HIGHER EDUCATION RESEARCH & DEVELOPMENT, 2017;36:325–342.



Health Education Academy for Leadership and Learning: Supporting the next generation of educational leaders & career development of Health Science Educators

A systematic approach to developing educators

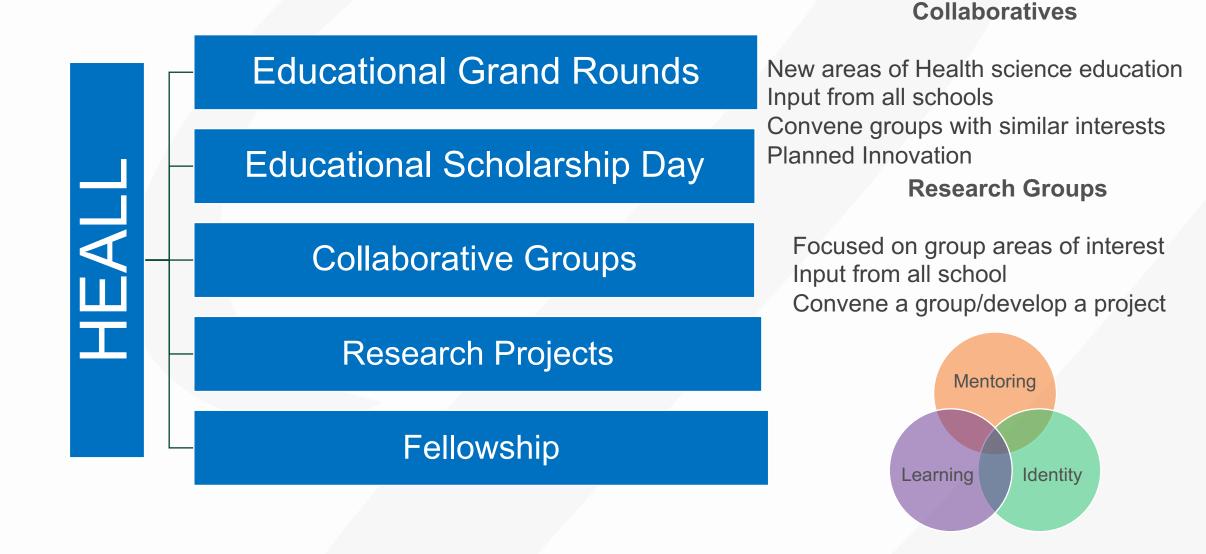


HEALL

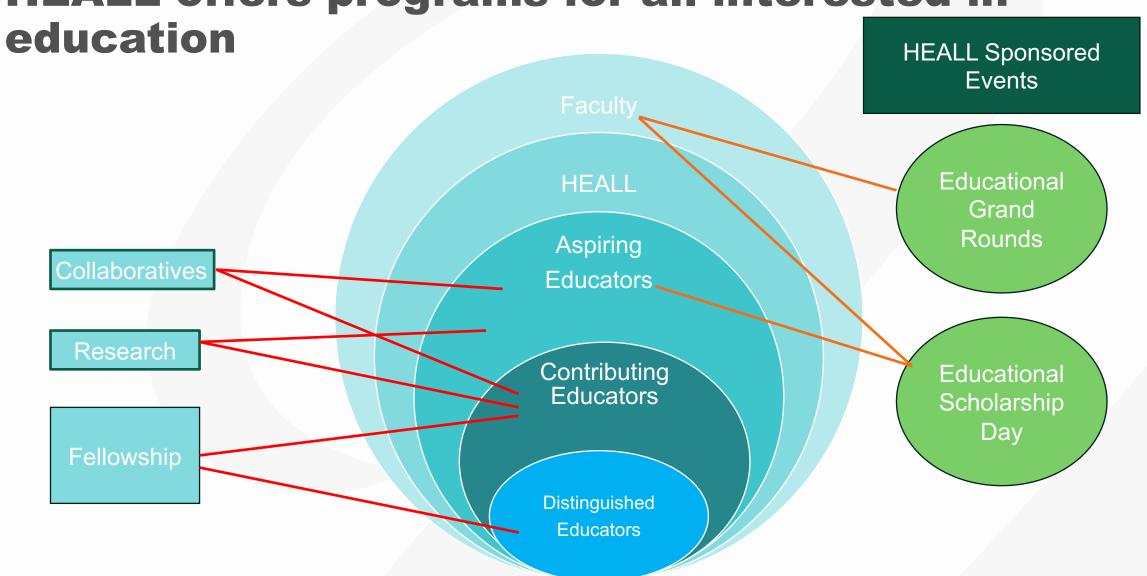
HEALTH EDUCATION ACADEMY FOR LEADERSHIP AND LEARNING

December 13 2023, Worcester MA

Academy Structure – HEALL as a Community & a Conversation about education



HEALL offers programs for all interested in



Keep the Joy in teaching

(And all the other characters need to be there too.)

